# **Sumin Jung**

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#### **EDUCATION**

## **Seoul National University (SNU)**

2021 - 2023

• M.A. in Social Psychology (Advisor: Dr. Incheol Choi)

## **Seoul National University**

2016 - 2020

- B.A. in Psychology, *summa cum laude*
- Minor in Brain-Mind-Behavior

#### RESEARCH EXPERIENCE

## Stanford University Psychophysiology Lab (Director: Dr. James Gross)

Mar 2024 -

- Research Assistant
- Co-authored two research papers (Mentor: Dr. Sylvia Kreibig), drafted and revised
  manuscripts, developed hypotheses, conducted data analysis, engaged in a thorough
  literature review and coding for meta-analysis, and actively participated in lab meetings and
  1:1 meetings every week.

## **SNU Center for Happiness Studies** (Director: Dr. Incheol Choi)

2021 - 2023

- Graduate Research Assistant
- Co-authored two research projects (Mentor: Dr. Mina Jyung), contributed to the co-authorship of annual happiness reports, conducted statistical analysis on longitudinal happiness data (7 time points) and private companies' longitudinal data (sample size: 1-2M per year) (R, SPSS), engaged in researching and developing the organizational happiness report.

## SNU Social Psychology Lab (Director: Dr. Incheol Choi)

2019 - 2020

- Undergraduate Research Assistant
- Assisted in conducting lab experiments, offered feedback on working papers, organized references during paper reviews, and actively engaged in all lab reviews and weekly meetings.

## **SNU Computational Clinical Science Lab** (Director: Dr. Woo-Young Ahn)

2019

- Undergraduate Research Assistant
- Actively assisted in the fMRI data collection process, wrote bachelor's thesis using behavioral and fMRI data from the National Institutes of Health's Adolescent Brain Cognitive Development dataset (R, Python), and provided feedback on working papers and energetically participated in weekly meetings.

## **PUBLICATIONS**

(\*Served equally as the first author)

- [3] **Jung, S.**, Ku, X., & Choi, I. (invited revision under review, *Journal of Happiness Studies*). Why Do Happy People Exercise More? The Roles of Beliefs in the Psychosocial Benefits of Exercise.
- [2] Jung, Y., **Jung, S.**, & Hahn, S. (invited revision under review, *Frontiers in Psychology Brief Report*). The Effect of Emotional Clarity on Happiness, Depressive Symptoms, and Neuroticism: The Mediating Role of Catastrophizing
- [1] **Jung\***, Ku, & Choi. "What Activities Do Happy People Engage In? The Roles of Eudaimonic Experiences" In Korea Happiness Map 2023 (Seoul: 21cbooks, 2023), 145-153.

#### **Submitted**

[1] **Jung, S.\***, Ku, X, Jun, Y., & Choi, I. (submitted). Buying Time, To Do or Not To Do?: The Purpose of Time-Saving Purchases Matters for Happiness.

## MANUSCRIPT IN PREPARATION

- [5] Kreibig, S.D., **Jung, S**., Samson, A.C., Gross, J.J. (in preparation). Temporal Dynamics of Regulating Mixed Emotions: Facial Expressive Responses During Goal-Directed Cognitive Reappraisal.
- [4] Kreibig, S.D., **Jung, S.**, Samson, A.C., Gross, J.J. (in preparation). Experiential, Expressive, and Physiological Effects of Positive and Negative Emotion Regulation Goals While Reappraising Mixed-Emotional Stimuli.

[3] Hong, E. K., **Jung, S.,** Kim, J., & Choi, I. (in preparation). Better Than Ever: Longitudinal Evidence for Past-degrading Tendency as a Happiness Maintenance Strategy among Self-enhancers.

