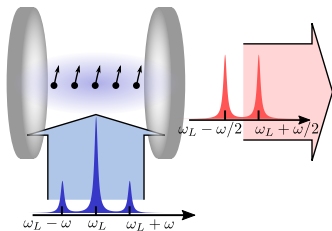


Atom-only descriptions of atom-cavity systems

Simon B. Jäger

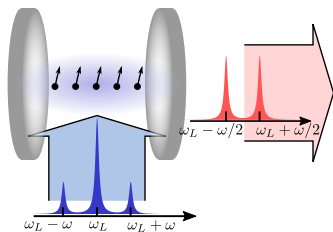
30.10.2024

Time-periodically driven atom-cavity setups



Cavity photons mediate time-periodic interactions between the atoms

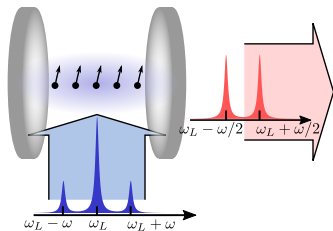
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→ resonant creation of coherent spatio-temporal pattern

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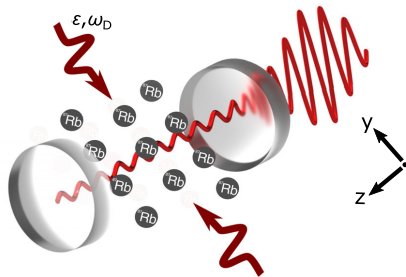
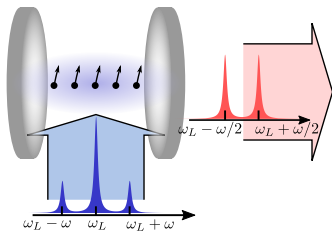


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H. Keßler et al., PRL **127**, 043602 (2021).

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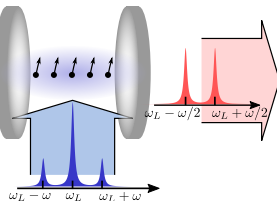
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Generation of new phases of matter stabilized by dissipation

→ dissipative time crystals

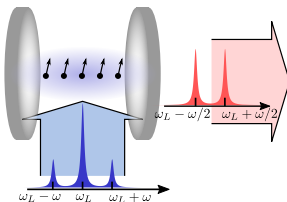
Effective theoretical description



We are interested in the behavior of the atoms!

Can we eliminate the field degrees of freedom?

Effective theoretical description

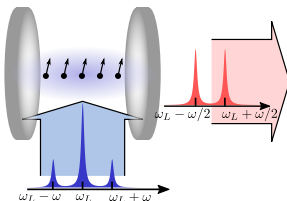


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- Gain:
- more efficient description of the dynamics
 - analytical results and predictions

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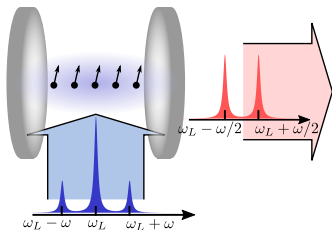
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Challenge: correct descriptions of interactions + dissipation!

Periodically driven Dissipative Dicke model



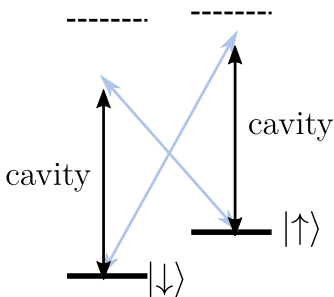
Single diss. cavity mode coupled to collective spin

$$\frac{\partial \hat{\rho}}{\partial t} = -i [\hat{H}, \hat{\rho}] - \kappa (\hat{a}^\dagger \hat{a} \hat{\rho} + \hat{\rho} \hat{a}^\dagger \hat{a} - 2\hat{a} \hat{\rho} \hat{a}^\dagger)$$

$$\hat{H} = \omega_0 \hat{Z} + \omega_c \hat{a}^\dagger \hat{a} + \frac{2g(t)}{\sqrt{N}} (\hat{a} + \hat{a}^\dagger) \hat{X}$$

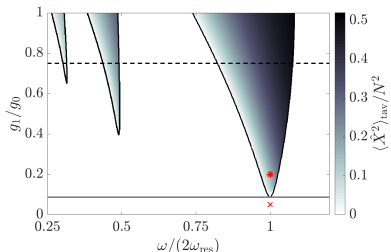
$$\hat{X} = \frac{1}{2} \sum_j \hat{\sigma}_j^x, \quad \hat{Y} = \frac{1}{2} \sum_j \hat{\sigma}_j^y, \quad \hat{Z} = \frac{1}{2} \sum_j \hat{\sigma}_j^z$$

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Exhibits time crystalline phase for parametric driving

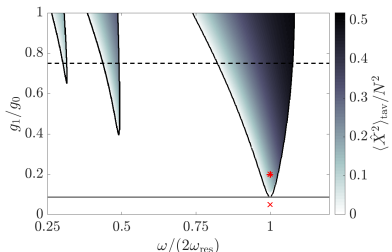
R. Chitra and O. Zilberberg, Phys. Rev. A 92, 023815 (2015).

