## 0.0.1 Inward Exploration

## sammasanasuttam

1. Thus was heard by me. At one time the Auspicious One was dwelling among the Kurus in a market town called Kammasadamma. At that place the Auspicious One addressed the bhikkhus: "Bhikkhus." "Bhante," those bhikkhus replied to the Auspicious One. The Auspicious One said this:

evam me sutam: ekam samayam bhagavā kurūsu viharati kammāsadammam nāma kurūnam nigamo. tatra kho bhagavā bhikkhū āmantesi bhikkhavo'ti. bhadante'ti te bhikkhū bhagavato paccassosum. bhagavā etadavoca:

2. Do you, O bhikkhus, engage in inward exploration? When thus was said, a certain bhikkhu said this to the Auspicious One: I, O Bhante, engage in inward exploration. But how, O bhikkhu, do you engage in inward exploration? That bhikkhu answered but his answer did not satisfy the Auspicious One.

sammasatha no tumhe bhikkhave, antarā sammasananti<sup>1</sup>? evam vutte aññataro bhikkhu bhagavantam etadavoca: aham kho bhante, sammasāmi antarā sammasananti. yathā katham pana tvam

<sup>&</sup>lt;sup>1</sup>antaraṃ sammasanti - machasaṃ, pts.

bhikkhu, sammasasi antarā sammasananti? atha kho so bhikkhu vyākāsi. yathā so bhikkhu vyākāsi, na so bhikkhu bhagavato cittam ārādhesi.

3. When thus was said, the venerable Ananda said this to the Auspicious One: "This is the appropriate time, O Auspicious One, this is the appropriate time, O Wellfarer, the Auspicious One should speak about inward exploration. Having heard from the Auspicious One, the bhikkhus will bear it in mind." "Well then, O Ananda, listen and do mind it well. I will speak." "Yes Bhante." Those bhikkhus replied to the Auspicious One. The Auspicious One said this:

evam vutte āyasmā ānando bhagavantam etadavoca: etassa bhagavā kālo, etassa sugata kālo, yam bhagavā antarā sammasanam bhāseyya, bhagavato sutvā bhikkhū dhāressantī'ti. tenahānanda sunātha, sādhukam manasikarotha, bhāsissāmī'ti. evam bhante'ti kho te bhikkhū bhagavato paccassosum. bhagavā etadavoca:

4. Here, O bhikkhus, a bhikkhu thoroughly exploring, explores inwardly thus: "The diverse and numerous kinds of sufferings which arise here in the world [including] old age and death, what is this suffering's source, what is its origin, from what is it born, from what does it arise, when there is what within does old age and death come to be, when there is not what within does old age and death not

come to be?"Exploring, he wisely understands thus: "The diverse and numerous kinds of sufferings which arise here in the world [including] old age and death, this suffering has possession as its source, possession as its origin, it is born from possession, it arises from possession; when there is possession within, old age and death come to be, when there is not possession within, old age and death does not come to be." He wisely understands old age and death, and he wisely understands the origination of old age and death, and he wisely understands the cessation of old age and death, and that which is the path that properly leads to the cessation of old age and death, that too he wisely understands. So he has entered upon the path and is one whose conduct accords with the Dhamma. This, O bhikkhus, is called a bhikkhu who has entered upon the right path for the destruction of all suffering, for the cessation of old age and death.

idha bhikkhave, bhikkhu sammasamāno sammasati antarā sammasanam. yam kho idam anekavidham nānappakārakam dukkham loke uppajjati jarāmaraṇam. idam nu kho² dukkham kinnidānam kim samudayam kiñjātikam kimpabhavam, kismim sati jarāmaraṇam hoti, kismim asati jarāmaraṇam na hotī'ti. so sammasamāno evam pajānāti: yam kho idam anekavidham nānāppakārakam dukkham loke uppajjati jarāmaraṇam, idam kho dukkham upadhinidānam upadhisamu-

<sup>&</sup>lt;sup>2</sup>idam kho - machasam, pts.

dayam upadhijātikam upadhipabhavam, upadhismim sati jarāmaranam hoti, upadhismim asati jarāmaranam na hotī'ti. so jarāmarananaca pajānāti, jarāmaranasamudayanca pajānāti, jarāmarananirodhanca pajānāti. yā ca jarāmarananirodhasāruppagāminī paṭipadā, tanca pajānāti. tathā paṭipanno ca hoti anudhammacārī. ayam vuccati bhikkhave, bhikkhu sabbaso sammā dukkhakkhayāya paṭipanno jarāmarananirodhāya.

