```java
// Function to check whether a binary tree is balanced or not.
boolean isBalanced(Node root) {
    int val = subtreeHeight(root);
    return val != -1;
}
// Function to find height of a subtree
int subtreeHeight(Node node) {
    if (node == null) {
        return 0;
    }
    if (node.left == null && node.right == null) {
        return 1;
    }
    // count height of left subtree
    int left = subtreeHeight(node.left);
    // count height of right subtree
    int right = subtreeHeight(node.right);
    if (left == -1 || right == -1) {
        return -1;
    }
    // imbalance subtree
    if (Math.abs(left - right) > 1) {
        return -1;
    }
    return Math.max(left, right) + 1;
}
```