Finding & Fixing Missing Indexes in Under 10 Minutes

"Most slow queries are just an index away from being fast." — every seasoned DBA

Unindexed columns turn your sleek Postgres into a table-scanning slug. This crash course shows how to detect, prioritize, and create the right indexes before your next coffee refill. No extensions needed — just core catalog views (pg_stat_*, pg_index, pg_constraint) and a dash of SQL.

1 · Spot Sequential Scans at Scale (1 min)

```
SELECT relname AS table,
seq_scan AS seq_scans,
idx_scan AS idx_scans,
round(100*seq_scan/NULLIF(seq_scan+idx_scan,0),2) AS seq_pct,
n_live_tup AS rowsFROM pg_stat_user_tablesWHERE n_live_tup > 10000 -- big
enough to matterORDER BY seq_scan DESC
LIMIT 15;
```

- seq_pct > 10 % on tables > 10 k rows → likely missing or unused indexes.
- Small tables can live with seq scans; indexes add overhead.

2 · Pinpoint Offending Columns with EXPLAIN (2 min)

1. Get top queries for the table:

```
SELECT queryFROM pg_stat_statementsWHERE query LIKE '%big_table%'ORDER BY total_exec_time DESC LIMIT 5;
```

1. Run EXPLAIN (ANALYZE, BUFFERS) on the slowest query.

Look for:

- Seq Scan with a filter → add normal / partial index
- Bitmap Heap Scan removing many rows → covering index
- Joins lacking Index Scan on FK side → index the FK column

Need help reading plans? See **EXPLAIN ANALYZE Demystified**.

3 · Automatic Foreign-Key Audit (3 min)

Find FK columns missing indexes:

```
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WITH fks AS (
 SELECT conrelid, conname, conkey
 FROM pg_constraint
 WHERE contype = 'f'
), ix AS (
 SELECT indrelid, indkey
 FROM pg index
 WHERE indisvalid AND indpred IS NULL
)SELECT n.nspname | | '.' | | c.relname AS table,
    f.conname
                        AS fk name,
    array_to_string(ARRAY(
     SELECT a.attname
     FROM pg_attribute a
     WHERE a.attrelid = f.conrelid
      AND a.attnum = ANY(f.conkey)
     ORDER BY array_position(f.conkey, a.attnum)
    ), ',') AS fk_colsFROM fks fJOIN pg_class c ON c.oid = f.conrelidJOIN pg_namespace n ON
n.oid = c.relnamespace
LEFT JOIN ix ON ix.indrelid = f.conrelid
     AND f.conkey = ix.indkey[0:array_length(f.conkey,1)-1]WHERE ix.indrelid IS NULL -- no
supporting indexORDER BY table;
```

Result lists FK constraints that need indexes.

4 · Generate Index DDL (1 min)

Auto-craft index statements:

```
SELECT format(

'CREATE INDEX CONCURRENTLY IF NOT EXISTS idx_%I_%s ON %s USING btree (%s);',
relname, -- table name
string_agg(col, '_'), -- suffix
relid::regclass, -- schema.table
string_agg(col, ', ') -- column list
) AS ddIFROM your_fk_missing_index_queryGROUP_BY relid, relname;
```

Run the generated CREATE INDEX CONCURRENTLY outside a transaction block.

5 · Partial & Covering Index Patterns (2 min)

Scenario	Index Recipe	Why	
	•	-DEX WHERE deleted_at IS NU	
Recent rows (created_at > NOW()-30d) CREATE INDEX ON (created_at) WHERE created_at > Keeps old data out of index			
Filter + sort (status='paid' ORDER BY date) CREATE INDEX (status, created_at DESC) Supports filter *and* order by			
Covering lookup (select few index- only scan	cols) CREATE INDEX	(id) INCLUDE (col1, col2)	Enables
Use pg_size_pretty(pg_relation_size('index_name')) to verify size savings.			

6 · Validate Impact (1 min)

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EXPLAIN (ANALYZE, BUFFERS)<your query again>;

Seq Scan should disappear and time should drop. Monitor:

```
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```

SELECT idx_scan, seq_scanFROM pg_stat_user_tablesWHERE relname = 'big_table';

Expect idx scan to climb after deployment.

7 · Gotchas & Best Practices

- 1. **Don't over-index** writes pay the price; review idx scan = 0 quarterly.
- 2. **CREATE INDEX CONCURRENTLY** in prod to avoid write locks.
- 3. Drop unused indexes:

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SELECT relnameFROM pg_stat_user_indexesWHERE idx_scan = 0
AND pg_relation_size(indexrelid) > 10*8192;

- 1. Avoid duplicates (compare pg index.indkey).
- 2. Use fillfactor for hot rows (ALTER INDEX ... SET (fillfactor=90)).

TL;DR

- 1. Use pg_stat_user_tables to locate heavy seq scans.
- 2. EXPLAIN ANALYZE reveals columns to index.
- 3. Audit FKs for missing indexes.
- 4. Create indexes **concurrently**; favour partial and covering patterns.
- 5. Re-run stats and queries to confirm wins.