

Teweldemedhin LG, Amanuel HG, Berhe SA, *et al.* Effect of nutrition education by health professionals on pregnancy-specific nutrition knowledge and healthy dietary practice among pregnant women in Asmara, Eritrea: a quasi-experimental study. *BMJ Nutrition, Prevention & Health* 2021;4:e000159. doi:10.1136/bmjnp-2020-000159

| Table 1 Demographic characteristics of the study participants (n=215) | | |
|--|------------------------|-----------------|
| Variable | Frequency | Per cent |
| Marital status | | |
| Married | 198 | 92.1 |
| Single | 16 | 7.4 |
| Divorced | 1 | 0.5 |
| Educational level | | |
| Junior or below | 50 | 23.2 |
| Secondary education | 135 | 62.8 |
| College/university level | 30 | 14.0 |
| Partner's educational level* | | |
| Junior or below | 32 | 14.9 |
| Secondary education | 131 | 60.9 |
| College/university level | 36 | 16.7 |
| Current occupation | | |
| Housewife | 144 | 67.0 |
| Government employee | 32 | 14.8 |
| Private employee | 35 | 16.3 |
| Unemployed | 4 | 1.9 |
| Religion | | |
| Orthodox | 170 | 79.1 |
| Protestant | 6 | 2.8 |
| Catholic | 2 | 0.9 |
| Muslim | 37 | 17.2 |
| Frequency of ANC visits | | |
| One | 111 | 51.6 |
| Two | 52 | 24.2 |
| Three | 32 | 14.9 |
| Four or more | 20 | 9.3 |
| | M (SD)/Md (IQR) | Min, Max |
| Age | 27.71 (5.15)† | 15, 44 |
| Gestational age | 22.0 (9.0)‡ | 6, 28 |
| Gravidity | 2.00 (3.0)‡ | 1, 12 |
| Parity | 1.00 (3.0)‡ | 0, 10 |
| Family size | 3.0 (3.0)‡ | 1, 7+ |
| Family income | 1500.0 (1400.0)‡ | 0, 16 000 |

*Partners' educational level is not assessed for pregnant women who are single.

†Mean (SD) is used.

‡Median (IQR) is used.

ANC, antenatal care; Max, maximum value; Min, minimum value.

Silva, T. C. D., Martins Neto, C., Carvalho, C. A. D., Viola, P. C. D. A. F., Rodrigues, L. D. S., & Oliveira, B. L. C. A. D. (2022). Risco nutricional e cardiovascular em idosos quilombolas. *Ciência & Saúde Coletiva*, 27(1), 219-230. <https://doi.org/10.1590/1413-81232022271.30132020>

Tabela 1. Características socioeconômicas, demográficas e sanitárias de idosos quilombolas ≥60 anos, Bequimão (Projeto IQUIBEQ), Maranhão, Brasil, 2018.

| Variáveis | (N=205) | % |
|---|---------|------|
| Sexo | | |
| Masculino | 93 | 45,4 |
| Feminino | 112 | 54,6 |
| Faixa etária (em anos) | | |
| 60 a 69 | 101 | 49,3 |
| 70 a 79 | 65 | 31,7 |
| ≥80 | 39 | 19,0 |
| Cor/raça | | |
| Preta | 120 | 58,5 |
| Parda | 60 | 29,3 |
| Outras | 25 | 12,2 |
| Situação conjugal | | |
| Com cônjuge | 73 | 35,6 |
| Sem cônjuge | 132 | 64,4 |
| Sabe ler e escrever | | |
| Sim | 93 | 45,4 |
| Não | 112 | 54,6 |
| Renda familiar em salário mínimo de 954,00 (em reais) | | |
| <1 salário mínimo | 74 | 36,1 |
| 1 a 2 salários mínimos | 131 | 63,9 |
| Estrato socioeconômico* | | |
| C | 4 | 1,9 |
| D/E | 201 | 98,1 |
| Benefícios recebidos | | |
| Aposentadoria/pensões | 188 | 91,7 |
| Bolsa família | 14 | 8,3 |
| Número de cômodos por domicílio | | |
| ≤3 | 4 | 2,0 |
| 4 a 7 | 141 | 68,8 |
| ≥8 | 60 | 29,3 |
| Material predominante utilizado na construção de paredes, telhado e piso é simultaneamente adequado | | |
| Sim | 57 | 27,8 |
| Não | 148 | 72,2 |
| Abastecimento de água | | |
| Rede geral | 37 | 18,0 |
| Poço ou nascente na propriedade | 123 | 60,0 |
| Poço ou nascente na fora propriedade | 43 | 21,0 |
| Outras formas | 2 | 1,0 |

