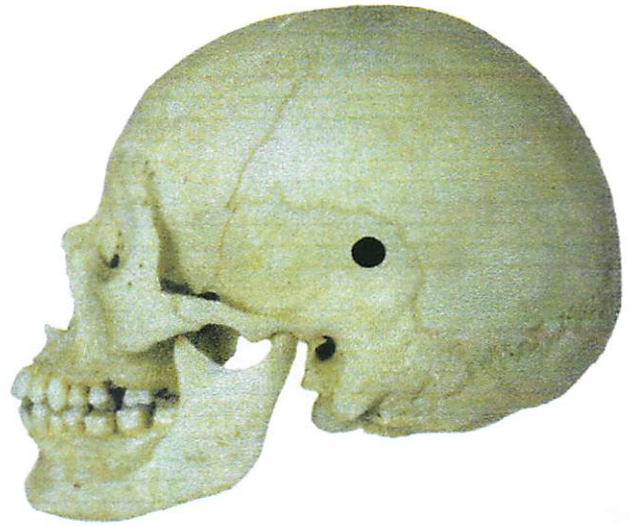


# VASTUS MEDIALIS, OBLIQUE FIBERS 821

Posterior

Anterior

NV

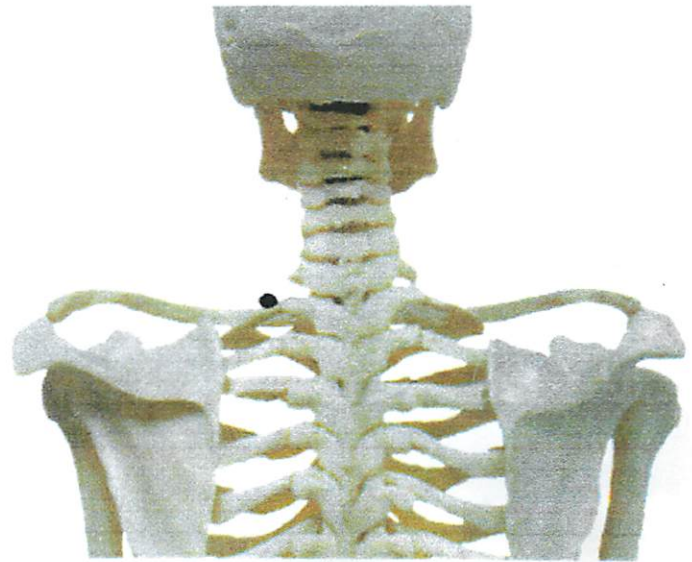
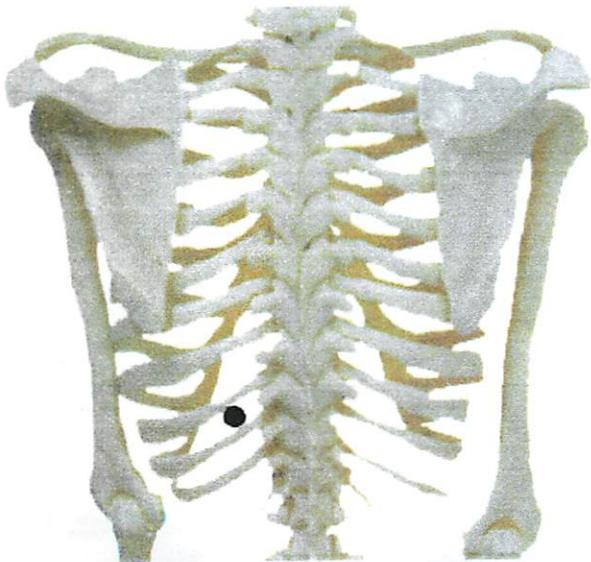