Z. Gong, R. Hamazaki, and M. Ueda, Phys. Rev. Lett. **120**, 040404 (2018).

- parametric resonances $\frac{n\omega}{2} = \omega_{\text{res}} = \omega_0 \sqrt{1 - \frac{4g_0^2\omega_c}{\omega_0[\omega_c^2 + \kappa^2]}}$

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Single diss. cavity mode coupled to collective spin



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- signaled by (i) $\langle [\hat{X}]^2 \rangle \propto N^2$ and (ii) $\langle \hat{X}(t + t_0) \hat{X}(t_0) \rangle$ is $4\pi/\omega$ periodic in t

→ Toy model for dissipative time crystals

Derivation of the master equation

We want to eliminate the cavity!

S. B. Jäger et al., Phys. Rev. Lett **129**, 063601 (2022).

Derivation of the master equation

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Step 1: Move into frame which decouples cavity and spin $\|\hat{\alpha}\| \ll 1$

$$\tilde{\rho} = \hat{D}^\dagger \hat{\rho} \hat{D}, \quad \hat{D} = \exp [\hat{\alpha}^\dagger \hat{a} - \hat{a}^\dagger \hat{\alpha}]$$

and find operator $\hat{\alpha}$ that minimizes coupling between cavity and spin

$$\rightarrow \frac{\partial \hat{\alpha}}{\partial t} = -i[\omega_0 \hat{Z}, \hat{\alpha}] - (i\omega_c + \kappa)\hat{\alpha} - i\frac{2g(t)}{\sqrt{N}}\hat{X}$$

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Step 2: Project onto the vacuum in the displaced picture $\hat{\rho}_{\text{spin}} = \langle \text{vac} | \tilde{\rho} | \text{vac} \rangle$

$$\frac{\partial \hat{\rho}_{\text{spin}}}{\partial t} = -i \left[\hat{H}_{\text{eff}}, \hat{\rho}_{\text{spin}} \right] - \kappa (\hat{\alpha}^\dagger \hat{\alpha} \hat{\rho}_{\text{spin}} + \hat{\rho}_{\text{spin}} \hat{\alpha}^\dagger \hat{\alpha} - 2\hat{\alpha} \hat{\rho}_{\text{spin}} \hat{\alpha}^\dagger)$$

$$\hat{H}_{\text{eff}} = \omega_0 \hat{Z} + \frac{g}{\sqrt{N}} (\hat{\alpha}^\dagger \hat{X} + \hat{X} \hat{\alpha})$$

Master equation with cavity-mediated **Interactions** and **Dissipation**

When is it possible to eliminate the field?

What are the limitations?

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Valid if there is a timescale separation

$$\underbrace{\kappa^{-1}, \omega_c^{-1}}_{\text{timescale of cavity}} \ll \underbrace{\omega_0^{-1}, \omega^{-1}, g^{-1}}_{\text{timescale of atom and drive}}$$

→ **Cavity adiabatically follows atomic degrees**

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Solution for $\hat{\alpha}$:

$$\hat{\alpha} = \frac{\alpha_+(t)}{\sqrt{N}} \hat{S}^+ + \frac{\alpha_-(t)}{\sqrt{N}} \hat{S}^- \quad \alpha_{\pm} \approx - \underbrace{\frac{g(t)}{\omega_c - i\kappa}}_{\omega_c^{-1} g} - i \underbrace{\frac{\dot{g}(t)}{[\omega_c - i\kappa]^2}}_{\omega_c^{-2} g \omega} \pm \underbrace{\frac{\omega_0 g(t)}{[\omega_c - i\kappa]^2}}_{\omega_c^{-2} g \omega_0}$$

