

0.0.1 Obliteration

1. Whichever path, O bhikkhus, whichever treading leads to the obliteration of thirsting, that path, that treading you must develop. But what path, O bhikkhus, what treading leads to the obliteration of thirsting? That is the seven factors of awakening. Which seven? The mindfulness awakening factor, the investigation of dhammas awakening factor, the energy awakening factor, the happiness awakening factor, the tranquility awakening factor, the samadhi awakening factor, the equanimity awakening factor. When thus was said, the venerable Udayi said this to the Auspicious One: “How, O Bhante, are the seven awakening factors developed and made habitual in order to lead to the obliteration of thirsting?”

2. “Here, O Udayi, a bhikkhu nurtures the mindfulness awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him nurturing the mindfulness awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the obliteration of thirsting comes the obliteration of kamma. From the obliteration

of kamma comes the obliteration of suffering.”

3. “He nurtures the investigation of dhammas awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him nurturing the investigation of dhammas awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the obliteration of thirsting comes the obliteration of kamma. From the obliteration of kamma comes the obliteration of suffering.”

4. “He nurtures the energy awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him nurturing the energy awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the

abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the obliteration of thirsting comes the obliteration of kamma. From the obliteration of kamma comes the obliteration of suffering.”

5. “He nurtures the happiness awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him nurturing the happiness awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the obliteration of thirsting comes the obliteration of kamma. From the obliteration of kamma comes the obliteration of suffering.”

6. “He nurtures the tranquility awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him nurturing the tranquility awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on ces-

sation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the obliteration of thirsting comes the obliteration of kamma. From the obliteration of kamma comes the obliteration of suffering.”

7. “He nurtures the samadhi awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him nurturing the samadhi awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the obliteration of thirsting comes the obliteration of kamma. From the obliteration of kamma comes the obliteration of suffering.”

8. “He nurtures the equanimity awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free

from affliction. For him nurturing the equanimity awakening factor into maturation in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the obliteration of thirsting comes the obliteration of kamma. From the obliteration of kamma comes the obliteration of suffering.”