
RYAN TIXIER

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EDUCATION

Regis University (Division of Counseling and Family Therapy) - Thornton, CO

Master of Arts* in Clinical Mental Health Counseling (*Summer 2018-Summer 2020*)

**Degree not attained*

University of Notre Dame - Notre Dame, IN

Bachelor of Arts in Psychology (*Class of 2014*)

PROFESSIONAL

MOUNT SAINT VINCENT SCHOOL – DENVER, CO (AUG 2022-PRESENT)

EDUCATION MENTAL HEALTH WORKER: Classroom aide tasked with providing mental health support for traumatized children (ages 5-13 years old) and teaching sustainable coping strategies to maximize positive life outcomes; duties involve behavioral health support, academic/behavioral instruction, documentation, and crisis intervention

ASCEND HEALTHCARE, LLC – SANTA CLARITA/ENCINO, CA (OCT 2020-AUG 2022)

EDUCATOR (OCT 2021-PRESENT): Primary education associate for female adolescent (12-17 years old) clients in a residential treatment facility specializing in trauma; duties included coordinating academic plans, academic tutoring, substitute mentoring (see "Mentor" description below), leading didactic discussions nurturing sustainable life-skills, providing direct therapeutic support, detailing treatment recommendations, tracking treatment progression, documenting daily school activities, and life-coaching.

MENTOR (OCT 2020-OCT 2021): Overseer of adolescent (12-17 years old) clients in residential treatment facilities specializing in behavioral health and dual-diagnosis; job objective was to assume a leadership role for clients with mental illness and/or addictions; duties included guiding residents through daily activities in punctual adherence to a given schedule, facilitating therapeutic groups, and providing individual counseling aid, all while keeping residents in constant line of sight.

KAPLAN TEST PREP – LOS ANGELES, CA (MAR 2017-MAR 2018)

TEACHER: Classroom instructor tasked with preparing pre-college students to excel on the Scholastic Aptitude Test (S.A.T.); duties ranged from lesson planning to in-class instruction.

MAXIM HEALTHCARE SERVICES - DENVER, CO (JAN 2016-SEPT 2016)

MENTAL HEALTH TECH: Traveling mental health worker working in various clinical settings; duties pertain to sitting with mental health patients, as well as administrative work.

MENTAL HEALTH CENTER OF DENVER - DENVER, CO (DEC 2014-SEPT 2015)

PEER SPECIALIST: Program aide for residents in a short-term crisis stabilization unit; duties covered individual counseling support and facilitation of residential operations.

SKILLS

| Teaching and Tutoring | Spanish Proficient | Problem Solving | Computer Literacy | Rapport-building |