

- recommended workouts
- your current progress/streak
- what your current split says is next

Start new workout

- Search function for exercises categorized by what parts of the body are being used (core, etc)
- Can look for workouts that other people have made
- Allows you to publish your own workout to the community

Trending workouts

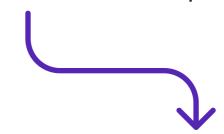
- Shows what workouts others are doing
- Ratings from other users/staff
- Review system (?)(plz explain)

Arrow key:

Public page Private page

Profile

- What others see
- Your current split/goal
- Friends
- Account settings, goal settings, etc
- Customization from loot box drops



Loot boxes

- Use the points you accumulate during workouts
- Sometimes the lootboxes will be on sale
- Items to obtain
 - Profile Decorations
 - Banners
 - Streak Savers

Mental Tracker

- Journal
- Habit/Addiction Tracker