## **Document 3: Surgical Procedures Introduction**

**Title:** Basics of Aseptic Technique and Minor Surgery

**Content:**

* **Aseptic Technique:** Hand hygiene, sterile gloves, draping, instrument sterilisation.
* **Local Anaesthesia:** Types (lidocaine), onset, duration, contraindications.
* **Incision & Suturing:** Blade selection, incision angle, layered closure, suture materials.
* **Post-Op Care:** Wound dressing, signs of infection, patient instructions.