

Feinberg Art Book

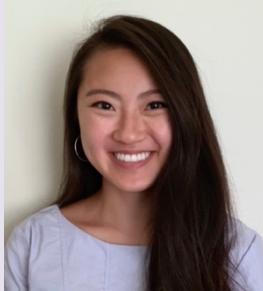
2022-2023



Northwestern University Feinberg School of Medicine

Letter from the Editor

Dear Readers,



The Feinberg Art Book started in 2019 as a passion project by medical student Tammy Hua, Class of '21. With writing and the creation of visual art often being an individualistic process, the first book was produced with the intent of highlighting these voices that existed on campus. In an

environment where it can often feel difficult to pursue art amid coursework and clinical responsibilities, this project began with the hopes of building a creative community. I'm thrilled to continue this mission with the release of the second edition of the Feinberg Art Book showcasing the incredible talent of Feinberg medical students in the form of artwork, photographs, and writings.

When looking through submissions to the art book, I felt like I was invited into moments of people's lives. A photograph of an evening by the lake, a painting with a beloved family member, sketches filled with fantasy, crocheted companions - these pieces are a glimpse into someone's mind, their experiences, their perspectives, their wonder. Through various mediums, art can serve as a way to share and to open us up to connection, an endeavor certainly worthwhile in medicine. As you flip through these pages, I hope you find yourself welcomed into older memories and new spaces of imagination.

Thank you,

Minjia Tang, M4

A special thank you to Tammy Hua, Prrottusha Sarkar, Tarushi Sharma, Andrea Rustad, Vadal Redmond, Jenny Dick, Angela Artner, AWOME, and all my friends and colleagues at Feinberg.



The artwork featured on this page was created by me.

Top: Flowers in a Vase from Home
Cardstock

Based on flowers from a farmers market in Chicago placed in a traditional Chinese vase

Bottom: City on a Hill
Photograph
Cinque Terre





Front Cover:
You're Going to Be Okay

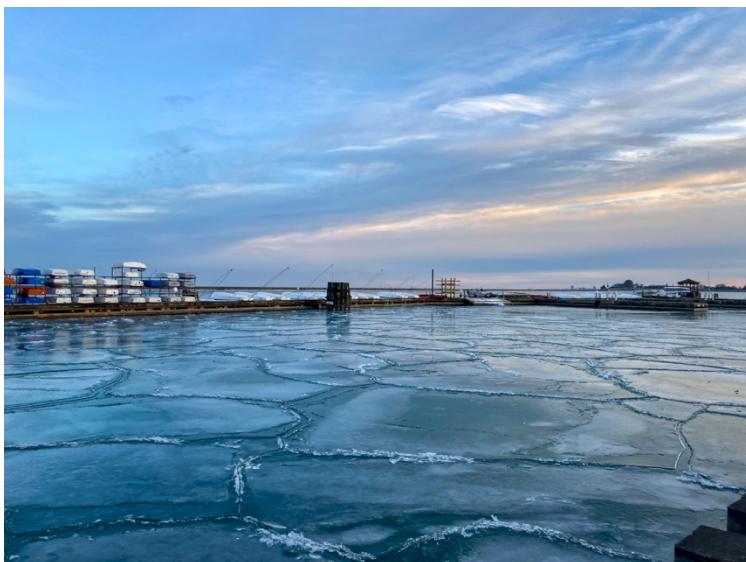
Sachin Govind, M2
Digital

"I'm right here. Just breathe.
We're on our way."

