

How to make your own cheap Delsys EMG sensor adhesive interfaces

Helen J. Huang

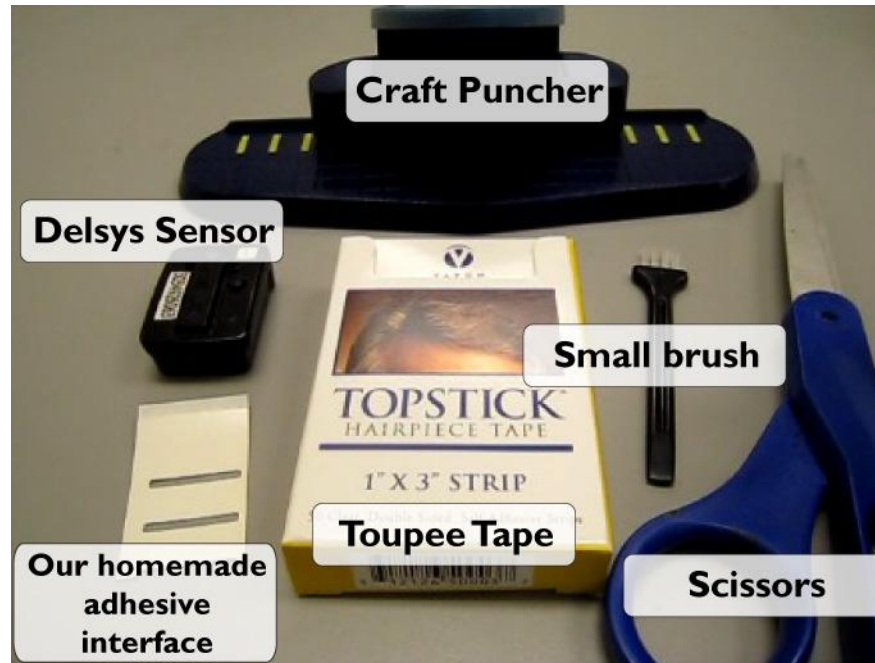
**Neuromechanics Lab
University of Colorado, Boulder**



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Delsys Trigno sensor



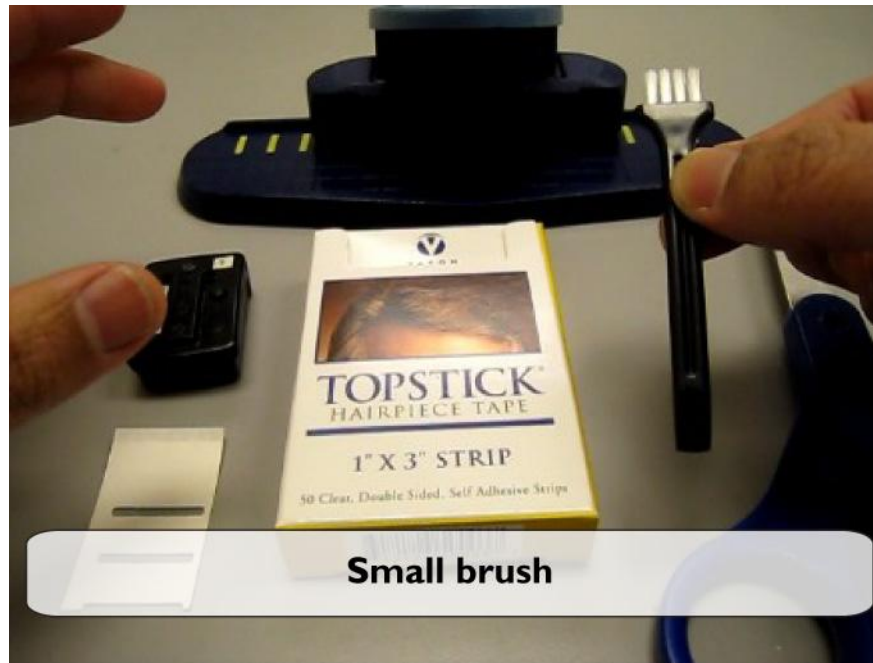
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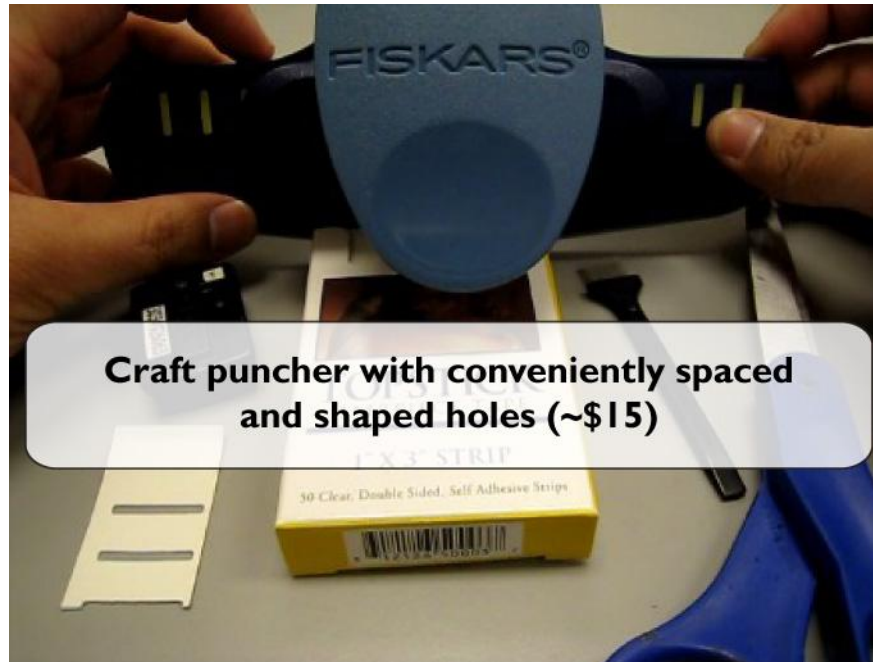
Our homemade version fits!

