

University of Tasmania

Writing Wrong Right:
An Investigation in Composing with Extended Techniques

CALE — Creative Arts, Conservatorium of Music

by

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This is a relatively low-cost project, as we will be soliciting volunteers with a professional interest in the subject matter to act as our participants. No additional funding is being sought at the time of submission.

Brief Background

In 2019, I completed my Honours exegesis at the University of Tasmania, titled 'Harmonic Based Extended Techniques and their Compositional Applications', a study of three extended techniques applicable to stringed instruments; half-harmonics, subharmonics, and multiphonics. I am interested in pursuing this line of research further, as I believe that there is still more to be learnt about the techniques that I have already covered, and that many other extended techniques lack the literature that composers can use to make informed decisions about their use. The purpose of this study will therefore be to explore extended techniques further, filling literature gaps and incorporating the techniques into my own artistic language.

As a spectralist composer, I am primarily concerned with extended techniques that make use of microtonalities, exploit the harmonic series, and spatial acoustics. The scope of my research would therefore be surrounding the treatment of these extended techniques; a holistic review of the techniques from the view of a composer and performers will shed light on the way that the techniques can best be produced.

As a composer, exploring subharmonics, multiphonics, double touch harmonics, and other extended techniques is particularly exciting, as they are fertile

ground for new and unique sounds that can be used to develop my musical identity. My research into underexplored techniques will broaden the performative and compositional palette available to artists. Through the documentation of my process in researching this technique, it will be catalogued and brought into the literature, facilitating further development.

Through a comprehensive review of how composers construct their frontmatter, guidelines to how new and experimental techniques can be communicated to performers will be developed. This will lower the friction of learning new works, and promote the uptake of contemporary works. This will be further aided by the development of a L^AT_EX style which can quickly scaffold the relevant extended techniques for consistent and universal verbiage.

The resultant thesis, ‘Writing Wrong Right: Composing With Extended Techniques’, will consequently be a practical document, suitable as a reference for artists interested in implementing extended techniques into their practice.

Literature Review

This was written before a pivot of enquiry, and thus doesn’t really fit in with the rest of the work. However, there’s still plenty of useful information in it, as technique books are a valuable tool for finding how and why techniques are notated the way that they are. As such, I’m leaving it in, with the proviso that it needs significant reworking.

This PhD continues upon the previous research that I conducted during my Honours, and there is significant overlap with the two topics. Therefore, the first

item that is worthy of mention would be ‘Harmonic Based Extended Techniques and their Compositional Applications’, which includes a ground-level review of the seminal literature in the field.¹ However, due to the limited scope of the exegesis, there were significant omissions, so for the sake of completeness its contents will be reviewed under the lens of ‘composing with extended techniques’. Additionally, there are a number of sources that were either missed or cut from the initial literature review for sake of brevity.

Unlike standard pedagogical models, wherein the student learns from the teacher, the methods used in this exegesis are a more collaborative, and less rigid practice. Composers typically will have a performer in mind when they compose a work, and collaborate with them, working to find what works for the artists and instrument. However, in subsequent performances, that direct connection to the composer is often unavailable, and the performer is left to interpret the paratext, without direct instruction from the composer. Paratextual instruction can vary in degrees of specificity, and will often be printed in the frontmatter of the work. Where there is a well established understanding of the technique (such as the Bartok pizzicato technique, which has been accepted into the canon of ‘standard’ techniques, and is no longer considered extended), this is not an issue, but can pose issues in the case of techniques where there is a great deal of variance possible, such as multiphonics and subharmonics. In some cases, the performer must rely on previous works to build a contextual language in which to interpret esoteric

1. Rhys Gray, “Harmonic Based Extended Techniques and Their Compositional Applications” (Thesis, University of Tasmania, 2019).

markings, or use previous recordings of interviews and performances to ascertain the composer's intent. Understanding the composer's intent is a crucial part in the preparation process, and the ability to accurately reproduce the composer's intent may negatively impact a work's longevity in the literature. Many academics have recognised the deficit in training in extended techniques, both in their base form and their composer-specific implementation (which may vary from composer to composer, or piece to piece). Violist Sarah Wei-Yan Kwok discusses this in her thesis 'Breaking the sound barriers: extended techniques and new timbres for the developing violist', where she commissions six etudes for viola exploring extended techniques, along with an investigation into pedagogy.²

