# **Optimization of Model**

## First attempt included 2537 entries:

- 1. YearStart == 2017 & 2019
- LocationDesc != "National"
- 3. Stratification1!="Total"
- 4. Percent of adults aged 18 years and older who have an overweight classification
- 5. Percent of adults aged 18 years and older who have obesity
- 6. Percent of adults who achieve at least 150 minutes a week of moderate-intensity aerobic physical activity or 75 minutes a week of vigorous-intensity aerobic activity (or an equivalent combination)
- 7. Percent of adults who achieve at least 150 minutes a week of moderate-intensity aerobic physical activity or 75 minutes a week of vigorous-intensity aerobic physical activity and engage in muscle-strengthening activities on 2 or more days a week
- 8. Percent of adults who achieve at least 300 minutes a week of moderate-intensity aerobic physical activity or 150 minutes a week of vigorous-intensity aerobic activity (or an equivalent combination)
- 9. Percent of adults who engage in muscle-strengthening activities on 2 or more days a weekPercent of adults who engage in no leisure-time physical activity
- 10. Percent of adults who report consuming fruit less than one time daily
- 11. Percent of adults who report consuming vegetables less than one time daily

## Model with an initial approach described below:

```
optimized_model = tf.keras.models.Sequential()
optimized_model.add(tf.keras.layers.Dense(units=64, activation="relu", input_dim=89))
optimized_model.add(tf.keras.layers.Dense(units=4, activation="relu"))
optimized_model.add(tf.keras.layers.Dense(units=1))
opt = tf.keras.optimizers.Adam(learning_rate=0.0001)
optimized_model.compile(loss="mean_absolute_error", optimizer=opt)
```

Layer (type)	Output Shape	Param #	
dense_21 (Dense)	(None, 64)	5760	
dense_22 (Dense)	(None, 4)	260	
dense_23 (Dense)	(None, 1)	5	

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Total params: 6,025 Trainable params: 6,025 Non-trainable params: 0 optimized\_model\_fit = optimized\_model.fit(X\_train\_scaled, y\_train, epochs=175, validation\_data=(X\_test\_scaled, y\_test))

#### Performance:

Performance was measured as mean absolute error and may not have told us much about the performance. loss: 2.6320

### Model with a second approach described below:

```
optimized_model = tf.keras.models.Sequential()
optimized_model.add(tf.keras.layers.Dense(units=64, activation="relu", input_dim=89))
optimized_model.add(tf.keras.layers.Dense(units=32, activation="relu"))
optimized_model.add(tf.keras.layers.Dense(units=8, activation="relu"))
optimized_model.add(tf.keras.layers.Dense(units=1))
optimized_model.compile(optimizer='adam', loss='mean_squared_error',
metrics=[coeff_determination])
```

Layer (type)	Output Shape	Param #	
dense_23 (Dense)	(None, 64)	5760	
dense_24 (Dense)	(None, 32)	2080	
dense_25 (Dense)	(None, 8)	264	
dense_26 (Dense)	(None, 1)	9	

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Total params: 8,113 Trainable params: 8,113 Non-trainable params: 0

optimized\_model\_fit = optimized\_model.fit(X\_train\_scaled, y\_train, epochs=100, validation\_data=(X\_test\_scaled, y\_test))

#### Performance:

Performance was measured by mean squared error loss: 15.1706 and coeff\_determination: 0.6875

# Final attempt included 6289 entries:

- 1. YearStart == 2011, 2013, 2015, 2017, 2019
- 2. LocationDesc != "National"
- 3. Stratification1!="Total"
- 4. Percent of adults aged 18 years and older who have an overweight classification
- 5. Percent of adults aged 18 years and older who have obesity
- 6. Percent of adults who achieve at least 150 minutes a week of moderate-intensity aerobic physical activity or 75 minutes a week of vigorous-intensity aerobic activity (or an equivalent combination)

- 7. Percent of adults who achieve at least 150 minutes a week of moderate-intensity aerobic physical activity or 75 minutes a week of vigorous-intensity aerobic physical activity and engage in muscle-strengthening activities on 2 or more days a week
- 8. Percent of adults who achieve at least 300 minutes a week of moderate-intensity aerobic physical activity or 150 minutes a week of vigorous-intensity aerobic activity (or an equivalent combination)
- 9. Percent of adults who engage in muscle-strengthening activities on 2 or more days a weekPercent of adults who engage in no leisure-time physical activity
- 10. Percent of adults who report consuming fruit less than one time daily
- 11. Percent of adults who report consuming vegetables less than one time daily

## The model with a final approach described below:

```
optimized_model = tf.keras.models.Sequential()
optimized_model.add(tf.keras.layers.Dense(units=64, activation="leaky_relu", input_dim=87))
optimized_model.add(tf.keras.layers.Dense(units=32, activation="leaky_relu"))
optimized_model.add(tf.keras.layers.Dense(units=16, activation="leaky_relu"))
optimized_model.add(tf.keras.layers.Dense(units=8, activation="relu"))
optimized_model.add(tf.keras.layers.Dense(units=4, activation="relu"))
optimized_model.add(tf.keras.layers.Dense(units=1))
opt = tf.keras.optimizers.Adam(learning_rate=0.00001)
optimized_model.compile(loss="mse", optimizer=opt, metrics=["mean_absolute_percentage_error"])
```

Layer (type)	Output Shape	Param #	
dense_12 (Dense)	(None, 64)	5632	
dense_13 (Dense)	(None, 32)	2080	
dense_14 (Dense)	(None, 16)	528	
dense_15 (Dense)	(None, 8)	136	
dense_16 (Dense)	(None, 4)	36	
dense_17 (Dense)	(None, 1)	5	

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Total params: 8417 (32.88 KB)
Trainable params: 8417 (32.88 KB)
Non-trainable params: 0 (0.00 Byte)

optimized\_model\_fit = optimized\_model.fit(X\_train\_scaled, y\_train, epochs=1000, validation\_data=(X\_test\_scaled, y\_test))

#### Performance:

Performance was measured by mean squared error loss: 9.0807 - mean\_absolute\_percentage\_error: 8.2015, R-Squared Value = 0.8324604034423828