**Toupee tape / men's grooming tape
1"x3" strips, box of 50, ~\$4**





Small brush

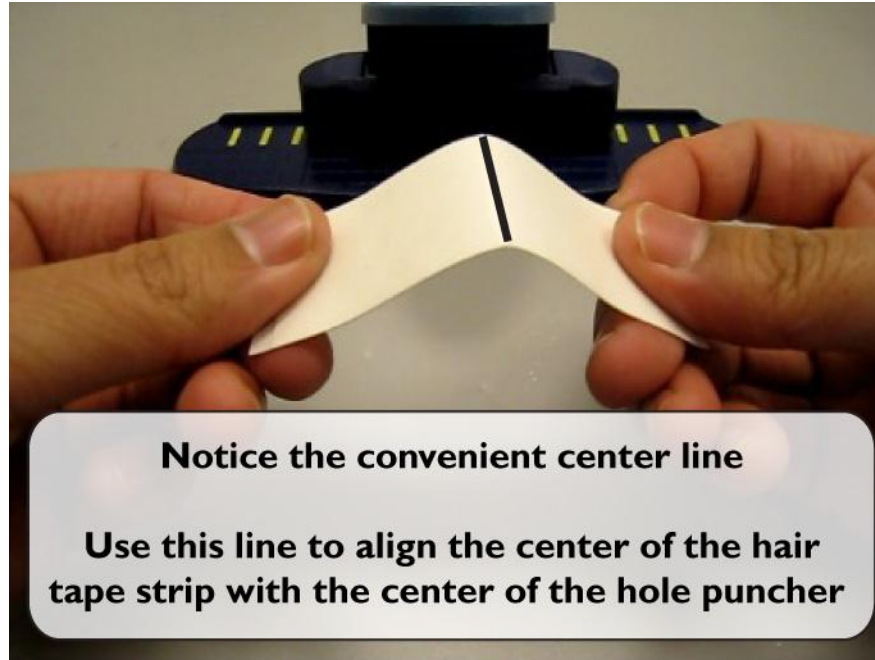


**Craft puncher with conveniently spaced
and shaped holes (~\$15)**

