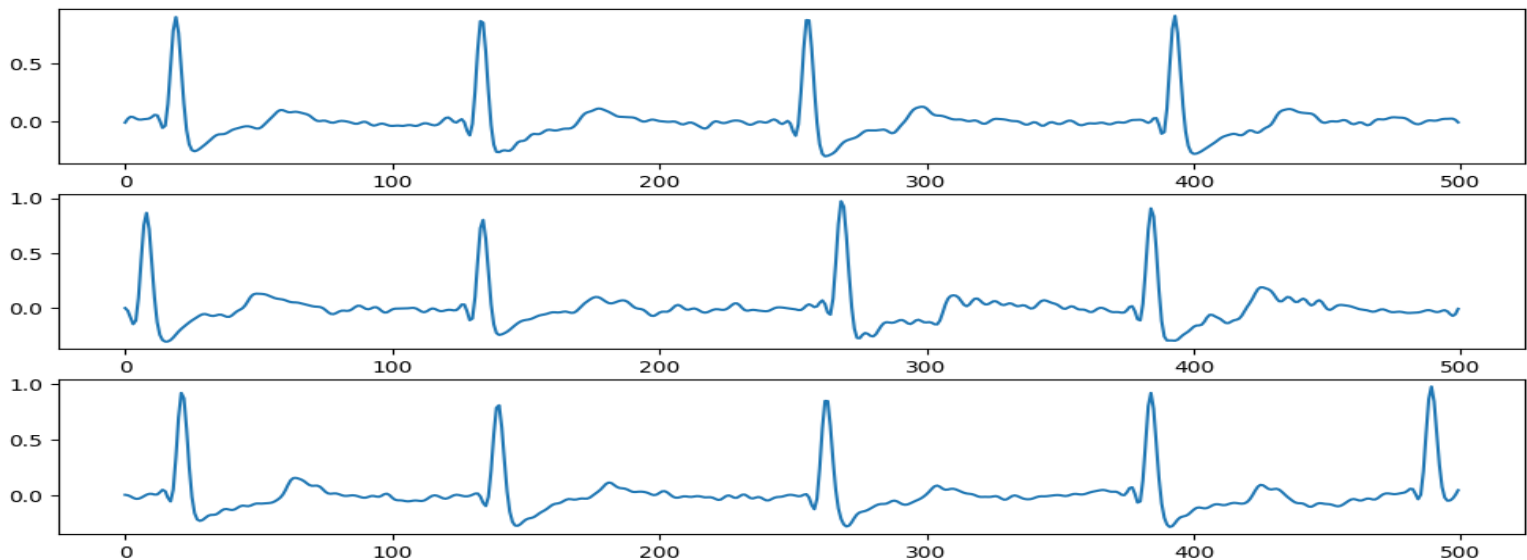


RHYTHMi's ECG Test



Result: **Arrhythmia** Detected

Explanation:

Arrhythmias are disturbances in the normal cardiac rhythm of the heart, which occur as a result of alterations within the conduction of electrical impulses. They can be caused by various factors, including heart disease, stress, certain medications, and caffeine or nicotine use.

Recommendation:

The treatment for arrhythmias depends on the type and severity of the arrhythmia. This could include medication, lifestyle changes such as reducing stress and limiting caffeine or nicotine use, or in some cases, medical procedures or surgery. Regular monitoring of the heart's electrical activity is crucial for managing arrhythmias. It's also important to identify and manage any underlying conditions that may be causing the arrhythmia, such as heart disease.