



**BUILDING AN AGILE MINDSET
AND BEING AGILE IN THE
WORKPLACE**

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Building an Agile Mindset and Being Agile in the Workplace

(The New Way of Working: Think Agile, Be Agile, Do Agile)

Introduction

Participants will learn about the concept of agility, having an agile mindset and how this is applied at work. This BTS training course focuses on individual behaviours and building a growth mindset, challenging some core beliefs that we might have. Working in agile ways are different to traditional ways of working and the training course will clearly demonstrate the transition. It also shows participants how to operate in a team, applying agile behaviours in the workplace.

The world has been greatly impacted by the pandemic and, as a result, we need to change the way we think, behave and work. Apart from internal personal changes, we also need to understand how the world around us has changed and how we can best deal with this on a philosophical level. We need to be more open, flexible and transparent in order to enhance decision making, increase collaboration and ultimately customer satisfaction. Change the way you think, and it will impact your actions and career success!

This training course will feature:

- The concept of agility
- The agility mindset and what it means
- Five different ways in which to be agile
- How to achieve organizational agility
- The essence of an agile leader

What are the Goals?

By the end of this BTS training course, participants will be able to:

- Identify various agile workplace behaviours
- Examine the ways in which to be agile
- Enhance our own skills to become an agile leader
- Explain the benefits of being agile vs traditional approaches
- Develop an understanding around organizational agility

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Who should attend?

This BTS training course is suitable to a wide range of professionals but will greatly benefit:

- Individuals and leaders who seek different ways to meet current workplace challenges
- Employees who strive to more pro-active and achieve higher levels of communication, decision making and cross-functional collaboration
- Individuals and leaders who aim to increase their personal productivity by working smarter, faster and better
- Professionals responsible for strategy, marketing, business development, production, operations, HR, product development, customer management, process innovation, customer experience
- Project managers, professionals or team leaders wanting to gain a competitive advantage for the organisation through working more efficiently

The Course Content

Day One: Agility as a Concept

- Definition of “agility”
- Definition of a “mindset”
- The difference between being agile and doing agile
- The history of doing agile
- The benefits of being agile

Day Two: Personal Agility

- How agile are you
- What are your core beliefs?
- Characteristics of a fixed mindset
- Characteristics of a growth mindset
- Practical examples, case studies and role-play

Day Three: Organisational Agility – Part I

- What is an agile organisation?
- What is holding organisations back

- What are the risks of being agile?
- The path to organizational agility
- Practical examples, case studies and brain storming

Day Four: Organisational Agility – Part II

- Different ways in which to be agile
- Identifying opportunities for organizational growth
- How and why traditional projects fail
- Organisational barriers and how to overcome them
- How can agile behaviours be demonstrated
- Practical examples, case studies and brain storming

Day Five: Be an Agile Leader

- Raising self-awareness: analyze past behaviours
- What is holding you back
- How do you break through?
- Characteristics of an agile leader
- Personal development plan
- Being part of the agile movement