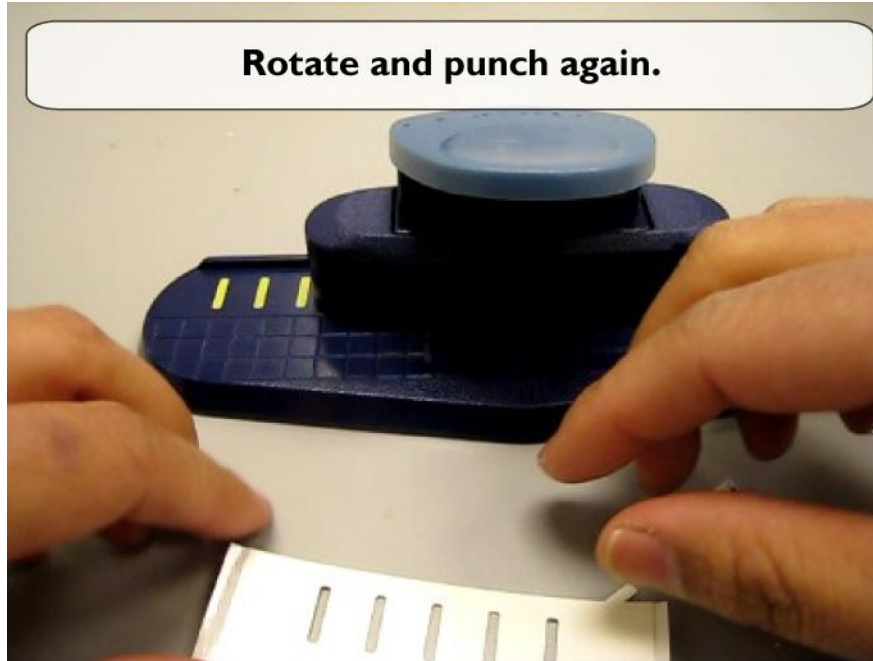
Scissors



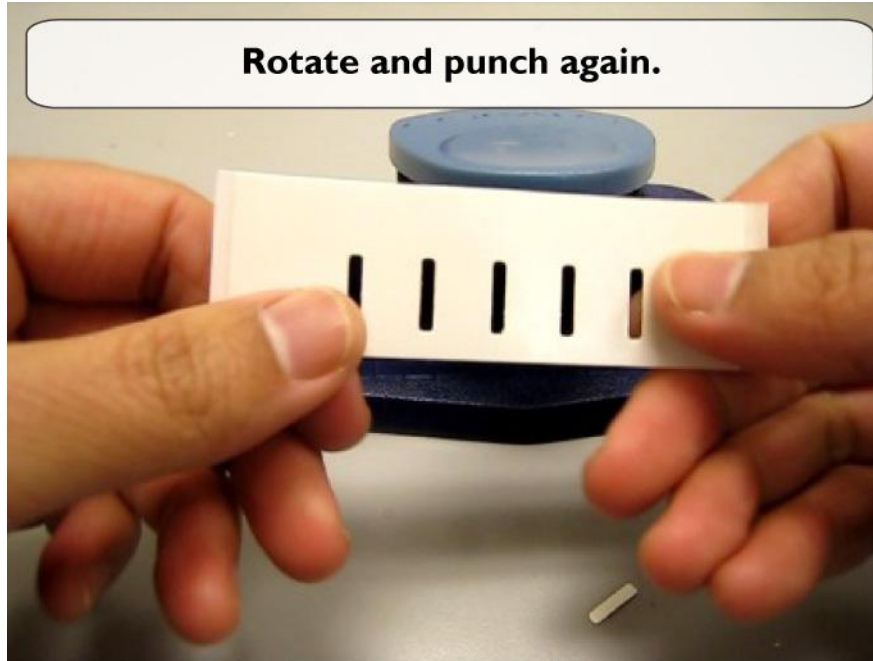
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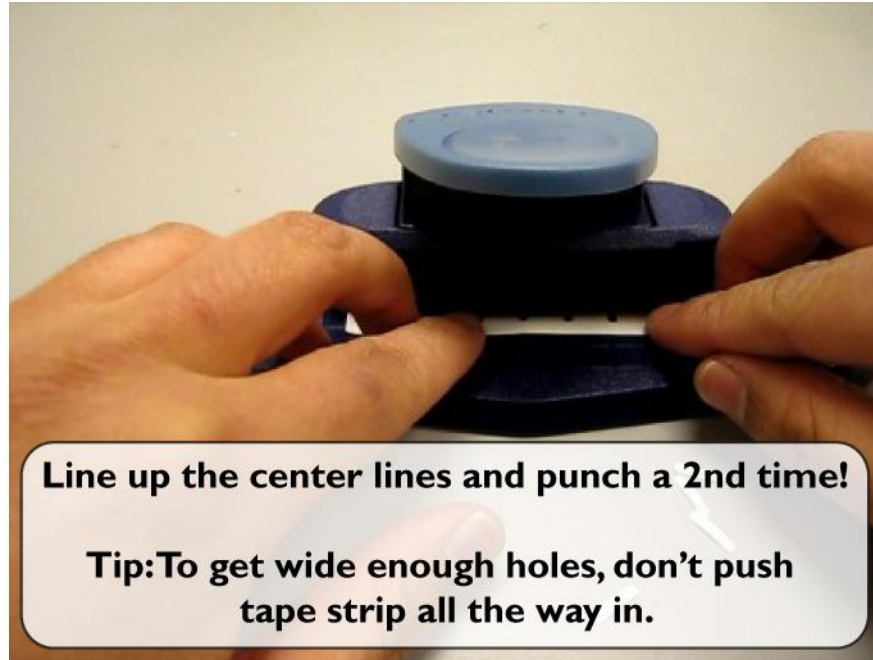


