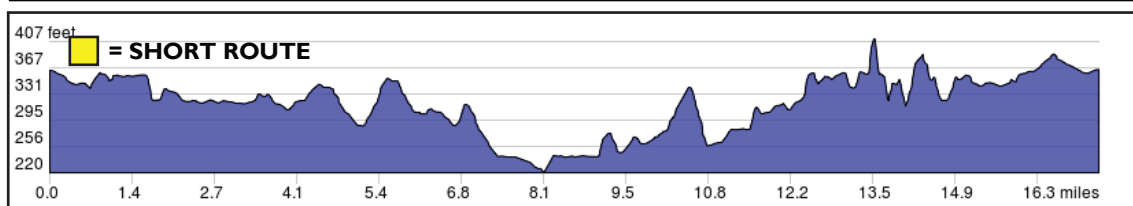
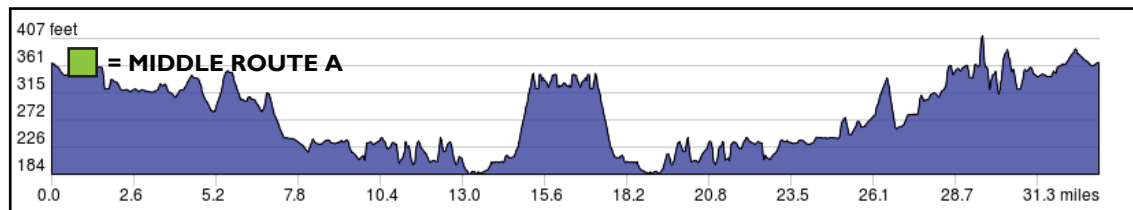
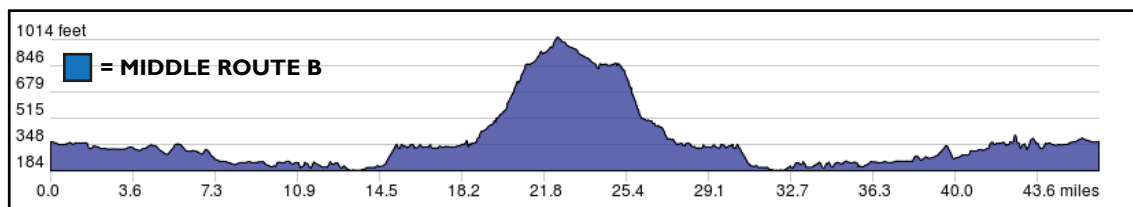
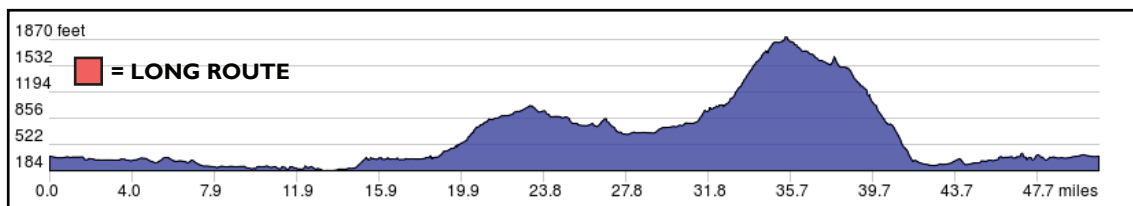
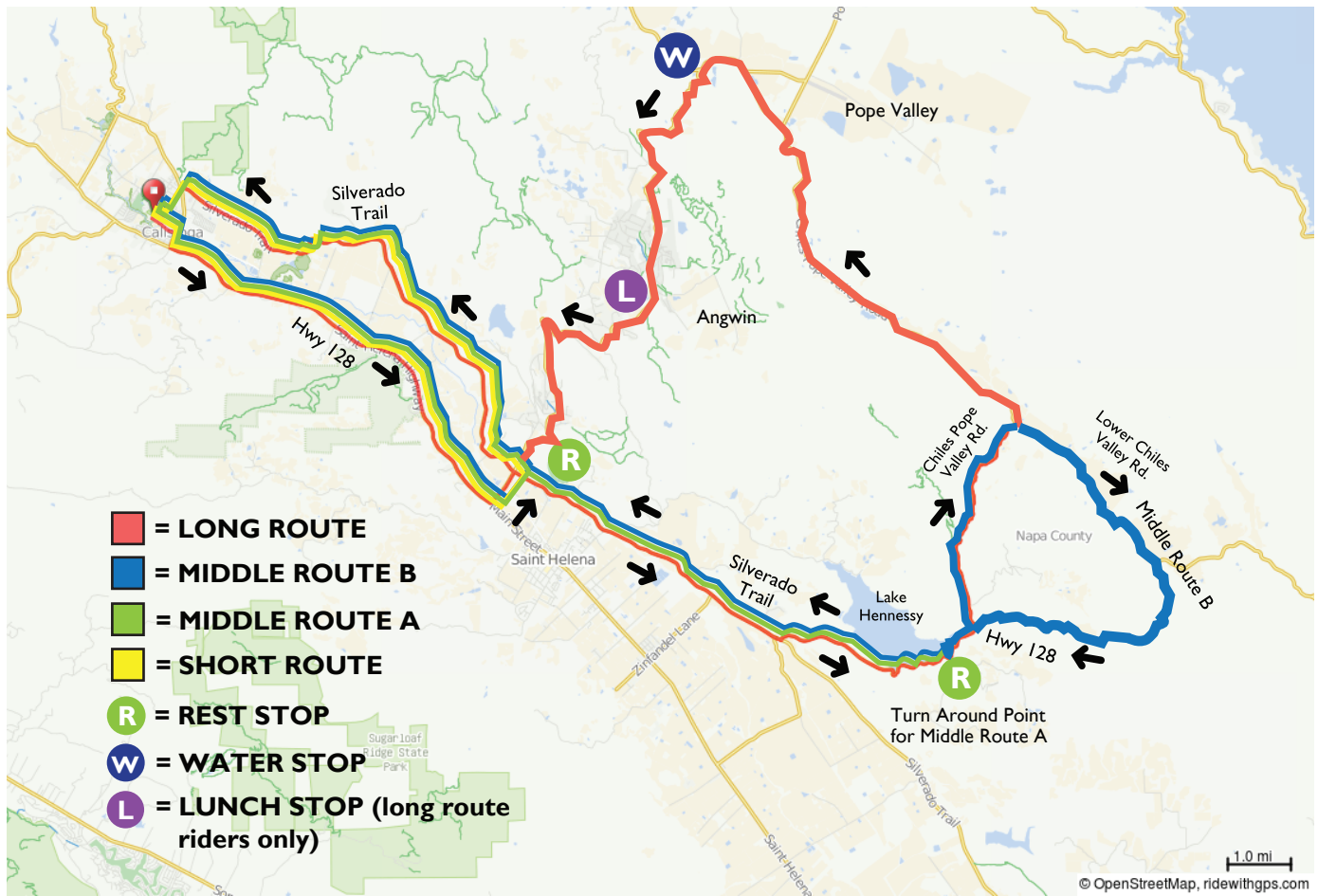