Water Lilies

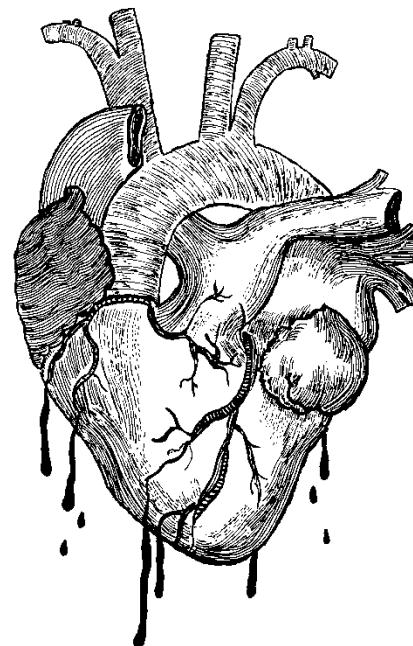
Phoebe Newell, M4
Acrylic

4"x4" mini replica of
MINIMstudio's Monet-
inspired painting



Afloat

Angie Chen, M3
Photograph



Human Heart

Ishani Majmudar, M1
Ink



Top and bottom:

Aquatic

Michael Boctor, M4
Photograph



dead flowers

Sydney Cush, M1

41 degrees outside and you show up when my door lies slightly ajar

And in that time, the bright blue walls grow darker and I recede into the depths of my belly

I found myself rocking, back and forth and back on an island of pink and silver satin pillowcases as the sun watches me like a hawk.

Then the rocking would get to be too much so I would force my battered breasts and ego onto the concrete over the aluminum wastebasket

The only things that come out are lullabies.

Why won't you get out, I wonder as I slowly count the 1080 seconds that the milky-white Camry takes to rumble down Garfield, then 59th, then Ashland

I swallow 6 tears and don't think twice. Home again, and I triple-check the lock. The gypsophila wilt and I consider watering them;

but oh I need to watch them die I close my eyes and pray to God that he has you And then, as fast as a blood-curdling scream

you were gone



Top left:
Vibrant Flower

Allison Jaffe, M2
Digital



Top right:
Thor and Fi

Katherine Bolten, M4
Embroider floss on cotton
Two pups begging for a study break



Bottom left:
Power Lines

Kelsey McAfee, Class of '22
Watercolor and pen
Power lines silhouetted on a sunset

