

0.0.1 Mental Pleasure

1. This indeed was said by the Auspicious One, said by the Arahant, as heard by me:

2. “Endowed with these two dhammas, O bhikkhus, a bhikkhu just abides in much physical and mental pleasure in this very life and has aroused the root cause for the destruction of the asavas. Which two? By being hypervigilant in that which should be a ground for arousing heightened state of urgency, and root cause striving with hypervigilance. Endowed with these two dhammas, O bhikkhus, a bhikkhu just abides in much physical and mental pleasure in this very life and has aroused the root cause for the destruction of the asavas.”

0.0.1 somanassasuttaṃ

vuttaṃ hetam bhagavatā. vuttavarahatā'ti me sutam.

dvīhi bhikkhave dhammehi samannāgato bhikkhū diṭṭheva dhamme sukkhasomanassabahulo viharati. yoni cassa āraddhā hoti āsavānaṃ khayāya. kātamehi dvīhi? saṃvejanīyesu ṭhānesu saṃvejanena. saṃviggassa ca¹ yoniso padhānena. imehi kho bhikkhave dvīhi dhammehi samannāgatoba bhikkhu diṭṭheva dhamme sukkhasomanassabahulo viharati. yoni cassa āraddhā hoti. āsavānaṃ khayāyāti.

¹saṃvegassa ca. sī. a. mu. ■
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3. This is the meaning of what the Auspicious One said. Thus, this was said there:

“The wise one who is
hypervigilant,
In that which should be
a ground for arousing
hightened state of ur-
gency;
the ardent prudent bhikkhu,

calmly considers with
wisdom.

The one dwelling thus
ardently,
peaceful in conduct, not
puffed up;
one engaged in calmness
of mind,
arrives at the destruction
of suffering.”

4. “This too is the meaning of what was said by the Auspicious One. Thus was heard by me”.

etamatthaṃ bhagavā
avoca. tatthetaṃ iti
vuccati:

"saṃvejanīyaṭṭhānesu,
saṃvijjate ca paṇḍito;
ātāpi nipako bhikkhu,
paññāya samavekkhiya.

evaṃvihārī ātāpi,
santavuttī anuddhato;
cetosamathamānuyutto,
khayaṃ dukkhassa pā-
puṇe'ti.

ayampi atthe vutto
bhagavatā. iti me su-
tanti.

