

0.0.1 Mental Pleasure

0.0.1 somanassasuttam

1. This indeed was said by the Auspicious One, said by the Arahant, as heard by me:

vuttam hetam bhagavatā. vuttavarahatā'ti me sutam.

2. “Endowed with these two dhammas, O bhikkhus, a bhikkhu just abides in much physical and mental pleasure in this very life and has aroused the root cause for the destruction of the asavas. Which two? By being hypervigilant in that which should be a ground for arousing heightened state of urgency, and root cause striving with hypervigilance. Endowed with these two dhammas, O bhikkhus, a bhikkhu just abides in much physical and mental pleasure in this very life and has aroused the root cause for the destruction of the asavas.”

dvīhi bhikkhave dhammehi samannāgato bhikkhū diṭṭheva dhamme sukhasomanassabahulo viharati. yoni cassa āraddhā hoti āsavānaṃ khayāya. katamehi dvīhi? saṃvejanīyesu ṭhānesu saṃvejanena. saṃviggassa ca¹ yoniso padhānena. imehi kho bhikkhave dvīhi dhammehi samannāgatoba bhikkhu diṭṭheva dhamme sukhasomanassabahulo viharati. yoni cassa āraddhā hoti. āsavānaṃ khayāyāti.

¹saṃvegassa ca. sī. a. mu. ■
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