0.0.1 Ananda

- 1. Thus was heard by me: At one time venerable Ananda was dwelling in Savatthi at Jeta's Grove, Anathapindika's Park. At that place, the venerable Ananda address the bhikkhus: "Friend bhikkhus." "Friend." Those bhikkhus replied to the venerable Ananda. The venerable Ananda said this: Indeed, O friends, the venerable Punna Mantaniputta was good to us [when we were] new comers, was very helpful. He advised us with this advice:
- Having appropriated, O friend Ananda, does "I am" 2. come to be, not without having appropriated. But having appropriated what does "I am" come to be, not without having appropriated? Having appropriated form does "I am" come to be, not without having appropriated. Having appropriated feeling, does "I am" come to be, not without having appropriated. Having appropriated perception, does "I am" come to be, not without having appropriated. Having appropriated sankharas, do "I am" come to be, not without having appropriated. Having appropriated consciousness, does "I am" come to be, not without having appropriated. "Just as, O friend Ananda, a woman or man, young in years, a youth, fond of adornments, reviewing his or her own facial reflection in a mirror, or in a clean, pure and clear bowl of water, would see it having appropriated [his or her facial reflection]. not without having appropriated." It is just so, O friend Ananda, that having appropriated form, "I am" come to be, not without having appropriated. Having appropri-

0.0.1 ānandasuttam

- 1. evam me sutam: ekam samayam āyasmā ānando sāvatthiyam viharati jetavane anāthapindikassa ārāme. tatra kho, āyasmā ānando bhikkhu āmantesi: 'āvuso bhikkhavoti. 'āvusoti kho te bhikkhu āyasmato ānandassa paccassosum, āyasmā ānando etadavoca: puņņo nāma āvuso āyasmā mantāniputto amhākam navakānam satam bahūpakāro hoti. so amhe iminā ovādena ovadati:
- 2. upādāya āvuso ānanda, 'asmi'ti hoti, no anupādāya. kiñca upādāya'asmi'ti hoti no anupādāya: rūpaṃ upādāya'asmi'ti hoti no anupādāya. vedanā upādāya 'asmi'ti hoti no anupādāya. saṃkhāre upādāya 'asmi'ti hoti no anupādāya. saṃkhāre upādāya 'asmi'ti hoti no anupādāya. viññāṇaṃ upādāya 'asmi'ti hoti no anupādāya. seyyathāpi āvuso ānanda, itthi vā puriso vā daharo yuvā maṇḍanajātiko¹ ādāse vā parisuddhe pariyodāte acche vā udakapatte sakaṃ mukhanimittaṃ paccavekkhamāno upādāya passeyya, no anupādāya. evameva kho āvuso ānanda rūpaṃ upādāya asmīti hoti, no anupādāya, vedanaṃ upādāya asmīti hoti, no anupādāya, saňkhāre upādāya asmīti hoti, no anupādāya, viññānaṃ upādāya 'asmi'ti hoti, no anupādāya.

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¹maṇaḍanajātiyo - sīmu.

ated feeling, does "I am" come to be, not without having appropriated. Having appropriated perception, does "I am" come to be, not without having appropriated. Having appropriated sankharas, do "I am" come to be, not without having appropriated. Having appropriated consciousness, does "I am" come to be, not without having appropriated.

- 3. So what do you think about that O friend Ananda? Is form permanent or impermanent? Impermanent, O friend. But that which is impermanent, is that suffering or happiness? Suffering, O friend. But that which is impermanent, suffering, and liable to degenerate, is that proper to recognize [as] "This is mine, this I am, this is myself?" Indeed, that is not, O friend.
- 4. Is feeling permanent or impermanent? Impermanent, O friend. But that which is impermanent, is that suffering or happiness? Suffering, O friend. But that which is impermanent, suffering, and liable to degenerate, is that proper to recognize [as] "this is mine, this I am, this is myself?" Indeed, that is not, O friend.
- 5. Is perception permanent or impermanent? Impermanent, O friend. But that which is impermanent, is that suffering or happiness? Suffering, O friend. But that which is impermanent, suffering, and liable to degenerate, is that proper to recognize [as] "this is mine, this I am, this is myself?" Indeed, that is not, O friend.

- 3. taṃ kiṃ mañnasi āvuso ānanda, rūpaṃ niccaṃ vā aniccaṃ vāti? aniccaṃ āvuso. yaṃ panāniccaṃ dukkhaṃ vā taṃ sukhaṃ vāti? dukkhaṃ āvuso. yaṃ panāniccaṃ dukkhaṃ vipariṇāmadhammaṃ, kallaṃ nu taṃ samanupassituṃ. etaṃ mama, esohamasmi, eso me attāti? no hetaṃ āvuso.
- **4.** vedanā niccam vā aniccam vāti? aniccam āvuso. yam panāniccam dukkham vā tam sukham vāti? dukkham āvuso. yam panāniccam dukkham viparināmadhammam, kallam nu tam samanupassitum. etam mama, esohamasmi, eso me attāti? no hetam āvuso.
- 5. saññā niccaṃ vā aniccaṃ vāti? aniccaṃ āvuso. yaṃ panāniccaṃ dukkhaṃ vā taṃ sukhaṃ vāti? dukkhaṃ āvuso. yaṃ panāniccaṃ dukkhaṃ vipariṇāmadhammaṃ, kallaṃ nu taṃ samanupassituṃ. etaṃ mama, esohamasmi, eso me attāti? no hetaṃ āvuso.
- 6. saṃkhārā niccaṃ vā aniccaṃ vāti? aniccaṃ āvuso. yaṃ panāniccaṃ dukkhaṃ vā taṃ sukhaṃ vāti? dukkhaṃ āvuso. yaṃ panāniccaṃ dukkhaṃ vipariṇāmadhammaṃ, kallaṃ nu taṃ samanupassituṃ. etaṃ mama, esohamasmi, eso me attāti? no hetaṃ āvuso.
- 7. viññāṇaṃ niccaṃ vā aniccaṃ vāti? aniccaṃ āvuso. yaṃ panāniccaṃ dukkhaṃ vā taṃ sukhaṃ vāti? dukkhaṃ āvuso. yaṃ panāniccaṃ dukkhaṃ vipariṇāmadhammaṃ, kallaṃ nu taṃ samanupassituṃ. etaṃ mama,

