Track workout on liftoff

> **User navigated through liftoff, attempted to find workout, took 5 minutes**

> **Tried stopping workout, failed to multiple times and gave up.**

Create workout on liftoff

> **User easily created workout on liftoff**

Blind test

> **User did not provide detailed feedback**

Blind test

> **User stumbled around the navigation for 8 minutes and gave up.**