Bottom right:
Untitled

Lauren Smith, M4
Acrylic



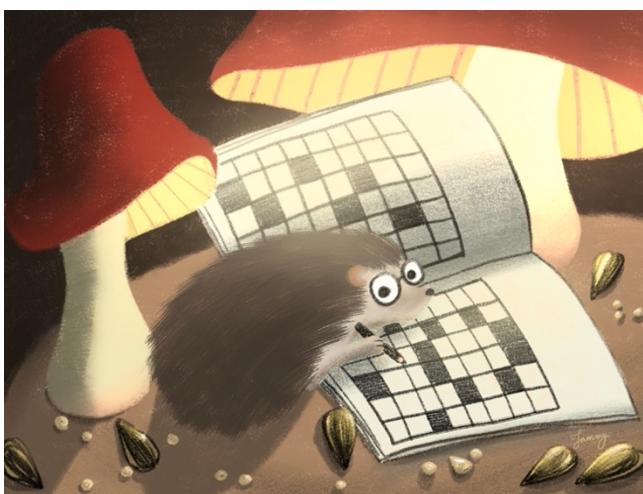
One-Liner

Katherine Lin, Class of '21
Ink



Stallions

Hannah Martin, M3
Pyrograph



**Left: A Crossword Buddy
Right: Reading**

Tammy Hua, Class of '21
Digital



Top: **Malik-Ghat Flower Market**

Bottom: **Caution**

Pruttusha Sarkar, M3
Photograph



Right: **Wrigley**

Nari Lee, Class of '22
Photograph 35mm film





Ode to The Boys

Lena Volpe, M3
Acrylic

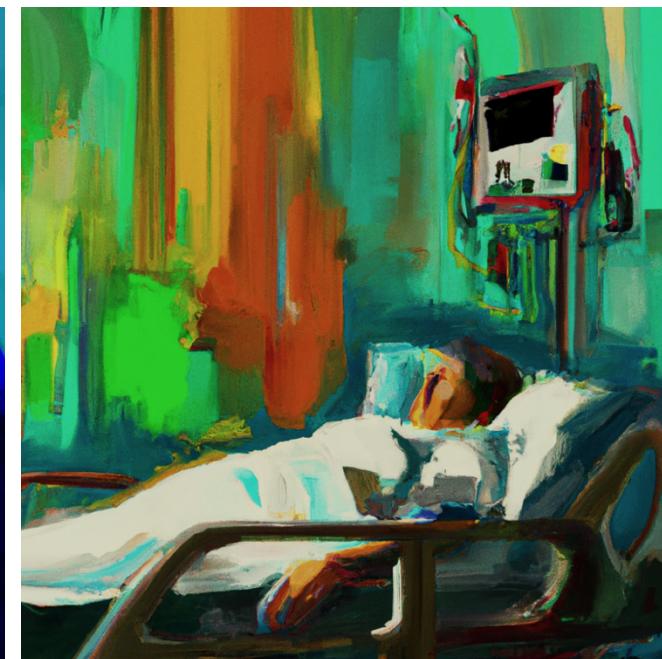


Study of 'Tea Still Life'

Phoebe Newell, M4
Acrylic

Bottom Left: One Rule
Bottom Right: Just Let Me Go

Sachin Govind, M2
Digital



Clarity in Medical Jargon

Trisha Kaundinya, M3

I am still at the beginning,

but I am also over 1/8 of the way to an MD--

a terrifying dichotomy to internalize.

This far-fetched dream of mine is suddenly a swift-paced reality.

Learning every day feels like taking one more step into a secret society
with its own language, customs, and norms.

24 weeks ago, the last time I wore white was my college graduation dress.

Now the only white I wear is my short coat with pockets full of bent notebooks,
purple pens, and alcohol wipes.

20 weeks ago, the only question I would ask my friends who were sick
was what they ate in the last 24 hours.

Now I subconsciously recite an oration of questions supplemented with pauses
for follow-up queries and note taking.

16 weeks ago, the only sips I had were of my Bigelow Peach Green Tea every morning.

Now when I think "sip" I think about the different mechanisms in which drugs interact with
CYP3A4, 2C19, and other cyclooxygenases.

12 weeks ago, the only classical language exposure I had

Was reading *The Aeneid* in Latin in high school

and The New Testament in Ancient Greek in college.

Now my classical language background is most used

to distinguish gram-positive spirochetes versus coccobacilli

and recognize their risk factors and clinical presentations.

8 weeks ago, my most-listened songs were indie and country tunes on my Spotify playlist.

Now my most-listened performances are live with a stethoscope

hearing the shape and pitch of heart murmurs,

followed by practice on the Harvey heart simulator.

4 weeks ago, the main exposure to rhythm I had was with my metronome

when I practiced orchestra music on the violin before rehearsal.

Now rhythm means looking for p waves and counting boxes on the cursive penmanship of ECGs.

Every day, an existing routine or construct in my life

takes on a new normal with the knowledge of medicine.

Every day, ambiguous symbols or esoteric diagrams

turn into parts of my vernacular and settle into my long-term memory.

But for patients, this education, this transition does not take place--

yet they come face-to-face with complicated diagnoses and care plans

Every day.

Their analysis of what caused their illness or their everyday music selections

are not dissimilar to mine from just 24 weeks ago.

In order to effectively communicate with patients,

it is critical to

Know how to ride the curve down as fast and seamlessly as we rode it up,

Explain what we know in simple, digestible steps, and

Anticipate the confusion and fear that we initially felt upon learning these concepts.

As 1/8 of an MD, I am acutely aware of how far I've come but also how little I know.

I still remember the feeling of finding clarity in medical jargon, but also continue to experience
how overwhelming this jargon can be.

