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# Occupational Health & Safety (OHSAS 18001)

**Duration:** 5 Days



### **Introduction:**

Many organizations are implementing an Occupational Health and Safety Management System (OHSMS) as part of their risk management strategy to address changing legislation and protect their

workforce. This course will provide participants with a better understanding of the key requirements of the OHSAS 18001 Occupational Health and Safety specification, including how the planning for hazard identification, risk analysis, risk control, and OH&S legal and other requirements are linked with the other elements of the OH&S management system.

This course helps the candidates gain a better understanding of the best practices for occupational health and safety (OHSAS). To provide students with the appropriate background, the course covers the basics of an occupational health and safety management system (OHSMS), the process approach, and management system documentation. The course explains each requirement in BS OHSAS



18001:2007 and provides participants with the tools to objectively evaluate the applicability of the requirements in their industry. The course also explains the applicability of OHSAS 18002:2000 and how this document can assist with the development of an OHSMS. The course will present many of the theories, practices, and knowledge to prepare for the implementation and operation of an OHSMS.

By taking this OSHAS course, you will introduce excellent health and safety management to your business. You will understand the principles of achieving the highest standard of working environment and understand legislation around occupational health and safety. It will help you promote a safe and healthy working environment by providing a framework that allows your organization to consistently identify and control its health and safety risks, reduce the potential for accidents, aid legislative compliance and improve overall performance.

## Who Should Attend?

Occupational Health and Safety Professionals, Safety Consultants, Safety Officers, Operating and Staff Managers, Loss Prevention Managers, Engineers, Environmental or Quality Managers interested in implementing an OHSMS, Individuals recently tasked with implementing an OHSMS



## **Course Objectives:**

### By the end of this course delegates will be able to:

- Gain an understanding of OHSAS 18001
- Understand the basic concepts of OHSAS 18001:2007
- Understand the terminology of OH&S management systems
- Gain an overview of the OHSAS 18001:2007 framework
- Gain a basic understanding of how an OH&S management system can be integrated into existing environmental management systems
- Understand the benefits of managing your own health and safety systems
- Establish the requirements of certification and how to implement these
- Learn how to implement and manage an occupational Health and safety management system to the OHSAS 18001 requirements
- Take a look at loss causation and control
- Understand risk identification, evaluation, and assessment methods

### **Course Outline:**

#### **An Introduction to OHSAS 18001**

- Managing risk through effective occupational health and safety management system
- · Understanding loss causation and control in OH&S management system
- · The structure of the OHSAS 18001 standard
- OH&S policy and exercises
- Daily review



- · Planning
- Group risk assessments
- · Training, awareness and competence
- · Consultation and communication
- · Documentation, document and data control, records and record
- · Management
- · Operation control
- · Emergency preparedness and response
- · Performance measurement and monitoring
- Audit
- · Accident, incidents, non-conformance and corrective and prevention action
- · Management review
- · Managing occupational health and safety issues in an OH&S management system