

Sumin Jung

📍 Seoul, South Korea

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RESEARCH INTERESTS

- **Topics:** emotion regulation, beliefs, well-being, health behavior, purchase
- **Methods:** survey, experiment, intervention, NLP, EMG, fMRI, physiological measures

EDUCATION

Seoul National University 2021 – 2023

- M.A. in Social Psychology (Advisor: Dr. Incheol Choi)

Seoul National University 2016 – 2020

- B.A. in Psychology, *summa cum laude*
- Minor in Brain-Mind-Behavior

RESEARCH EXPERIENCE

Stanford University Psychophysiology Lab (Director: Dr. James Gross) Mar 2024 –

- Research Assistant
- Co-authored two research papers (Mentor: Dr. Sylvia Kreibig), drafted and revised manuscripts, developed hypotheses, conducted data analysis, engaged in a thorough literature review and coding for meta-analysis, and actively participated in lab meetings and 1:1 meetings every week.

SNU Center for Happiness Studies (Director: Dr. Incheol Choi) 2021 – 2023

- Graduate Research Assistant
- Co-authored two research projects (Mentor: Dr. Mina Jyung), contributed to the co-authorship of annual happiness reports, conducted statistical analysis on longitudinal happiness data (7 time points) and private companies' longitudinal data (sample size: 1-2M per year) (R, SPSS), engaged in researching and developing the organizational happiness report.

SNU Social Psychology Lab (Director: Dr. Incheol Choi) 2019 – 2020

- Undergraduate Research Assistant

- Assisted in conducting lab experiments, offered feedback on working papers, organized references during paper reviews, and actively engaged in all lab reviews and weekly meetings.

SNU Computational Clinical Science Lab (Director: Dr. Woo-Young Ahn)

2019

- Undergraduate Research Assistant
- Actively assisted in the fMRI data collection process, wrote bachelor's thesis using behavioral and fMRI data from the National Institutes of Health's Adolescent Brain Cognitive Development dataset (R, Python), and provided feedback on working papers and energetically participated in weekly meetings.

PUBLICATIONS

(*Served equally as the first author)

Submitted

[3] Jung, Y., **Jung, S.**, & Hahn, S. (*Revise and resubmit*). The Effect of Emotional Clarity on Happiness, Depressive Symptoms, and Neuroticism: The Mediating Role of Catastrophizing.

[2] **Jung, S.**, Ku, X., & Choi, I. (*Revise and resubmit*). Why Do Happy People Exercise More? The Roles of Beliefs in the Psychosocial Benefits of Exercise.

[1] **Jung, S.***, Ku, X., Jun, Y., & Choi, I. (*Revise and resubmit*). Buying Time, To Do or Not To Do?: The Purpose of Time-Saving Purchases Matters for Happiness.

2023

[1] **Jung***, Ku, & Choi. "What Activities Do Happy People Engage In? The Roles of Eudaimonic Experiences" In Korea Happiness Map 2023 (Seoul: 21cbooks, 2023), 145-153.

MANUSCRIPT IN PREPARATION

[5] Kreibig, S.D., **Jung, S.**, Samson, A.C., Gross, J.J. (*in preparation*). Temporal Dynamics of Regulating Mixed Emotions: Facial Expressive Responses During Goal-Directed Cognitive Reappraisal.

- [4] Kreibig, S.D., **Jung, S.**, Samson, A.C., Gross, J.J. (*in preparation*). Experiential, Expressive, and Physiological Effects of Positive and Negative Emotion Regulation Goals While Reappraising Mixed-Emotional Stimuli.
- [3] Hong, E. K., **Jung, S.**, Kim, J., & Choi, I. (*in preparation*). Better than ever: Longitudinal evidence for past-degrading tendency as a happiness maintenance strategy among self-enhancers.
- [2] Jyung, M., **Jung, S.**, & Choi, I. (*in preparation*). Aspire or Concern? Differential Effects of Valuing Happiness on Well-being.
- [1] **Jung, S.**, Jyung, M., & Choi, I. (*in preparation*). Valuing Relationship Buffers the Happiness Cost of Valuing Money

