

### 0.0.1 Mental Pleasure

1. This indeed was said by the Auspicious One, said by the Arahant, as heard by me:

2. “Endowed with these two dhammas, O bhikkhus, a bhikkhu simply abides in much physical and mental pleasure in this very life and has aroused the root cause for the destruction of the asavas. Which two? By being hypervigilant in that which should be a ground for arousing a heightened state of urgency, and root cause striving with hypervigilance. Endowed with these two dhammas, O bhikkhus, a bhikkhu simply abides in much physical and mental pleasure in this very life and has aroused the root cause for the destruction of the asavas.”

somanassasuttaṃ

vuttaṃ hetam bha-  
gavatā. vuttavara-  
hatā'ti me suttaṃ.

dvīhi bhikkhave dham-  
mehi samannāgato  
bhikkhū diṭṭheva  
dhamme sukhaso-  
manassabahulo vi-  
harati. yoni cassa  
āraddhā hoti āsavā-  
naṃ khayāya. ka-  
tamehi dvīhi? saṃ-  
vejanīyesu ṭhānesu  
saṃvejanena. saṃ-  
viggassa ca<sup>1</sup> yoniso  
padhānena. imehi  
kho bhikkhave dvīhi  
dhammehi saman-  
nāgatoba bhikkhu  
diṭṭheva dhamme  
sukhasomanassaba-  
hulo viharati. yoni  
cassa āraddhā hoti.  
āsavānaṃ khayāyāti.

<sup>1</sup>saṃvegassa ca. sī. a. mu. ■  
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3. This is the meaning of what the Auspicious One said. Thus, this was said there:

“The wise one who is  
hypervigilant,  
in that which should be  
a ground for arousing  
a heightened state of  
urgency;  
the ardent prudent bhikkhu,

calmly considers with  
wisdom.

The one dwelling thus  
ardently,  
peaceful in conduct, not  
puffed up;  
one engaged in calmness  
of mind,  
arrives at the destruction  
of suffering.”

4. “This too is the meaning of what was said by the Auspicious One. Thus was heard by me”.

etamatthaṃ bha-  
gavā avoca. tatthe-  
taṃ iti vuccati:

"saṃvejanīyaṭṭhānesu,  
  
saṃvijjate ca paṇḍito;  
ātāpi nipako bhikkhu,  
paññāya samavek-  
khiya.

evaṃvihārī ātāpi,  
santavuttī anuddhato;  
cetosamathamānu-  
yutto,  
khayaṃ dukkhassa  
pāpūṇe'ti.

ayampi atthe vutto  
bhagavatā. iti me  
sutanti.

