Code :

```html
<!DOCTYPE html>
<html lang="en">
<head>
 <meta charset="UTF-8" />
 <title>Bootstrap Example</title>
 <meta name="viewport" content="width=device-width, initial-scale=1" />
 <!-- Bootstrap 5 CSS -->
 <link href="https://cdn.jsdelivr.net/npm/bootstrap@5.3.0/dist/css/bootstrap.min.css" rel="stylesheet" />
</head>
<body>

 <!-- Navbar -->
 <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
  <div class="container">
   <a class="navbar-brand" href="#">MySite</a>
   <button class="navbar-toggler" type="button" data-bs-toggle="collapse"
       data-bs-target="#navbarNav" aria-controls="navbarNav" aria-expanded="false"
       aria-label="Toggle navigation">
    <span class="navbar-toggler-icon"></span>
   </button>
   <div class="collapse navbar-collapse" id="navbarNav">
    <ul class="navbar-nav ms-auto">
     <li class="nav-item">
      <a class="nav-link active" href="#">Home</a>
     </li>
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        <li class="nav-item">

          <a class="nav-link" href="#">About</a>

        </li>

      </ul>

    </div>

  </div>

</nav>


<div class="container my-5">

  <div class="row justify-content-center text-center">

    <div class="col-12 col-md-8">

      <h4 class="mb-3">Welcome to SIT 725 Week 3</h4>

      <p class="lead">

        Bootstrapping Express App

      </p>

    </div>

  </div>

</div>


<div class="container mb-5">

  <div class="row justify-content-center g-4">

    <div class="col-12 col-sm-8 col-md-6 col-lg-4">

      <div class="card shadow-sm h-100">

        <div class="card-body d-flex flex-column">

          <h5 class="card-title">Applied Software</h5>

          <p class="card-text flex-grow-1">

            Learn practical software development skills and tools essential for today's IT
industry.
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        </p>
        <a href="#" class="btn btn-primary mt-auto w-100">Register</a>
      </div>
    </div>
  </div>
  <div class="col-12 col-sm-8 col-md-6 col-lg-4">
    <div class="card shadow-sm h-100">
      <div class="card-body d-flex flex-column">
        <h5 class="card-title">IT Professional Practice</h5>
        <p class="card-text flex-grow-1">
          Explore best practices, ethics, and teamwork skills needed for a successful IT career.
        </p>
        <a href="#" class="btn btn-primary mt-auto w-100">Register</a>
      </div>
    </div>
  </div>
  <div class="col-12 col-sm-8 col-md-6 col-lg-4">
    <div class="card shadow-sm h-100">
      <div class="card-body d-flex flex-column">
        <h5 class="card-title">Security and Privacy in IT</h5>
        <p class="card-text flex-grow-1">
          Understand the key concepts of IT security, data protection, and privacy management.
        </p>
        <a href="#" class="btn btn-primary mt-auto w-100">Register</a>
      </div>
    </div>
  </div>
```
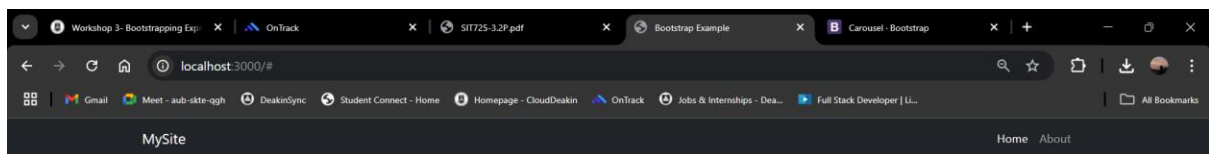
```
    </div>

  </div>


  <!-- Bootstrap 5 JS Bundle (includes Popper) -->
  <script src="https://cdn.jsdelivr.net/npm/bootstrap@5.3.0/dist/js/bootstrap.bundle.min.js"></script>
</body>
</html>
```

OUTPUT: