PREDICTION OF HEART DISEASE

EEX7244

Data Mining

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Introduction

Heart disease is one of the leading causes of death globally, emphasizing the importance of early detection and diagnosis to improve patient outcomes. In this project, we employ Data Mining techniques to analyze patient health data and develop a classification system that predicts the likelihood of heart disease. Data Mining is a systematic process of discovering meaningful patterns, correlations, and insights from large datasets, often using machine learning algorithms for prediction and decision-making.

The dataset used for this study contains 918 records and 12 attributes, representing key health indicators such as Age, Sex, ChestPainType, RestingBP, Cholesterol, MaxHR, and a target variable, HeartDisease, which indicates whether the patient has heart disease (1) or not (0). Additional features like FastingBS, RestingECG, ExerciseAngina, and ST_Slope provide further insights into patients' clinical and physical conditions.

Dataset Attributes

- **Age**: age of the patient [years]
- **Sex**: sex of the patient [M: Male, F: Female]
- ChestPainType: chest pain type [TA: Typical Angina, ATA: Atypical Angina, NAP: Non-Anginal Pain, ASY: Asymptomatic]
- **RestingBP**: resting blood pressure [mm Hg]
- **Cholesterol**: serum cholesterol [mm/dl]
- **FastingBS**: fasting blood sugar [1: if FastingBS > 120 mg/dl, 0: otherwise]
- **RestingECG**: resting electrocardiogram results [Normal: Normal, ST: having ST-T wave abnormality (T wave inversions and/or ST elevation or depression of > 0.05 mV), LVH: showing probable or definite left ventricular hypertrophy by Estes' criteria]
- MaxHR: maximum heart rate achieved [Numeric value between 60 and 202]
- ExerciseAngina : exercise-induced angina [Y: Yes, N: No]
- **Oldpeak** : oldpeak = ST [Numeric value measured in depression]
- **ST_Slope**: the slope of the peak exercise ST segment [Up: upsloping, Flat: flat, Down: downsloping]
- **HeartDisease**: output class [1: heart disease, 0: Normal]

Link: https://www.kaggle.com/datasets/johnsmith88/heart-disease-dataset/data

Problem Background

Heart disease is a major public health challenge and a leading cause of death worldwide. Early detection and timely intervention are crucial to managing heart disease effectively, as delayed diagnosis often leads to severe health complications or fatal outcomes. The diagnosis of heart disease typically relies on a combination of clinical tests, patient history, and physician expertise. However, this traditional approach can be time-consuming, subjective, and prone to inaccuracies.

In recent years, advancements in **Data Mining** and **Machine Learning** have provided new opportunities to analyze large volumes of health data systematically and accurately. These techniques allow the discovery of hidden patterns and relationships within datasets that are not immediately apparent to human analysts. By leveraging machine learning algorithms, we can automate the process of predicting heart disease, enhancing the precision and efficiency of the diagnosis process.

The motivation for this study arises from the increasing availability of patient health data and the urgent need for tools that can support healthcare professionals in diagnosing heart disease. The goal is to develop a classification system capable of predicting whether an individual is at risk of heart disease based on their health attributes, such as age, cholesterol levels, blood pressure, and exercise tolerance. Such a system can serve as an initial screening tool, flagging high-risk patients for further medical evaluation and enabling early intervention.

This project aligns with the broader objectives of predictive healthcare, where the focus is on prevention and proactive management of diseases through data-driven insights. By addressing this problem using Data Mining techniques, this study contributes to improving healthcare outcomes and reducing the burden of heart disease on patients and healthcare systems.

Literature review

The prediction of heart disease through data mining techniques has garnered significant attention in recent years due to the increasing prevalence of cardiovascular diseases. Various studies have employed different data mining methodologies to enhance prediction accuracy, utilizing a range of algorithms and datasets. This review synthesizes key findings from recent literature, highlighting the strengths and limitations of various approaches.

Overview of Data Mining in Healthcare

Data mining has emerged as a critical tool in healthcare, particularly for predicting heart disease. The ability to analyze large datasets allows for the identification of patterns and relationships that can inform clinical decision-making. Supervised learning techniques, such as classification algorithms, are predominantly used for this purpose, enabling models to predict outcomes based on historical data.

Commonly Used Algorithms

Several classification algorithms have been extensively studied for heart disease prediction. Support Vector Machines (SVM), This algorithm has been shown to effectively classify heart disease cases with high accuracy. It works well in high-dimensional spaces and is effective in cases where the number of dimensions exceeds the number of samples [1].

K-Nearest Neighbors (KNN), KNN is favored for its simplicity and effectiveness in non-linear data distributions. Studies indicate that it performs comparably to more complex algorithms when tuned properly [1][6].

Decision Trees, these models are intuitive and provide clear visualization of decision-making processes. They have been successfully used in various studies, demonstrating their effectiveness in handling categorical data [4][8].

Neural Networks, advanced neural network architectures, including deep learning models, have also been employed. These models can capture complex relationships within the data but require substantial computational resources [1][2].

Feature Selection and Data Preprocessing

Effective feature selection is crucial for enhancing model performance. Studies emphasize the importance of identifying significant features that contribute to heart disease risk, such as cholesterol levels, blood pressure, age, and other clinical parameters. Techniques like Principal Component Analysis (PCA) and Recursive Feature Elimination (RFE) are commonly employed to reduce dimensionality and improve model interpretability [2][4].

