



## Breathe Bike Trek Training Ride Schedule 2016

Sponsored by Patriot Bicycles 916 961-9646

Saturday April 23, 2016: Start Location: Flower Farm (off Horseshoe Bar-park to side) 9AM

Saturday May 14, 2016: Start Location: El Dorado Hills, Town Center Parking Lot near Starbucks, Hwy 50 Exit 30A-9AM

Tuesday May 24, 2016: Start Location: Gold River (beside Outback) 6PM

**TREK KICK OFF AND CHALLENGE RIDE:** Saturday June 11, 2016: Start Location: Raley's at Douglas and Auburn Folsom- 8AM (\*this ride will have a supported rest stop/sag)

Tuesday June 14, 2016: Start Location: Loomis Train Station 6PM

~~Tuesday June 28, 2016: Start Location: Coffee Republic (Auburn Folsom Rd) 6PM CANCELLED!~~

Tuesday July 5, 2016: Start Location: Folsom Palladio (beside Sports Authority) 6PM

**CHALLENGE RIDE:** Saturday July 16, 2016: 8AM Start Location: Lew Howard Park (Baldwin Dam Rd, Folsom)

Tuesday July 19, 2016: Start Location: Gold River (beside Outback) 6PM

Tuesday August 2, 2016: Start Location: Loomis Train Station 6PM

**CHALLENGE RIDE:** Saturday August 13, 2016: Start Location: Flour Garden (Elm Ave. exit in Auburn) 8AM

Tuesday August 16, 2016: Start Location: Coffee Republic (Auburn Folsom Rd) 6PM

Tuesday August 23, 2016: Start Location: Folsom Palladio (beside Sports Authority) 6PM

FINAL training ride - **SUPER CHALLENGE:** Saturday September 3, 2016: Start Location: Cisco Grove Exit off Hwy 50 -10am: Ride will go from Cisco Grove to Truckee and return over Donner Summit. This is an epic ride you will want to prepare for! Length: 40 miles with LOTS of climbing!