# 2016 BREATHE BIKE TREK ROUTE MAP: DAY I (FRIDAY)





## FRI BBT SHORT

0.0	🚩	Start of route	0.0
0.0	→	R onto N Oak St	0.1
0.1	←	L onto Washington St	0.4
0.6	→	R onto Lincoln Ave	0.2
0.8	←	L onto CA-128/Foothill Blvd.	6.9
7.7	←	L onto Deer Park Rd	0.6
8.3	→	R at the 1st cross street onto Silverado Trail	0.1
8.4	→	REST STOP--turn immediately R into Rest Stop. Hours: 7:30am-9:00am	0.0
8.4	←	L back onto Silverado Trail	8.2
16.6	←	L onto Lake St	0.5
17.1	→	R at the 1st cross street onto Fair Way	0.1
17.2	←	L onto N Oak St	0.0

17.2 miles. +817/-815 feet

17.3	🚩	End of route	0.0
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WITH GPS

0.0 miles. +0/-0 feet

For medical assistance:

- 1) American Medical Response: Hope and Sean: 707-953-2445/707-227-2367
- 2) Communications: Dennis-916-580-9723

**IF YOU CAN'T REACH ANYONE AT THE ABOVE NUMBERS, DIAL 911.**

For general assistance (SAG):

- 1) Communications: Dennis—916-580-9723
- 2) Kori Titus: 916-715-4570/Stacy Springer: 916-477-9140
- 3) Chris Rice (SAG Manager): 916-402-5043

**IF NO CELL SERVICE IS AVAILABLE, FLAG DOWN A SAG VEHICLE (OR ANOTHER VEHICLE IN CASE OF AN EMERGENCY)**

## FRI BBT MIDDLE-A

0.0	🚩	Start of route	0.0
0.0	→	R onto N Oak St	0.1
0.1	←	L onto Washington St	0.4
0.6	→	R onto Lincoln Ave	0.2
0.8	←	L onto CA-128 E/CA-29 S/Foothill Blvd	3.3
4.1	←	Slight L to stay on CA-128 E/CA-29 S	3.6
7.7	←	L onto Deer Park Rd	0.6
8.3	→	R at the light onto Silverado Trail	0.1
8.4	→	REST STOP--turn R into Rest Stop. Hours: 7:30am-9:00am	0.1
8.5	→	R back onto Silverado Trail	4.9
13.3	←	L onto CA-128 E	2.9

