

(GOVERNMENT OF KARNATAKA)

VIJAYANAGAR INSTITUTE OF MEDICAL SCIENCES MEDICAL COLLEGE HOSPITAL

MEDICAL RECORDS DEPARTEMENT Cantonment, BALLARI-583104

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To whom so ever it may concern

This is to certify that the Patient name Ms. K.Sagarika D/o Dr. K.Devendrachari Age 23 years. 7/01/2021 with OP no 20210004508. Patient is seen by me and diagnosed as Major, Depressive Disorder with Anxity features patient is advice to attend counseling session and CBT with family members and not to stop medication still adviced, patient is adviced not to stay alone. To attend OPD on regular basis for counseling session. And adviced bed rest for 4 weeks.

Regular follow up adviced.

Date:09/01/2021

Place:Ballari

Dr. Rikhaja moinmenddin,

Senior Specialist, K.M.C. No. 48448 Department of Psychiatry VIMS, BALLARI-583 104.