## 0.0.1 Factors for [pursuing] what is worth striving for

## 0.0.1 padhāniyangasuttam

**0.** source: sāvatthi.

sāvatthi nidānam:

1. There are, O bhikkhus, these five factors for [pursuing] what is worth striving for. Which five?

pañcimāni bhikkhave padhāniyangāni. katamāni pañca?

2. Here, O bhikkhus, a bhikkhu is one of faith. He has faith in the awakening of the Tathagata: "Truly is he the Auspicious One, the Arahant, rightly self-awakened, excelling in knowledge and conduct, well-farer, knower of worlds, incomparable charioteer of tamed persons, teacher of devas and humans, awakened, auspicious."

idha bhikkhave bhikkhu saddho hoti saddahati tathāgatassa bodhim: itipi so bhagavā araham sammāsambuddho vijjācaraṇasampanno sugato lokavidū anuttaro purisadammasārathī satthā devamanussānam buddho bhagavāti.

**3.** He is one of little affliction, of little illness, endowed with good digestion, having a digestion that is not too cold, not too hot, but moderate for endurance in striv-

ing.

appābādho hoti appātanko samavepākiniyā gahaniyā samannāgato nātisītāya nāccunhāya majjhimāya padhānakkhamāya.

**4.** He is honest, not deceitful, one who reveals himself to the Teacher or his wise companions in the life of purity.

asaṭho hoti amāyāvī yathābhūtaṃ attānaṃ āvikattā satthari vā viññūsu vā sabrahmacārīsu.

5. He abides strenuous for the abandoning of unwholesome dhammas, for the attainment of wholesome dhammas. He is a strong one, an energetic one, not laying aside the responsibilities in [striving for] wholesome dhammas.

āraddhaviriyo viharati akusalānam dhammānam pahānāya kusalānam dhammānam upasampadāya thāmavā daļhaparakkamo anikkhittadhuro kusalesu dhammesu.

**6.** He is a wise one, endowed with wisdom that sees arising and extinction, which is of the noble, penetrative stock that leads to the destruction of suffering.

paññavā hoti udayatthagāminiyā paññāya samannā-

gato ariyāya nibbedhikāya sammā dukkhakkhayagāminiyā.

**7.** "These, O bhikkhus, are the five factors for [pursuing] what is worth striving for."

imāni kho bhikkhave pañca padhāniyangānī'ti.