- **6.** Are sankharas permanent or impermanent? Impermanent, O friend. But that which is impermanent, is that suffering or happiness? Suffering, O friend. But that which is impermanent, suffering, and liable to degenerate, is that proper to recognize [as] "this is mine, this I am, this is myself?" Indeed, that is not, O friend.
- 7. Is consciousness permanent or impermanent? Impermanent, O friend. But that which is impermanent, is that suffering or happiness? Suffering, O friend. But that which is impermanent, suffering, and liable to degenerate, is that proper to recognize [as] "this is mine, this I am, this is myself?" Indeed, that is not, O friend.
- Therefore, O friend Ananda, whichever form, whether 8. of the past, future or present, internal or external, gross or subtle, inferior or superior, that which is far or near, all forms, this should be seen with right wisdom as it has come to be thus: "Not this is mine, not this I am, not this is myself." Whichever feeling, whether of the past, future or present, internal or external, gross or subtle, inferior or superior, that which is far or near, all feelings, this should be seen with right wisdom as it has come to be thus: "Not this is mine, not this I am, not this is myself." Whichever perception, whether of the past, future or present, internal or external, gross or subtle, inferior or superior, that which is far or near, all perceptions, this should be seen with right wisdom as it has come to be thus: "Not this is mine, not this I am, not this is my-

esohamasmi, eso me attāti? no hetam āvuso.

tasmātiha āvuso, ānanda, yam kiñci rūpam atītānāgatapaccuppannam ajjhattam vā bahiddhā vā olārikam vā sukhumam vā hīnam vā panītam vā vam dūre santike vā sabbam rūpam "netam mama neso'hamasmi na me'so attā"ti. evametam yathābhūtam sammappaññāya datthabbam. yā kāci vedanā atītānāgatapaccuppannam ajjhattam vā bahiddhā vā olārikam vā sukhumam vā hīnam vā panītam vā yam dūre santike vā sabbam vedanam: 'netam mama neso'hamasmi na me so attā"ti, evametam vathābhūtam sammappaññaya datthabbam. ya kaci sañña atītanagatapaccuppannam ajjhattam vā bahiddhā vā olārikam vā sukhumam vā hīnam vā panītam vā yam dūre santike vā sabbam saññam: 'netam mama neso'hamasmi na me so attā"ti, evametam vathābhūtam sammappaññāva datthabbam, vā kāci samkhārā atītānāgatapaccuppannam ajjhattam vā bahiddhā vā olārikam vā sukhumam vā hīnam vā panītam vā yam dūre santike vā sabbam sankhāram: 'netam mama neso'hamasmi na me so attā"ti, evametam yathābhūtam sammappaññāva datthabbam. yam kiñci viññāṇam atītānāgatapaccuppannam ajjhattam vā bahiddhā vā olārikam vā sukhumam vā hīnam vā panītam vā yam dūre santike vā sabbam viññānam: 'netam mama neso'hamasmi na me so attā"ti, evametam yathābhūtam sammapaññāya datthabbam.

self." Whichever sankharas, whether of the past, future or present, internal or external, gross or subtle, inferior or superior, that which is far or near, all sankharas, these should be seen with right wisdom as it has come to be thus: "Not this is mine, not this I am, not this is myself." Whichever consciousness, whether of the past, future or present, internal or external, gross or subtle, inferior or superior, that which is far or near, all consciousnesses, this should be seen with right wisdom as it has come to be thus: "Not this is mine, not this I am, not this is myself."

- 9. Seeing thus, O friend Ananda, the Dhamma-hearer, the noble disciple, attenuates form. He also attenuates feeling. He also attenuates perception. He also attenuates sankharas. He also attenuates consciousness. Attenuated, [they] fade away. Their fading away liberates. In liberation, there is the knowledge: "Liberated.". He wisely understands: "Destroyed is birth, lived is the life of purity, done is what had to be done, there is nothing further [to do] for thusness."
- 10. "Indeed, O friends, the venerable Punna Mantaniputta was good to us [when we were] new comers, was very helpful. He advised us with this advice. And moreover, for me having heard this Dhamma exposition of the venerable Punna Mantaniputta, I made the breakthrough to the Dhamma."

- 9. evam passam āvuso, ānanda, sutavā ariyasāvako rūpasmimpi nibbindati, vedanāyapi nibbindati, saññā-yapi nibbindati, saṅkhāresupi nibbindati, viññāṇasmimpi nibbidanti. nibbindam virajjati. virāgā vimuccati. vimuttasmim vimuttamiti' ñāṇam hoti. khīṇā jāti vusitam brahmacariyam katam karaṇīyam nāparam itthattāyāti pajānātīti. "
- 10. puṇṇo nāma āvuso, āyasmā mantāniputto amhā-kaṃ navakānaṃ sataṃ bahūpakāro hoti, so amhe iminā ovādena ovadati. idañca pana me āyasmato puṇṇassa mantāniputtassa dhammadesanaṃ sutvā dhammo abhi-sameto'ti².

²abhisamitoti - machasaṃ, syā. pts page 106