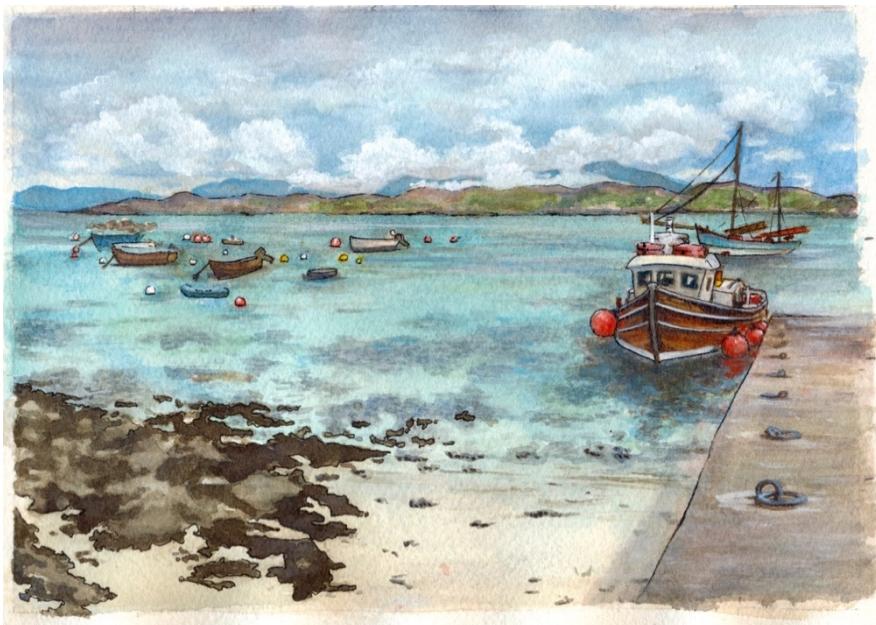
No matter how far I get in this medical journey

and how much harder it can be to remember where I began,

I hope to stay committed

to easing the burden that the complex practice of medicine can place on my patients
and helping them through the learning process.

They are entitled to the comfort of clarity as patients just as I am as a provider.



Isle of Iona

Phoebe Newell, M4
Watercolor



Family Support

Hannah Martin, M3
Pyrograph



Eye Contact

David Hou, M3
Charcoal



Dreams of Summer

Chi-Chi Onwumere, M2
Original Clothing



Notebooks Collage

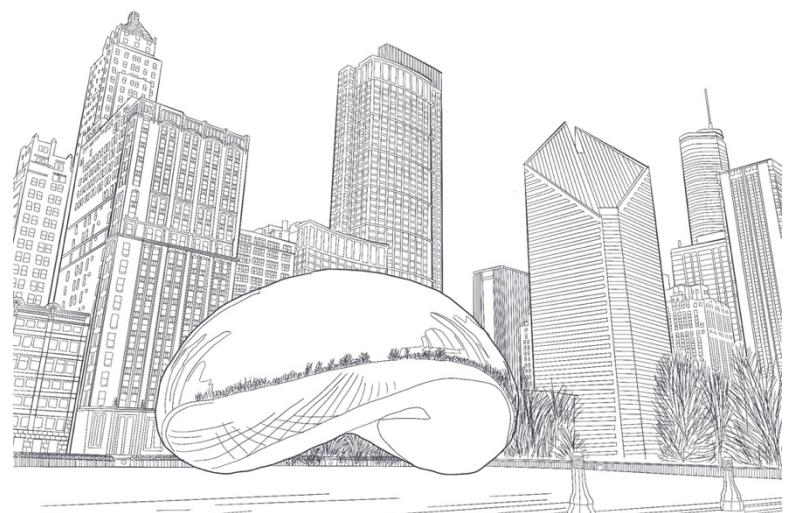
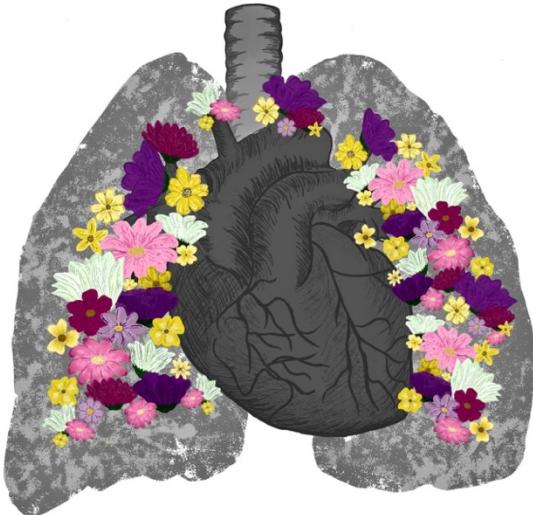
Antonia Clifford, M3
Collage



