```python
#Solution 1
f_name=input('What is your first name?: ')
l_name=input('What is your last name?: ')
print('My name is {} {}'.format(f_name,l_name))

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#Solution 2
tea_str="A cap of cold tea"
tea_str=tea_str.replace('cold','hot')
print(tea_str)

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#Solution 3
num_list=[6,48,-4,789,6,0,-56]
print(num_list.count(6))
found_index=num_list.index(0)
num_list[found_index]=100
print(num_list)
```