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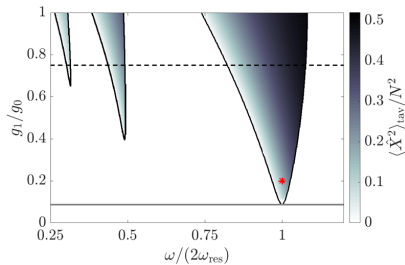
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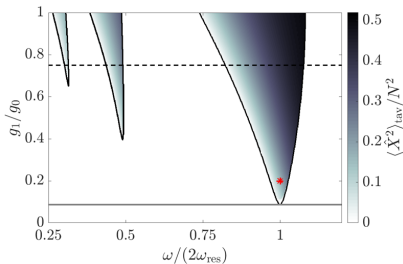
$$\hat{\alpha} = \frac{\alpha_+(t)}{\sqrt{N}} \hat{S}^+ + \frac{\alpha_-(t)}{\sqrt{N}} \hat{S}^- \quad \alpha_{\pm} \approx - \underbrace{\frac{g(t)}{\omega_c - i\kappa}}_{\text{adiabatic}} \underbrace{-i \frac{\dot{g}(t)}{[\omega_c - i\kappa]^2} \pm \frac{\omega_0 g(t)}{[\omega_c - i\kappa]^2}}_{\text{retardation effects}}$$

Comparison of atom-cavity and atom-only

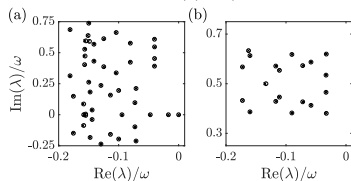


Comparison in time-crystalline phase

Comparison of atom-cavity and atom-only



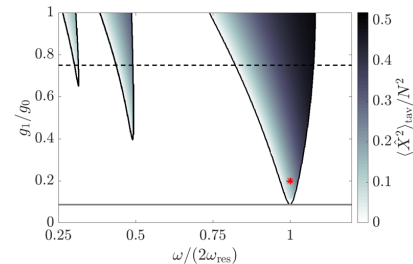
Comparison in time-crystalline phase



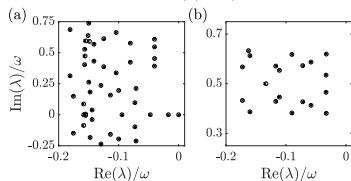
Comparison of quantum dynamics ($N \leq 20$)

$$\text{Floquet spectrum } \lambda \hat{\varrho} = \left[\mathcal{L} - \frac{\partial}{\partial t} \right] \hat{\varrho}$$

Comparison of atom-cavity and atom-only

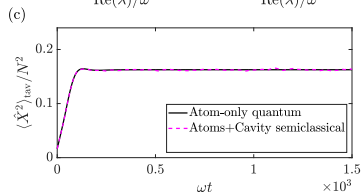


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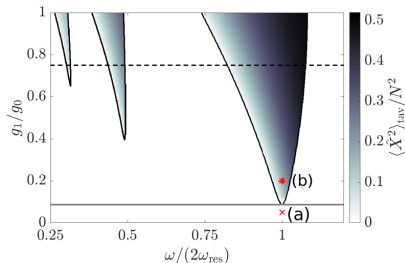
$$\text{Floquet spectrum } \lambda \hat{\varrho} = \left[\mathcal{L} - \frac{\partial}{\partial t} \right] \hat{\varrho}$$



Comparison to semiclassical dyn. ($N \sim 100$)

Excellent agreement!

Spectral features of the time crystalline phase

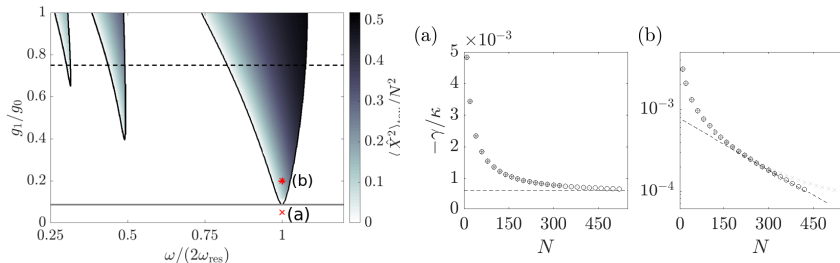


We are now able to study spectral features for large N

Time-crystal breaks discrete time-translational symmetry

→ Closing gap at $\lambda = i\frac{\omega}{2} + \gamma$ (subharmonic response)

Spectral features of the time crystalline phase



We are now able to study spectral features for large N !

