

0.0.1 Consolation

1. Friend Sāriputta, “one who has gained consolation, one who has gained consolation,” it is said. “To what extent, O friend Sāriputta, is there really one who has gained consolation?” From when, O friend, a bhikkhu wisely understands the arising, the extinction, the gratification, the liability and the going out of the six domains for contact as it has come to be, it is really to that extent, O friend, that he is “one who has gained consolation.” “But friend, is there a path, is there a means to progress for the realization of this consolation?” “In fact, O friend, there is a path, there is a means to progress for the realization of this consolation.”

2. “But what, O friend, is this path? What is the means to progress for the realization of this consolation.” “Just this very noble eightfold path, O friend, is for realization of this consolation. That is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, right samadhi. This, O friend, is the very path, this is the means to progress for the realization of this consolation.” “What an auspicious path, O friend? An auspicious means to progress for the realization of this consolation. It is enough, friend Sāriputta, to be vigilant”