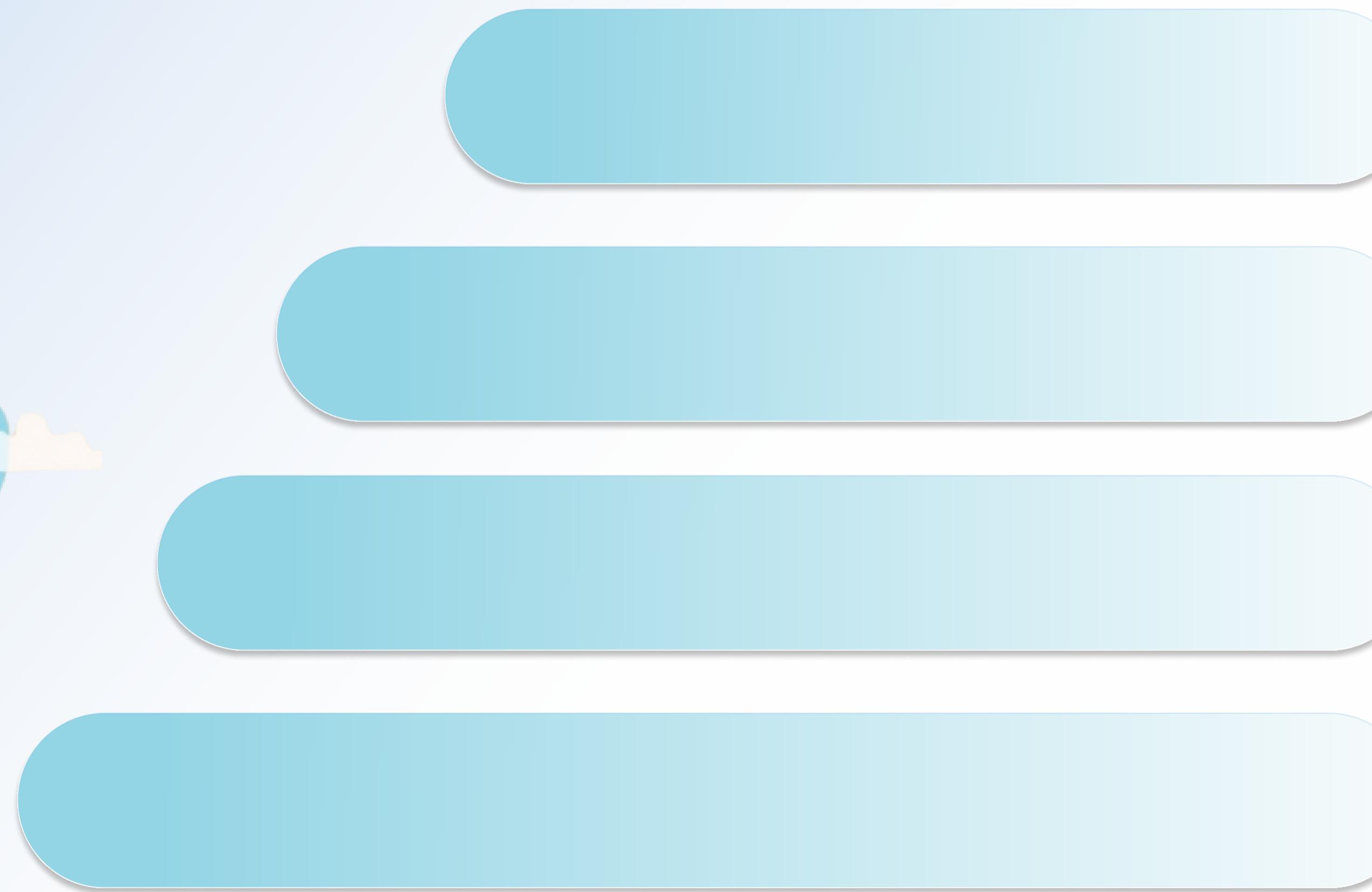


C H A L L E N G E S





21 days of intentional evolution 1 challenge at a time

A unique ride with entertainment & enlightenment
steering towards self-refinement

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Why 21 days? Why challenges?