Data preprocessing steps such as normalization, handling missing values, and encoding categorical variables are also critical for ensuring the robustness of predictive models.

Challenges and Future Directions

Despite advancements in data mining techniques for heart disease prediction, several challenges remain.

Data Quality: Inconsistent or incomplete data can significantly affect model accuracy. Ensuring high-quality datasets is essential for reliable predictions.

Interpretability: Many advanced models (e.g., neural networks) operate as "black boxes," making it difficult for clinicians to understand how predictions are made.

Generalization: Models trained on specific datasets may not perform well across different populations or settings. There is a need for more generalized models that can adapt to diverse clinical environments.

Future research should focus on developing hybrid models that leverage the strengths of various algorithms while addressing these challenges. Additionally, incorporating real-time data from wearable devices could enhance predictive capabilities further.

As a summary, the application of data mining techniques in predicting heart disease shows promising potential but requires ongoing research to optimize methods and improve clinical applicability.

Methodology

The methodology outlines the systematic approach employed to develop a machine learning-based system for predicting heart disease. It includes steps for data preprocessing, feature selection, model training, and evaluation. Three models—Support Vector Machines (SVM), K-Nearest Neighbors (KNN), and Random Forest—are implemented and compared using a rigorous evaluation strategy.

Data preprocessing is a critical step to ensure the quality and reliability of the dataset. Missing or inconsistent values are removed to avoid errors during model training. Numerical features like Age and Cholesterol are normalized to bring them onto a common scale, enhancing the model's learning process. Categorical variables, such as ChestPainType and ST_Slope, are encoded into numerical formats to make them suitable for machine learning algorithms.

Feature selection is performed to identify and retain only the most relevant attributes that significantly impact heart disease prediction. Attributes like Age, Cholesterol, and MaxHR are prioritized due to their strong correlation with heart disease. Techniques such as Recursive Feature Elimination (RFE) and correlation analysis help reduce dimensionality and improve model performance.

Three machine learning models are developed to predict heart disease:

- **Support Vector Machines (SVM):** SVM is used for its ability to classify data points by finding an optimal hyperplane that separates classes effectively. It is particularly useful for handling both linear and non-linear datasets.
- **K-Nearest Neighbors (KNN):** KNN is chosen for its simplicity and effectiveness. It classifies a data point based on the majority class of its 'k' nearest neighbors, making it intuitive and easy to implement.
- Random Forest (RF): RF, an ensemble learning method, is employed for its robustness and ability to model complex relationships. It builds multiple decision trees and combines their predictions to enhance accuracy and minimize overfitting.

The models are evaluated using two robust strategies:

- **10-fold Cross-Validation:** The dataset is divided into 10 subsets. Each subset serves as test data once while the remaining nine subsets are used for training. This ensures all data points are tested and helps gauge the model's consistency.
- **3% Train-Test Split:** A small portion (3%) of the dataset is reserved for testing, while the remaining 97% is used for training. This strategy offers a quick assessment of model performance.

Evaluation metrics such as accuracy, precision, recall, and F1-score are calculated to compare the models and determine the best-performing one.

The performance of SVM, KNN, and Random Forest is analyzed to identify patterns and insights. Random Forest typically excels due to its ensemble approach, which handles complex feature interactions and reduces overfitting. SVM provides balanced results but may struggle with large datasets. KNN, while intuitive, is sensitive to noise and works best with smaller datasets.

Design

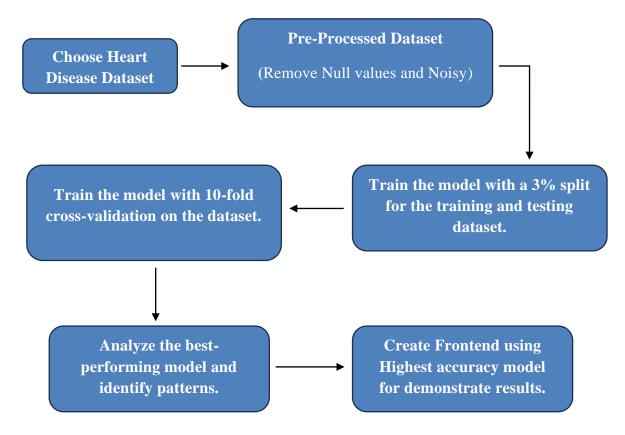


Figure 1 Block Diagram of the Methodology

Development

Using Python code

Libraries

```
import pandas as pd
import seaborn as sns
import matplotlib.pyplot as plt
from sklearn.model_selection import train_test_split
from sklearn.neighbors import KNeighborsClassifier
from sklearn.svm import SVC
from sklearn.ensemble import RandomForestClassifier
from sklearn.metrics import accuracy_score, precision_score, recall_score, f1_score, confusion_matrix
from sklearn.model_selection import cross_val_score, StratifiedKFold
import numpy as np
```

Figure 2 Imported Libraries

Dataset Import

01). Import dataset and Explore dataset type and Quntity

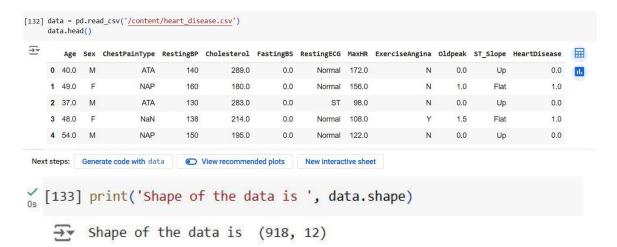


Figure 3 Dataset Import

Data Types

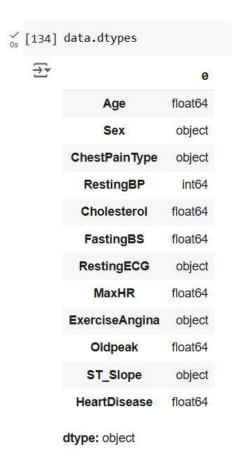


Figure 4 Data Types

02). Dataset Preprocessing

```
\frac{1}{2} [135] # Check for null values
         print(data.isnull().sum())
   → Age
                               5
         Sex
                              6
         ChestPainType
                              5
         RestingBP
                              0
         Cholesterol
         FastingBS
                              1
         RestingECG
                             13
                              2
         MaxHR
         ExerciseAngina
                              2
         Oldpeak
         ST Slope
                              5
         HeartDisease
         dtype: int64
os [136] # Drop All null Values
         data = data.dropna()
// [137] print(data.isnull().sum())
         print(data.shape)

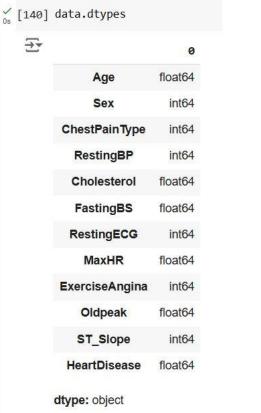
v [137] print(data.isnull().sum())

           print(data.shape)

→ Age

           Sex
           ChestPainType
                            0
           RestingBP
           Cholesterol
           FastingBS
           RestingECG
           MaxHR
                            0
           ExerciseAngina
           Oldpeak
           ST_Slope
           HeartDisease
           dtype: int64
           (875, 12)
    √ [138] #print characters colum values
           print(data['Sex'].unique())
           print(data['ChestPainType'].unique())
           print(data['RestingECG'].unique())
           print(data['ExerciseAngina'].unique())
           print(data['ST_Slope'].unique())
       → ['M' 'F']
           ['ATA' 'NAP' 'ASY' 'TA']
           ['Normal' 'ST' 'LVH']
           ['N' 'Y']
           ['Up' 'Flat' 'Down']
```

```
# Sample columns that need encoding
    binary_columns = ['Sex', 'ChestPainType', 'RestingECG', 'ExerciseAngina', 'ST_Slope']
    # Encode binary columns with 1 and 0
    binary_mapping = {
        'M': 1, 'F': 0,
        'ATA': 0, 'NAP': 1, 'ASY': 2, 'TA': 3,
        'Normal': 0, 'ST': 1, 'LVH': 2,
        'N': 0, 'Y': 1,
'Up': 0, 'Flat': 1, 'Down': 2
    }
    for col in binary_columns:
        data[col] = data[col].map(binary_mapping)
    # Check encoding results
    print(data.head())
₹
        Age Sex ChestPainType RestingBP Cholesterol FastingBS RestingECG \
    0 40.0
              1
                             0
                                     140
                                                 289.0
                                                             0.0
    1 49.0
             0
                             1
                                      160
                                                 180.0
                                                                            0
                                                             0.0
             1
    2 37.0
                             0
                                      130
                                                 283.0
                                                              0.0
                                                                           1
       54.0
              1
                             1
                                      150
                                                 195.0
                                                              0.0
                                                                            0
    5 39.0
              1
                             1
                                      120
                                                 339.0
                                                              0.0
                                                                            0
       MaxHR ExerciseAngina Oldpeak ST_Slope HeartDisease
    0 172.0
                                 0.0
                          0
    1 156.0
                           0
                                 1.0
                                                         1.0
                           0
    2
       98.0
                                 0.0
                                             0
                                                         0.0
```



```
// [141] print(data)
   ₹
               Sex ChestPainType RestingBP Cholesterol FastingBS RestingECG
           Age
           49.0
                               1
                                                 180.0
                                                             0.0
           37.0
                                       130
                                                 283.0
                                                             0.0
                                                                         1
       4
           54.0
                               1
                                       150
                                                 195.0
                                                             0.0
                                                                         0
       5
           39.0
                                                                         0
                1
                              1
                                       120
                                                 339.0
                                                             0.0
      913 45.0
                 1
                              3
                                      110
                                                 264.0
                                                                         0
                                                            0.0
                              2
       914 68.0
                  1
                                      144
                                                 193.0
                                                             1.0
                                                                        0
                              2
       915 57.0
                  1
                                       130
                                                 131.0
                                                             0.0
                                                                        0
                              0
      916 57.0
                                       130
                                                 236.0
                                                             0.0
                                                                         2
       917 38.0
                              1
                                       138
                                                 175.0
                                                             0.0
                  1
           MaxHR ExerciseAngina Oldpeak ST_Slope HeartDisease
       0
           172.0
                                   0.0
                                   1.0
                                                        1.0
       1
           156.0
                            0
                                             1
       2
                                   0.0
           98.0
                            0
                                             0
                                                        0.0
       4
           122.0
                                   0.0
                                                        0.0
       5
           170.0
                            0
                                   0.0
                                            0
                                                        0.0
                           ...
            . . .
                                   ...
                                            ...
                                                        . . .
                                           1
       913 132.0
                            0
                                   1.2
                                                        1.0
       914 141.0
                            0
                                   3.4
                                             1
                                                        1.0
                           1
                                            1
       915 115.0
                                  1.2
                                                        1.0
                           0
                                            1
                                  0.0
       916 174.0
                                                        1.0
                                            0
                                   0.0
       917 173.0
                                                       0.0
       [875 rows x 12 columns]
```