Rotate and punch again.



Rotate and punch again.





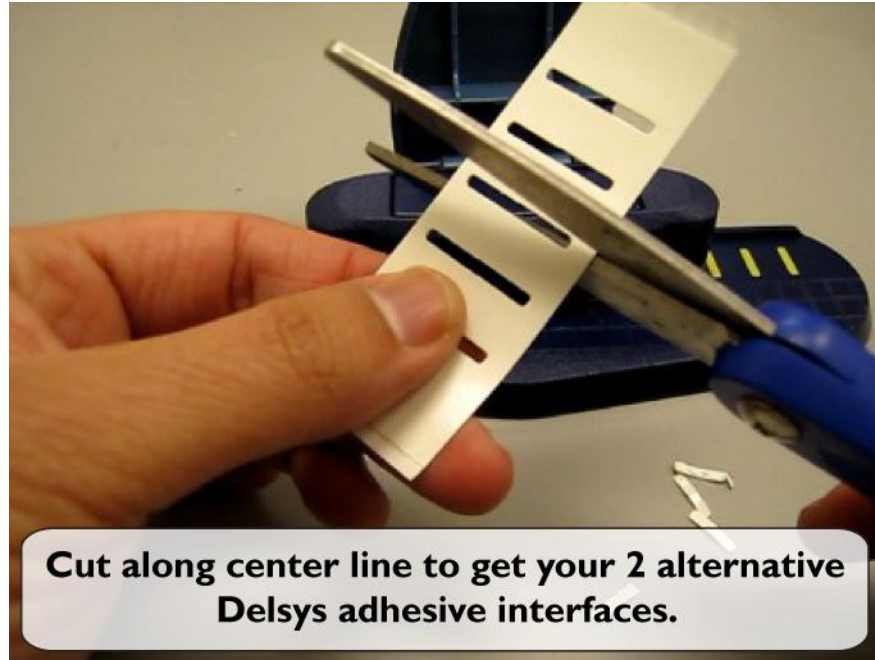


**Our homemade alternative Delsys Trigno
sensor adhesive interfaces.**

\$0.05 each! (compared to \$0.50)



Done punching! Nice.

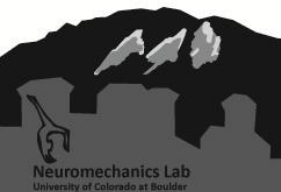


Make your own for \$0.05 each or pay \$0.50

Takes time - get an undergrad

Needs skill - practice. really, it's not hard.

**Tip: be sure to clear / clean the puncher
of any small pieces of double sided tape.
Otherwise, it will become more difficult to
get the tape strip in and out or to align the
strip well.**



**Method and video created by:
Helen J. Huang**

