

0.0.1 Without Hindrances

anīvaraṇasuttaṃ

1. “On the occasion, O bhikkhus, when the noble disciple listens to the Dhamma, having made it his aim, having attended to it with all his mind, having collected it together with eager ears, on that occasion the five hindrances do not come to be. On that occasion the seven awakening factors go to full maturation. Which five hindrances do not come to be on that occasion? The hindrance of sensual desire does not come to be on that occasion. The hindrance of ill-will does not come to be on that occasion. The hindrance of sluggishness and lack of mental agility does not come to be on that occasion. The hindrance of restlessness and remorse does not come to be on that occasion. The hindrance of doubt does not come to be on that occasion. On that occasion these five hindrances

yasmiṃ bhikkhave, samaye ariyasāvako aṭṭhikatvā manasikatvā sabbacetaso samannāharitvā ohi-tasoto dhammaṃ su-ṇāti. pañcassa nīvaraṇā tasmīṃ samaye na honti. satta boj-jhaṅgā tasmīṃ samaye bhāvanāpāripūriṃ gacchanti. ka-tamassa pañcanīvaraṇā tasmīṃ samaye na honati: kāmācchandanīvaraṇaṃ tasmīṃ samaye na hoti. vyāpādanīvaraṇaṃ tasmīṃ samaye na hoti. thīnamiddhanīvaraṇaṃ tasmīṃ samaye na hoti. uddhaccakukkuccanīvaraṇaṃ tasmīṃ samaye na hoti. vicikicchānīvaraṇaṃ tasmīṃ samaye na hoti. imassa pañcanīva-

do not come to be.

2. Which seven awakening factors go to full maturation on that occasion? The awakening factor of mindfulness goes to full maturation on that occasion. The awakening factor of investigation of dhammas goes to full maturation on that occasion. The awakening factor of energy goes to full maturation on that occasion. The awakening factor of happiness goes to full maturation on that occasion. The awakening factor of tranquility goes to full maturation on that occasion. The awakening factor of samadhi goes to full maturation on that occasion. The awakening factor of equanimity goes to full maturation on that occasion. On the occasion, O bhikkhus, when the noble disciple listens to the Dhamma, having made it his aim,

raṇā tasmim samaye na honti.

katame satta boj-
jhaṅgā tasmim sa-
maye bhāvanāpā-
ripūriṃ gacchanti:
satisambojjhaṅgo
tasmim samaye bhā-
vanāpāripūriṃ gac-
chatī. dhammavi-
cayasambojjhaṅgo
tasmim samaye bhā-
vanā pāripūriṃ gac-
chatī. viriyasamboj-
jhaṅgo tasmim sa-
maye bhāvanāpāri-
pūriṃ gacchatī. pīti-
sambojjhaṅgo tas-
mim samaye bhā-
vanāpāripūriṃ gac-
chatī. passaddhisam-
bojjhaṅgo tasmim
samaye bhāvanāpā-
ripūriṃ gacchatī. sa-
mādhisambojjhaṅgo
tasmim samaye bhā-
vanāpāripūriṃ gac-
chatī. upekkhāsam-
bojjhaṅgo tasmim

having attended to it with all his mind, having collected it together with eager ears, on that occasion these five hindrances do not come to be. On that occasion these seven awakening factors go to full maturation.”

samaye bhāvanāpāri-
pūriṃ gacchati. yas-
miṃ bhikkhave, sa-
maye ariyasāvako
aṭṭhikatvā manasi-
katvā sabbacetaso
samannāharitvā ohi-
tasoto dhammaṃ su-
ṇāti. imassa pañca-
nīvaraṇā tasmim sa-
maye na honti. ime
sattabojjhaṅgā tas-
miṃ samaye bhā-
vanāpāripūriṃ gac-
chantīti.