Figure 5 Data Pre-processing

Dataset Training

∨ 03). Dataset Training

```
  [142] # Separate features and target variable
       X = data.drop('HeartDisease', axis=1) # Features
       y = data['HeartDisease']
                                         # Target
/ [143] print(X)
            Age Sex ChestPainType RestingBP Cholesterol FastingBS RestingECG \
            40.0
                                         140
                                                   289.0
                                                               0.0
       1
            49.0
                  0
                                1
                                         160
                                                   180.0
                                                               0.0
                                                                            0
                               0
       2
           37.0
                   1
                                         130
                                                   283.0
                                                               0.0
                                                                            1
                               1
           54.0
                                        150
                                                   195.0
                                                              0.0
           39.0
                 1
                               1
                                       120
                                                   339.0
                                                              0.0
                                                                            0
            . . .
                                         . . .
                                                    ...
                                                               . . .
                                       110
       913 45.0
                                                   264.0
                                                              0.0
       914 68.0
                                       144
                                                   193.0
                                                              1.0
                              2
0
       915 57.0
                                         130
                                                   131.0
                                                              0.0
                                                                           0
                  1
       916 57.0
                                         130
                                                   236.0
                                                              0.0
                                                                            2
       917 38.0
                               1
                                                   175.0
                                         138
                                                              0.0
            MaxHR ExerciseAngina Oldpeak ST_Slope
            172.0
                             0
                                    0.0
                                    1.0
            156.0
       2
            98.0
                              9
                                               0
                                    9.9
       4
            122.0
                                    0.0
                                               0
            170.0
                                    0.0
```

```
/ [144] print(y)
               0.0
   ₹
        1
               1.0
        2
               0.0
        4
               0.0
               0.0
        913
               1.0
        914
               1.0
        915
               1.0
        916
               1.0
        917
               0.0
        Name: HeartDisease, Length: 875, dtype: float64
_{	t 0s}^{	extstyle /} [145] # Split the dataset into training and testing sets
        X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.3, random_state=42)
_{0s}^{\checkmark} [148] # Train the SVM model
        svm_model = SVC(kernel='rbf', C=1, gamma='scale', random_state=42)
        svm_model.fit(X_train, y_train)
   ₹
                  SVC
        SVC(C=1, random_state=42)

√ [149] knn_model = KNeighborsClassifier(n_neighbors=5)

           knn_model.fit(X_train, y_train)
      →*

    KNeighborsClassifier

           KNeighborsClassifier()
    [150] RandamForest_model = RandomForestClassifier(n_estimators=100, random_state=42)
           RandamForest_model.fit(X_train, y_train)
      \rightarrow
                   RandomForestClassifier
           RandomForestClassifier(random state=42)
```

Figure 6 Dataset Training

10-fold cross validation SVM

```
# Define the cross-validation strategy (e.g., 10-fold) for SVM

cv_svm = StratifiedKFold(n_splits=10, shuffle=True, random_state=42)

# Perform cross-validation and get the accuracy scores

cv_scores_svm = cross_val_score(svm_model, X, y, cv=cv_svm, scoring='accuracy')

# Output the results

print("Cross-Validation Scores:", cv_scores_svm)

print("Mean Accuracy:", np.mean(cv_scores_svm,))

print("Standard Deviation:", np.std(cv_scores_svm))

Cross-Validation Scores: [0.75  0.75  0.70454545 0.78409091 0.71590909 0.68965517 0.70114943 0.59770115 0.79310345 0.68965517]

Mean Accuracy: 0.7175809822361547

Standard Deviation: 0.05348157716659597
```

Figure 7 Cross Fold validation SVM

10-fold cross validation KNN

Figure 8 Cross fold validation KNN

10-fold cross validation RandamForest

```
# Define the cross-validation strategy (e.g., 10-fold) for Random Forest cv_rf = StratifiedKFold(n_splits=10, shuffle=True, random_state=42)

# Perform cross-validation and get the accuracy scores cv_scores_rf = cross_val_score(RandamForest_model, X, y, cv=cv_rf, scoring='accuracy')

# Output the results print("Cross-Validation Scores:", cv_scores_rf) print("Mean Accuracy:", np.mean(cv_scores_rf)) print("Standard Deviation:", np.std(cv_scores_rf))

**Cross-Validation Scores: [0.88636364 0.86363636 0.85227273 0.88636364 0.82954545 0.88505747 0.85057471 0.83908046 0.88505747 0.86206897] Mean Accuracy: 0.8640020898641589 Standard Deviation: 0.020042021332142022
```