Schauer, P. R., Kashyap, S. R., Wolski, K., Brethauer, S. A., Kirwan, J. P., Pothier, C. E., Thomas, S., Abood, B., Nissen, S. E., & Bhatt, D. L. (2012). Bariatric surgery versus intensive medical therapy in obese patients with diabetes. *New England Journal of Medicine*, 366(17), 1567-1576. <https://doi.org/10.1056/NEJMoa1200225>

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| Table 1. Characteristics of the Patients at Baseline.* | | | | |
|---|-----------------------------------|----------------------------------|--------------------------------------|----------------|
| Characteristic | Medical Therapy (N=50) | Gastric Bypass (N=50) | Sleeve Gastrectomy (N=50) | P Value |
| Duration of diabetes — yr | 8.9±5.8 | 8.2±5.5 | 8.5±4.8 | 0.72 |
| Use of insulin — no. (%) | 22 (44) | 22 (44) | 22 (44) | 1.00 |
| Age — yr | 49.7±7.4 | 48.3±8.4 | 47.9±8.0 | 0.46 |
| Female sex — no. (%) | 31 (62) | 29 (58) | 39 (78) | 0.08 |
| Body-mass index† | | | | |
| Value | 36.8±3.0 | 37.0±3.3 | 36.2±3.9 | 0.42 |
| <35 — no. (%) | 19 (38) | 14 (28) | 18 (36) | 0.54 |
| Body weight — kg | 106.5±14.7 | 106.7±14.8 | 100.8±16.4 | 0.10 |
| Waist circumference — cm | 114.5±9.4 | 116.4±9.2 | 114.0±10.4 | 0.43 |
| Waist-to-hip ratio | 0.95±0.09 | 0.96±0.07 | 0.96±0.09 | 0.88 |
| White race — no. (%)‡ | 37 (74) | 37 (74) | 36 (72) | 0.97 |
| Smoker — no./total no. (%) | 15/42 (36) | 20/50 (40) | 11/50 (22) | 0.14 |
| Metabolic syndrome — no. (%) | 46 (92) | 45 (90) | 47 (94) | 1.00 |
| History of dyslipidemia — no./total no. (%) | 36/43 (84) | 44/50 (88) | 40/50 (80) | 0.55 |
| History of hypertension — no./total no. (%) | 26/43 (60) | 35/50 (70) | 30/50 (60) | 0.51 |

* Plus-minus values are means ±SD. P values are for the overall comparisons.

† The body-mass index is the weight in kilograms divided by the square of the height in meters.

‡ Race was self-reported.

Erinosho, T., Hales, D., Vaughn, A., Gizlice, Z., & Ward, D. (2019). The quality of nutrition and physical activity environments of family child-care homes in a state in the southern united states. *Journal of the Academy of Nutrition and Dietetics*, 119(6), 991-998. <https://doi.org/10.1016/j.jand.2018.11.012>

Table 2. Demographic characteristics of the 134 family child-care homes and providers from Mississippi and the differences by rural vs urban location

| Characteristic | Total sample (N=134) | Urban homes (n = 64) | Rural homes (n=70) | P value |
|--|---|-------------------------|-----------------------|---------|
| Family child-care home characteristics | | | | |
| | $\longleftrightarrow n (\%) \longleftrightarrow$ | | | |
| Participation in the Child and Adult Care Food Program | | | | 0.38 |
| Yes | 56 (42) | 29 (46) | 27 (39) | |
| No | 77 (58) | 34 (54) | 43 (61) | |
| Provider characteristics | | | | |
| Race | | | | 0.70 |
| Black | 107 (81) | 51 (48) | 56 (52) | |
| White | 25 (19) | 13 (52) | 12 (48) | |
| Highest level of education completed | | | | 0.67 |
| High school diploma or less | 69 (52) | 32 (46) | 37 (54) | |
| Associate's degree | 43 (32) | 23 (53) | 20 (47) | |
| Bachelor's degree or higher | 21 (16) | 9 (43) | 12 (57) | |
| | $\longleftrightarrow \text{mean} \pm \text{standard deviation} \longleftrightarrow$ | | | |
| Years working in child care | 13.9 \pm 9.2 | 15.4 \pm 9.7 | 12.4 \pm 8.6 | 0.06 |
| Years of operation | 8.7 \pm 6.8 | 9.2 \pm 6.7 | 8.2 \pm 6.8 | 0.40 |
| Weekly tuition | 72.4 \pm 41.1 | 75.6 \pm 31.8 | 69.0 \pm 49.0 | 0.37 |
| Children aged 0-5 y enrolled | 4.2 \pm 2.6 | 4.2 \pm 1.8 | 4.3 \pm 3.2 | 0.81 |