



# MEASURING YOUR RING SIZE

- **STEP 1:** TAKE A STRIP OF PAPER OR A MEASURING TAPE.
- **STEP 2:** WRAP IT AROUND THE BASE OF YOUR FINGER.
- **STEP 3:** MARK THE POINT WHERE THE ENDS MEET.
- **STEP 4:** MEASURE THE LENGTH (CIRCUMFERENCE) IN MILLIMETERS (MM).
- **STEP 5:** USE THE CHART BELOW TO DETERMINE YOUR RING SIZE.

## HOW TO USE THE CHART

1. MEASURE THE CIRCUMFERENCE OF YOUR FINGER (IN MM).
2. FIND THE CORRESPONDING MEASUREMENT IN THE SECOND COLUMN.
3. THE FIRST COLUMN WILL SHOW YOUR RING SIZE ACCORDING TO THE INDIAN SIZING SYSTEM.

## ALTERNATIVE: USING A RING TO MEASURE SIZE

- 1: FIND A RING THAT FITS COMFORTABLY ON THE FINGER YOU WANT TO SIZE.
- 2: MEASURE THE INNER DIAMETER OF THE RING.
- 3: USE THE CHART BELOW TO CONVERT THE DIAMETER (THIRD COLUMN) TO YOUR RING SIZE .

Ring Size (Indian)	Circumference (mm)	Diameter (mm)
01	41.01	13.1
02	42.70	13.3
03	42.90	13.70
04	43.60	13.90
05	44.80	14.30
06	46.10	14.70
07	47.40	15.10
08	48.00	15.30
09	48.70	15.50
10	50.00	15.90
11	51.20	16.30
12	51.90	16.30
13	53.10	16.90
14	54.40	17.30
15	55.10	17.50
16	56.30	17.90
17	57.00	18.10
18	58.30	18.50

<b>19</b>	<b>58.90</b>	<b>18.80</b>
<b>20</b>	<b>60.20</b>	<b>19.20</b>
<b>21</b>	<b>60.80</b>	<b>19.40</b>
<b>22</b>	<b>62.70</b>	<b>19.80</b>
<b>23</b>	<b>62.70</b>	<b>20.00</b>
<b>24</b>	<b>64.00</b>	<b>20.40</b>
<b>25</b>	<b>64.60</b>	<b>20.60</b>
<b>26</b>	<b>65.90</b>	<b>21.00</b>
<b>27</b>	<b>67.80</b>	<b>21.10</b>
<b>28</b>	<b>67.80</b>	<b>21.60</b>
<b>29</b>	<b>69.10</b>	<b>22.00</b>
<b>30</b>	<b>71.00</b>	<b>22.30</b>

#### TIPS:

- MAKE SURE TO MEASURE YOUR FINGER AT THE END OF THE DAY WHEN YOUR FINGER IS AT ITS LARGEST, AS FINGERS CAN SWELL SLIGHTLY DURING THE DAY.
- AVOID MEASURING WHEN YOUR FINGERS ARE TOO COLD OR TOO HOT, AS THIS CAN ALTER THE MEASUREMENTS.

BY FOLLOWING THESE STEPS, YOU SHOULD BE ABLE TO FIND YOUR ACCURATE INDIAN RING SIZE AT HOME!