Figure 9 Cross Fold validation Random Forest

Dataset Preference analysis

04). Dataset performance

```
[152] #svm confusion matrix using seaboan

confusion_matrix_svm = confusion_matrix(y_test, y_pred_svm)

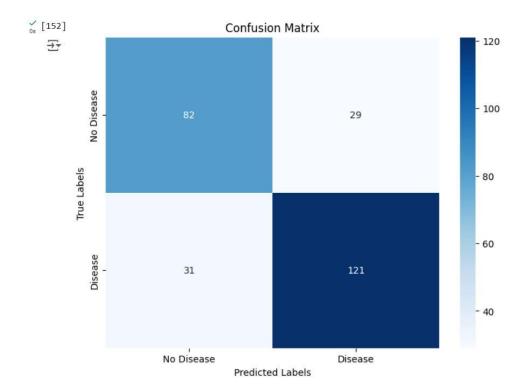
plt.figure(figsize=(8, 6))

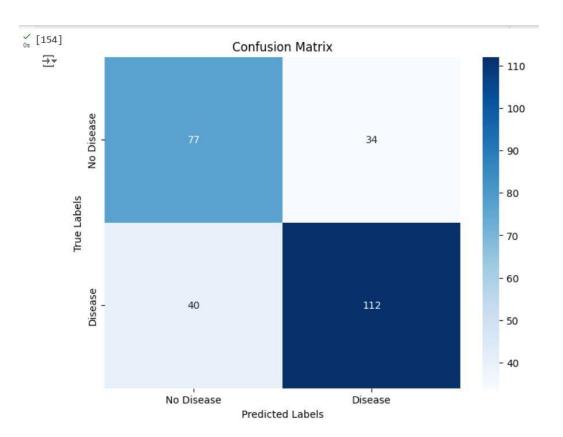
sns.heatmap(confusion_matrix_svm, annot=True, fmt='d', cmap='Blues', xticklabels=['No Disease'], yticklabels=['No Disease'])

plt.xlabel("Predicted Labels")

plt.ylabel("True Labels")

plt.show()
```





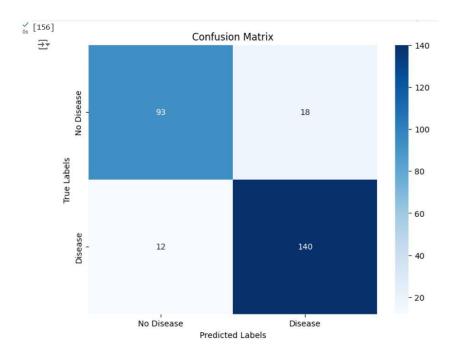
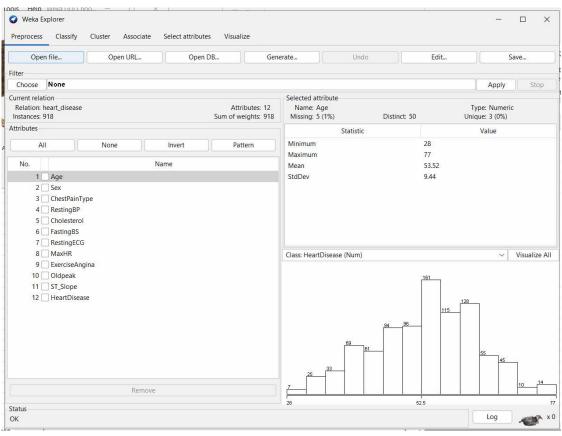


Figure 10 Model Performance analysis

Weka Tool

Import dataset



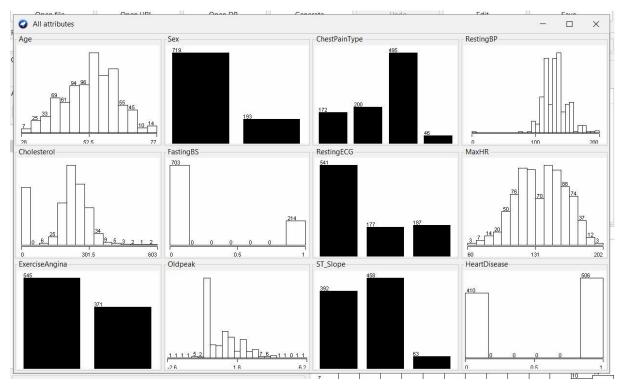
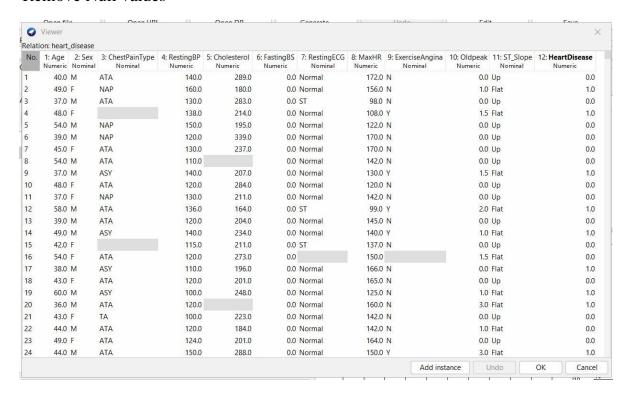
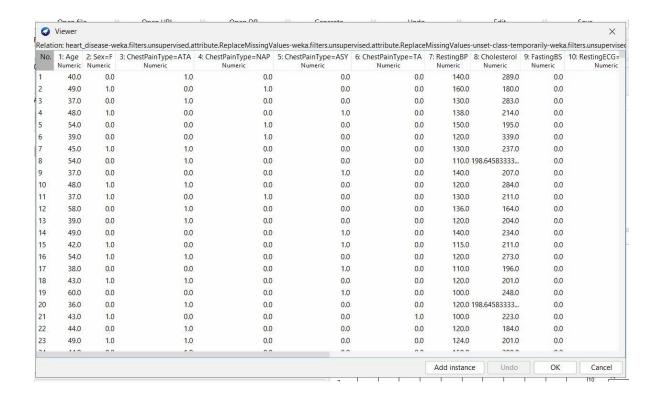