- [2] Jyung, M., **Jung, S.**, & Choi, I. (in preparation). Aspire or Concern? Differential Effects of Valuing Happiness on Well-being.
- [1] **Jung, S.**, Jyung, M., & Choi, I. (in preparation). Valuing Relationship Buffers the Happiness Cost of Valuing Money

#### **CONFERENCE PRESENTATIONS**

- [4] **Jung, S.**, Jyung, M., & Choi, I. (November 2023). Valuing Relationship Buffers the Happiness Cost of Valuing Money [Poster presentation]. Korean Social and Personality Psychological Association Conference, Daejeon, South Korea.
- [3] **Jung, S.**, Ku, X., & Choi, I. (November 2023). Why Do Happy People Exercise More? Viewing Exercise as a Psychosocial Booster [Oral presentation]. Korean Social and Personality Psychological Association Conference, Daejeon, South Korea.
- [2] **Jung, S.**, Ku, X, Jun, Y., & Choi, I. (March 2023). Buying Time, To Do or Not To Do?: The Purpose of Time-Saving Purchases Matters for Happiness [Poster presentation]. Association for Psychological Science International Convention, Brussels, Belgium.
- [1] **Jung, S.**, Ko, M., Ko, E., Kim, B., Lee, K., & Kim, C. (August 2020). Productivity Obsession Scale: Development and Validation [Poster presentation]. Korean Journal of Psychology Annual Conference, Seoul, South Korea.

#### TEACHING EXPERIENCE

## SNU "Social Psychology and Lab." Major Course

2021 - 2022

- Graduate Teaching Assistant
- Provided mentorship to seven research project teams, evaluated and graded essay exams, provided personal Q&A sessions for 60+ students, and administered and recorded grades.

## SNU "Psychology of Good Life" Elective Course

2022

• Graduate Teaching Assistant

 Designed and executed web-based mental health assessments with personalized feedback, managed a 4-week happiness intervention project for 200+ students, and evaluated and graded exams, provided Q&A sessions, and administered grades

## **SNU Undergraduate Independent Study**

Mar – Dec 2022

- Graduate Research Mentor
- Assisted in drafting a manuscript on "The Impact of Perspective-Taking on Allocation Perception: A Meritocratic Perspective.", and supported data analysis (R)

## **SCHOLARSHIPS**

Partial Tuition, SNU Academic Excellence Scholarship	2022
Full Tuition, SNU Academic Excellence Scholarship	2019

## **HONORS, AWARDS & GRANTS**

**Future Psychologist Award**, Korean Social and Personality Psychological Association 2023
Why Do Happy People Exercise More? The Roles of Beliefs in the Psychosocial Benefits of Exercise **Research Grant** \$2500, SNU Faculty of Liberal Education 2019

Exploring Relationship-Seeking in Undergraduates: A Perspective on Self versus Others Evaluation

#### PROFESSIONAL EXPERIENCE

**Goodlife Lab** 2022 – 2023

- Researcher & Product Manager
- Developed a web-based well-being index assessment, personalized feedback, and wellness
  interventions, actively engaged in corporate strategy and co-authored an IR document in
  healthcare industry, and conducted consumer interviews and client coordination

**LOMY** 2021 –2022

- CEO
- Curated context-specific coping strategies for parents to reduce parent-child conflicts, engaged in JavaScript-based front-end development for an app prototype, acquired startup award and \$44,800 in funding (\$40000, Korea Institute of Startup and Entrepreneurship Development; \$4800, SNU Haedong Junior Startup Program)

#### **CJ AI Research Center**

- Research Intern
- Performed statistical analysis on commerce data (MySQL & Python), assisted in preprocessing raw shopping review data, and researched and designed supportive virtual human and depression remedy chatbot

## SKILLS AND SOFTWARE

## **Data analysis**

 Multilevel modeling, structural equation modeling, longitudinal data analysis, preprocessing and analysis of text data, deep learning-based natural language processing

## **Software and coding**

• Advanced: R, Python, SPSS

• Proficient: MySQL, JavaScript

## Language

• Fluent: Korean

• Advanced: English

• Intermediate: French, Chinese