# Openness to Experience – Low Characteristics

You are low in openness to experience. People who are low in openness to experience are typically very dedicated to any work they do, and always make sure to see their tasks through to the end. You are not very artistic or imaginative, and do not see the value in unnecessary things like art and music.

You are very analytical, and are able to think quickly to solve any problem you are faced with. Your first instinct is to use tried-and-true methods when solving problems.

You tend to see things as black-and-white. You believe that people usually do not change, and people are either good or bad. You believe that someone's personal traits and choices play a bigger role than luck or circumstance.

People who are low in openness to experience often are well-suited for careers that allow them to have daily routines, with job duties that are very clear. For example, you may be well-suited for a job in finance, mechanics, or technology.

## **Extraversion – Medium Characteristics**

You have a medium level of extraversion. This means that at times, you get your energy from being around others; but at other times, you get your energy by being alone. Life is all about balance, and for you, it's important to spend time alone and with others. You don't mind being the center of attention at times, but you don't seek out ways to be the center of attention either.

Because you have traits of both an introvert and extravert, you know when to speak up and when to stay silent. You are able to recognize the times when you need to speak up and be assertive, and can find the courage to have those difficult conversations when necessary.

Jobs for those who are moderately extraverted include those that allow building relationships with others, but also allow periods of time to work alone. The best jobs for these individuals include counseling, human resources, or being a director.

### Neuroticism – Low Characteristics

You scored low in neuroticism. You are very emotionally stable. While others may experience emotions of extreme highs and extreme lows, you tend to stay somewhere in the middle. Others often describe you as calm, level-headed, and optimistic.

Because of your tendency to tend to "go with the flow" in life, you have a hard time understanding people who are extremely emotional or anxious. Those who score low in neuroticism have a difficult time understanding and spending time with people who are highly neurotic. You typically prefer spending time with people who are relaxed, like yourself.

In stressful situations, you are able to remain calm and think clearly. Others typically look to you for guidance when this occurs, and in many situations, you are a natural leader.

Because those who score low in neuroticism are so level-headed, they tend to do well in leadership roles. They typically make great managers and executives.

#### Conscientiousness – Medium Characteristics

You scored medium on conscientiousness. At times, you are very driven and hard-working, but that doesn't mean you don't like to have fun! You are always able to set a comfortable balance between work and fun.

Your home isn't spotless, but it is clean and organized. You don't mind leaving a mess behind when you are in a hurry, but you make sure to clean it up later.

Your conscientious traits make you successful in your career – you are very reliable and hard-working. This, along with your friendly and relaxed personality, makes you a great employee to have. You finish what is expected of you, but aren't too busy working to build relationships with your coworkers and supervisors.

## Agreeableness – Medium Characteristics

You scored medium in agreeableness. Others often describe you as friendly and helpful. You typically try to avoid conflict, but when a situation arises, you aren't afraid to speak up. In group situations, you are able to find a comfortable balance between keeping everyone happy, but also speaking up and making the right decision.

You are a fairly generous person, and enjoy doing what you can to help others. In your free time, you may find yourself volunteering or helping friends and family with various projects. You believe helping others is important, but have not felt the need to devote your entire life to helping others. You do what you can to help, while making sure you are not being taken advantage of.

# Big 5 Test Agreeableness – High

You scored high in agreeableness. You are very considerate of others, and typically try to avoid conflict. Other usually describe you as friendly, altruistic, generous, and helpful.

Being high in agreeableness gives you the ability to find room for compromise in nearly every situation. You are always willing to listen to others' opinions and ideas, even when you think they are wrong. This can sometimes be problematic in decision-making situations – your agreeable personality sometimes prevents you from speaking up when someone else is very opinionated, and you may end up going along with their ideas, even when you disagree.

Because of their ability to mediate conflict and help others, those who score high in agreeableness typically do well in careers as managers, counselors, and non-profit work.

# Big 5 Test Agreeableness – Medium

You scored medium in agreeableness. Others often describe you as friendly and helpful. You typically try to avoid conflict, but when a situation arises, you aren't afraid to speak up. In group situations, you are able to find a comfortable balance between keeping everyone happy, but also speaking up and making the right decision.

You are a fairly generous person, and enjoy doing what you can to help others. In your free time, you may find yourself volunteering or helping friends and family with various projects. You believe helping others is important, but have not felt the need to devote your entire life to helping others. You do what you can to help, while making sure you are not being taken advantage of.

# Big 5 Test Agreeableness – Low

You scored low on agreeableness. Others describe you as outspoken and bold. You don't usually go out of your way to help others, but are willing to help close family and friends when needed. Life has taught you that you need to watch out for yourself and your family before you go out of your way to help others. Because of this, it takes you quite a while to trust others.

In group situations, you value choosing the right option, rather than keeping everyone happy. You do what you can to convince others that you are right, and typically try to make them see things your way. In a nutshell, you try to be as objective as possible when making decisions in order to make sure you are making the right choice.

When interacting with others, you are very pointed. Because you are so outspoken, our mouth sometimes gets you into trouble.