Time-crystal breaks discrete time-translational symmetry

→ Closing gap at $\lambda = i\frac{\omega}{2} + \gamma$ (subharmonic response)

(a) λ remains gapped. (b) λ closes exponentially in N

First description of this effect with only atomic degrees of freedom

Mean-field description of dynamics

$$\hat{X} = \hat{b}_\uparrow^\dagger \hat{b}_\downarrow + \hat{b}_\downarrow^\dagger \hat{b}_\uparrow, \quad \hat{Y} = i(\hat{b}_\uparrow^\dagger \hat{b}_\downarrow - \hat{b}_\downarrow^\dagger \hat{b}_\uparrow), \quad \hat{Z} = \hat{b}_\uparrow^\dagger \hat{b}_\uparrow - \hat{b}_\downarrow^\dagger \hat{b}_\downarrow, \quad \varphi_s = \langle \hat{b}_s \rangle$$

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$$\frac{d\varphi_\downarrow}{dt} = i \frac{V_0(t) - iV_1(t)}{N} |\varphi_\uparrow|^2 \varphi_\downarrow + i \frac{V_0(t) + iV_1(t)}{N} \varphi_\uparrow^2 \varphi_\downarrow^*$$

$$\frac{d\varphi_\uparrow}{dt} = -i \left(\omega_0 - \frac{V_0(t) + iV_1(t)}{N} |\varphi_\downarrow|^2 \right) \varphi_\uparrow + i \frac{V_0(t) - iV_1(t)}{N} \varphi_\downarrow^2 \varphi_\uparrow^*$$

Atom-only mean field theory

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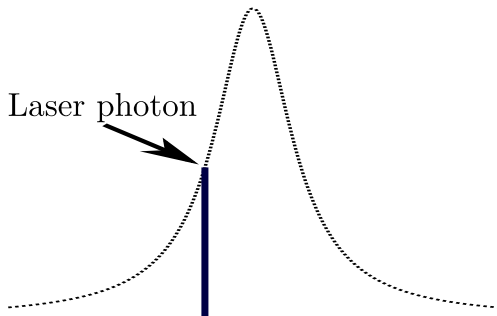
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Time-dependent interactions V_0

and dissipation $V_1 \propto \frac{1}{(\omega - \omega_0)^2 + \kappa^2} - \frac{1}{(\omega + \omega_0)^2 + \kappa^2}$ (Cooling)

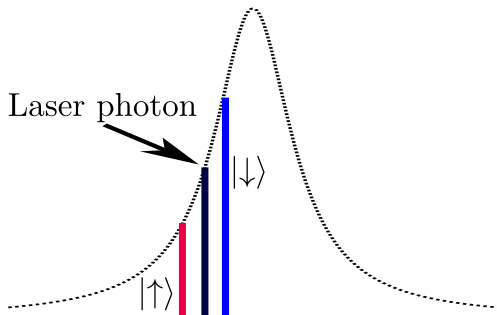
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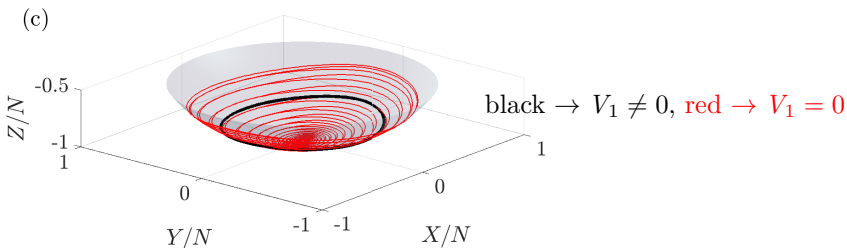
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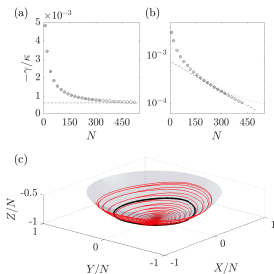
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Conclusion



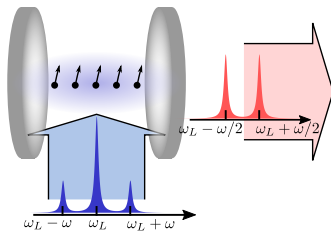
- Description for time-periodic dissipative Dicke model

→ Description of exponentially closing gap

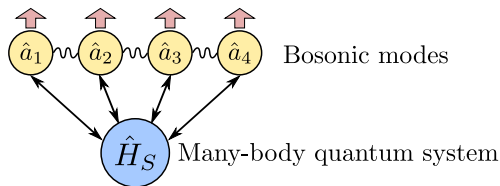
→ New insights into stabilization mechanism

S. B. Jäger et al., Phys. Rev. A 110, L010202 (2024).

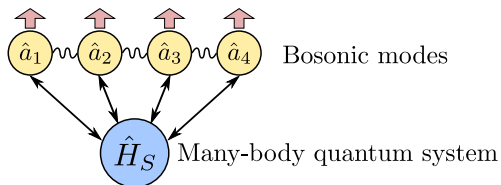
Atom-only description of dissipative Dicke timecrystals