Thoroughly exploring further, he explores inwardly thus: "But this possession, what is its source, what is its origin, from what is it born, from what does it arise, when there is what within does possession comes to be, when there is not what within does possession not come to be?"Exploring, he wisely understands thus: "possession have thirsting as its source, thirsting as its origin, it is born from thirsting, it arises from thirsting; when there is thirsting within, possession comes to be, when there is not thirsting within, possession does not come to be."He wisely understands possession, and he wisely understands the origination of possession, and he wisely understands the cessation of possession, and that which is the path that properly leads to the cessation of possession, that too he wisely understands. So he has entered upon the path and is one whose conduct accords with the Dhamma. This, O bhikkhus, is called a bhikkhu who has entered upon the right path for the destruction of all suffering, for the cessation of possession.

athāparaṃ sammasamāno sammasati antarā sammasanaṃ. upadhi panāyaṃ kinnidāno kiṃ samudayo kiñjātiko kimpabhavo, kismiṃ sati upadhi hoti, kismiṃ asati upadhi na hotī'ti. so sammasamāno evaṃ pajānāti, upadhi taṇhānidāno, taṇhāsamudayo, taṇhājātiko, taṇhāpabhavo, taṇhāya sati upadhi hoti, taṇhāya asati upadhi na hotī'ti. so upadhiñca pajānāti, upadhisamudayañca pajānāti, upadhinirodhañca pajānāti, yā ca upadhinirodhasāruppagāminī paṭipadā, tañca pajānāti. tathā paṭipanno ca hoti anudhammacārī. ayaṃ vuccati bhikkhave, bhikkhu sabbaso sammā dukkhakkhayāya paṭipanno upadhinirodhāya.

6. Thoroughly exploring further, he explores inwardly thus: "But this thirsting, where does it arise when arising, where does it settle when settling?" Exploring, he wisely understands thus: "Whatever in the world is enticing and pleasing, here this thirsting arises when arising, here it settles when settling. But what in the world is enticing and pleasing? The eye in the world is enticing and pleasing. Here that thirsting arises when arising, here it settles when settling. The ear in the world is enticing and pleasing. Here that thirsting arises when arising, here it settles when settling. The nose in the world is enticing and pleasing. Here that thirsting arises when arising, here it settles when settling. The tongue in the world is enticing and pleasing. Here that thirsting arises when arising, here it settles when settling. The body in the

world is enticing and pleasing. Here that thirsting arises when arising, here it settles when settling. The mind in the world is enticing and pleasing. Here that thirsting arises when arising, here it settles when settling."

athāparam sammasamāno sammasati antarā sammasanam, tanhā panāyam kattha uppajjamānā uppajjati, kattha nivisamānā nivisatī'ti. so sammasamāno evam pajānāti<sup>3</sup>: yam kho kiñci loke<sup>4</sup> piyarūpam sātarūpam, etthesā tanhā uppajjamānā uppajjati, ettha nivisamānā nivisati. kiñca loke piyarūpam sātarūpam? cakkhum loke piyarūpam sātarūpam, etthesā tanhā uppajjamānā uppajjati, ettha nivisamānā nivisati. sotam loke piyarūpam sātarūpam, etthesā taņhā uppajjamānā uppajjati, ettha nivisamānā nivisati. ghānam loke piyarūpam sātarūpam, etthesā tanhā uppajjamānā uppajjati, ettha nivisamānā nivisati. jivhā loke piyarūpam sātarūpam, etthesā tanhā uppajjamānā uppajjati, ettha nivisamānā nivisati. kāyo loke piyarūpam sātarūpam, etthesā tanhā uppajjamānā uppajjati, ettha nivisamānā nivisati. mano loke piyarūpam sātarūpam, etthesā tanhā uppajjamānā uppajjati, ettha nivisamānā nivisati.

7. "Indeed, O bhikkhus, whatever samanas or brahmanas in the past saw that which in the world is enticing

<sup>&</sup>lt;sup>3</sup>jānāti - machasam, syā.

