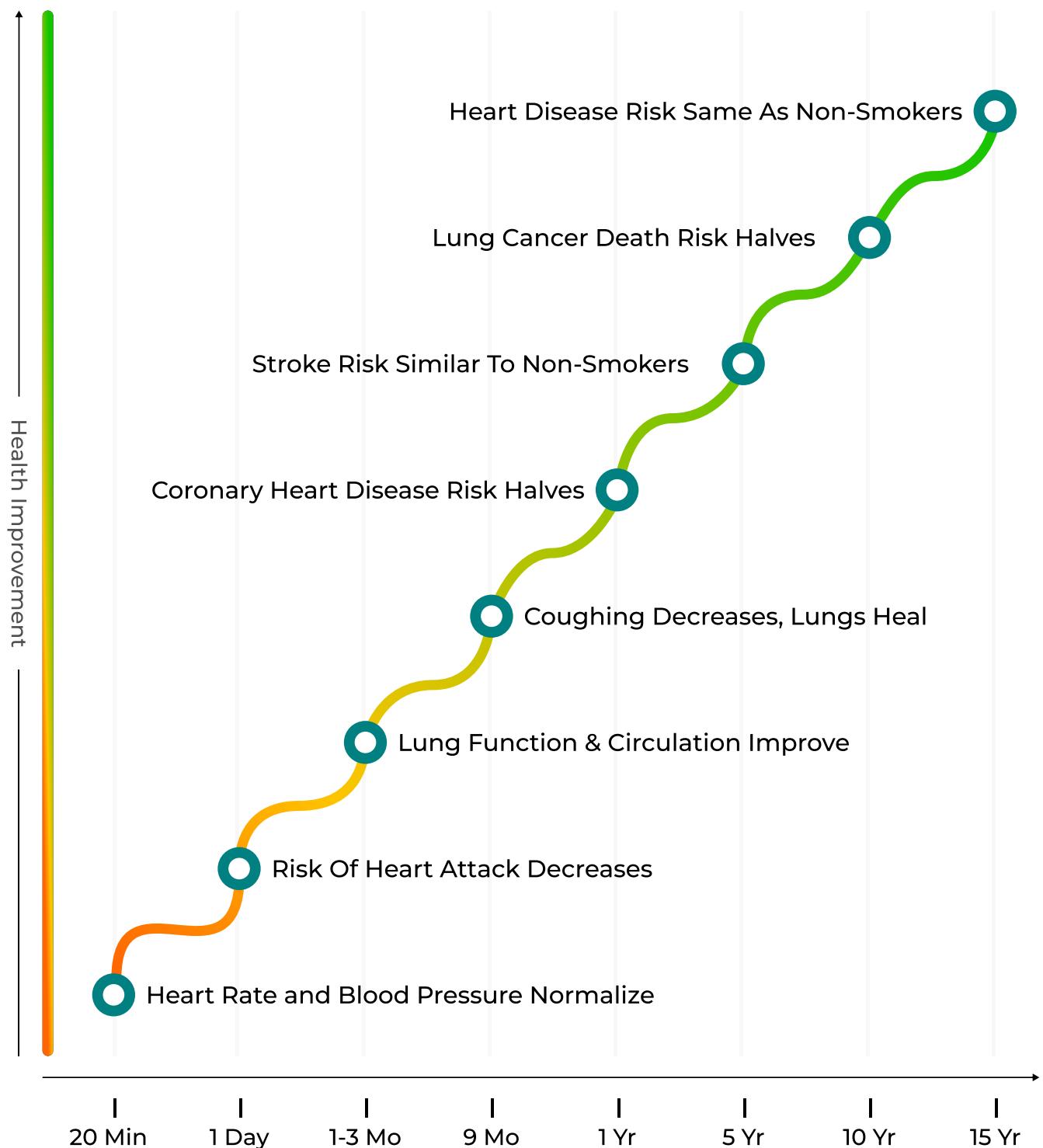


# Health improvement timeline after quitting smoking



\*Time after quitting (evenly spaced for visual representation)