

### 0.0.1 Ultimate ultimate Consolation

1. Friend Sāriputta, “one who has gained ultimate consolation, one who has gained ultimate consolation,” it is said. “To what extent, O friend Sāriputta, is there really one who has gained ultimate consolation?” “From when, O friend, a bhikkhu wisely understands the arising, the extinction, the gratification, the liability and the going out of the six domains for contact as it has come to be, and having known, not holding, he is liberated. It is really to that extent, O friend, that he is one who has gained ultimate consolation.” “But friend, is there a path, is there a means to progress for the realization of this ultimate consolation?” “In fact, O friend, there is a path, there is a means to progress for the realization of this ultimate consolation.”

2. “But what, O friend, is this path? What is the means to progress for the realization of this ultimate consolation.” “Just this very noble eightfold path, O friend, is for realization of this ultimate consolation. That is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, right samadhi. This, O friend, is the very path, this is the means to progress for the realization of this ultimate consolation.” “What an auspicious path, O friend? An auspicious means to progress for the realization of this ultimate consolation. It is enough, friend Sāriputta, to be vigilant”