Interaction and Dissipation engineering with bosonic modes

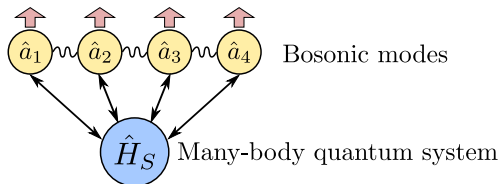


General setup



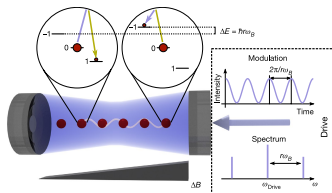
Quantum system coupled to dissipative bosonic modes \hat{a}_k

General setup

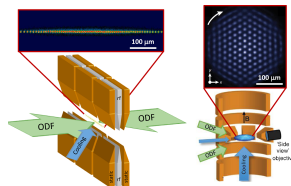


Quantum system coupled to dissipative bosonic modes \hat{a}_k

→ Engineer interactions within the quantum system

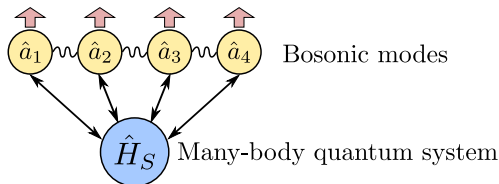


A. Periwal et al., Nature **600**, 630 (2021).



C. Monroe et al., RMP **93**, 025001 (2021).

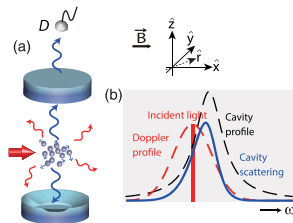
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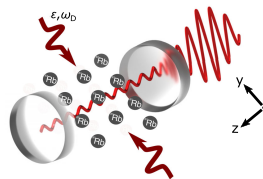
Quantum system coupled to dissipative bosonic modes \hat{a}_k

→ Engineer interactions within the quantum system

→ Tailor dissipation for the quantum system

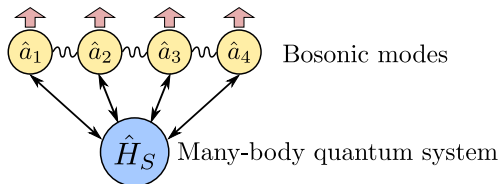


M. Hosseini et al., PRL **118**, 183601 (2017).



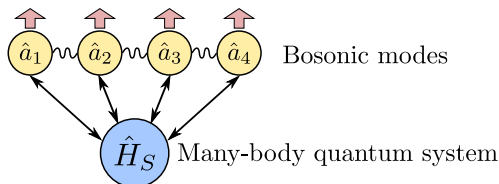
H. Keßler et al., PRL **127**, 043602 (2021).

Derivation of the master equation



$$\frac{\partial \hat{\rho}}{\partial t} = -i \left[\hat{H}(t), \hat{\rho} \right] - \sum_k \kappa_k (\hat{a}_k^\dagger \hat{a}_k \hat{\rho} + \hat{\rho} \hat{a}_k^\dagger \hat{a}_k - 2 \hat{a}_k \hat{\rho} \hat{a}_k^\dagger)$$
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Derivation of the master equation



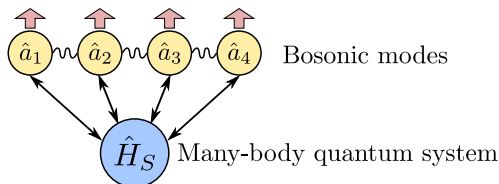
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Move into frame which weakly correlates modes and quantum system $\|\hat{\alpha}_k\| \ll 1$

$$\tilde{\rho} = \hat{D}^\dagger \hat{\rho} \hat{D}, \quad \hat{D} = \exp \left[\sum_k (\hat{\alpha}_k^\dagger \hat{a}_k - \hat{a}_k^\dagger \hat{\alpha}_k) \right]$$

Find system operator $\hat{\alpha}_k$ that minimizes coupling between modes and system

