

### 0.0.1 Ultimate ultimate Consolation

1. Friend Sāriputta, “one who has gained ultimate consolation, one who has gained ultimate consolation,” it is said. “To what extent, O friend Sāriputta, is there really one who has gained ultimate consolation?” “From the time, O friend, a bhikkhu having known as it has come to be the arising, the extinction, the gratification, the liability and the going out of the six domains for contact, not having held, he is liberated. It is really to that extent, O friend, that he is one who has gained ultimate consolation.” “But friend, is there a path, is there a means for progress for the realization of this ultimate consolation?” “In fact, O friend, there is a path, there is a means for progress for the realization of this ultimate consolation.”

2. “But what, O friend, is this path? What is the means for progress for the realization of this ultimate consolation.” “Just this very noble eightfold path, O friend, is for realization of this ultimate consolation. That is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, right samadhi. This, O friend, is the very path, this is the means for progress for the realization of this ultimate consolation.” “What an auspicious path, O friend? An auspicious means for progress for the realization of this ultimate consolation. It is enough, friend Sāriputta, to be vigilant”