Ivy, Iris, Hazel, Honey

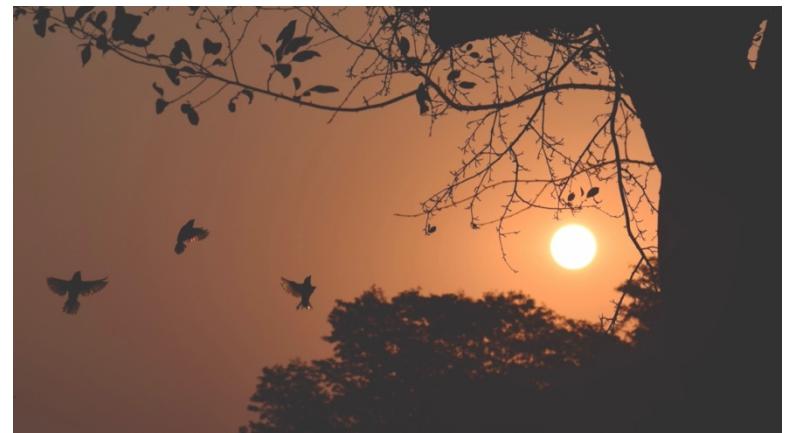
Jenna Stoehr, Class of '21
Yarn

In memoriam of pigs past that
donated their lives to science.



Top Left: Breath of Fresh Air

Chloe Matovina, M4
Digital



Top Right: Chicago

Emma Office, M4
Digital

Chicago skyline, as seen from
Millennium Park.

Bottom Right: Early Birds

Francisco Cai, Class of '21
Photograph

Bottom Left: Feathered

Emmalee Skorich, Class of '22
Photograph



Untitled

Mikaela Thompson, M1
Photograph

Glacier Bay, AK

Memoirs of a medical student

Nathan Kudlapur, M3

Newsreel, March 2020. A declaration.

Pack bags. Light switch flips.

Seek refuge.

Lockdown. Five months at home...

Stage set.

And now I move to a new city – big city – Chi city

Excitement thrill and breath of adventure

But a fortunate one,

For too many such breaths have been lost

Without doubt reality has a suffocating force

Hurdles to adventure and relational norms

Didn't know pandemic picnic was how I'd meet new people

Zoom room school

I see you but do not know you

A desire for connection

Should I send a private chat

I want to wish you safety

From the danger of vroom zoom

But in this chaos the city holds a treasure trove of sweet delights:

Sparkling Christmas lights,

cutting through the dark like healing crystals

The crisp breeze off the lakeshore as I ride my bike,

the air an infusion of nature's joy

The powerful architecture along my Riverwalk run,

a statement of history and storied memories

We all must sacrifice.

Who am I to deserve exemption?

Do you know how many people have died?

Hush.

Breathe.

The patient is waiting.



A Morning in Iceland

Lena Volpe, M3
Acrylic

I went on visited Iceland and was struck by the peacefulness of the landscapes and the place in general - hopefully this painting captures a little bit of that peace.

