

Our science

About us

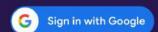
Gift

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Try Brain.fm for free

Music scientifically proven to increase focus

Get more done with less effort, and unlock your best self on demand.



Sign up with email

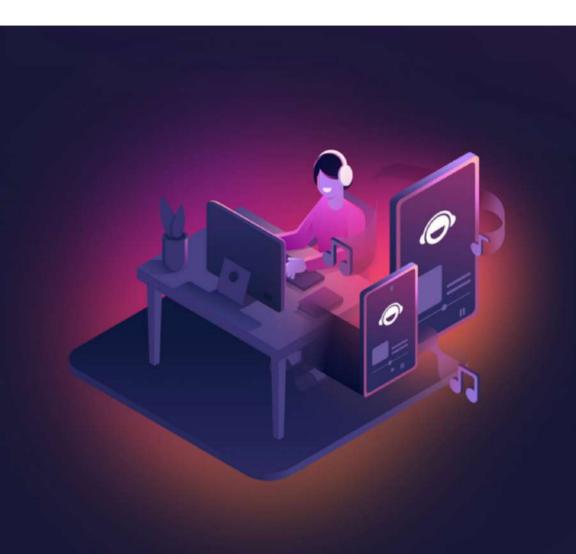
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Your most productive day, on demand.

Brain.fm's focus music is made to help you work better, by blending into the background so you can focus distraction-free... all while stimulating the brain with gentle rhythmic pulses in the music that support sustained attention.

Other music is made to grab your attention, making it hard to think and work, even if you don't realize it. Brain.fm's functional music is designed from the bottom up to affect your brain and optimize your performance.

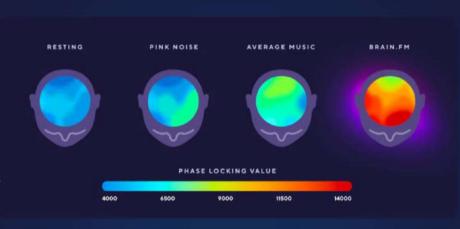
Try it yourself →

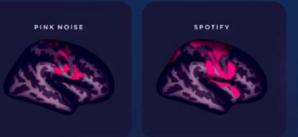
Real science with extraordinary results

Scientists at Brain.fm work with academic institutions to observe the effects of our technology on the brain using fMRI, EEG, and behavioral studies. We always include placebo groups in our tests to ensure our tech is what makes the difference.

See our science →









Top: EEG scans showing electrical activity in the brain while using Brain.fm

Bottom: fMRI scans showing increased bloodflow to the brain while using Brain.fm

Join millions focusing on demand with brain.fm





My NPS score on brain.fm is a 10/10. If you need to crank through some work, check it out.

BRIAN





Discovered Brain.fm through a podcast, gave it a try, and finished designing an e-commerce website in just a couple of hours that would usually take me days.

BELLA





Nothing has positive work like Brain.fm It increase my concent

DAVE





I got a free trial to Brain.fm from work and as I write this tweet, I'm seriously considering canceling my Spotify subscription in favour of this app! It works, it works REALLY well.

BASSEM





Tried it out today! The deep work classical station was perfect. Exactly what I needed. Much easier than curating my own playlists.

COURTNEY



Learn more about how Brain.fm works



Get started with brain.fm today.

Our science-first approach creates music that sounds different and affects your brain differently than any other music.

Start free trial











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