Figure 11 Import Dataset using Weka

Remove Null values





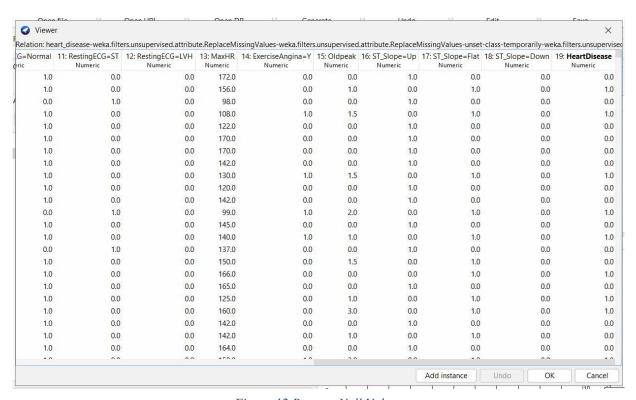


Figure 12 Remove Null Values

SVM 10-cross fold

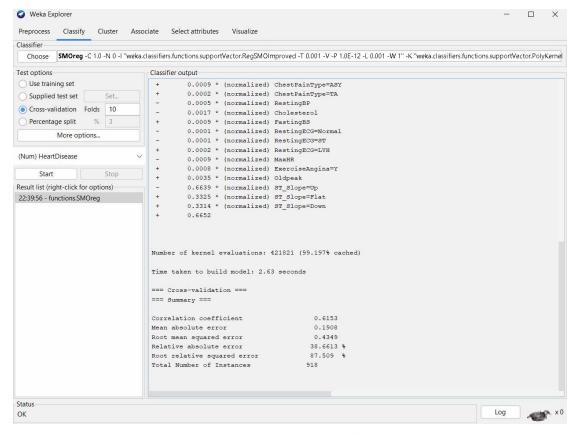


Figure 13 SVM Cross Fold

SVM 3% split data

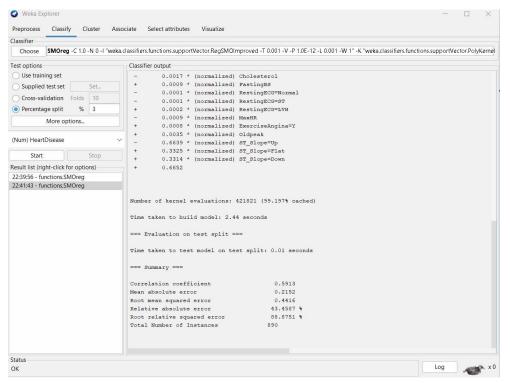


Figure 14 SVM 3% Split data

KNN 3% split data

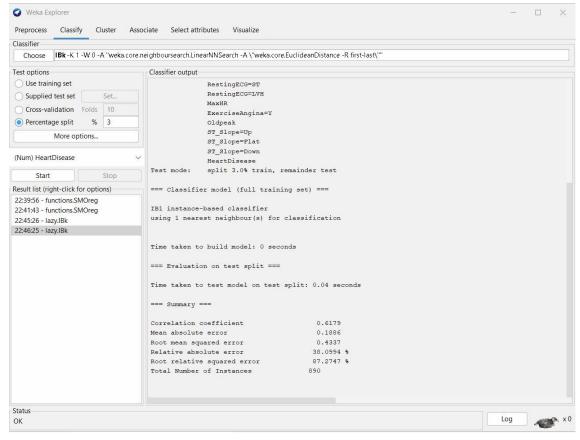


Figure 15 KNN 3% Split Data

KNN 10-cross fold

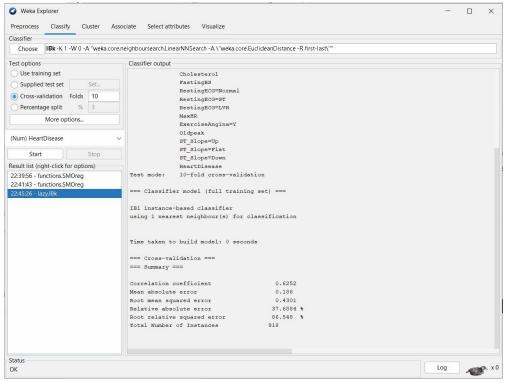


Figure 16 KNN 10-Cross fold

RandamForest 10-cross fold

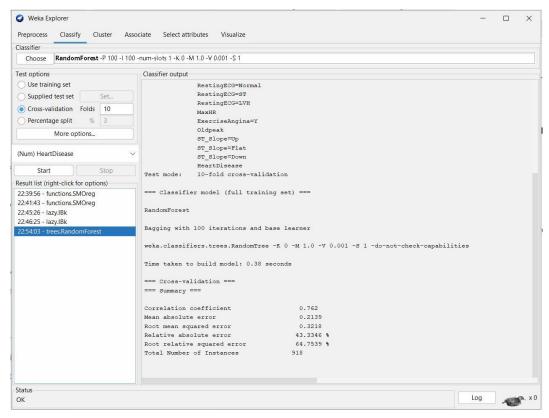


Figure 17 Randa Forest 10-cross fold

RandamForest 3% split data

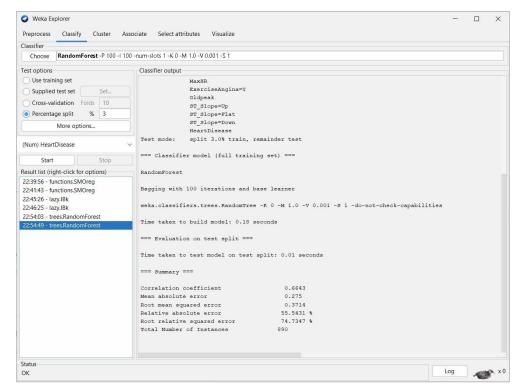


Figure 18 Random Forest 3% split data

Frontend

```
The foll Selection View Go Run Terminal Help C > DOUBLEST CONTINUAL CONTINUA
```

```
DECORR

DECORR
```

Figure 19 Front end Code

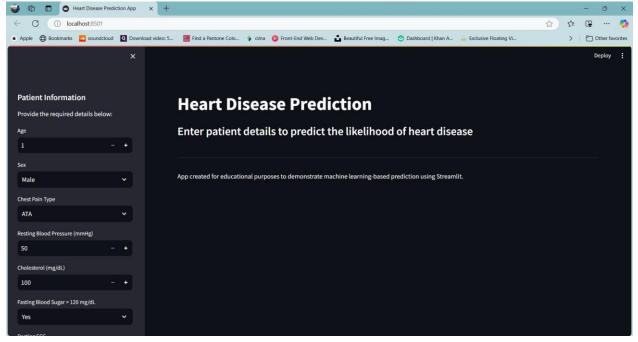


Figure 20 Front end

Test results

Python code

3% split

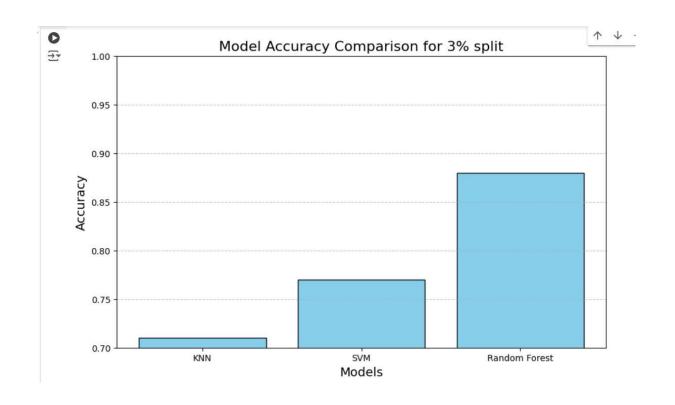
```
[ ] # results Table for SVM, KNN, and Random Forest as follows
    results = {
        "Model": ["SVM", "KNN", "Random Forest"],
        "Accuracy": [accuracy_svm , accuracy_knn, accuracy_rf],
        "Precision": [precision_svm , precision_knn, precision_rf],
        "Recall": [recall svm , recall knn, recall rf],
        "F1-Score": [f1 svm, f1 knn, f1 rf],
    }
    # Create a dataframe
    comparison df = pd.DataFrame(results)
    # Print the table