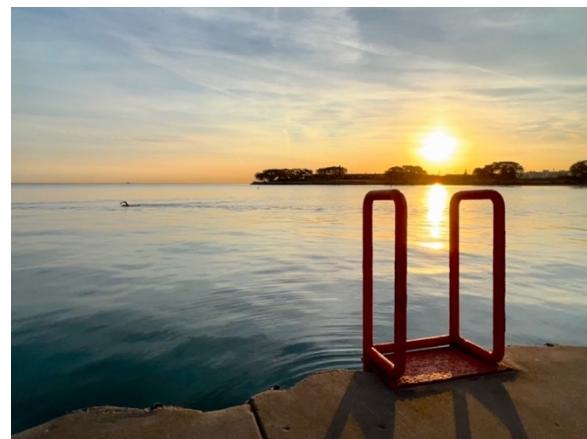


Tree Canopy

Michael Drakopoulos, M4
Photograph

Sunrise Swim

Mikaela Thompson, M1
Photograph



Being at the Table

Angie Chen, M3

A shared moment becomes a shared experience becomes a collective memory. Something as simple as 'showing up' requires so little but means so much. There is openness and warmth vulnerability, anxiety, then relief—a mutual belonging. And indeed we are all kindred spirits, each of us navigating the eddies of life.



Top Left: Grandma, Bodega Bay

Marina Zakharevich, Class of '22
Acrylic

A memory from simpler times

Top Right: Autumn on the Lakefront

Namrata Kadambi, M3
Watercolor

This is an 11" x 14" watercolor painting of my favorite view of Chicago, on the Lakefront Trail near the chess pavilion. A quick run to see the skyscrapers and colorful fall trees overlooking the sparkling lake can brighten even the most stressful days.



Bottom Left: Preparing for Takeoff

Mikaela Thompson, M1
Photograph



Bottom Right: View from the Train

Phoebe Newell, M4
Acrylic

4" x 4" mini of a scene from From Up on Poppy Hill





Top Left: All Eyes in Wonderland

Janice Ong, M4
Pen and Ink

Bottom Left: Spirited Adventure

Maggie Locke, Class of '21
Photograph

Lanterns in an alley in Taipei,
Taiwan

Bottom Right: Blooming

Katherine Bolten, M4
Embroidery Floss on Canvas
Floral interpretation of female
anatomy



Right: Water on Mars

Top Right: Mallika Patel, M4

Bottom Right: Sid Ambulkar, M4

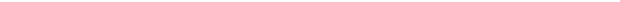
Acrylic Pour on Canvas



Top Left: Snow Day

Francisco Cai, Class of '21

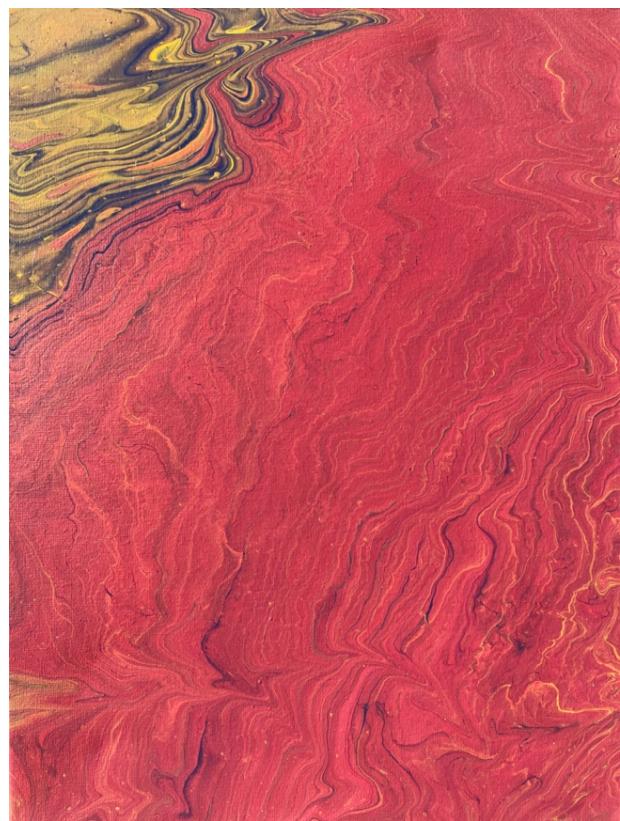
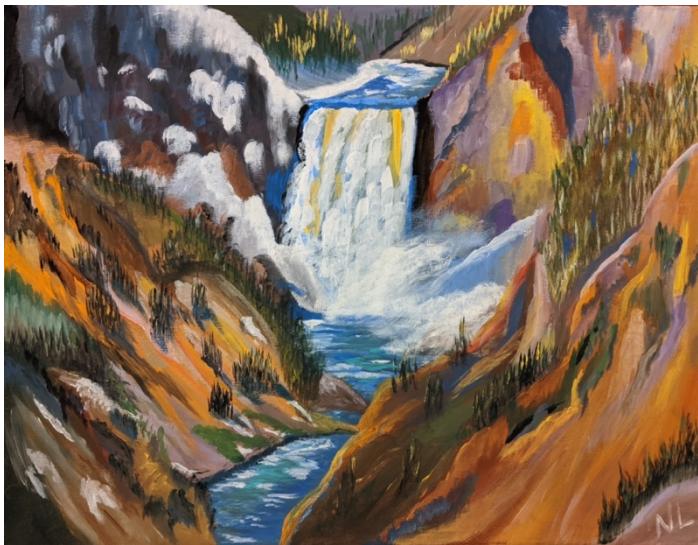
Photograph