13.3 miles. +482/-660 feet

16.2	←	REST STOP--turn L into Lake Hennessey Boat Launch. Rest Stop hours: 8:00am-noon	0.1
16.3	→	R back onto CA-128	3.0
19.3	↑	Slight R onto Silverado Trail	13.2
32.5	←	L onto Lake St	0.5
33.1	→	R onto Fair Way	0.1
33.2	←	L onto N Oak St	0.0
33.2	🚩	End of route	0.0

19.9 miles. +962/-929 feet

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## FRI BBT MIDDLE-B

0.0	🚩	Start of route	0.0
0.0	→	R onto N Oak St	0.1
0.1	←	L onto Washington St	0.4
0.6	→	R onto Lincoln Ave	0.2
0.8	←	L onto CA-128/Foothill Blvd.	6.9
7.7	←	L onto Deer Park Rd	0.6
8.3	→	R at the 1st cross street onto Silverado Trail	0.1
8.4	→	REST STOP--turn R into Rest Stop. Hours: 7:30am-9:00am	0.1
8.5	→	R back onto Silverado Trail	4.9
13.3	←	L onto CA-128 E	2.9

13.3 miles. +482/-661 feet

46.1	→	R onto Fair Way	0.1
46.3	←	L onto N Oak St	0.0
46.3	🚩	End of route	0.0

0.7 miles. +2/-0 feet

16.2	←	REST STOP--turn L into Lake Hennessey Boat Launch. Hours 8:00am-noon	0.1
16.3	←	L back onto CA-128	0.8
17.1	←	Slight L onto Chiles Pope Valley Rd	3.7
20.8	→	R onto Lower Chiles Valley Rd	3.3
24.1	→	Slight R onto CA-128 W	5.2
29.3	→	REST STOP--turn R into Lake Hennessey Boat Launch. Hours: 8:00am-noon	0.1
29.4	→	R back onto CA-128	2.9
32.3	→	R onto CA-128	0.1
32.4	↑	Continue straight onto Silverado Trail	13.2
45.6	←	L onto Lake St	0.5

32.3 miles. +2015/-1968 feet

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# FRI BBT LONG

0.0	🚩	Start of route	0.0
0.0	→	R onto N Oak St	0.1
0.1	←	L onto Washington St	0.4
0.6	→	R onto Lincoln Ave	0.2
0.8	←	L onto CA-128 E/CA-29 S/Foothill Blvd	6.9
7.7	←	L onto Deer Park Rd.	0.6
8.3	→	R onto Silverado Trail	0.0
8.3	→	REST STOP--turn R into Rest Stop. Hours: 7:30am-9:00am	0.0
8.3	→	R back onto Silverado Trail	5.0
13.3	←	L onto CA-128 E	2.5

13.3 miles. +480/-659 feet

35.4	↑	Continue onto Howell Mountain Rd	1.9
37.3	←	LUNCH STOP--turn L into Pacific Union College--parking lot G for Lunch Stop. Hours: 10:30am-1:30pm	0.1
37.4	←	L back onto Howell Mountain Road	1.4
38.8	↑	Continue onto Deer Park Rd	1.7
40.5	→	R onto Sanitarium Rd	1.3
41.8	→	R onto Glass Mountain Rd	0.9
42.7	→	R onto Silverado Trail N	7.2
49.9	←	L onto Lake St	0.5
50.5	→	R onto Fair Way	0.1
50.6	←	L onto N Oak St	0.0

19.5 miles. +755/-2234 feet

15.8	←	REST STOP--Turn L into Lake Hennessey Boat Launch. Hours: 8:00am-12:00pm	0.0
15.8	←	L back onto CA-128	1.3
17.1	←	Slight L onto Chiles Pope Valley Rd	12.2
29.4	→	Slight R to stay on Chiles Pope Valley Rd	0.1
29.4	↑	Continue onto Pope Valley Rd	0.1
29.5	→	WATER STOP--turn R into Pope Valley Fire Department. Hours: 9:30am-12:00pm	0.0
29.5	→	R back onto Pope Valley Road	1.6
31.1	←	L onto Ink Grade Rd	4.3

17.8 miles. +1289/-828 feet

50.6	🚩	End of route	0.0
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0.0 miles. +0/-0 feet