

Convex Optimization

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Table of Contents

1. Basic Definitions	1
1.1. Convex Sets and Functions	1
1.2. The Optimization Problem	3
2. Gradient Descent	3
2.1. Projections	3
2.2. L -Lipschitz Functions	5
2.3. ℓ -smoothness	6

1. Basic Definitions

1.1. Convex Sets and Functions

Definition 1.1 (Convex set). We say that $\mathcal{K} \subseteq \mathbb{R}^d$ is convex if

$$\lambda x + (1 - \lambda)y \in \mathcal{K}$$

for all $x, y \in \mathcal{K}$ and $\lambda \in [0, 1]$.

Definition 1.2 (Convex function). We say that $f : \mathcal{K} \rightarrow \mathbb{R}$ is convex if \mathcal{K} is convex, and

$$f(\lambda x + (1 - \lambda)y) \leq \lambda f(x) + (1 - \lambda)f(y)$$

for all $x, y \in \mathcal{K}$ and $\lambda \in [0, 1]$.

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Proposition 1.3 (Jensen's Inequality). f is convex if and only if

$$f(\lambda_1 x_1 + \dots + \lambda_n x_n) \leq \lambda_1 f(x_1) + \dots + \lambda_n f(x_n)$$

for all $x_1, \dots, x_n \in \mathcal{K}$ and $\lambda_1, \dots, \lambda_n \geq 0$ such that $\sum_k \lambda_k = 1$,

Definition 1.4 (Epigraph). The epigraph of $f : \mathcal{K} \rightarrow \mathbb{R}$ is defined as

$$\text{epi}(f) = \{(x, \alpha) \in \mathcal{K} \times \mathbb{R} : f(x) \leq \alpha\}.$$

Remark. The epigraph of f is simply the region above the graph of f ,

$$\Gamma(f) = \{(x, \alpha) \in \mathcal{K} \times \mathbb{R} : f(x) = \alpha\}.$$

Proposition 1.5. f is convex if and only if $\text{epi}(f)$ is convex.

Proof. (\implies) For $(x_1, \alpha_1), (x_2, \alpha_2) \in \text{epi}(f)$ and $\lambda \in [0, 1]$, we have

$$\begin{aligned} f(\lambda x_1 + (1 - \lambda)x_2) &\leq \lambda f(x_1) + (1 - \lambda)f(x_2) \\ &\leq \lambda \alpha_1 + (1 - \lambda)\alpha_2. \end{aligned}$$

(\impliedby) For $x_1, x_2 \in \mathcal{K}$ and $\lambda \in [0, 1]$, since $(x_1, f(x_1)), (x_2, f(x_2)) \in \text{epi}(f)$, we have

$$f(\lambda x_1 + (1 - \lambda)x_2) \leq \lambda f(x_1) + (1 - \lambda)f(x_2). \quad \square$$

From now on, we will always assume that $f : \mathcal{K} \rightarrow \mathbb{R}$ is differentiable. Under this setting, we have a simpler characterization of convexity.

Proposition 1.6 (Gradient Inequality). f is convex if and only if

$$f(y) \geq f(x) + \nabla f(x)^\top (y - x)$$

for all $x, y \in \mathcal{K}$.

Proof. (\implies) Note that for $t \in (0, 1)$, we may write

$$\begin{aligned} f(x) + \frac{f(x + t(y - x)) - f(x)}{t} &= \frac{f((1 - t)x + ty) - (1 - t)f(x)}{t} \\ &\leq f(y). \end{aligned}$$

Taking the limit $t \rightarrow 0$ gives the desired result.

(\impliedby) Let $x, y \in \mathcal{K}$ and $\lambda \in [0, 1]$. Setting $z = \lambda x + (1 - \lambda)y$, we have

$$f(x) \geq f(z) + \nabla f(z)^\top (x - z), \quad f(y) \geq f(z) + \nabla f(z)^\top (y - z).$$

Combining these gives $\lambda f(x) + (1 - \lambda)f(y) \geq f(z)$. \square

Remark. This is often presented as

$$f(x) - f(y) \leq \nabla f(x)^\top (x - y).$$

1.2. The Optimization Problem

Definition 1.7 (Global Minimizer). We say that x^* is a global minimizer of $f : \mathcal{K} \rightarrow \mathbb{R}$ if $f(x) \geq f(x^*)$ for all $x \in \mathcal{K}$.

Definition 1.8 (Local Minimizer). We say that x^* is a local minimizer of $f : \mathcal{K} \rightarrow \mathbb{R}$ if $f(x) \geq f(x^*)$ for all $x \in \mathcal{U}$ for some neighborhood $\mathcal{U} \subseteq \mathcal{K}$ of x^* .