The composer-performer collaboration dynamic has been explored at length; the most famous example being the virtuoso pianist Paul Wittgenstein, whose career came to a halt during World War 1, when he lost his right arm. Afterwards, he began commissioning leading composers to write for him, resulting in Richard Strauss's 'Parergon zur', 'Sinfonia Domestica for Piano and Orchestra', Maurice Ravel's 'Piano Concerto for the Left Hand in D major', and further works written by Hindemith, Korngold, Britten, and Prokofiev, to name a few.³ Collaboration


2. Sarah Wei-Yan Kwok, "Breaking the Sound Barriers : Extended Techniques and New Timbres for the Developing Violist" (University of British Columbia, 2018), accessed May 30, 2019, doi:10.14288/1.0365754, <https://open.library.ubc.ca/cIRcle/collections/ubctheses/24/items/1.0365754>.

3. Georg Predota, "Paul Wittgenstein's Voice And Richard Strauss's Music: Discovering The Musical Dialogue Between Composer And Performer," *Fontes Artis Musicae* 61, no. 2 (2014): 107, JSTOR: 24330425.

with the intended performer is crucial to a composer's ideas being realised accurately, as articulated by Jack Barnes, who stated:

My collaboration with Mathieson-Sandars allowed for subtle but important improvements to *Lines, Contexts and Freedoms*. Certain aspects such as the composer hearing his piece for the first time, experimenting with different pianistic timbres and creating more comfortable hand distributions were among the most useful outcomes of our collaboration. As the performer, it was useful for my interpretation to learn [the composer's] intent behind the gestures; that the effect of dynamic shaping was not desirable for all of them.⁴

Discussion being needed with the composer to learn the composer's intent suggests that there was information being provided to Barnes that was not present in the paratext. Future performers of the work that was commissioned by Barnes may not have the same level of access to the composer, hence the need for a thorough and precise documentation of the intended sound being available.

Sheet music is an abstracted conception of a musical work; the printed paper is merely a set of instructions that are interpreted by the performer, in order to express a musical idea that only the composer truly knows. Without a perfect abstraction of what the composer imagines, a 'perfect' reproduction is impossible. Indeed, even if there *was* a perfect reproduction, the variance in instrumental timbre and other facets of the process render it a fool's errand. The Platonic ideal is unattainable, and perhaps why little effort has been made to make further progress towards the liminal. 

4. Jack Barnes, "An Examination of Composer-Performer Collaborations in a Contemporary Setting" (Thesis, University of Tasmania, 2017), 20.

Attempts at combining notation with composer intent have been made, with Eftiha Victoria Arkoudis' 'Contemporary Music Notation for the Flute: A Unified Guide to Notational Symbols for Composers and Performers' building on the work of Robert Dick.⁵

Instructive manuals are typically in one of two categories; performer-oriented, in which the techniques presented are articulated in a performer-focused context, and composer-oriented; orchestration manuals which dictate the end results. For brevity, these usually do not intersect, or at least are not written comprehensively with both the composer and performer in mind. The lack of literature that encompasses the entirety of the production of sound process, from the action to the resultant, is slowly being rectified, particularly with online resources such as Heather Roche's work in clarinet multiphonics, and Fallowfield's with CelloMap gaining popularity.⁶

Notation Manuals

Notation has long been the domain of Kurt Stone and Gardner Read being the authoritative voices, writing extensively on the subject beginning in the 1970s.⁷

5. Ms. Eftihia Victoria Arkoudis, "Contemporary Music Notation for the Flute: A Unified Guide to Notational Symbols for Composers and Performers" (DMA, West Virginia University Libraries, 2019), accessed June 29, 2020, doi:10.33915/etd.3860, <https://researchrepository.wvu.edu/etd/3860>.


6. Heather Roche, "Heather Roche," [heather roche](https://heatherroche.net/), accessed August 27, 2020, <https://heatherroche.net/>; Ellen Fallowfield, "Cello Map," Cello Map, accessed May 31, 2019, <http://www.cellomap.com/>.

