

Lifespring Clinic – Doctor Profiles

1. Dr. Ayesha Kapoor, MD

Specialization: Internal Medicine, Preventive Care

Consultation Availability: Mon, Wed, Fri – 10:00 AM to 3:00 PM

Experience Summary:

Dr. Kapoor has over 12 years of experience in internal medicine, focusing on chronic disease management and preventive health programs. She is passionate about patient education and believes in creating personalized care plans.

2. Dr. Rohan Mehta, MBBS, DCH

Specialization: Pediatrics

Consultation Availability: Tue, Thu – 9:00 AM to 1:00 PM

Experience Summary:

With 8 years of clinical experience, Dr. Mehta specializes in child health, immunization, and nutritional counseling. He is known for his friendly approach with young patients and works closely with families for comprehensive care.

3. Dr. Priya Nair, MD, Obstetrics & Gynecology

Specialization: Women's Health, Obstetrics, Gynecology

Consultation Availability: Mon – 2:00 PM to 6:00 PM; Wed, Fri – 11:00 AM to 4:00 PM

Experience Summary:

Dr. Nair brings 10 years of experience in women's health, prenatal care, and minimally invasive gynecological procedures. She emphasizes preventive screenings and patient education.

4. Dr. Anil Deshmukh, MD, Cardiology

Specialization: Cardiology, Hypertension Management

Consultation Availability: Tue, Thu – 2:00 PM to 6:00 PM

Experience Summary:

Dr. Deshmukh has 15 years of experience in diagnosing and treating cardiovascular conditions.

He focuses on lifestyle modifications, preventive cardiology, and patient-centered treatment strategies.

5. Dr. Sneha Rao, PhD, Nutrition & Dietetics

Specialization: Nutrition & Wellness Counseling

Consultation Availability: Mon to Fri – 10:00 AM to 2:00 PM

Experience Summary:

Dr. Rao has 7 years of experience helping patients design personalized nutrition plans for weight management, chronic disease prevention, and wellness optimization. She integrates evidence-based dietary strategies with lifestyle coaching.

Highlights

- Multidisciplinary team covering a wide range of specialties.
- Experienced professionals with a patient-centered approach.
- Flexible consultation schedules to accommodate patient needs.
- Emphasis on preventive care, wellness, and education.