

SWK105e
Human Growth and
Life-Span Development
(Adulthood to Old Age)

Tutor-Marked Assignment

January 2018 Presentation

TUTOR-MARKED ASSIGNMENT (TMA)

This assignment is worth 35% of the final mark for Human Growth and Life-Span Development (Adulthood to Old Age).

The cut-off date for this assignment is **Wednesday, 18 April 2018 / 23:55.**

Assignment guidelines:

1. Please include a cover page that shows the title of the course, the assignment topic, the submission date, your name and student ID.
 2. The total length of your paper should not be more than 1500 words. It should be typewritten, double-spaced, with 1-inch margin all round, and 'Times New Roman' font-size 12. The file name should be in this format: **FullName_TMA01**
 3. Plagiarism and collusion are forms of cheating and are entirely unacceptable. SUSS has extremely strict procedures for dealing with plagiarism and collusion. Please ensure that you do not inadvertently commit these offences by quoting and referencing correctly according to APA guidelines.
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In this assignment, you are to understand and apply the issues and principles of adulthood.

Your task is to interview two elderly (aged above 60 years old), who are of different gender, to find out his/ her main challenges during this stage of life compared to their mid-adulthood and consider if they have attained "successful aging".

- (a) Explain the major changes (biological, cognitive, socio-emotional) experienced by the two elderly people whom you have interviewed. Critically discuss the theories and/or principles you have learnt, and apply these ideas to understand how developmental processes have contributed to the main challenges faced by them.
(35 marks)
- (b) Determine what successful aging means to each individual and consider how this matches to our contemporary understanding of it.
(30 marks)
- (c) Design one specific activity that could be taught to an elderly to promote successful aging.
(15 marks)
- (d) Attach an appendix of your selected questions for the interview.
(10 marks)
- (e) English competency and APA referencing.
(10 marks)

---- **END OF ASSIGNMENT** ----