7. Kurt Stone, *Music Notation in the Twentieth Century* (New York: W. W. Norton & Company, 1980); Gardner Read, *Compendium of Modern Instrumental Techniques*, 1st ed. (Westport, Connecticut: Greenwood Press, 1993); Gardner Read, *Contemporary Instrumental*

Additional texts by David Cope and Erhard Karkoschka supported these with their own contributions.⁸ Editor of Faber Music, Elaine Gould’s seminal ‘Behind Bars’ gave an authoritative voice to the methods of notating along with the building blocks for techniques which she felt had not been developed to the point of consensus.⁹

Physics

In order to be able to accurately prescribe instructions on how to produce these techniques, there must be an understanding of the underlying physics.

Helmholtz provides our basic understanding of the stick—slip motion which makes a bow produce sound on a string.¹⁰ Knut Guettler and Håkon Thelin have provided extensive research into how the string can produce multiphonics.¹¹  F. Schumacher,

Techniques, Includes indexes (New York: Schirmer Books, 1976); Gardner Read, *Music Notation: A Manual of Modern Practice*, 2nd Edition (New York: Taplinger Pub. Co., 1979).

8. David Cope, *New Music Notation* (Dubuque, Iowa: Kendall/Hunt Pub. Co, 1976); Erhard Karkoschka, *Notation in new music: a critical guide to interpretation and realisation*, Translation of Das Schriftbild der neuen Musik (Tonbridge: Universal Edition, 1972).

9. Elaine Gould, *Behind Bars*, 1st, This is a hugely influential book. Surprisingly, though, not all of the available literature (such as Dimpker’s PhD) references it. (London: Faber Music, 2011), iii.

10. Hermann von Helmholtz, Alexander John Ellis, and Henry Margenau, *On the Sensations of Tone as a Physiological Basis for the Theory of Music*, 2nd English ed, Dover Books Dover Books on History of Science and Classics of Science, S114 (New York: Dover Publications, 1954).

11. Håkon Thelin and Knut Guettler, “Analysis of Bowed-String Multiphonics,” in *Analysis of Bowed-String Multiphonics* (Sydney, Australia), https://www.acoustics.asn.au/conference_proceedings/ICA2010/cdrom-ISMA2010/papers/p15.pdf; Håkon Thelin, “Multiphonics on the Double Bass” (Norwegian Academy of Music, 2011), <http://haakonthelin.com/multiphonics/uploads/files/4%20Multiphonics/Multiphonics%20on%20the%20Double%20Bass.pdf>; Knut Guettler and Håkon Thelin, “Bowed-String Multiphonics Analyzed by Use of Impulse Response and the Poisson Summation Formula,” *The Journal of the Acoustical Society of America* 131, no. 1 (1 2012): 766–772, accessed May 28, 2019, doi:10.1121/1.3651251, <http://asa.scitation.org/doi/10.1121/1.3651251>; Knut Guettler, *A Guide to Advanced Modern Double Bass Technique* (London: Yorke Edition, 1992); Knut Guettler, “Wave Analysis of

Kenneth Marskall, and Anders Askenfelt contribute additional aspects to the literature.¹² For subharmonics, the violinist that discovered the technique, Mari Kimura, has contributed practical examples on how to produce them.¹³ However, for research into the technique's production, Robert Mores, Guettler, Erwin Schoonderwaldt, Carleen Hutchins, and John Cantrell provide empirical data.¹⁴

a String Bowed to Anomalous Low Frequencies,” *Catgut Acoustic Society*, II, 2, no. 6 (6 1994): 8–14, <http://knutsacoustics.com/files/alf-casj.pdf>.

12. R. T. Schumacher and J. Woodhouse, “The Transient Behaviour of Models of Bowed-string Motion,” *Chaos: An Interdisciplinary Journal of Nonlinear Science* 5, no. 3 (September 1, 1995): 509–523, accessed July 23, 2020, doi:10.1063/1.166122, <https://aip.scitation.org/doi/10.1063/1.166122>; Anders Askenfelt, “Measurement of the Bowing Parameters in Violin Playing. II: Bow–Bridge Distance, Dynamic Range, and Limits of Bow Force,” *The Journal of the Acoustical Society of America* 86, no. 2 (August 1, 1989): 503–516, accessed July 23, 2020, doi:10.1121/1.398230, <https://asa.scitation.org/doi/10.1121/1.398230>; Kenneth D. Marshall, “Modal Analysis of a Violin,” *The Journal of the Acoustical Society of America* 77, no. 2 (February 1, 1985): 695–709, accessed July 23, 2020, doi:10.1121/1.392338, <https://asa.scitation.org/doi/10.1121/1.392338>.

