## 0.0.1 Deed-born Body

- 1. "I, O bhikkhus, do not say that [there is] the termination of accumulated past intentional kamma without having experienced [it], and that is in this life or in the [next] arising or in some other [arisings] in succession. But still I, O bhikkhus, do not say [there is] the making of an end of suffering without having experienced the accumulated past intentional kamma."
- 2. That noble disciple, O bhikkhus, thus rid of covetousness, rid of ill-will, unconfused, mindful and contemplative, with a mind imbued with metta, dwells pervading one direction, likewise the second direction, likewise the third direction, likewise the fourth direction, above, below, around, to all beings in the entire world he dwells pervading with a mind imbued with metta, abundant, exalted, immeasurable, and free from enmity and ill-will.
- 3. "He wisely understands thus: Formerly this mind of mine was measureable and undeveloped. However at present, this mind of mine is immeasurable and well developed. Any measureable kamma done will not remain there, will not persist there."
- **4.** "So what do you think, O bhikkhus, if a young boy develops this liberation of mind by metta would from his youth could he do evil deeds?"

- **5.** Certainly not, Bhante.
- 6. "But can suffering touch one who does no evil deeds?"
- **7.** "Certainly not, Bhante. Indeed, O Bhanta, from where can suffering touch one who does no evil deed?"
- 8. This liberation of mind by metta, O bhikkhus, should be developed by a woman or a man. A woman or a man, O bhikkhus, cannot take this transient body. Mortals, O bhikkhus, have the mind as the ford. He wisely understands thus: "Whatever evil deed I did here in the past with this deed-born body, all that is to be experienced here. It will not follow along."
- **9.** The liberation of mind by metta thus developed, O bhikkhus, leads to non-returning, for wise bhikkhu here who does not penetrate a higherliberation.
- 10. With a mind imbued with karuna, he dwells pervading one direction. With a mind imbued with mudita, he dwells pervading one direction. With a mind imbued with upekkha, he dwells pervading one direction, likewise the second direction, likewise the third direction, likewise the fourth direction, above, below, around, to all beings in the entire world he dwells pervading with a mind imbued with upekkha, abundant, grown great, immeasurable, and free from enmity and ill-will.

- 11. "He wisely understands thus: Formerly this mind of mine was measureable and undeveloped. However at present, this mind of mine is immeasurable and well developed. Any measureable kamma done will not remain there, will not persist there."
- **12.** "So what do you think, O bhikkhus, if a young boy develops this liberation of mind by metta would from his youth could he do evil deeds?"
- **13.** Certainly not, Bhante.
- **14.** "But can suffering touch one who does no evil deeds?"
- **15.** "Certainly not, Bhante. Indeed, O Bhanta, from where can suffering touch one who does no evil deed?"
- 16. bhāvetabbā kho panāyam bhikkhave upekkhā cetovimutti itthiyā vā purisena vā. itthiyā vā bhikkhave purisassa vā nāyam kāyo ādāya gamanīyo. cittantaro ayam bhikkhave macco. so evam pajānāti: "yam kho me idha kiñci pubbe iminā karajakāyena pāpakammam katam, sabbam tam idha vedaniyam. na tam anugam bhavissatī ti.
- 17. "The liberation of mind by equanimity thus developed, O bhikkhus, leads to non-returning, for wise

bhikkhu here who does not penetrate a higher liberation."