    print(comparison df)
               Model Accuracy Precision
                                            Recall F1-Score
                 SVM 0.771863 0.806667 0.796053 0.801325
                 KNN 0.718631 0.767123 0.736842 0.751678
    1
    2 Random Forest 0.885932 0.886076 0.921053 0.903226
```

Figure 21 3% split Test Results

10- cross fold

```
_{	t Os}^{\checkmark} [163] # The results for SVM, KNN, and Random Forest in 10-fold cross validation
        results_10fold = {
            "Model": ["SVM", "KNN", "Random Forest"],
            "Mean Accuracy": [np.mean(cv_scores_svm) , np.mean(cv_scores_knn), np.mean(cv_scores_rf)],
            "Standard Deviation": [np.std(cv_scores_svm) , np.std(cv_scores_knn), np.std(cv_scores_rf)],
        }
        # Create a dataframe
        comparison_df = pd.DataFrame(results_10fold)
        # Print the table
        print(comparison_df)
   →*
                   Model Mean Accuracy Standard Deviation
                    SVM
                              0.717581
                                          0.053482
                    KNN
                               0.698171
                                                  0.042791
        2 Random Forest
                               0.864002
                                                  0.020042
```

Figure 22 10-Cross fold Test Results



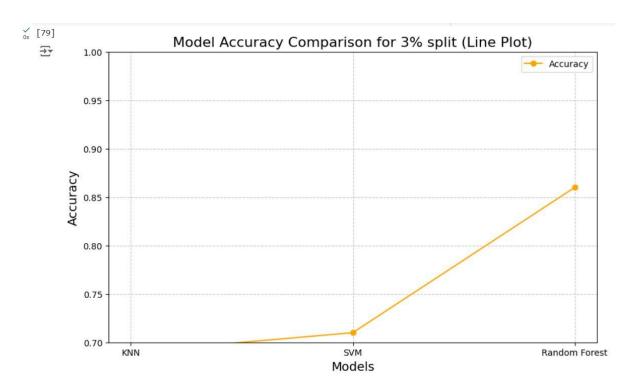
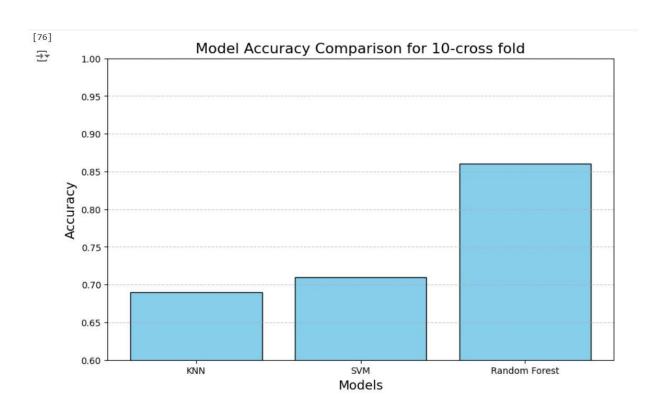


