



PRABODHAN SHIKSHAN PRASARAK SANSTHA'S (Reg. No. E - 697 Ratnagiri)

## RAJENDRA MANE COLLEGE OF ENGINEERING & TECHNOLOGY

Approved by AICTE New Delhi, Affiliated to Mumbai University & Recognised by D. T. E. Govt. of Maharashtra

At & Po. Ambav (Devrukh), Tal. Sangameshwar, Dist. Ratnagiri, Pin - 415 804 (Maharashtra)  
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RMCET/Ref/789/2014-15 (Office)

14<sup>th</sup> March 2015

To,

### Sahaj Yoga Meditation (International)

C-17, Qutub Institutional Area,  
New Delhi – 110016, India.

Dear Sir(s)/Madam(s),

Greetings of the day!

On the behalf of Rajendra Mane College of Engineering and Technology, Ambav, I extend sincere thanks as well as debt of gratitude for delivering extremely stimulating sessions in our Institute on “**Stress Management and Personality Development**” during 13<sup>th</sup> - 14<sup>th</sup> March 2015.

A special thanks to your team of resource persons who promptly and meticulously interacted with around 1600 students of our Degree, Diploma and Management courses. I am assured that their expert guidance on “Sahaj Yoga” will definitely help our students to overcome the various patterns of stress and cope up successfully with anxieties.

Our students have given a very positive feedback about the workshop; wherein they are interested to learn more about the “Sahaj Yoga”. We look forward for our association in future too.

Thanking you.

With warm personal regards.

Yours sincerely,

  
PRINCIPAL



Sahyadri Shikshan Sanstha, Sawarde

## SHARADCHANDRAJI PAWAR COLLEGE OF AGRICULTURE

(Affiliated to Dr.Balasaheb Sawant Konkan Krishi Vidyapeeth, Dapoli)

Kharawate - Dahiwali (Sawarde), Tal. Chiplun, Dist. Ratnagiri. - 415606

Ph. ( 02355 ) 273640 Fax. ( 02355 ) 273643

No. SAC/HD/1032/2015-

Date : 24/07/2015 -

To,

**International Sahaja Yoga Organization**

Team Maharashtra and Delhi.

Respected Sir,

We are very much thankful for conducting Stress Management and Personality Development Workshop on 24<sup>th</sup> June 2015 at the Sharadchandraji Pawar College of Agriculture, Kharawate-Dahiwali, Tal. Chiplun, Dist. Ratnagiri Maharashtra for the boys and girl students. The workshop is very useful and will be helpful in future for the students in stress management and personality development and for developing better civilians in India .We are thankful to you for conducting the course without any charges for the students and faculty of our institute.

We hope that our association and co-operation will continue in future also.

Thanking you in anticipation.

Yours faithfully,



*Jangnala*  
PRINCIPAL



*Sahyadri Shikshan Saustha*  
**GOVINDRAO NIKAM COLLEGE OF PHARMACY, SAWARDE**

(Approved By Pharmacy Council of India, New Delhi, A.I.C.T.E., New Delhi, Govt. of Maharashtra & Affiliated to Mumbai University)

**Tal. Chiplun, Dist. Ratnagiri, Pin - 415 606**

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email-sssdgpharmacy@redifmail.com, web. www.sawardepharmacy.com

Outward No.: GNCOP/ISYO/2015-16/ 049

Date 23/07/2015

To:  
**International Sahaja Yoga Organization**  
Team Maharashtra & Delhi

Respected Sir,

On behalf of Govindrao Nikam College of Pharmacy, Chiplun, Maharashtra Student Administration Council will would like to thank you for conducting Stress Management & Personality Development Workshop on 23<sup>rd</sup> July, 2015.

We really appreciate the time and attention given from the experts of Sahaja Yoga Meditation to our students & faculty for a successful future.

Without organization like yours, Govindrao Nikam College of Pharmacy, Sawarde Student Administrative Council would not be able to serve out students successfully by providing them a healthier life style.

Thank you for the time, dedication & conducting such workshop on no charge basis.

We look forward to have such sessions with you again in the future.

Thank you again for your time and consideration.

Sincerely,

  
Mr. Principal

Govindrao Nikam College of Pharmacy, Sawarde  
Tal. Chiplun, Dist. Ratnagiri, Pin - 415 606





Sahyadri Shikshan Sanstha's  
**COLLEGE OF PHARMACY, (POLY) SAWARDE**

Tal: - Chiplun Dist: - Ratanagiri, Pin: - 415606

(Approved by: A.I.C.T.E. P.C.I.-New Delhi, Govt. Of Maharashtra, D.T.E. M.S.B.T.E Mumbai)

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Outward No. COPS/887 / 15 / 15-16

Date:- 23 / 07/2015

To,

Mr. Gagan Shrivastav, Mr.Vinay Raut,  
Sahajyog committee.

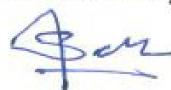
**Sub: - Thanking you for arranging lecture on “Personality development and Stress management”**

Respected Sir,

With reference to above cited subject, we hearty thank you for conducting a lecturer on **“Personality development and Stress management”** on behalf of ‘SAHAJYOG’ for Diploma Pharmacy students on 23/07/2015. This lecturer gives us broad understanding of scope, basic knowledge of same subject.

Yours Faithfully,



  
Principal

College of Pharmacy (Poly.)  
Sawarde, Tal. Chiplun, Dist Ratnagiri