Proposition 1.9. Let $x^* \in \text{int}(\mathcal{K})$ be a local minimizer of f . Then, $\nabla f(x^*) = 0$.

The optimization problem for convex f on a convex set \mathcal{K} can be described as

$$\min_{x \in \mathcal{K}} f(x). \quad (\mathcal{M}_{\mathcal{K}})$$

In the special case $\mathcal{K} = \mathbb{R}^d$, this is

$$\min_{x \in \mathbb{R}^d} f(x). \quad (\mathcal{M}_{\mathbb{R}^d})$$

The convexity of f allows us to characterize solutions of $(\mathcal{M}_{\mathbb{R}^d})$ via its critical points.

Proposition 1.10. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex. Then, $x^* \in \mathbb{R}^d$ is a global minimizer of f if and only if $\nabla f(x^*) = 0$.

Proof. Follows directly from Proposition 1.9 and Proposition 1.6. \square

2. Gradient Descent

Gradient descent algorithms for solving $(\mathcal{M}_{\mathbb{R}^d})$ follow the iterative scheme

$$x_{t+1} = x_t - \eta_t \nabla f(x_t). \quad (\mathcal{GD})$$

It is possible for (\mathcal{GD}) to take our iterates x_t outside \mathcal{K} ; we can rectify this using projections.

2.1. Projections

Theorem 2.1 (Hilbert Projection). Let $\mathcal{K} \subseteq \mathbb{R}^d$ be closed and convex. Then, for each $y \in \mathbb{R}^d$, there exists unique $z \in \mathcal{K}$ such that $\|z - y\| \leq \|x - y\|$ for all $x \in \mathcal{K}$.

Proof. Set $\delta = \inf_{x \in \mathcal{K}} \|x - y\|$ and pick a sequence $\{z_n\} \subset \mathcal{K}$ such that $\|z_n - y\| \rightarrow \delta$. Note that $(z_n + z_m)/2 \in \mathcal{K}$; the parallelogram law gives

$$\begin{aligned} \|z_n - z_m\|^2 &= 2\|z_n - y\|^2 + 2\|z_m - y\|^2 - 4\|(z_n + z_m)/2 - y\|^2 \\ &\leq 2\|z_n - y\|^2 + 2\|z_m - y\|^2 - 4\delta^2. \end{aligned}$$

Since this goes to 0 as $m, n \rightarrow \infty$, $\{z_n\}$ is Cauchy and hence has a limit $z \in \mathcal{K}$. Furthermore, if $\delta = \|z' - y\|$ for some other $z' \in \mathcal{K}$, then

$$\|z - z'\|^2 = 4(\delta^2 - \|(z + z')/2 - y\|)^2 \leq 0,$$

forcing $z = z'$. □

Definition 2.2. Let $\mathcal{K} \subseteq \mathbb{R}^d$ be closed and convex. The projection onto \mathcal{K} is defined by

$$\Pi_{\mathcal{K}} : \mathbb{R}^d \rightarrow \mathcal{K}, \quad y \mapsto \arg \min_{x \in \mathcal{K}} \|x - y\|.$$

Remark. Theorem 2.1 guarantees that $\Pi_{\mathcal{K}}$ is well defined; the minimizer of $x \mapsto \|x - y\|$ on \mathcal{K} exists and is unique.

Proposition 2.3 (Variational Inequality). *Let $y \in \mathbb{R}^d$ and $z \in \mathcal{K}$ for closed convex \mathcal{K} . Then, $z = \Pi_{\mathcal{K}}(y)$ if and only if $\langle z - y, z - x \rangle \leq 0$ for all $x \in \mathcal{K}$.*

Proof. (\implies) Let $t \in (0, 1)$, and $z_t = (1 - t)\Pi_{\mathcal{K}}(y) + tx \in \mathcal{K}$. Then,

$$\|z - y\|^2 \leq \|z_t - y\|^2 = \|z - y - t(z - x)\|^2,$$

which simplifies to

$$-2\langle z - y, z - x \rangle + t\|z - x\|^2 \geq 0.$$

Taking the limit $t \rightarrow 0$ gives the desired inequality.