13. Mari Kimura, “How to Produce Subharmonics on the Violin,” *Journal of new music research* 28, no. 2 (2 1999): 178–184, accessed April 11, 2019, doi:10.1076/jnmr.28.2.178.3118, <https://login.ezproxy.utas.edu.au/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=rih&AN=A212434&site=eds-live>.

14. Robert Mores, “Further Empirical Data for Torsion on Bowed Strings,” *PLOS ONE* 14, no. 2 (February 4, 2019): e0211217, accessed July 23, 2020, doi:10.1371/journal.pone.0211217, <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0211217>; Knut Guettler, “The Bowed String: On the Development of Helmholtz Motion and On the Creation of Anomalous Low Frequencies” (Doctorate Thesis, Royal Institute of Technology - Speech, Music and Hearing, 2002), <https://pdfs.semanticscholar.org/1d0c/968ee44366cd7d92c63f876be884c9135064.pdf>; Erwin Schoonderwaldt, “The Violinist’s Sound Palette: Spectral Centroid, Pitch Flattening and Anomalous Low Frequencies,” *Acta Acustica united with Acustica* 95, no. 5 (September 1, 2009): 901–914, accessed August 20, 2020, doi:10.3813/AAA.918221, <http://openurl.ingenta.com/content/xref?genre=article&iissn=1610-1928&volume=95&issue=5&spage=901>; Carleen M. Hutchins, Alvin S. Hopping, and Frederick A. Saunders, “Subharmonics and Plate Tap Tones in Violin Acoustics,” *The Journal of the Acoustical Society of America* 32, no. 11 (November 1960): 1443–1449, accessed August 20, 2020, doi:10.1121/1.1907934, <http://asa.scitation.org/doi/10.1121/1.1907934>; John H. Cantrell, Laszlo Adler, and William T. Yost, “Subharmonic Generation, Chaos, and Subharmonic Resurrection in an Acoustically Driven Fluid-Filled Cavity,” *Chaos: An Interdisciplinary Journal of Nonlinear Science* 25, no. 2 (February 1, 2015): 023115, accessed July 23, 2020, doi:10.1063/1.4913521, <https://aip.scitation.org/doi/10.1063/1.4913521>.

Extended Techniques

To understand extended techniques, we must first establish a basis of what is considered a ‘regular’ technique, or rather, what the qualifying factors are for a technique to be considered extended. To do this, we will look at what techniques are commonplace in the literature, and which are less so. Techniques that require descriptions in the frontmatter or otherwise ‘extend’ the instrument beyond the normal canon would reasonably be understood to be considered extended techniques. Read discusses this, stating:

Many so-called ‘new’ instrumental devices have developed from well established techniques; they are extensions of, or refinements of, procedures long considered part of a composer’s repertorium of expressive devices. The newness, then, is not one of kind but of degree, a further and more extensive development of basic effects found in scores from the late nineteenth century to the present day.¹⁵

Unpacking the language that we use, extended techniques are just that; an extension of the traditional techniques that are already established in the canon.



There are three aspects that are relevant to the literature review; literature surrounding the techniques themselves, literature with how the techniques are presented, and scores. Scores are necessary to understand how composers implement extended techniques in practice. By reviewing their frontmatter and the symbol notation, we gain an understanding of how composers present information to performers, and can build a system of notation that maps consistently with the rest of the established canon. Consequently, seminal scores will be included in the

15. Read, *Contemporary Instrumental Techniques*, 3.

literature review so that we may understand how they work. These scores' notation systems for extended techniques will be broken down into their elements, and through comparative analysis of how different composers implement the same techniques, we will be able to find how textual, symbolic, and graphic notation systems can be used to achieve the desired results.

Dimpker postulates the following criteria for extended technique notation;

‘(1.) As exact as possible and (2.) As simple as possible while the system may (3.) Not be contradictory to traditional notation, but should instead extend and be closely related to it.’¹⁶


This meshes well with the philosophy of Elaine Gould’s ‘Behind Bars’, which advocates for a consistent style language, despite the two texts occasionally coming at odds with one another in the exact treatment of some cases.¹⁷ Dimpker posits that four methods of notation are acceptable in order to realise exact and precise notation; ‘action notation, symbolic notation, diagrammatic notation, and schematic notation’.¹⁸

Textual notation, i.e. instructions printed in the score, are the most straight forward, but limited to what can be summarised in few words. Symbolic notation assigns the technique to a symbol, typically with the instructions placed in the frontmatter. Graphical notation systems are often used when the binary of symbolic

16. Christian Dimpker, “Extended Notation: The Depiction of the Unusual” (University of Plymouth, 2012), 3, <https://pearl.plymouth.ac.uk/bitstream/handle/10026.1/3184/2013Dimpker10320048PhD.pdf?sequence=3&isAllowed=y>.