Derivation of the master equation



$$\frac{\partial \hat{\rho}}{\partial t} = -i \left[\hat{H}(t), \hat{\rho} \right] - \sum_k \kappa_k (\hat{a}_k^\dagger \hat{a}_k \hat{\rho} + \hat{\rho} \hat{a}_k^\dagger \hat{a}_k - 2 \hat{a}_k \hat{\rho} \hat{a}_k^\dagger)$$

$$\hat{H} = \hat{H}_S + \sum_k \left(\sum_{k'} \hat{a}_k^\dagger \hat{\Omega}_S^{k,k'} \hat{a}_{k'} + \hat{a}_k^\dagger \hat{S}_k + \hat{S}_k^\dagger \hat{a}_k \right)$$

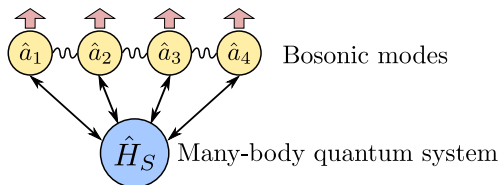
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Find system operator $\hat{\alpha}_k$ that minimizes coupling between modes and system

$$\rightarrow \frac{\partial \hat{\alpha}_k}{\partial t} = -i [\hat{H}_S, \hat{\alpha}_k] - i \sum_{k'} \hat{\Omega}_S^{k,k'} \hat{\alpha}_{k'} - i \hat{S}_k - \kappa_k \hat{\alpha}_k$$

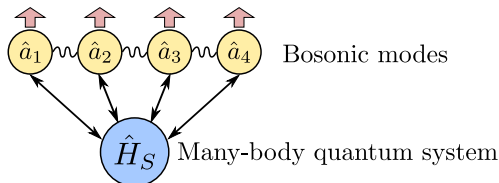
Effective Lindblad master equation



Step 1: Find solution of

$$\frac{\partial \hat{\alpha}_k}{\partial t} = -i[\hat{H}_S, \hat{\alpha}_k] - i \sum_{k'} \hat{\Omega}_S^{k,k'} \hat{\alpha}_{k'} - i \hat{S}_k - \kappa_k \hat{\alpha}_k$$

Effective Lindblad master equation



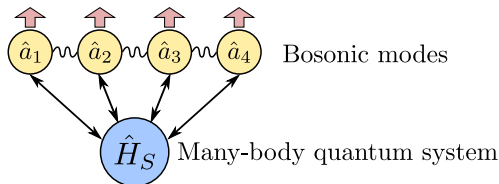
Step 1: Find solution of

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Step 2: Calculate effective master equation

$$\frac{\partial \hat{\rho}_{\text{sys}}}{\partial t} = -i \left[\hat{H}_{\text{eff}}, \hat{\rho}_{\text{sys}} \right] - \sum_k \kappa_k (\hat{\alpha}_k^\dagger \hat{\alpha}_k \hat{\rho}_{\text{sys}} + \hat{\rho}_{\text{sys}} \hat{\alpha}_k^\dagger \hat{\alpha}_k - 2 \hat{\alpha}_k \hat{\rho}_{\text{sys}} \hat{\alpha}_k^\dagger)$$
$$\hat{H}_{\text{eff}} = \hat{H}_S + \frac{1}{2} \sum_k (\hat{\alpha}_k^\dagger \hat{S}_k + \hat{S}_k^\dagger \hat{\alpha}_k)$$

Effective Lindblad master equation



Step 1: Find solution of

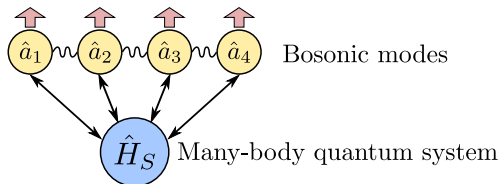
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Master equation of Lindblad form \rightarrow completely positive

Effective Lindblad master equation



Step 1: Find solution of

$$\frac{\partial \hat{\alpha}_k}{\partial t} = -i[\hat{H}_S, \hat{\alpha}_k] - i \sum_{k'} \hat{\Omega}_S^{k,k'} \hat{\alpha}_{k'} - i \hat{S}_k - \kappa_k \hat{\alpha}_k$$

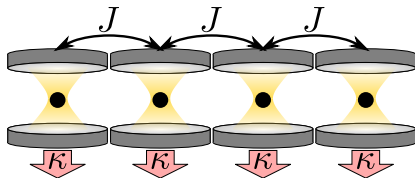
Step 2: Calculate effective master equation

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Master equation of Lindblad form \rightarrow completely positive

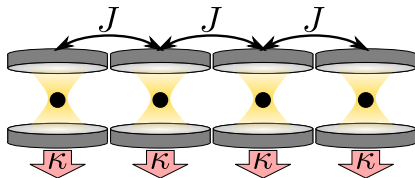
We assumed $\|\hat{\alpha}_k\| \ll 1 \rightarrow$ “weak” coupling regime

