## Report

## Survey of Covid 19 impact and its impact on education, social life and mental health of student

## Introduction

The spread of the COVID-19 virus which began in late 2019, has had a wide-ranging impact on every aspect of human life. With education being the biggest impact, schools, colleges and universities around the world were forced to close their doors and learning shifted to digital platforms. Helping students explore the new landscape of distance learning Shift to informal online learning with lockdown measures Disrupting the traditional educational process, students and educators and families... creates many challenges for SM.

In this context, the spread of COVID-19 Highlights students' vulnerabilities in times of crisis. This reveals the need for a strong support system both academically and emotionally. This article explores the multifaceted impacts of COVID-19. towards education social life and mental health of students Highlighting the challenges faced and steps that can be taken to reduce these impacts in the future

We prepare sum question for survey to get information from people to know how covid 19 affect to their education, social life and mental health

- Which area do you live in?
- How old are you?
- How much time do you spend on social media during covid 19?
- How much time did you spend studying during the pandemic?
- How long do you sleep?
- How long was the online class?
- Which social media platform do you use most?
- Has Your Weight Changed During the Pandemic?

- Do you find yourself more connected with your family, close friends, relatives?
- What do you miss the most?
- Did you feel that your education was negatively affected by the shift to online learning?

In the COVID-19 survey, we collected information about people's mental fatigue, how badly it affected their social life, or how it affected their education and their detailed information is given below

Most of the people who responded were living in Pune city. The age range was quite different because some were in their 20s and 22s and others were over 23 years old, so everyone's opinion will be different from each other.

We asked them how much time they spend on online classes or entertainment mobiles or laptops. Most of the time to any device with more than 8 hours and their time for online class runs about 2 to 3 hours. So their own study time was reduced and most of them used instagram and youtube on social media. They were reported to have had mental and physical distress in the corona. 70 percent of people replied that they had trouble in Corona.

They also asked about increases in stress or anxiety during the COVID-19 pandemic or how education was negatively affected by the shift to online learning .And most of the answer is yes our stress and anxiety during pandemic are very bad or education also negatively affected because of no physical classes . and other question also ask like how long you sleep or what you missed most and your weight changed during pandemic .their sleep cycle during pandemic is sound 8 to 10 hour and weight also changed

## Link

https://docs.google.com/forms/d/e/1FAIpQLSdDNPFPt6C0\_vof-THWbeZmJ7rVB-sbXDkxp61yO7o2oNiyiA/viewform?usp=header