17. Dimpker, “Extended Notation: The Depiction of the Unusual”; Gould, *Behind Bars*, 120–121, 61.

18. Dimpker, “Extended Notation: The Depiction of the Unusual,” 33.

notation is restrictive, and requires a greater fidelity than textual notation can provide. An example of this can be seen in Kaija Saariaho's notation of overpressure, wherein she uses a black bar to represent the amount of overpressure required, temporally relational to the position in the score. 

Double Touch Harmonics

The technique of 'double touch harmonics' as described by John Addison appears to be almost totally novel. Chase T Jordan references the technique briefly as 'dual node harmonics', but provides only a basic overview of their treatment.¹⁹ The only other reference that seems to be relevant is a 1980 thesis, which has not been made available online.²⁰ Addison has completed several fingering charts and made preliminary instructive documentation on the technique, which has been provided to the researched. Due to the lack of literature, collaboration with performers will be essential in order to build the technique to a stable, usable state.


Subharmonics

No significant output in the research of the mechanics of subharmonics has occurred since the publication of my Honours exegesis, though there have been several works composed which make use of subharmonics.

19. Chase T Jordan, "Old Instruments, New Sounds, Same Language: The Notation, Orchestration, and Compositional Use of Contemporary Techniques for Orchestral Stringed Instruments" (University of Wyoming, 2020), 36, accessed August 21, 2020, <https://hdl.handle.net/20.500.11919/7116>.

20. Dennis Lane Woodrich, *Multi-Nodal Performance Technique for Contrabass Harmonics* (San Diego: University of California Press, 1980).

Multiphonics

Multiphonics have been well-documented in reed instruments, with Robert Dick's seminal 'The Other Flute', setting the gold standard in extended technique documentation, painstakingly notating the outputs, fingerings, and qualities of flute multiphonics and other extended techniques.²¹ There are several Barenreiter technique manuals for other aerophones that cover multiphonics, including bassoon, saxophone, violin, and oboe, with the publisher appearing to try and compile a manual for every instrument.²²  The book on violin by violinist Irvine Arditty notably lacks any information on multiphonics, perhaps due to the difficulty of production on the small instrument.²³

String instruments The development of literature dealing with multiphonics on stringed instruments is more recent, with a special January 2020 Tempo journal issue, dedicated entirely to string multiphonics. It was collated by Dr. Ellen Fallowfield, who notably contributed the landmark thesis CelloMap (and eponymous

21. Robert Dick, *The Other Flute*, Second Edition (New York: Multiple Breath Music Company, 1989).

22. Marcus Weiss and Giorgio Netti, *The Techniques of Saxophone Playing* (Kassel: Barenreiter-Verlag Karl Votter, 2010); Pascal Gallois, *The Techniques of Bassoon Playing* (Kassel: Barenreiter-Verlag Karl Votter, 2009); Irvine Arditty and Robert HP Platz, *The Techniques of Violin Playing*, https://docdownloader.com/waiting/the-techniques-of-violin-playing-arditti-platz-2-pdf-free?queue_id=5f4ca032a0698838648b4592 (Kassel: Barenreiter-Verlag Karl Votter, 2013).

23. Arditty and Platz, *The Techniques of Violin Playing*.

website) in 2009.²⁴ Her article, ‘Cello Multiphonics: Technical And Musical Parameters’ expands upon the work that she began in her thesis, ‘CelloMap’.²⁵

Plucked chordophones Rita Torres has explored multiphonics on the guitar extensively, with several papers dedicated to their research, including her thesis, ‘A New Chemistry Of Sound: The Technique Of Multiphonics As A Compositional Element For Guitar And Amplified Guitar’.²⁶ Paulo Ferreira-Lopez and Torres provide a robust exploration of previous systems of notation of multiphonics, suggesting notational methods similar to those that Fallowfield suggests.²⁷

Catalogues of multiphonics in the guitar literature show that there has been little interest in the technique, with the first score dating back to 1832, but only around

24. Ellen Fallowfield, “Cello Map: A Handbook of Cello Technique for Performers and Composers” (Thesis, University of Birmingham, 2009); Fallowfield, “Cello Map.”