Bottom Left: Waterfall

Nari Lee, Class of '22

Acrylic





Waterball

Dan Im, Class of '21
Photograph



Winter Landscape

Chloe Matovina, M4
Acrylic

*Back Cover:
Car*

Nari Lee, Class of '22
Acrylic

ways to take a breath

Andrea Rustad, M4

to be out of breath
or to be breathless
to have your breath taken away

to laugh so deeply and for so long
that you must catch your breath

to emerge up from beneath the sparkling surface
with a laugh and a smile
and take a deep sip of air

to breath in before reaching to sing a note
high as the sky

to breath out
a sense of peace

a sigh
of contentment
of relief
of frustration

the rise and fall of your chest
like soft waves kissing the sand

yet the waves become harsh, crashing
crashing into shear rocks at the edge
closing in

to gasp for breath

Index**Artist**

Artist	Page
Allison Jaffe, M2	5
Andrea Rustad, M4	18
Angie Chen, M3	3, 14
Antonia Clifford, M3	11
Chi-Chi Onwumere, M2	11
Chloe Matovina, M4	12, 18
Dan Im, Class of '21	18
David Hou, M3	10
Emma Office, M4	12
Emmalee Skorich, Class of '22	12
Francisco Cai, Class of '21	12, 17
Hannah Martin, M3	6, 10
Ishani Majmudar, M1	3
Janice Ong, M4	16
Jenna Stoehr, Class of '21	11
Katherine Lin, Class of '21	6
Katherine Bolten, M4	5, 16
Kelsey McAfee, Class of '22	5
Lauren Smith, M4	5
Lena Volpe, M3	8, 14
Maggie Locke, Class of '21	16
Mallika Patel, M4	17
Marina Zakharevich, Class of '22	15
Michael Boctor, M4	4
Michael Drakopoulos, M4	14
Mikaela Thompson, M1	13, 14, 15
Namrata Kadambi, M3	15
Nari Lee, Class of '22	7, 17, 20
Nathan Kudlapur, M3	13
Phoebe Newell, M4	3, 8, 10, 15
Prottusha Sarkar, M3	7
Sachin Govind, M2	1, 8
Sid Ambulkar, M4	17
Sydney Cush, M1	4
Tammy Hua, Class of '21	6



NM Northwestern Medicine®
Feinberg School of Medicine

Northwestern University Feinberg School of Medicine
Augusta Webster, MD, Office of Medical Education
303 E. Chicago Ave.
Chicago, IL 60611-3008
feinberg.northwestern.edu/md-education/