CONFERENCE PRESENTATIONS

- [4] **Jung, S.**, Jyung, M., & Choi, I. (November 2023). Valuing Relationship Buffers the Happiness Cost of Valuing Money [Poster presentation]. Korean Social and Personality Psychological Association Conference, Daejeon, South Korea.
- [3] **Jung, S.**, Ku, X., & Choi, I. (November 2023). Why Do Happy People Exercise More? Viewing Exercise as a Psychosocial Booster [Oral presentation]. Korean Social and Personality Psychological Association Conference, Daejeon, South Korea.
- [2] **Jung, S.**, Ku, X, Jun, Y., & Choi, I. (March 2023). Buying Time, To Do or Not To Do?: The Purpose of Time-Saving Purchases Matters for Happiness [Poster presentation]. Association for Psychological Science International Convention, Brussels, Belgium.
- [1] **Jung, S.**, Ko, M., Ko, E., Kim, B., Lee, K., & Kim, C. (August 2020). Productivity Obsession Scale: Development and Validation [Poster presentation]. Korean Journal of Psychology Annual Conference, Seoul, South Korea.

TEACHING EXPERIENCE

SNU “Social Psychology and Lab.” Major Course	2021 – 2022
<ul style="list-style-type: none"> • Graduate Teaching Assistant • Provided mentorship to seven research project teams, evaluated and graded essay exams, provided personal Q&A sessions for 60+ students, and administered and recorded grades. 	
SNU “Psychology of Good Life” Elective Course	2022

- Graduate Teaching Assistant
- Designed and executed web-based mental health assessments with personalized feedback, managed a 4-week happiness intervention project for 200+ students, and evaluated and graded exams, provided Q&A sessions, and administered grades

SNU Undergraduate Independent Study

Mar – Dec 2022

- Graduate Research Mentor
- Assisted in drafting a manuscript on “*The Impact of Perspective-Taking on Allocation Perception: A Meritocratic Perspective.*”, and supported data analysis (R)

SCHOLARSHIPS

Partial Tuition, <i>SNU Academic Excellence Scholarship</i>	2022
Full Tuition, <i>SNU Academic Excellence Scholarship</i>	2019

HONORS, AWARDS & GRANTS

Future Psychologist Award , <i>Korean Social and Personality Psychological Association</i>	2023
<i>Why Do Happy People Exercise More? The Roles of Beliefs in the Psychosocial Benefits of Exercise</i>	
Research Grant \$2500, <i>SNU Faculty of Liberal Education</i>	2019
<i>Exploring Relationship-Seeking in Undergraduates: A Perspective on Self versus Others Evaluation</i>	

PROFESSIONAL EXPERIENCE

Goodlife Lab	2022 – 2023
<ul style="list-style-type: none"> • Researcher & Product Manager • Developed a web-based well-being index assessment, personalized feedback, and wellness interventions, actively engaged in corporate strategy and co-authored an IR document in healthcare industry, and conducted consumer interviews and client coordination 	

LOMY

2021 –2022

- CEO
- Curated context-specific coping strategies for parents to reduce parent-child conflicts, engaged in JavaScript-based front-end development for an app prototype, acquired startup award and \$44,800 in funding (\$40000, *Korea Institute of Startup and Entrepreneurship Development*; \$4800, *SNU Haedong Junior Startup Program*)

CJ AI Research Center

May – Aug 2021

- Research Intern
- Performed statistical analysis on commerce data (MySQL & Python), assisted in preprocessing raw shopping review data, and researched and designed supportive virtual human and depression remedy chatbot

SKILLS AND SOFTWARE

Data analysis

- Multilevel modeling, structural equation modeling, longitudinal data analysis, preprocessing and analysis of text data, deep learning-based natural language processing

Software and coding

- Advanced: R, Python, SPSS
- Proficient: MySQL, JavaScript

Language

- Fluent: Korean
- Advanced: English
- Intermediate: French, Chinese