

# REFLECTION LOG

Name: \_\_\_\_\_

Date: \_\_\_\_\_

- After each "day" there will be a 2-minute reflection period.
- Use this period to be alone with yourself. Do not talk to others.
- Reflection periods are not bathroom or coffee breaks. Such breaks should be taken during the work "days".
- Take two minutes to be alone with your thoughts.

## DAY 1

1. What is life like for you now in the organization (as a Top or Middle or Bottom or Customer)?

2. How do other parts of the system look to you? What feelings do you have toward them? Do you see them as helping you or hindering you?

Tops

Middles

Bottoms

Customers

3. What are the relationships like among the members of your group (among Bottoms, among Middles, among Tops, or among Customers)?

4. Was there a particular event that had special significance for you? What was it and what impact did it have on you?

# DOOR B

## GUIDING PRINCIPLES

*Position in OWL* \_\_\_\_\_

IN THE SPACE BELOW WRITE YOUR *PERSONAL* KEY DOOR B GUIDING PRINCIPLES FOR HOW YOU INTEND TO FUNCTION IN THE ORGANIZATION. SELECT THE 2-3 PRINCIPLES WHICH HAVE THE MOST MEANING FOR YOU.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## DAY 3

1. Take a moment to review your door b guiding principles. Notice your experience with each.

A. Where are you doing well? How are you doing it?

B. Have you slipped? If so, what triggered it?

2. What are your door B guiding principles for the day ahead?

A. \_\_\_\_\_

B. \_\_\_\_\_

C. \_\_\_\_\_