Example 1: Coupled cavities to spins



$$\hat{H} = \sum_j \left[\Delta_c \hat{a}_j^\dagger \hat{a}_j - \frac{J}{2} (\hat{a}_j^\dagger \hat{a}_{j+1} + \hat{a}_{j+1}^\dagger \hat{a}_j) + \frac{\Delta_a}{2} \hat{\sigma}_j^z + g(\hat{a}_j + \hat{a}_j^\dagger) \hat{\sigma}_j^x \right]$$

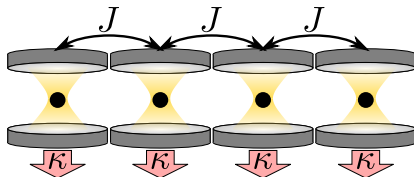
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What are the interactions between the atoms?

Example 1: Coupled cavities to spins

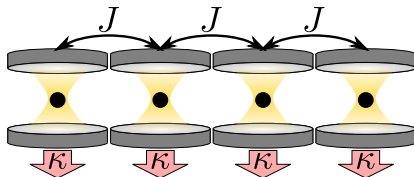


$$\hat{H} = \sum_j \left[\Delta_c \hat{a}_j^\dagger \hat{a}_j - \frac{J}{2} (\hat{a}_j^\dagger \hat{a}_{j+1} + \hat{a}_{j+1}^\dagger \hat{a}_j) + \frac{\Delta_a}{2} \hat{\sigma}_j^z + g(\hat{a}_j + \hat{a}_j^\dagger) \hat{\sigma}_j^x \right]$$

What are the interactions between the atoms?

$$0 = -i \left[\sum_l \frac{\Delta_a}{2} \hat{\sigma}_l^z, \hat{\alpha}_m \right] - i \Delta_c \hat{\alpha}_m - i \frac{J}{2} (\hat{\alpha}_{m-1} + \hat{\alpha}_{m+1}) - i g \hat{\sigma}_j^x - \kappa \hat{\alpha}_m$$

Example 1: Coupled cavities to spins



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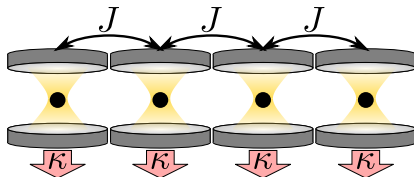
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Solution using Fourier transformation:

$$\hat{\alpha}_m = \frac{2g}{J} \sum_n \left[\frac{|\epsilon_+|^{|n-m|}}{\epsilon_+ - \epsilon_+^{-1}} \hat{\sigma}_n^+ + \frac{|\epsilon_-|^{|n-m|}}{\epsilon_- - \epsilon_-^{-1}} \hat{\sigma}_n^- \right]$$

$$\epsilon(\Delta) = \frac{\Delta - i\kappa}{J} - \sqrt{\left[\frac{\Delta - i\kappa}{J} \right]^2 - 1} \quad \epsilon_{\pm} = \epsilon(\Delta_{\pm}), \quad \Delta_{\pm} = \Delta_c \pm \Delta_a$$

Example 1: Coupled cavities to spins



$$\hat{H} = \sum_j \left[\Delta_c \hat{a}_j^\dagger \hat{a}_j - \frac{J}{2} (\hat{a}_j^\dagger \hat{a}_{j+1} + \hat{a}_{j+1}^\dagger \hat{a}_j) + \frac{\Delta_a}{2} \hat{\sigma}_j^z + g(\hat{a}_j + \hat{a}_j^\dagger) \hat{\sigma}_j^x \right]$$

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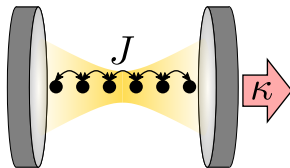
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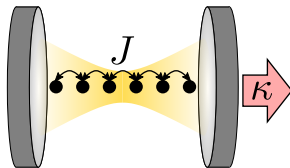
Interacting Spins: $\hat{H}_{\text{eff}} = \sum_j \left[\frac{\Delta_a}{2} \hat{\sigma}_j^z + \frac{g}{2} (\hat{\alpha}_j^\dagger \hat{\sigma}_j^x + \hat{\sigma}_j^x \hat{\alpha}_j) \right]$

Example 2: Coupled spins to cavity



$$\hat{H} = \Delta_c \hat{a}^\dagger \hat{a} + h \sum_j \hat{\sigma}_j^z + J \sum_j \hat{\sigma}_j^x \hat{\sigma}_{j+1}^x + g \sum_j [\hat{a}^\dagger \hat{\sigma}_j^- + \hat{\sigma}_j^+ \hat{a}]$$

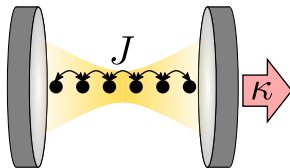
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Can we cool the ising chain to its ground state?