<sup>&</sup>lt;sup>4</sup>yaṃ kho loke - machasaṃ, syā.

and pleasing, as permanent, as pleasurable, as self, as healthy, as secure, they nurtured thirsting. Those who nurtured thirsting, they nurtured possession. Those who nurtured possession, they nurtured suffering. Those who nurtured suffering, they were not freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They were not freed from suffering, I say."

ye hi ke ci bhikkhave, atītamaddhānam samaṇā vā brāhmaṇā vā yam loke piyarūpam sātarūpam, tam niccato addakkhum, sukhato addakkhum, attato addakkhum, ārogyato addakkhum, khemato addakkhum, te tanham vaḍḍhesum. ye tanham vaḍḍhesum, te upadhim vaḍḍhesum. ye upadhim vaḍḍhesum, te dukkham vaḍḍhesum. ye dukkham vaḍḍhesum, te na parimuccimsu jātiyā jarāmaranena sokehi paridevehi dukkhehi domanassehi upāyāsehi, na parimuccimsu dukkhasmā'ti vadāmi.

**8.** "Indeed, O bhikkhus, whatever samanas or brahmanas in the future will see that which in the world is enticing and pleasing, as permanent, as pleasurable, as self, as healthy, as secure, they will nurture thirsting. Those who will nurture thirsting, they will nurture possession. Those who will nurture possession, they will nurture suffering. Those who will nurture suffering, they will not be freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and

despair. They will not be freed from suffering, I say."

yepi hi ke ci<sup>5</sup> bhikkhave, anāgatamaddhānaṃ samaṇā vā brāhmaṇā vā yaṃ loke piyarūpaṃ sātarūpaṃ, taṃ niccato dakkhinti<sup>6</sup>, sukhato dakkhinti. attato dakkhinti, ārogyato dakkhinti, khemato dakkhinti, te taṇhaṃ vaḍḍhessanti<sup>7</sup>. ye taṇhaṃ vaḍḍhessanti, te dukkhaṃ vaḍḍhessanti. te na parimuccissanti jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi. na parimuccissanti dukkhasmā'ti vadāmi.

9. "Indeed, O bhikkhus, whatever samanas or brahmanas at present see that which in the world is enticing and pleasing, as permanent, as pleasurable, as self, as healthy, as secure, they are nurturing thirsting. Those who are nurturing thirsting, they are nurturing possession. Those who are nurturing possession, they are nurturing suffering. Those who are nurturing suffering, they are not freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They are not freed from suffering, I say."

yepi hi keci bhikkhave, etarahi samaṇā vā brāhmaṇā vā yaṃ loke piyarūpaṃ sātarūpaṃ, taṃ niccato passanti, sukhato passanti, attato passanti,

<sup>&</sup>lt;sup>5</sup>ye hi ke ci - sīmu.

<sup>&</sup>lt;sup>6</sup>dakkhissanti - machaṃ syā.

<sup>&</sup>lt;sup>7</sup>vaḍḍhassanti - machasaṃ

ārogyato passanti, khemato passanti, te taṇhaṃ vaḍḍhenti, ye taṇhaṃ vaḍḍhenti, te upadhiṃ vaḍḍhenti. ye upadhiṃ vaḍḍhenti, te dukkhaṃ vaḍḍhenti. ye dukkhaṃ vaḍḍhenti. te na parimuccanti. jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi na parimuccanti dukkhasmā'ti vadāmi.

10. Suppose, O bhikkhus, a beverage in a vessel would be endowed with color, aroma, and flavor but mixed with poison. A man would come along overpowered by the burning sun, afflicted with heat, exhausted, dehydrated and longing for a drink. They would say to him thus: "This beverage in the vessel, Good man, is endowed with color, aroma, and flavor but mixed with poison. Drink it if you wish. Indeed while drinking, the color, the aroma and also the flavor will give you pleasure. But having drunk it as the cause, you will meet with death or deadly suffering." He would hurriedly, without reflection, drink that beverage and not relinquish it. With that is the cause, he would meet with death or deadly suffering.

seyyathāpi bhikkhave, āpānīyakaṃso<sup>8</sup> vaṇṇasampanno gandhasampanno rasasampanno, so ca kho visena saṃsaṭṭho. atha puriso āgaccheyya ghammāhitatto ghammapareto kilanto tasito pipāsito. tamenaṃ evaṃ vadeyyuṃ: ayaṃ te ambho purisa, āpānīyakaṃso vaṇṇasampanno gandhasam-

