



# Unity Conference 2020

## *Living In Gratitude*

### S-Anon Program

#### Friday October 2nd

TIME	SYCAMORE (REC)	MAPLE	WALNUT	SYRAH	Ball Room (REC)
3:15 - 4:15	Belonging	S-Anon Fellowship Room	--	Quiet / Writing Room	--
4:30 - 5:30	Gratitude for Relationships	S-Anon Fellowship Room	A New Freedom and Joy		--
5:30 - 6:45	Open Time				
6:45 - 8:00	Speakers - S-Anon and SA - Ballroom (Rec)				
8:15 - 9:15	A Message of Hope	S-Anon Fellowship Room	Wishing Things Were Different	Quiet / Writing Room	Couples Boundaries & Detaching with Love
9:30 - 10:30	S-Anon and SA "Fellowship of Gratitude" - Ballroom				

#### Saturday October 3rd

TIME	SYCAMORE (REC)	MAPLE	WALNUT	SYRAH	Main Ballroom (REC)
6:30 - 7:30	--	S-Anon Fellowship Room	--	Quiet / Writing Room	--
7:45 - 8:45	Understanding Step 11	S-Anon Fellowship Room	Newcomer Welcome Slogans		Joint - Childhood Abuse and Sexual Addiction
9:00 - 10:00	Step 11 Tools - Prayer & Mediation	S-Anon Fellowship Room	There is a Solution		Couples - Practicing Honesty
10:15 - 11:45	I Can Only Change Myself Steps 1, 2, 3	S-Anon Fellowship Room	Forgivness & Surrender		Open SA Panel Understanding & Compassion (Rec)
12:00 - 12:45	Lunch (pre-paid) - Ballroom				
12:45 - 2:00	Speakers - S-Anon and SA - Ballroom [7th Tradition for S-Anon] (Rec)				
2:15 - 3:45	Am I Willing to Go to Any Length? Step 6, 7	S-Anon Fellowship Room	No Longer a Snooper	Step 4 Workshop	Open S-Anon Panel Understanding & Compassion (Rec)
4:00 - 5:00	Surrendering My Pain	S-Anon Fellowship Room	Entirely Ready...	Quiet / Writing Room	Joint - Recovering from Unhealthy Dependency
5:15 - 6:15	Letting Go of Shame	S-Anon Fellowship Room	From Anger & Hurt to Healing		Couples - Working Together in Recovery!
6:30 - 7:15	Dinner (pre-paid) - Ballroom				
7:30 - 8:45	Speakers - S-Anon and SA - Ballroom [7th Tradition for SA] (Rec)				
9:00 - 10:30	Team Bingo! - S-Anon and SA - Ballroom				
9:00 - 10:00	Forgiving Ourselves Too Steps 8, 9	S-Anon Fellowship Room	The Power of Healthy Choices	Quiet/Writing Room	--

#### Sunday October 4th

TIME	SYCAMORE (REC)	MAPLE	WALNUT	SYRAH	Main Ballroom (REC)
6:30 - 7:45	Breakfast (pre-paid) - Ballroom				
8:00 - 9:00	--	S-Anon Fellowship Room	--	Quiet / Writing Room	S-Anon Birthday Mtg
9:15 - 10:15	No Longer Feeling Sorry for Myself	S-Anon Fellowship Room	Staying Connected & Sober in S-Anon		Joint - Emotional Sobriety Step 10, 11, 12
10:30 - 11:45	Closing Speakers - SA/S-Anon - Ballroom (Rec)				
12:30 - 2:00	Committee Wrap-up - Hospitality Suite				
KEY:	S-Anon Mtg	Joint = SA & S-Anon led	Couples = S-Anon led	SA Mtg	Rec = Recorded