Lesson **Thursday**

Introduction to Programming (/introduction-to-programming) / Arrays and Looping (/introduction-to-programming/arrays-and-looping) / Further Exploration: While Loops

Text | Cheat sheet

Terminology

- **while** : A type of loop that runs until a condition is met.

Examples

Example of **while** Loop

```
let number = 10;
while (number > 0) {
  console.log(number);
  number --;
}
console.log("Blast off!")
```

Example of `do...while` Loop

```
let number = 10;
do {
  console.log(number);
    number --;
} while (number > 0);
console.log("Blast off!");
```

Previous (/introduction-to-programming/arrays-and-looping/further-exploration-looping-with-for-of)
Next (/introduction-to-programming/arrays-and-looping/optional-review-which-loop-should-i-use)

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