

# RAMADAN

## Journal



DATE: \_\_\_\_\_

RAMADAN DAY: \_\_\_\_\_



### ACTIVITIES:

- |                                     |                                       |                             |
|-------------------------------------|---------------------------------------|-----------------------------|
| <input type="radio"/> Morning Dhikr | <input type="radio"/> Fajr            | <input type="radio"/> _____ |
| <input type="radio"/> Evening Dhikr | <input type="radio"/> Dhuhr           | <input type="radio"/> _____ |
| <input type="radio"/> Tahajjud      | <input type="radio"/> Asr             | <input type="radio"/> _____ |
| <input type="radio"/> Dhuha         | <input type="radio"/> Maghrib         | <input type="radio"/> _____ |
| <input type="radio"/> Nafle         | <input type="radio"/> Isha            | <input type="radio"/> _____ |
| <input type="radio"/> Tarawih       | <input type="radio"/> Charity (Infaq) | <input type="radio"/> _____ |

### PLANS FOR TOMORROW:

- |                             |
|-----------------------------|
| <input type="radio"/> _____ |

### QUR'AN RECITATION:

..... Page/Surah

### SURAH RECITATION:

Surah .....

### NAFL PRAYER:

..... Rakat

### SCHEDULE:

Iftar .....  
Suhur .....

### IMPORTANT THINGS TODAY:

LESSON OF THE DAY: .....

Offline     Online

### NOTES:

.....  
.....  
.....  
.....  
.....  
.....

### FEELINGS TODAY:

- |                                     |
|-------------------------------------|
| <input type="radio"/> Happy         |
| <input type="radio"/> Grateful      |
| <input type="radio"/> Calm          |
| <input type="radio"/> Motivated     |
| <input type="radio"/> Normal        |
| <input type="radio"/> Relaxed       |
| <input type="radio"/> Contemplative |
| <input type="radio"/> Sad           |
| <input type="radio"/> Tired         |
| <input type="radio"/> Annoyed       |
| <input type="radio"/> Burdened      |
- .....  
.....