prioritization for the "Bite Bright" project

Top Priority:

- 1. **Food Intake Tracking**: Central to the project; without this, other features cannot function.
- 2. **Health Monitoring**: Directly tied to the system's core purpose of promoting well-being.
- 3. **Personalized Diet Recommendations**: The heart of the user experience, tailored guidance will make the system valuable.
- 4. **Meal Planning Assistance**: Critical for helping users with their dietary goals and integrating the 80/20 principle.

Medium Priority:

- 1. **Progress Visualization**: Important for user engagement and tracking success, but secondary to direct intervention features.
- 2. **Real-Time Feedback and Alerts**: Helps users stay on track, but can be less essential for initial development.
- 3. **Behavioral Analysis**: Enhances long-term success but is secondary to core features like tracking and recommendations.

Low Priority:

- 1. **Emotional Health Insights**: Valuable, but can be developed after the more fundamental features are solidified.
- 2. **Social Engagement**: Good for community building, but not as vital for the initial success of the platform.
- 3. **Integration with HIS**: Useful for a seamless experience but can be implemented after core features are established.