<sup>&</sup>lt;sup>8</sup>āpānīyakaṃso - syā, pts

panno rasasampanno, so ca kho visena saṃsaṭṭho, sace ākaṅkhasi piva<sup>9</sup>. pivato hi kho taṃ chādissati<sup>10</sup> vaṇṇenapi gandhenapi rasenapi. pītvā <sup>11</sup> ca pana tatonidānaṃ maraṇaṃ vā nigacchasi, maraṇamattaṃ vā dukkha'nti. so taṃ pānīyakaṃsaṃ sahasā apaṭisaṅkhā piveyya, na paṭinissajjeyya so tatonidānaṃ maraṇaṃ vā nigaccheyya, maraṇamattaṃ vā dukkhaṃ.

11. "So too, O bhikkhus, whatever samanas or brahmanas in the past saw that which in the world is enticing and pleasing, as permanent, as pleasurable, as self, as healthy, as secure, they nurtured thirsting. Those who nurtured thirsting, they nurtured possession. Those who nurtured possession, they nurtured suffering. Those who nurtured suffering, they were not freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They were not freed from suffering, I say."

evameva kho bhikkhave, ye hi ke ci atītamaddhānam samaṇā vā brāhmaṇā vā yam loke piyarūpaṃ sātarūpaṃ, taṃ niccato addakkhuṃ, sukhato addakkhuṃ, attato addakkhuṃ, ārogyato addakkhuṃ, khemato addakkhuṃ. te taṇhaṃ vaḍḍheyyuṃ. ye taṇhaṃ vaḍḍhesuṃ, te upadhiṃ vaḍḍhe-

<sup>&</sup>lt;sup>9</sup>pivasi - sīmu, pibeyyāsi - sī2.

<sup>&</sup>lt;sup>10</sup>chādessati - sīmu, machasam.

<sup>&</sup>lt;sup>11</sup>pivitvā - sīmu. machasaṃ, syā, sī2.

sum. ye upadhim vaddhesum, te dukkham vaddhesum. ye dukkham vaddhesum. te na parimuccimsu jātiyā jarāmaranena sokehi paridevehi dukkhehi domanassehi upāyāsehi. na parimuccimsu dukkhasmā'ti vadāmi.

12. "Indeed, O bhikkhus, whatever samanas or brahmanas in the future will see that which in the world is enticing and pleasing, as permanent, as pleasurable, as self, as healthy, as secure, they will nurture thirsting. Those who will nurture thirsting, they will nurture possession. Those who will nurture possession, they will nurture suffering. Those who will nurture suffering, they will not be freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They will not be freed from suffering, I say."

yepi hi ke ci<sup>12</sup> bhikkhave, anāgatamaddhānam samaņā vā brāhmaņā vā yam loke piyarūpam sātarūpam, tam niccato dakkhinti<sup>13</sup>, sukhato dakkhinti. attato dakkhinti, ārogyato dakkhinti, khemato dakkhinti, te tanham vaddhessanti<sup>14</sup>. ye tanham vaddhessanti, te dukkham vaddhessanti. te na parimuccissanti jātiyā jarāmaranena sokehi paridevehi dukkhehi domanassehi upāyāsehi. na parimuccissanti dukkhasmā'ti vadāmi.

<sup>&</sup>lt;sup>12</sup>ye hi ke ci - sīmu.

<sup>&</sup>lt;sup>13</sup>dakkhissanti - machaṃ syā.

<sup>&</sup>lt;sup>14</sup>vaddhassanti - machasam

13. "Indeed, O bhikkhus, whatever samanas or brahmanas at present see that which in the world is enticing and pleasing, as permanent, as pleasurable, as self, as healthy, as secure, they are nurturing thirsting. Those who are nurturing thirsting, they are nurturing possession. Those who are nurturing possession, they are nurturing suffering. Those who are nurturing suffering, they are not freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They are not freed from suffering, I say."

yepi hi keci bhikkhave, etarahi samaṇā vā brāhmaṇā vā yaṃ loke piyarūpaṃ sātarūpaṃ, taṃ niccato passanti, sukhato passanti, attato passanti, ārogyato passanti, khemato passanti, te taṇhaṃ vaḍḍhenti, ye taṇhaṃ vaḍḍhenti, te upadhiṃ vaḍḍhenti. ye upadhiṃ vaḍḍhenti, te dukkhaṃ vaḍḍhenti. ye dukkhaṃ vaḍḍhenti. te na parimuccanti. jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi na parimuccanti dukkhasmā'ti vadāmi.

