

https://sabarivijayan.github.io/techfriar_website/mens.html



Practices



Performance

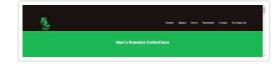
Values are estimated and may vary. The <u>performance score</u> <u>is calculated</u> directly from these metrics. <u>See calculator</u>.



0-49

50-89

90-100



METRICS Expand view

First Contentful Paint

 $0.9 \, s$

Total Blocking Time

0 ms

Speed Index

0.9 s

Largest Contentful Paint

0.9 s

Cumulative Layout Shift

0.005

View Treemap



Show audits relevant to: All FCP LCP TBT CLS

DIAGNOSTICS

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A	Eliminate render-blocking resources — Potential savings of 590 ms	~	
	Image elements do not have explicit width and height	~	
	Serve static assets with an efficient cache policy — 18 resources found	~	
	Properly size images — Potential savings of 1,240 KiB	~	
0	Avoid large layout shifts — 1 layout shift found	~	
0	Initial server response time was short — Root document took 70 ms	~	
0	Avoids enormous network payloads — Total size was 1,321 KiB	~	
0	Avoids an excessive DOM size — 114 elements	~	
0	Avoid chaining critical requests — 3 chains found	~	
0	JavaScript execution time — 0.0 s	~	
0	Minimizes main-thread work — 0.3 s	~	
0	Minimize third-party usage — Third-party code blocked the main thread for 0 ms	~	
0	Largest Contentful Paint element — 880 ms	~	
0	Avoid long main-thread tasks — 1 long task found	~	
More	More information about the performance of your application. These numbers don't directly affect the Performance score.		
PASSED AUDITS (24)			



Accessibility

These checks highlight opportunities to <u>improve the accessibility of your</u> <u>web app</u>. Automatic detection can only detect a subset of issues and does

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not guarantee the accessibility of your web app, so <u>manual testing</u> is also encouraged.

CONTRAST

Background and foreground colors do not have a sufficient contrast ratio. These are opportunities to improve the legibility of your content. NAMES AND LABELS Links do not have a discernible name These are opportunities to improve the semantics of the controls in your application. This may enhance the experience for users of assistive technology, like a screen reader. **NAVIGATION** Heading elements are not in a sequentially-descending order These are opportunities to improve keyboard navigation in your application. ADDITIONAL ITEMS TO MANUALLY CHECK (10) Show These items address areas which an automated testing tool cannot cover. Learn more in our guide on conducting an accessibility review. PASSED AUDITS (10) Show



Show

TRUST AND SAFETY

NOT APPLICABLE (44)

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Ensure CSP is effective against XSS attacks	~
PASSED AUDITS (14)	Show
NOT APPLICABLE (3)	Show



These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on Core Web Vitals. Learn more about Google Search Essentials.

CONTENT BEST PRACTICES

▲ Document does not have a meta desc	cription	V		
Format your HTML in a way that enables cra	wlers to better understand your app's c	ontent.		
ADDITIONAL ITEMS TO MANUALLY CHECK (1)				
Run these additional validators on your site t	o check additional SEO best practices.			
PASSED AUDITS (7)		Shov		
NOT APPLICABLE (2)		Shov		
Captured at Aug 11, 2024,	Emulated Desktop with Lighthouse 12.0.0	Single page session		
Initial page load	Custom throttling	Using Chromium 127.0.0.0 with devtools		

Generated by Lighthouse 12.0.0 | File an issue

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