ORIGIN

INSERTION

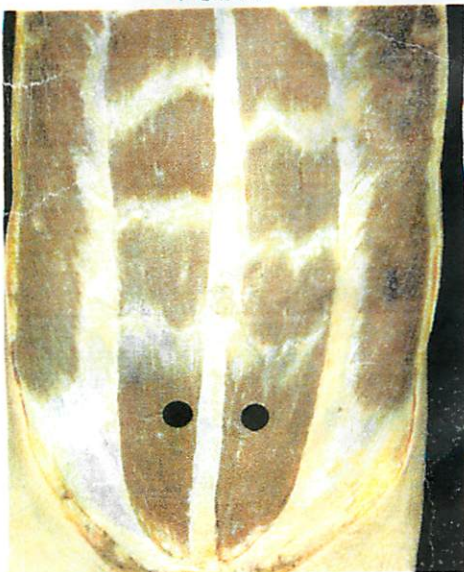
NL

VOR I



VOR II

ACUPUNCTURE POINT



## VASTUS MEDIALIS, OBLIQUE DIVISION: 821

**Origin:** Lower 1/5<sup>th</sup> of the femur along the medial supracondylar line and intermuscular septum.

**Insertion:** Posterior medial margin of the patella from 7 to 12 o'clock. The patella is deviated medial to expose the posterior surface of the patella.

**Function:** The last 5 degrees of knee extension with external tibial rotation. Supports the medial aspect of the patella.

**Test:** Patient is supine, leg into hyperextension with external tibia rotation and plantar flexion of the foot. Knee is at the edge of the table. The examiner places a hand under the popliteal fossa. With opposite hand, contact the distal tibia. Force is applied from A to P against the tibia.

**Neurovascular:** 2 ½ inches superior to the external auditory canal and 1 ½ inches posterior.

**Neurolymphatic:** Left between the 9<sup>th</sup> and 10<sup>th</sup> ribs 2 inches from the spine.

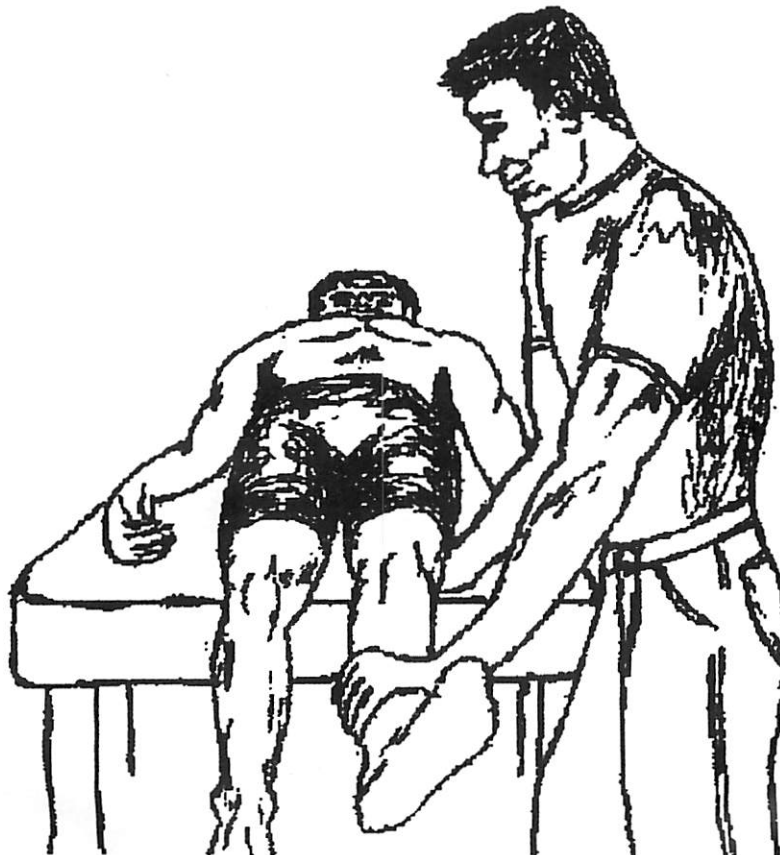
**VOR I:** Lower Jejunum – Left superior aspect of the 1<sup>st</sup> rib 2 inches from the spine.