Old wisdom claims 21 days builds habits; join us to test if they truly last.
Unleash change with '21 Days with Shreyas Belur'

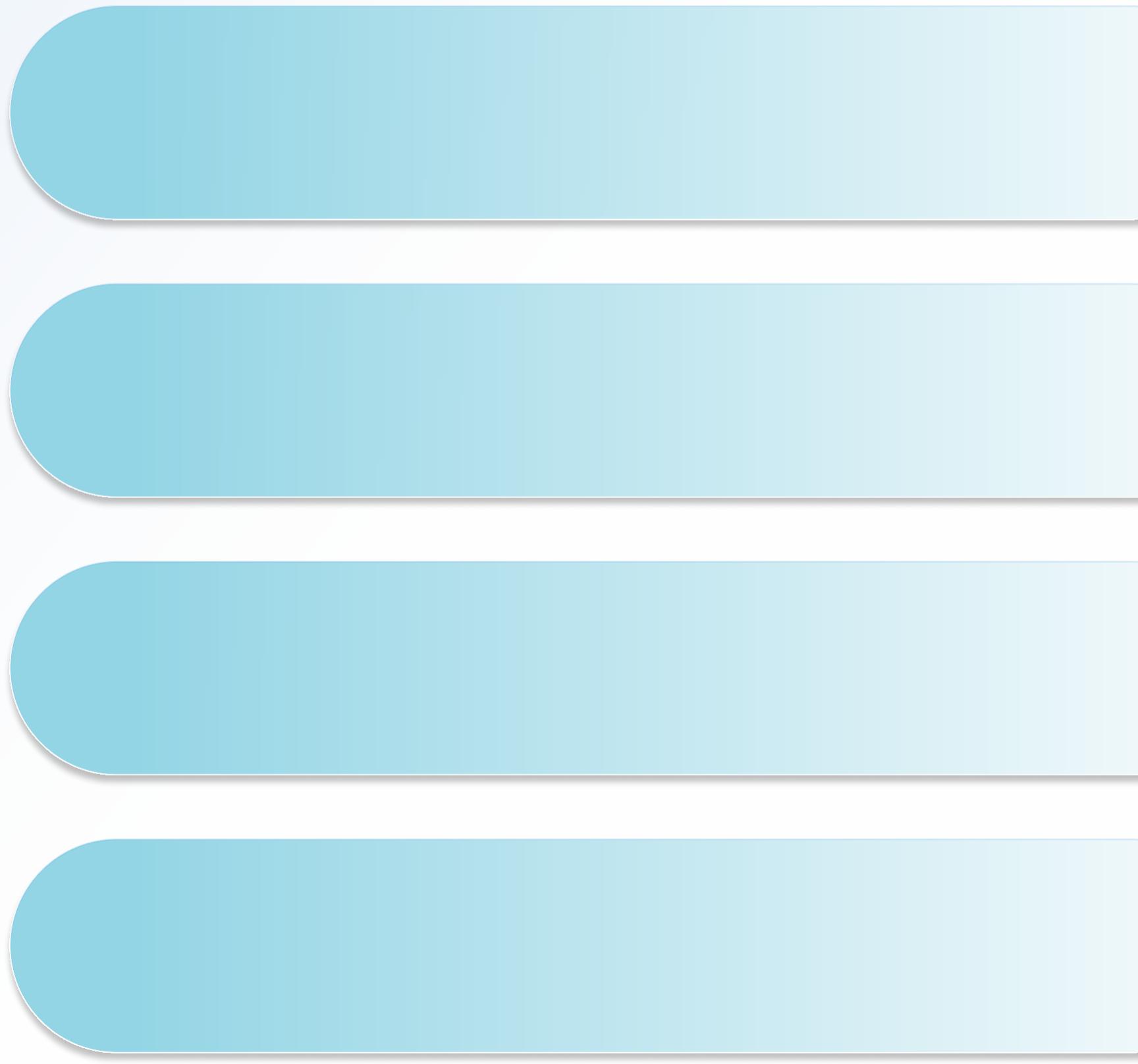
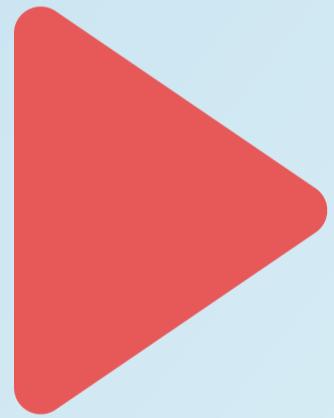


Why me?

Introducing Shreyas Belur, your quintessential average guy. If I can make it through these challenges, you surely can soar beyond

2 1 D A Y S O F W O R K I N G O U T

K E Y T A K E A W A Y S



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