

0.0.1 Mental Pleasure

1. This indeed was said by the Auspicious One, said by the Arahant, as heard by me:

2. “Endowed with these two dhammas, O bhikkhus, a bhikkhu simply abides in much physical and mental pleasure in this very life and has aroused the root cause for the destruction of the asavas. Which two? By being hypervigilant in that which should be a ground for arousing a heightened state of urgency, and root cause striving with hypervigilance. Endowed with these two dhammas, O bhikkhus, a bhikkhu simply abides in much physical and mental pleasure in this very life and has aroused the root cause for the destruction of the asavas.”

somanassasuttaṃ

vuttaṃ hetam bha-
gavatā. vuttavara-
hatā'ti me suttaṃ.

dvīhi bhikkhave dham-
mehi samannāgato
bhikkhū diṭṭheva
dhamme sukhaso-
manassabahulo vi-
harati. yoni cassa
āraddhā hoti āsavā-
naṃ khayāya. ka-
tamehi dvīhi? saṃ-
vejanīyesu ṭhānesu
saṃvejanena. saṃ-
viggassa ca¹ yoniso
padhānena. imehi
kho bhikkhave dvīhi
dhammehi saman-
nāgatoba bhikkhu
diṭṭheva dhamme
sukhasomanassaba-
hulo viharati. yoni
cassa āraddhā hoti.
āsavānaṃ khayāyāti.

¹saṃvegassa ca. sī. a. mu. ■
pts page 030 ■

3. This is the meaning of what the Auspicious One said. Thus, this was said there:

“The wise one who is
hypervigilant,
in that which should be
a ground for arousing
a heightened state of
urgency;
the ardent prudent bhikkhu,

calmly considers with
wisdom.

The one dwelling thus
ardently,
peaceful in conduct, not
puffed up;
one engaged in calmness
of mind,
arrives at the destruction
of suffering.”

4. “This too is the meaning of what was said by the Auspicious One. Thus was heard by me”.

etamatthaṃ bha-
gavā avoca. tatthe-
taṃ iti vuccati:

"saṃvejanīyaṭṭhānesu,

saṃvijjate ca paṇḍito;
ātāpi nipako bhikkhu,
paññāya samavek-
khiya.

evaṃvihārī ātāpi,
santavuttī anuddhato;
cetosamathamānu-
yutto,
khayaṃ dukkhassa
pāpūṇe'ti.

ayampi atthe vutto
bhagavatā. iti me
sutanti.
