Exercise 1: Implementing the Singleton Pattern

```
public class Singleton {
  private static Singleton instance;
  private Singleton() {}
  public static Singleton getInstance() {
    if (instance == null) instance = new Singleton();
    return instance;
  }
  public void showMessage() {
    System.out.println("This is a singleton class");
  }
  public static void main(String[] args) {
    Singleton s1 = Singleton.getInstance();
    Singleton s2 = Singleton.getInstance();
    System.out.println(s1 == s2);
    s1.showMessage();
  }
}
```

Output:

true

This is a singleton class