

# Sabrina Benitez

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## EDUCATION

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**The University of Texas at Austin**, Austin, TX  
*Bachelor of Science & Arts in Biology, Honors*  
Minor in Anthropology

May 2021

## HONORS AND AWARDS

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- Forty Acres Scholarship: Joe R. and Teresa Lozano Long Scholarship (2017-2021)
- Health Science Scholar (2017-2021)

## Employment

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### Gender Health Equity Lab

Spring 2019- Present

*Senior Undergraduate Research Assistant*

- Coded qualitative transcripts for data analysis on women of color at risk for HIV who experienced health disparities
- Conducted literature reviews on victim blaming, mandatory sexual assault reporting laws, STD at-home testing kits, incarceration rates in Texas, etc.
- Developed interview guides, IRB applications, resource guides, etc.
- Co-authored posters presented at the Texas Public Health Association and Undergraduate Research Forum

### FRI BioProspecting Laboratory

Fall 2018- Spring 2020

*Student Mentor/Lab Member*

- Researcher in an endophytic fungi lab at the University of Texas at Austin. My specific research goals are to determine the mechanism by which *P. citrinum*, and endophytic fungi, acts as an antifungal agent against *C. albicans*, which is responsible for yeast infections.
- Served as a student mentor, participating in class activities, grading, assisting in lab duties

### University of Texas at Austin

Fall-Present

*Undergraduate Research Assistant for Originality of the Arts and Sciences*

- Mentoring students in a research methods class
- Leading a small cohort of students through the class
- Facilitating scientific inquiries in the laboratory with students

## Research Presentations

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- \*Zia, S., \*Benitez, S., Nydegger, L.A., & Claborn, K. (March 31, 2020). *Community Support, Resilience, and HIV Prevention among Black and Latina Women in Travis County, Texas.*
- Nydegger, L.A., \*Kidane, H., \*Zia, S., \*Benitez, S., & Claborn, K. (March 31, 2020). *A Qualitative Exploration of Intimate Partner violence, Sexual Assault, and "Blaming the Victim": The Role of Social Support and Resources among Low-Income Women of Color.*

## ACTIVITIES & LEADERSHIP

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### Chi Kappa Phi Service Society

Fall 2017-Present

*Campus Relations Chair, Zeta Class Service Chair*

- Volunteering for many service events across Austin by working with different charities, including Posada Esperanza, Inside Books, UT Outpost, Central Texas Food Bank, etc.

- Served as the Campus Relations Chair for the organization, responsible for planning volunteer events with other student organizations
- Serving as the Zeta Class Service Chair, responsible for volunteering with and fundraising for the class philanthropy, Ecology Action of Texas

#### **Latinx Honors Student Association**

Fall 2018-Present

*Founder, Administrative Director*

- Founding member of the first organization dedicated to uplifting Latinx honors students at the University of Texas at Austin
- Responsible for coordinating meetings, planning special events, and communication with general members

#### **CNS Honors Diversity and Inclusion Committee**

Spring 2019- Present

*Member*

- Student team member meeting monthly to discuss diversity in CNS Honors and create new initiatives to improve campus climate while collaborating with other honors students, faculty, and staff
- Participated in outreach campaigns, reaching out to high school students to encourage application into the honors programs

#### **The Triple Helix at the University of Texas at Austin**

Fall 2017-Present

*Editor, Marketing Chair*

- Editor and Campaigns Manager
- Editor for articles in a magazine focusing on topics at the intersection between science and ethics
- Responsible for running social media campaigns and allocating funds for the organization

#### **The Final Acts Project Student Leader Coalition**

Spring 2018-Present

*Member*

- Student volunteer responsible for raising awareness and starting conversations about palliative care and end-of-life decisions through the arts and humanities
- Planning events throughout the year on campus and off-campus
- Assisting in creating an online database for all palliative and end of life care facilities in Texas

#### **Health Advocacy Student Coalition**

Fall 2019-Present

*Writer*

- Contributor to a monthly newsletter used to educate UT students on current legislation on healthcare

#### **Volunteer/Shadowing**

##### **Humanity First Gift of Health Trip**

Spring 2019

*Volunteer*

- Volunteer in rural health clinics and schools in Guatemala
- Lead workshops in nutrition, self-esteem, and domestic violence for school-aged children
- Responsible for patient intake in the clinics, including interviewing in Spanish

##### **People's Community Clinic**

Fall 2019 -Present

*Volunteer*

- Volunteer in the adolescent health wing of the clinic, working in the Adolescent Health Resource Room
- Assisting with other tasks in the clinic, such as stocking exam rooms, office tasks, preparing materials for health education activities
- Volunteer with Mom's Club, programming supported by People's Community Clinic

**South Texas Health System**

Summer 2018

*Volunteer*

- Volunteered in ER triage, transportation of patients, and front desk
- Learned communication skills, practiced medical Spanish, and gained insight into hospital dynamics and accountability

**Longhorn Best Buddies**

Fall 2017-Fall 2018

*Peer Volunteer*

- Socialized with adults in the Austin area with intellectual disabilities, serving as a Peer Buddy

**Atlantis Fellowship** San Raffaele Hospital Milan, Italy

Summer 2018

*Observer*

- Shadowing various specialties in hospital setting, including emergency medicine, hematology, and hepatology

**BRC Recovery Center**

June 2019- July 2019

*Observer*

- Shadowing a psychiatrist and a psychiatric nurse practitioner at a rehabilitation center

**UT Southwestern Medical Center**

May 2018

*Observer*

- Shadowing an anesthesiologist in various surgeries

**SKILLS**

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**Technical /Computer Skills:** R-Studio coding, Qualitative data analysis**Languages:** English, Fluent

Spanish, Proficient