Example 2: Coupled spins to cavity

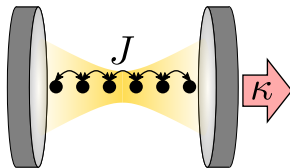


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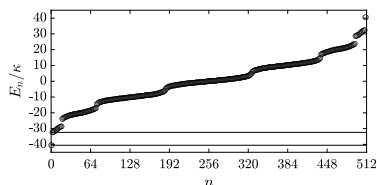
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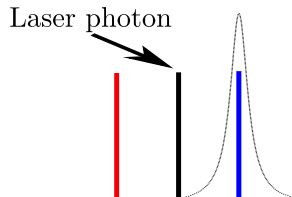
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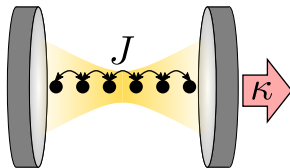
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$$\Delta_c = \text{Gap}, \kappa \ll \text{Gap}$$



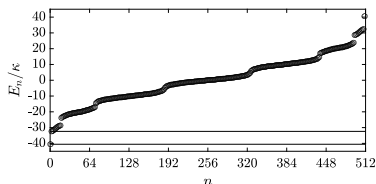
Example 2: Coupled spins to cavity



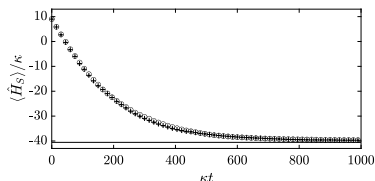
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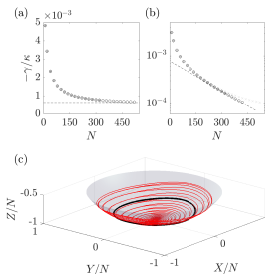


$$\Delta_c = \text{Gap}, \kappa \ll \text{Gap}$$



Cooling to ground state

Conclusion



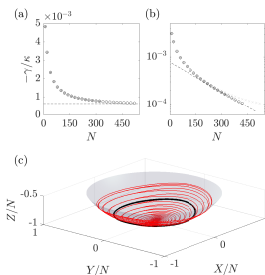
- Description for time-periodic dissipative Dicke model

→ Description of exponentially closing gap

→ New insights into stabilization mechanism

S. B. Jäger et al., Phys. Rev. A 110, L010202 (2024).

Conclusion

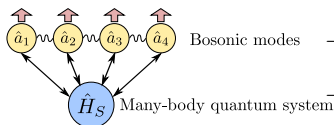


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S. B. Jäger et al., Phys. Rev. A 110, L010202 (2024).



- Effective master equation for spins coupled by bosons

→ Description of mediated interactions + dissipation

→ More efficient description

S. B. Jäger et al., Phys. Rev. Lett. **129**, 063601 (2022).

What this method can(not) do

Can do:

- Description of trapping and cooling
- Description of interactions and correlated dissipation
e.g. Superradiance, Subradiance, Dicke, Self-organization
- Dynamical phases, Limit cycles, and time crystals (!?)

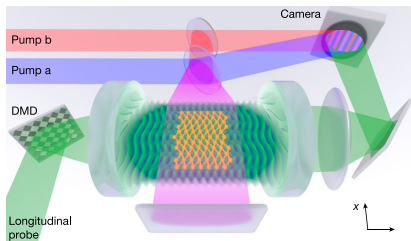
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Can do:

- Description of trapping and cooling
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e.g. Superradiance, Subradiance, Dicke, Self-organization
- Dynamical phases, Limit cycles, and time crystals (?!)

Cannot do:

- Everything that requires beyond Coupling² effects
e.g. Higher atom-cavity systems with higher symmetries!



An optical lattice with sound

PHYSICAL REVIEW RESEARCH 3, L032016 (2021)

Letter

Atom-only theories for U(1) symmetric cavity-QED models

Roberta Palacino[✉] and Jonathan Keeling[✉]

SUPA, School of Physics and Astronomy, University of St Andrews, St Andrews KY16 9SS, United Kingdom

Y. Guo, R. M. Kroeze, B. P. Marsh, S. Gopalakrishnan, J. Keeling, B. L. Lev, *Nature* **599**, 211 (2021).