

0.0.1 Consolation

1. Friend Sāriputta, “one who has gained consolation, one who has gained consolation,” it is said. “To what extent, O friend Sāriputta, is there really one who has gained consolation?” From when, O friend, a bhikkhu wisely understands the arising, the extinction, the gratification, the disadvantage and the going out of the six bases of contact as it has come to be, it is really to that extent, O friend, that he is “one who has gained consolation.” “But friend, is there a path, is there a means to progress for the realization of this consolation?” “In fact, O friend, there is a path, there is a means to progress for the realization of this consolation.”

2. “But what, O friend, is this path? What is the means to progress for the realiza-

0.0.1 assāsasuttaṃ

assāsappatto assā-sappatto'ti āvuso sārīputta vuccati. kittāvatā nu kho āvuso sārīputta assāsappatto hotīti. yato kho āvuso bhikkhu channaṃ phasāyatanānaṃ samudayañca atthagamañca assādañca ādīnavañca nissaraṇaṃ yathābhūtaṃ pajānāti, ettāvatā kho āvuso assāsappatto hotīti. atthi panāvuso maggo atthi paṭipadā etassa assāsassa sacchikiriyyāyāti. atthi kho āvuso maggo atthi paṭipadā etassa assāsassa sacchikiriyyāyāti.

katamo panāvuso maggo katamā paṭipadā etassa assāsassa sacchikiri-

tion of this consolation.”
 “Just this very noble eight-fold path, O friend, is for realization of this consolation. That is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, right samadhi. This, O friend, is the very path, this is the means to progress for the realization of this consolation.” “What an auspicious path, O friend? An auspicious means to progress for the realization of this consolation. It is enough, friend Sāriputta, to be vigilant”

yāyāti. ayameva kho āvuso ariyo aṭṭhaṅgiko maggo etassa assāsassa sacchikiriyāya. seyyathidaṃ: sammā-ditṭhi sammāsaṅkappo sammāvācā sammā-kammanto sammā-jīvo sammāvāyāmo sammāsati sammā-samādhi. ayaṃ kho āvuso maggo ayaṃ paṭipadā etassa assāsassa sacchikiriyāyāti. bhaddako āvuso maggo bhaddikā paṭipadā etassa assāsassa sacchikiriyāya. alaṅca panāvuso sāriputta appamādayāti.

