

**LOOKING TO PLAY A SPORT?
PLEASE CONTACT A HEAD COACH TO FIND
OUT HOW OR GO TO**

WWW.ACTITANS.ORG



8th Graders – 12th Graders



ALEXANDRIA CITY HS HEAD COACHES

• BASEBALL	Coach Olerta	coacholerta@gmail.com
• BASKETBALL –BOYS	Coach Sally	tsally04@gmail.com
• BASKETBALL – GIRLS	Open	james.parker@acps.k12.va.us
• CHEER-FALL/WINTER	Coach Thompson	khaila.thompson@acps.k12.va.us
• CREW-BOYS	Coach Stramese	peter.stramese@gmail.com
• CREW GIRLS	Coach Marquardt	patrick.marquardt@gmail.com
• FIELD HOCKEY	Coach Blount	elizabeth.blount@acps.k12.va.us
• FOOTBALL	Coach Hughey	rodney.hughey@acps.k12.va.us
• GOLF	Open	james.parker@acps.k12.va.us
• GYMNASTICS	Coach Norvgrod	pjnovgrod@fcps.edu
• LACROSSE- BOYS	Coach Hamon	sean@seanhamon.com
• LACROSSE-GIRLS	Coach Derogatis	gregory.derogatis@acps.k12.va.us
• RUGBY – BOYS	Coach Hildebidle	nicholas.hildebidle@acps.k12.va.us
• RUGBY-GIRLS	Coach Murphy	coachjeffmurphy@gmail.com
• SOCCER –Boys	Coach Abed	peter.abed@acps.k12.va.us
• SOCCER – Girls	Coach Wagner	hodgkinsally@gmail.com
• SOFTBALL	Coach Frawley	katie.frawley@gmail.com
• SWIMMING/DIVING	Coach Gullickson	john.gullickson@gmail.com
• TENNIS – BOYS	Coach Keracy	Gkeracy00@gmail.com
• TENNIS - GIRLS	Coach Kalil	amkalil@gmail.com
• TRACK & FIELD	Coach Hughes	mhughes1@acps.k12.va.us
• VOLLEYBALL	Coach Thorne	danielle.thorne@acps.k12.va.us
• WRESTLING	Coach Marshall	chris.marshall@acps.k12.va.us