Figure 23 3% Split Accuracy Comparison



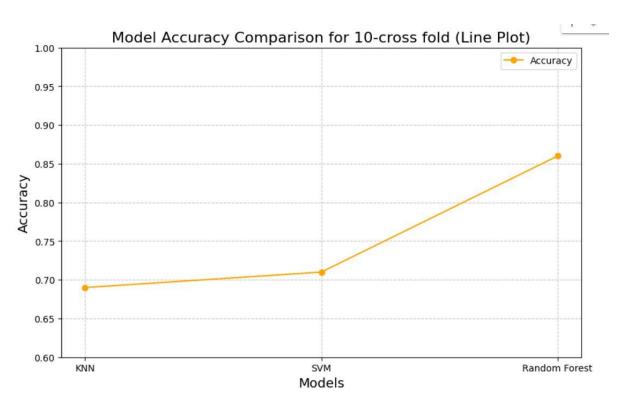


Figure 24 10-Cross fold accuracy Comparison

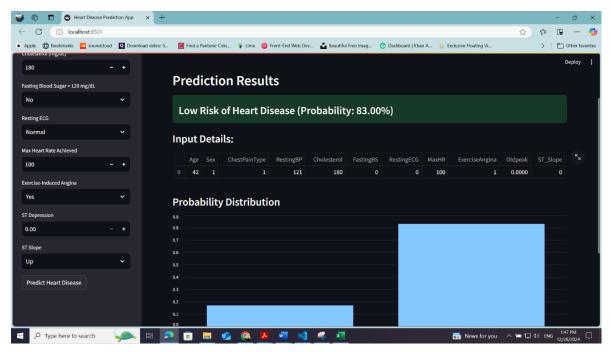


Figure 25 Result at Front end Positive value check

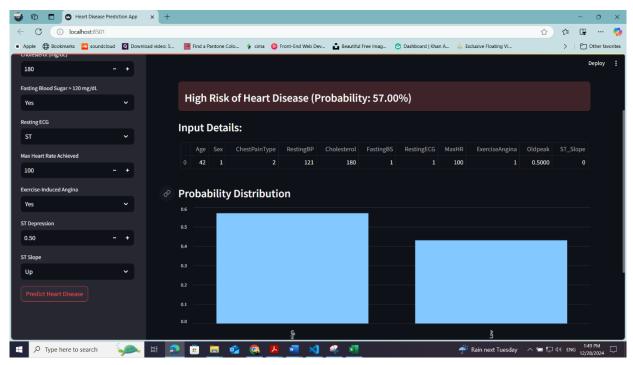


Figure 26 Result at Front end Negative Value check

Discussion

The primary objective of this analysis is to predict heart disease using machine learning models, evaluating their performance across two strategies: a 3% split validation and 10-fold cross-validation. Three models—Support Vector Machine (SVM), K-Nearest Neighbors (KNN), and Random Forest—were assessed based on metrics such as accuracy, precision, recall, and F1-score.

In the 3% split validation, the dataset was divided into 97% training and 3% testing data. Among the models, Random Forest achieved the highest accuracy (88.6%), precision (88.6%), recall (92.1%), and F1-score (90.3%), demonstrating its ability to effectively capture complex relationships in the data. SVM followed with balanced metrics, including an accuracy of 77.2% and an F1-score of 80.1%, indicating consistent but slightly lower performance. KNN, while achieving an accuracy of 71.9% and an F1-score of 75.2%, struggled to match the performance of the other models, likely due to its sensitivity to noise and the small test set.

In the 10-fold cross-validation, which offers a more robust evaluation by splitting the data into ten subsets, Random Forest once again outperformed the other models with a mean accuracy of 86.4% and a low standard deviation of 2.0%, signifying consistent and reliable performance across folds. SVM showed a mean accuracy of 71.8% with a standard deviation of 5.3%, slightly lower than its split validation performance, indicating sensitivity to variations in the dataset. KNN maintained similar performance with a mean accuracy of 69.8% and a standard deviation of 4.3%, confirming its limitations in handling complex patterns in the data.

Overall, Random Forest emerged as the most effective model for predicting heart disease, consistently demonstrating superior performance across both evaluation methods. Its ability to handle complex feature interactions and reduce overfitting makes it the best-suited model for this task.

While SVM provided balanced results, it fell short of Random Forest's accuracy and consistency. KNN, being simple and sensitive to data distribution, underperformed compared to the other models. Based on these findings, Random Forest is recommended as the primary model for heart disease prediction. For future work, hyperparameter tuning, advanced feature engineering, and combining models into an ensemble could further enhance predictive performance.

Finally, I used the Random Forest model with a 3% split to implement the results in the front end, as it provided the best results for the analysis.

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