25. Ellen Fallowfield, “Cello Multiphonics: Technical And Musical Parameters,” *Tempo* 74, no. 291 (January 2020): 51–69, accessed July 23, 2020, doi:10.1017/S0040298219000974, <https://www.cambridge.org/core/journals/tempo/article/cello-multiphonics-technical-and-musical-parameters/58EC8EDF732ADACA8FA322506A300964>.

26. Rita Torres and Paulo Ferreira-Lopes, “Multiphonics as a Compositional Element in Writing for Amplified Guitar (2),”

SeriesInformation

Journal of Science and Technology of the Arts, v. 4 n. 1 (2012), *Journal of Science and Technology of the Arts* 4, no. 1 (1 2012): 61–69, accessed May 9, 2019, doi:10.7559/citarj.v4i1.67, <http://artes.ucp.pt/citarj/article/view/67>.

27. Paulo Ferreira-Lopes and Rita Torres, “Guitar Multiphonics: Notations for a Formalized Approach,” *VII Simpósio Académico de Violão: Anais do evento*, accessed August 28, 2020, https://www.academia.edu/22954689/Guitar_multiphonics_Notations_for_a_formalized_approach.

twenty or so pieces composed since the techniques inception.²⁸ It has been suggested that the widespread adoption of the technique has been marred by the mode of playing naturally having a decay, making multiphonics more difficult to hear for an audience, as well as the guitar having a poor dynamic range.²⁹ This has been all but confirmed with the analysis of multiphonic signal decay at distances equivalent to that of an audience revealing that without amplification, the multiphonics will be inaudible.³⁰ Thomas Ciszak and Seth Josel expand upon the research carried out by Torres, collating a catalogue of performable multiphonics from strings 3 — 1, and examining multiphonics on the electric guitar.³¹

Piano The piano, an unlikely candidate for multiphonics, has had some success in making inroads in the technique through the use of preparing the piano. With the development of more robust literature, the prospect of developing a new sound-palette for the piano is alluring. Interest begins in 2016 with Juhani

28. Rita Torres and Paulo Ferreira-Lopes, “The Sound World of Guitar Multiphonics,” in *Music and Sonic Art* (Newcastle upon Tyne: Cambridge Scholars Publishing, October 1, 2018), 80–82, <https://novaresearch.unl.pt/en/publications/the-sound-world-of-guitar-multiphonics>.

29. Rita Tinoco Torres and Paulo Ferreira-Lopes, “Towards Overcoming the Guitar’s Color Research Gap,” *Revista Vortex* 2 (2014): 21–22, http://vortex.unespar.edu.br/torres_v2_n1.pdf.

30. Rita Torres and Paulo Ferreira-Lopes, *Guitar Multiphonics: Influence of Amplification* (December 1, 2014), 279.

31. Thomas Ciszak and Seth F. Josel, “Of Neon Light: Multiphonic Aggregates On The Electric Guitar,” *Tempo* 74, no. 291 (January 2020): 25–49, accessed July 23, 2020, doi:10.1017/S0040298219000962, https://www.cambridge.org/core/product/identifier/S0040298219000962/type/journal_article.

Vessikala's MA thesis on the topic.³² Sanae Yoshida acknowledges Vessikala's work in an article in the multiphonics issue of *Tempo*, where Yoshida expands upon the practical ways in which a composer can use microtonality (and multiphonics) on a piano.³³ Following is Caspar Walter's algorithm to calculate the frequency components of pure multiphonics.³⁴

Conclusion

It becomes clear that there is significant research that is being carried out in the realm of novel extended techniques, but there is still a deficit in resources for composers in implementing the techniques.

Key Questions

- How are extended techniques used in current literature, and are there ways to improve their delivery and make them more accessible to composers, performers, and audiences?
- Are there extenuating circumstances that keep these techniques from entering mainstream literature, or are they simply still in their infancy?

32. Juhani Topias Vesikkala, "Multiphonics of the Grand Piano - Timbral Composition and Performance with Flageolets" (Thesis, Sibelius Academy, 2016), accessed August 20, 2020, <http://urn.fi/URN:NBN:fi-fe2018050923865>.

