

nadamas un
Cafecito más





Mom side of the family



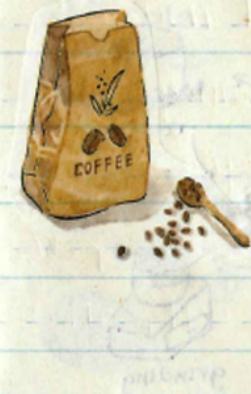
my grandpa

Coffee in Mexico is more than just a morning beverage, it's a tradition that unites people and accompanies us throughout daily life. In my family every evening we pick our favorite mugs, make coffee; it's comfort, routine, and love.

coffee mom



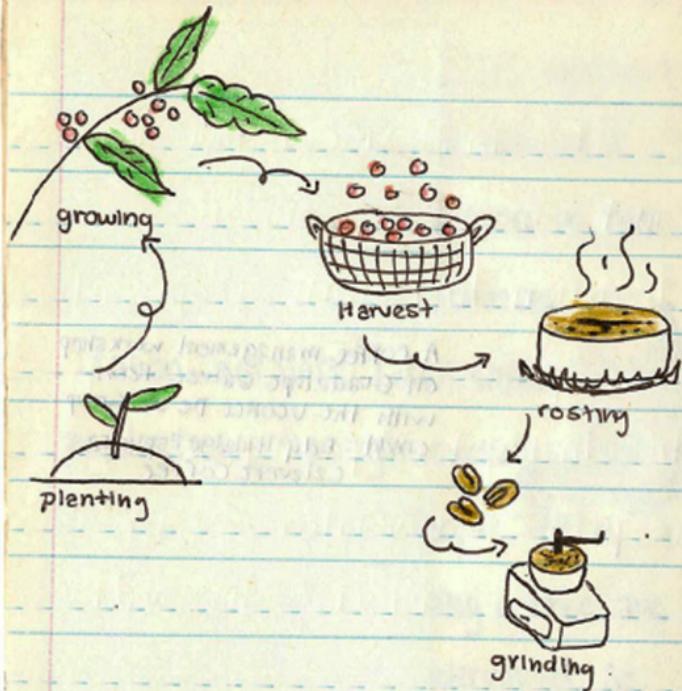
While I love coffee, it's important to recognize the labor behind it. Coffee arrived in Mexico in the 18th Century, and German and Italian settlers later expanded its production; through systems that exploited indigenous people. Today harvesting and processing coffee are still demanding and undervalued. So when you take your next sip of coffee think about the work behind it.



A COFFEE management workshop on Guadalupe Gálvez' farm with the UCONCC De ss group
credit: Edy Hidalgo Espinoza
calverz coffee



Map of Mexico



How I make my Coffee at Home

- ① 2 tbsps of Nescafe COFFEE
- ② add 4oz of boiling water to coffee
- ③ 5 ice cubes
- ④ add 8oz of milk
- ⑤ optional add sweetener
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Ofrenda para dia
de muertos



my Family on my
Dad Side



hot drinks with my fam.



Coffee in Jeju



Coffee & snacks in
Oaxaca



Coffee goes best
with a treat



trying new coffee





In my home after a long day at work or school we gather around each with our different mugs of different color and size, pass the milk and sugar and talk about our day.

I didn't drink coffee until I was about 10 or 11, but I would still be around the table listening.

My grandpa would always sit at the head of the table with the biggest mug a memory I still hold close.



My Grandpa passed away a couple years ago, and I still miss him. I also miss my other grandparents that live in Mexico and the warmth and love they make me feel, but every late night cup of coffee makes me feel closer to them. This is why I say coffee isn't just a drink. It's a form of

remembering and keeping connections present in our lives. I hope as you flip through the pages and watch the animation you can think of your own family rituals and the people you love.



2nd coffee time Nescafe

26 Sept 2007 100 ml Frosty

100

100

DECAF

11

15



