

### 0.0.1 Consolation

1. Friend Sāriputta, “one who has gained consolation, one who has gained consolation,” it is said. “To what extent, O friend Sāriputta, is there really one who has gained consolation?” From when, O friend, a bhikkhu wisely understands the arising, the extinction, the gratification, the liability and the going out of the six domains for contact as it has come to be, it is really to that extent, O friend, that he is “one who has gained consolation.” “But friend, is there a path, is there a means to progress for the realization of this consolation?” “In fact, O friend, there is a path, there is a means to progress for the realization of this consolation.”

2. “But what, O friend, is this path? What is the means to progress for the realiza-

### 0.0.1 assāsasuttaṃ

assāsappatto assā-sappatto'ti āvuso sārīputta vuccati. kittāvatā nu kho āvuso sārīputta assāsappatto hotīti. yato kho āvuso bhikkhu channaṃ phasāyatanānaṃ samudayañca atthagamañca assādañca ādīnavañca nissaraṇaṃ yathābhūtaṃ pajānāti, ettāvatā kho āvuso assāsappatto hotīti. atthi panāvuso maggo atthi paṭipadā etassa assāsassa sacchikiriyaṃ yāti. atthi kho āvuso maggo atthi paṭipadā etassa assāsassa sacchikiriyaṃ yāti.

katamo panāvuso maggo katamā paṭipadā etassa assāsassa sacchikiri-

tion of this consolation.”  
 “Just this very noble eight-fold path, O friend, is for realization of this consolation. That is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, right samadhi. This, O friend, is the very path, this is the means to progress for the realization of this consolation.” “What an auspicious path, O friend? An auspicious means to progress for the realization of this consolation. It is enough, friend Sāriputta, to be vigilant”

yāyāti. ayameva kho  
 āvuso ariyo aṭṭhaṅgiko  
 maggo etassa assā-  
 sassa sacchikiriya.  
 seyyathidaṃ: sammā-  
 diṭṭhi sammāsaṅkappo  
 sammāvācā sammā-  
 kammanto sammā-  
 jīvo sammāvāyāmo  
 sammāsati sammā-  
 samādhi. ayaṃ kho  
 āvuso maggo ayaṃ  
 paṭipadā etassa as-  
 sāsassa sacchikiriya-  
 yāti. bhaddako āvuso  
 maggo bhaddikā paṭi-  
 padā etassa assāsassa  
 sacchikiriya. alaṅca  
 panāvuso sāriputta ap-  
 pamādāyāti.