**VOR 2:** Adrenals – Abdomen, 4 inches down from the umbilicus and lateral 4 inches.

**M A P:** Lung 6 – Anterior lateral aspect of the forearm.

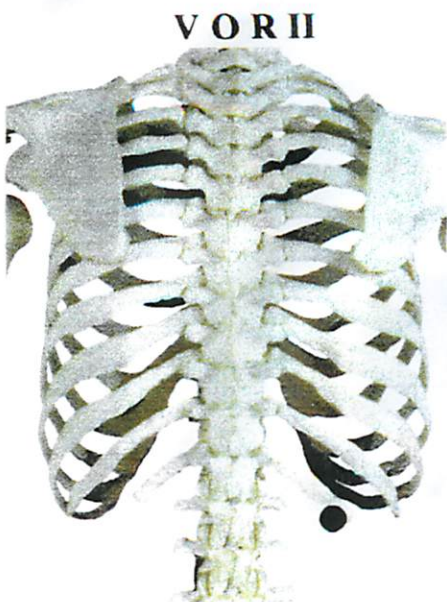
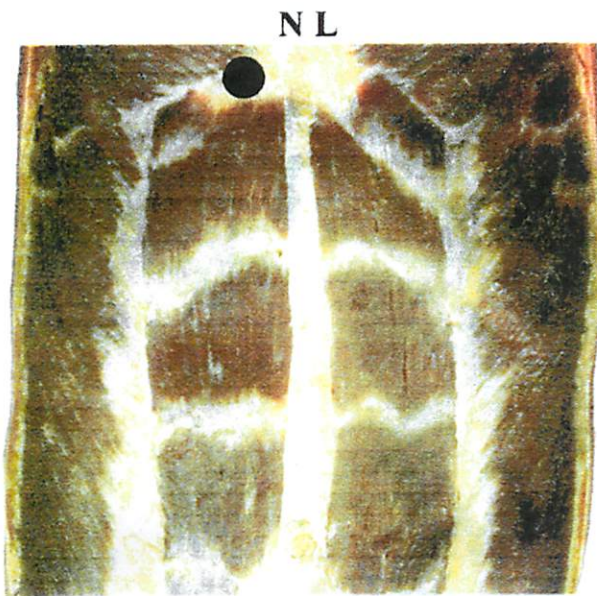
**V L:** C7 L    **L B:** T11 L    **M.M.:** L3

**Cranial:** Ptyegoid





VASTUS LATERALIS, OBLIQUE DIVISION 835



M A P



**MUSCLE: VASTUS LATERALIS, OBLIQUE FIBERS 835**

**FUNCTION:**

Last 5 degrees of leg extension.  
Supports the lateral aspect of the patella.

**INSERTION:**

Under side of the lateral aspect  
of the patella.

**ORIGIN:**

Distal lateral femur underneath the  
origin of the Vastus Lateralis lower division.

**NEUROVASCULAR:**

Lambdoidal suture two inches  
Lateral to the Lambda.

**NEUROLYMPHATICS:**

Two inches lateral to the Gladiolus-  
Xiphoid junction.

**VISCERAL ORGAN:**

Duodenum – Bilateral, 2" lateral  
from T11.

Kidney – Bilateral, 4" lateral to  
the spine, inferior margin of the 12th  
Rib.

**M.A.P.** K 1.1- Plantar surface of the foot.

**V.L.:** T3R

**L.B.:** T8R

**M.M.:** L2

**TEST:** Patient - Supine, leg into  
hyperflexion, externally rotate  
tibia. Knee at edge of table.  
Doctor – Hand stabilizes the  
posterior aspect of the knee,  
contact the distal end of the  
tibia. Apply force A-P.