14. "Indeed, O bhikkhus, whatever samanas or brahmanas in the past saw that which in the world is enticing and pleasing, as impermanent, as suffering, as non-self, as a disease, as danger, they abandoned thirsting. Those who abandoned thirsting, they abandoned possession. Those who abandoned possession, they abandoned suffering. Those who abandoned suffering, they were freed

from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They were freed from suffering, I say."

ye ca kho ke ci bhikkhave, atītamaddhānam samaṇā vā brāhmaṇā vā yam loke piyarūpam sātarūpam, tam aniccato addakkhum, dukkhato addakkhum, anattato addakkhum, rogato addakkhum, bhayato addakkhum. te taṇham pajahimsu. ye taṇham pajahimsu, te upadhim pajahimsu. ye upadhim pajahimsu, te dukkham pajahimsu. ye dukkham pajahimsu, te parimuccimsu jātiyā jarāya maraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi parimuccimsu dukkhasmā'ti vadāmi.

15. "Indeed, O bhikkhus, whatever samanas or brahmanas in the future will see that which in the world is enticing and pleasing, as impermanent, as suffering, as non-self, as a disease, as danger, they will abandon thirsting. Those who will abandon thirsting, they will abandon possession. Those who will abandon possession, they will abandon suffering. Those who will abandon suffering, they will be freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They will be freed from suffering, I say."

yepi hi ke ci bhikkhave, anāgatamaddhānam samaṇā vā brāhmaṇā vā yam loke piyarūpam sātarūpam, tam aniccato dakkhinti, dukkhato dakkhinti, anattato dakkhinti, rogato dakkhinti, bhayato dakkhinti. te tanham pajahissanti. ye tanham pajahissanti, te dukkham pajahissanti. te na parimuccissanti jātiyā jarāmaranena sokehi paridevehi dukkhehi domanassehi upāyāsehi na parimuccissanti<sup>15</sup> dukkhasmā'ti vadāmi.

16. "Indeed, O bhikkhus, whatever samanas or brahmanas at present see that which in the world is enticing and pleasing, as impermanent, as suffering, as non-self, as a disease, as danger, they abandon thirsting. Those who abandon thirsting, they abandon possession. Those who abandon possession, they abandon suffering. Those who abandon suffering, they are freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They are freed from suffering, I say."

yepi hi ke ci bhikkhave, etarahi samaṇā vā brāhmaṇā vā yaṃ loko piyarūpaṃ sātarūpaṃ, taṃ aniccato passanti, dukkhato passanti, anattato passanti, rogato passanti, bhayato passanti. te taṇhaṃ pajahanti. ye taṇhaṃ pajahanti, te upadhiṃ pajahanti. ye upadhiṃ pajahanti, te dukkhaṃ pajahanti. ye dukkhaṃ pajahanti, te parimuccanti jātiyā jarāya maraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi, parimuccanti dukkhasmā'ti

<sup>&</sup>lt;sup>15</sup>parimuccanti - sīmu. syā.

vadāmi.

Suppose, O bhikkhus, a beverage in a vessel would be endowed with color, aroma, and flavor but mixed with poison. A man would come along overpowered by the burning sun, afflicted with heat, exhausted, dehydrated and longing for a drink. They would say to him: "This beverage in a vessel, good man, is endowed with color, aroma, and flavor but mixed with poison. Drink it if you wish. Indeed while drinking, the color, the aroma and also the flavor will give you pleasure. But having drunk it as the cause, you will meet with death or deadly suffering." Then, O bhikkhus, it would occur to the man thus: "It is possible for me to dispel this longing for a drink with water, or to dispel it with whey, or to dispel it with salty soup or to dispel it with salty sour gruel. But I definately should not drink this beverage, which will lead to my long term harm and suffering." With reflection, he would not drink that beverage [but] would relinguish it. With that as cause, he will not meet with death or deadly suffering.

