http://help.github.com/win-set-up-git/ by Need a quick lesson about Git Bash?

Generate a new SSH key.

move to random dir to generate ke [rand_dir]

\$ ssh-keygen -t rsa -C your_email@youremail.com

grab key from rand_dir/filename.pub and copy to GIT website ssh keys

test:

\$ ssh -T git@github.com

create repository

1-build repo in website and switch to [local_repo_name] dir

Note: [local_ropo_name] dir and [remote_repo_name] need not to be the same

2-git init

3-in [local_repo_name] dir build test file and commit

4-\$git remote add [logical_repo_name] git@github.com:saeidghoreshi/[remote_repo_name].git

5-\$git push [logical_repo_name] master

Note: [logical_repo_name] is changeable any time