To make a peanut butter and jelly sandwich:

You will need: a bag of toast, peanut butter, jelly, a knife, and a plate.

1. Open the bag of toast and take out two pieces of toast, placing them side by side on the plate.
2. Open the jar of peanut butter (place the lid on the table).
3. With the knife, scoop up enough peanut butter to cover the top half of one side of the knife.
4. Pick up a piece of toast and spread the peanut butter evenly on one side. Continue scooping up peanut butter and spreading it on the piece of toast until the side is covered.
5. Replace the piece of toast on the plate with the side covered in peanut butter facing up.
6. Close the bag of toast and the jar of peanut butter. Wash and dry the knife to use it for spreading jelly.
7. Pick up the second piece of toast and cover one side in jelly following the same process used to cover the first piece of toast with peanut butter.
8. Place the second piece of toast face down on the first piece of toast, and put the result in the middle of the plate. You now have a peanut butter and jelly sandwich!
9. Cover the jar of jelly and enjoy your sandwich.

Word count: 225 words