seyyathāpi bhikkhave, āpānīyakaṃso vaṇṇasampanno gandhasampanno rasasampanno, so ca kho visena saṃsaṭṭho. atha puriso āgaccheyya ghammābhitatto ghammapareto kilanto tasito pipāsito tamenaṃ evaṃ vadeyyuṃ: ayaṃ te ambho purisa, āpānīyakaṃso vaṇṇasampanno gandhasampanno rasasampanno, so ca kho visena saṃsaṭtho sace ākaṅkhasi piva, pivato hi kho taṃ chādissati vaṇṇenapi gandhenapi rasenapi. pītvā ca pana tatonidānaṃ maraṇaṃ vā nigacchasi, maraṇamattaṃ vā dukkha'nti. atha kho bhikkhave, tassa purisassa evamassa: sakkā kho me ayaṃ surāpipāsitā pānīyena vā vinetuṃ, dadhimaṇḍakena vā vinetuṃ, matthaloṇikāya¹6 vā vinetuṃ, loṇasovīrakena vā vinetuṃ. na tvevāhaṃ taṃ piveyyaṃ, yaṃ mama assa dīgharattaṃ ahitāya dukkhāyā'ti. so taṃ āpānīyakaṃsaṃ paṭisaṅkhā na piveyya, paṭinissajjeyya. so tatonidānaṃ na maraṇaṃ vā nigaccheyya, maraṇamattaṃ vā dukkham.

18. "So too, O bhikkhus, whatever samanas or brahmanas in the past saw that which in the world is enticing and pleasing, as impermanent, as suffering, as non-self, as a disease, as danger, they abandoned thirsting. Those who abandoned thirsting, they abandoned possession. Those who abandoned possession, they abandoned suffering. Those who abandoned suffering, they were freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They were freed from suffering, I say."

evameva kho bhikkhave, ye hi ke ci atītamaddhānam samaṇā vā brāhmaṇā vā yam loke piyarūpam sātarūpam, tam aniccato addakkhum, duk-

<sup>&</sup>lt;sup>16</sup>bhaṭṭhaloṇikāya - machasaṃ, maṭṭhaloṇikāya - syā, pts.

khato addakkhum, anattato addakkhum, rogato addakkhum, bhayato addakkhum. te tanhā pajahimsu. ye tanhā pajahimsu. te upadhim pajahimsu. ye upadhim pajahimsu. te dukkham pajahimsu. ye dukkham pajahimsu, te parimuccimsu jātiyā jarāya maranena sokehi paridevehi dukkhehi domanassehi upāyāsehi parimuccimsu dukkhasmā'ti yadāmi.

19. "Indeed, O bhikkhus, whatever samanas or brahmanas in the future will see that which in the world is enticing and pleasing, as impermanent, as suffering, as non-self, as a disease, as danger, they will abandon thirsting. Those who will abandon thirsting, they will abandon possession. Those who will abandon possession, they will abandon suffering. Those who will abandon suffering, they will be freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They will be freed from suffering, I say."

yepi hi ke ci bhikkhave, anāgatamaddhānam samaṇā vā brāhmaṇā vā yam loke piyarūpam sātarūpam, tam aniccato dakkhinti, dukkhato dakkhinti, anattato dakkhinti, rogato dakkhinti, bhayato dakkhinti. te taṇham pajahissanti. ye taṇham pajahissanti, te dukkham pajahissanti. te na parimuccissanti jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi na parimuccissanti<sup>17</sup> dukkhasmā'ti vadāmi.

20. "Indeed, O bhikkhus, whatever samanas or brahmanas at present see that which in the world is enticing and pleasing, as impermanent, as suffering, as non-self, as a disease, as danger, they abandon thirsting. Those who abandon thirsting, they abandon possession. Those who abandon possession, they abandon suffering. Those who abandon suffering, they are freed from birth, old age, death, sorrow, lamentation, physical suffering, mental suffering, and despair. They are freed from suffering, I say."

yepi hi ke ci bhikkhave, etarahi samaṇā vā brāhmaṇā vā yaṃ loko piyarūpaṃ sātarūpaṃ, taṃ aniccato passanti, dukkhato passanti, anattato passanti, rogato passanti, bhayato passanti. te taṇhaṃ pajahanti. ye taṇhaṃ pajahanti, te upadhiṃ pajahanti. ye upadhiṃ pajahanti, te dukkhaṃ pajahanti. ye dukkhaṃ pajahanti, te parimuccanti jātiyā jarāya maraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi, parimuccanti dukkhasmā'ti vadāmi.

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<sup>&</sup>lt;sup>17</sup>parimuccanti - sīmu. syā.