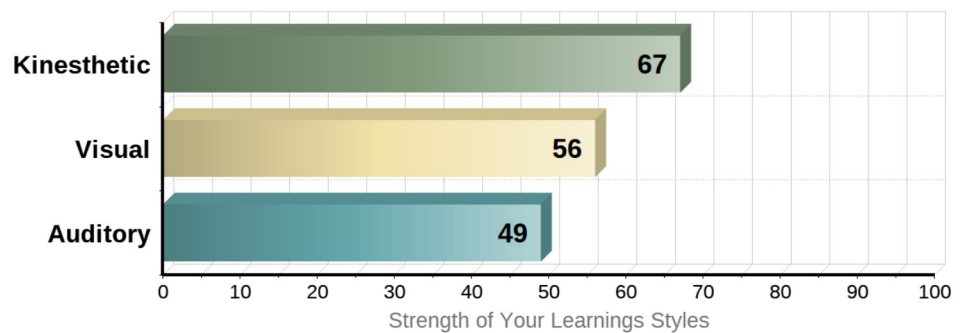


Your Personality Max™ Report

Your Learning Styles

Discover how you learn by **hearing**, **seeing** and **doing**.

Learning Styles is a theory that suggests people learn better using different methods of learning. We perceive information using our senses. The three most practical senses in learning environments are sight, hearing and touch. The VAK model categorizes these sensory methods of learning as Visual (V), Auditory (A) and Kinesthetic (K) learning styles.



While most people have a dominant learning style, nobody has just one learning style. Everyone uses each of the learning styles to some degree. Some are stronger in one style while others have even strength in all styles. The reality is that we all have a custom "learning style" that is, in varying degrees, a combination of Visual, Auditory and Kinesthetic learning.

It is useful to know the strength of your learning styles as they relate to each other. This allows you to focus on maximizing your learning potential. Recognizing your strengths also helps you to seek learning opportunities that cater to your combination of learning style strengths. In recent years, many educators have started using knowledge of Learning Styles (and Multiple Intelligences) to improve teaching methods in order to reach learners of all types

Kinesthetic Learning and You



Kinesthetic is your primary learning style.

Kinesthetic style is learning by *doing*. You learn in this manner whenever you capture new information through the process of physical activity. It is often referred to as a hands-on learning experience.

Consider how you learned to ride a bicycle. You learned by getting on a bike to experience and practice balancing, steering and pedaling. This experience ultimately taught you how to ride.

Characteristics of a Kinesthetic Learner

- Good at learning through hands-on experience
- Often bored with traditional textbook learning
- Likes to move around and explore their environment
- Usually enjoys athletics and physical education
- Likes to touch objects and people

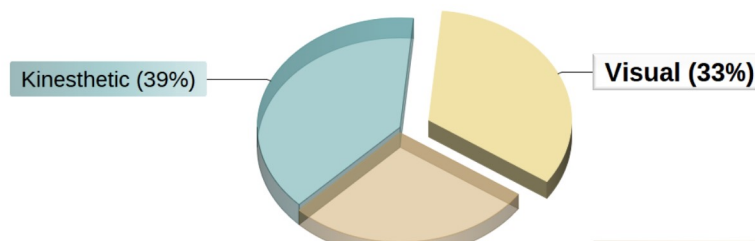
- Would rather participate than watch
- Appreciates opportunities to go on field trips
- Gets satisfaction from building with their hands
- Enjoys classes with physical experiments
- Can become restless without physical activity

Visual Learning and You

Visual is your secondary learning style.

Visual style is learning by *seeing*. You learn visually whenever you gain information

from sight. This includes seeing



Visual learners benefit greatly from teaching that utilizes illustrations, charts, diagrams, videos, etc. They often feel a need to convert spoken instruction into visual form by taking notes.

Characteristics of a Visual Learner

Good at remembering people's faces

Accurately recognizes body language and facial expressions

Able to picture things in their mind

Good at taking notes in the form of text and doodles

Comprehends visual information such as charts, graphs and diagrams

Recalls appearances with ease

Appreciates pictures and illustrations in books

Enjoys learning from video presentations

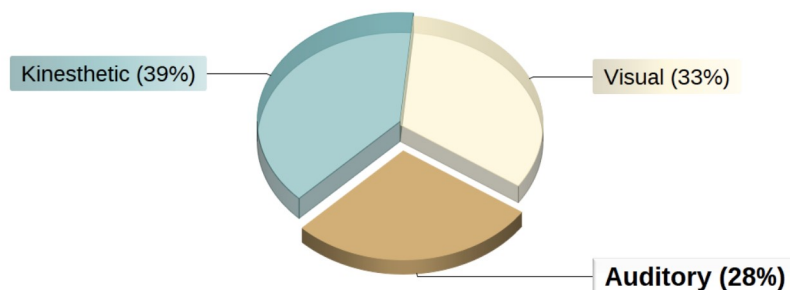
Learns well from flash cards

Notices visual details that others might miss

Auditory Learning and You

Auditory is your least preferred learning style.

Auditory style is learning by *hearing*. This type of learning is helpful in the classroom environment. During a lecture, an auditory learner is able to easily comprehend, process and retain information.



Auditory in Relation to Your Other Styles

Auditory learning is not only the ability to listen to spoken word and interpret tone, but to do so with a high level of accuracy and efficiency. Learners with strong auditory ability are able to hear and comprehend without missing much.

Characteristics of a Auditory Learner

Good at remembering people's names

Prefers classes in lecture format

Sharing and Saving Your Report

We hope you enjoyed your Personality Max report. You might like to keep a copy or show a friend. Here's how you can do that.

Your Report URL

<https://personalitymax.com/report/?ls=56-49-67>

Sharing Your Report

Simply share this page to let others read your report and take the test themselves. You can **blog about it** or **share on social media** — or just **email a friend**. We rely on participants like you to help get the word out. Thank you for supporting this project by telling others.

Saving Your Report

Simply **bookmark this page** to revisit your report at any time. Notice that the URL for your report contains all of your result data itself. This way we don't need to store any of your information or ask you to register for an account. Your report is also **printer-friendly** so you can fire off a hard copy if you'd like.

"Personality is that which is most intimate to me—that by which I must act out my life.

© 2021 BTK21 Web AG

AN ELITE CAFEMEDIA PUBLISHER