33. Sanae Yoshida, "The Microtonal Piano And The Tuned-In Interpreter," *Tempo* 74, no. 291 (January 2020): 77–84, accessed July 23, 2020, doi:10.1017/S0040298219000998, https://www.cambridge.org/core/product/identifier/S0040298219000998/type/journal_article.

34. Caspar Johannes Walter, "Variants of Continued Fraction Algorithms and Their Relationship to the Fraction Windowing Algorithm for Modeling the Sounding Pitches of Multiphonics on Piano Strings," Variants of continued fraction algorithms and their relationship to the fraction windowing algorithm for modeling the sounding pitches of multiphonics on piano strings, August 2019, accessed August 21, 2020, https://casparjohanneswalter.de/texts/fraction_windowing.

- How have other artists used these techniques, and what can we learn from artists that have already incorporated them into their practice?
- How can I incorporate these extended techniques into my personal practice and develop a unique style with them?
- How can we use the techniques that already exist to create new notation that is ‘future proofed’?
- How can we lower the barriers of entry to the niche to make it more accessible to composers, performers, and audiences?

Aims

- Develop my artistic voice and personal style through the incorporation of these extended techniques into my practice.
- Broaden the field of research by studying extended techniques that have not been extensively researched.
- Develop ways of communicating the best practices of techniques to increase their accessibility to others by formalising notation.

Outcomes Of This Project, and Why It Is Relevant

There is a dearth of literature regarding how composers interact with the score, and communicate their ideas via the score to the performer. Notation and implementations of techniques are all on an ad-hoc basis, with composers needing to reference specific books for aspects of notation, implementation, and communication of their ideas. The philosophy of how intent is communicated is inaccessible to

composers seeking to strike new ground, and this research will provide scaffolding upon which composers can fabricate new ideas. As these techniques currently have a deficit of literature, both instructive and artistic; there are few resources for people to learn from, and even fewer practical examples of how to implement the techniques in a musical context. My research will produce a practical document that outlines the methods of communicating intent to a performer, and my folio will comprise of examples so that others may observe how I develop new methods, using existing terminology, iconography, and semiotics where possible to lower the friction of uptake.

Methodology

Through interviews with players at varying stages of proficiency and familiarity with the techniques, I will be able to uncover the barriers to producing these techniques. Document analysis of existing resources and compositions will help direct and support the line of enquiry. Autoethnography of my creative process will document the research process and clarify my intent.

The aim of this research project is not to make the techniques popular enough to make clarification of technique unnecessary, or for it to enter the canon of techniques so that it is no longer considered to be ‘extended’ (as the Bartok pizzicato has). Rather, this is intended to act as a resource for composers and artists to be drawn upon as a reference for when they wish to use the technique. A considered and informed judgement call over a technique can only be made when the technique is understood well. The composer will communicate the information

necessary to realise the technique to the player, typically through the frontmatter.

In order to better understand what information composers deem useful to communicate to players, a review of scores with similar techniques will take place. By breaking the score's frontmatter content up into its actions, we can understand how composers communicate their desired techniques to players.

Participants will be recorded with both video and audio for both workshopping pieces and interviews regarding the pieces, which may be included as part of the exegesis. If a participant wishes to not have their name attached to the research, video would be omitted from the pieces, and the interviews would be transcribed.

Recruitment Email Below is an example of the email that will be sent to potential participants.

To whom it may concern,

My name is Rhys Gray, and I am a PhD student at the University of Tasmania's Conservatorium of Music. My research is focused around under-researched extended techniques, and their compositional applications. I am currently seeking interested participants that play an instrument at a professional level that would be willing to assist me. This would involve workshopping pieces for your instrument, and being interviewed about the pieces, techniques used, and process. These pieces would include extended techniques, such as multiphonics, overtones, subharmonics, and other non-standard methods of producing a sound on your instrument. This would be suitable for a musician that is interested in exploring new techniques, and collaborating with a composer on new works. Please note that this research has the potential to be personally identifiable, or, with consent, directly identify you if necessary. If you are interested, please contact me at rhys.gray@utas.edu.au with your name, instrument, and availability for further discussion.

Data Collection

We will be gathering audiovisual data of participants with cameras, microphones. Participants will be able to withdraw from the study at any time without consequence. Withdrawal of a participant

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