(\impliedby) For $x \in \mathcal{K}$,

$$\|y - x\|^2 = \|y - z\|^2 + \|z - x\|^2 - 2\langle z - y, z - x \rangle \geq \|y - z\|^2. \quad \square$$

Lemma 2.4 (Pythagoras). *For all $x \in \mathcal{K}$ and $y \in \mathbb{R}^d$,*

$$\|\Pi_{\mathcal{K}}(y) - x\|^2 \leq \|y - x\|^2 - \|y - \Pi_{\mathcal{K}}(y)\|^2.$$

Proof. It suffices to show that $\langle \Pi_{\mathcal{K}}(y) - y, \Pi_{\mathcal{K}}(y) - x \rangle \leq 0$ for all $x \in \mathcal{K}$, which holds via Proposition 2.3. □

Corollary 2.4.1. *For all $x, y \in \mathbb{R}^d$,*

$$\|\Pi_{\mathcal{K}}(x) - \Pi_{\mathcal{K}}(y)\| \leq \|x - y\|.$$

Projected gradient descent algorithms for solving $(\mathcal{M}_{\mathcal{K}})$ follow the iterative scheme

$$\begin{aligned} y_{t+1} &= x_t - \eta_t \nabla f(x_t), \\ x_{t+1} &= \Pi_{\mathcal{K}}(y_{t+1}). \end{aligned} \quad (\mathcal{PGD})$$

We can establish rates of convergence of (\mathcal{GD}) and (\mathcal{PGD}) under certain regularity conditions on f .

2.2. L -Lipschitz Functions

Definition 2.5 (L -Lipschitz). We say that $f : \mathcal{K} \rightarrow \mathbb{R}$ is L -Lipschitz for some $L \geq 0$ if

$$|f(x) - f(y)| \leq L\|x - y\|$$

for all $x, y \in \mathcal{K}$.

Remark. When f is differentiable, f is L -Lipschitz if and only if $\|\nabla f\| \leq L$.

Theorem 2.6. Let f be convex and L -Lipschitz, $x^* \in \mathcal{K}$ be its global minimizer, and $\|x_1 - x^*\| \leq R$. Further let x_1, \dots, x_T be T iterates of (\mathcal{PGD}) with $\eta = R/L\sqrt{T}$. Then,

$$f\left(\frac{1}{T} \sum_{t=1}^T x_t\right) - f(x^*) \leq \frac{RL}{\sqrt{T}}.$$

Proof. Compute

$$\begin{aligned} f\left(\frac{1}{T} \sum_{t=1}^T x_t\right) - f(x^*) &\leq \frac{1}{T} \sum_{t=1}^T f(x_t) - f(x^*) && \text{(Proposition 1.3)} \\ &\leq \frac{1}{T} \sum_{t=1}^T \nabla f(x_t)^\top (x_t - x^*) && \text{(Proposition 1.6)} \\ &= \frac{1}{T\eta} \sum_{t=1}^T (x_t - y_{t+1})^\top (x_t - x^*) \\ &= \frac{1}{2T\eta} \sum_{t=1}^T [\|x_t - y_{t+1}\|^2 + \|x_t - x^*\|^2 - \|y_{t+1} - x^*\|^2] \\ &= \frac{\eta}{2} \|\nabla f(x_t)\|^2 + \frac{1}{2T\eta} \sum_{t=1}^T [\|x_t - x^*\|^2 - \|y_{t+1} - x^*\|^2] \\ &\leq \frac{\eta L^2}{2} + \frac{1}{2T\eta} \sum_{t=1}^T [\|x_t - x^*\|^2 - \underbrace{\|\Pi_{\mathcal{K}}(y_{t+1}) - x^*\|^2}_{x_{t+1}}] && \text{(Lemma 2.4)} \\ &= \frac{\eta L^2}{2} + \frac{1}{2T\eta} [\|x_1 - x^*\|^2 - \|x_{T+1} - x^*\|^2] \\ &\leq \frac{\eta L^2}{2} + \frac{R^2}{2T\eta} \\ &= \frac{RL}{\sqrt{T}}. \end{aligned}$$

□

2.3. ℓ -smoothness

Definition 2.7 (ℓ -smoothness). We say that $f : \mathcal{K} \rightarrow \mathbb{R}$ is ℓ -smooth for some $\ell \geq 0$ if

$$\|\nabla f(x) - \nabla f(y)\| \leq \ell \|x - y\|$$

for all $x, y \in \mathcal{K}$.

Lemma 2.8. Let $f : \mathcal{K} \rightarrow \mathbb{R}$ for convex \mathcal{K} be ℓ -smooth. Then,

$$|f(y) - f(x) - \nabla f(x)^\top (y - x)| \leq \frac{\ell}{2} \|y - x\|^2.$$

Proof. Using the Fundamental Theorem of Calculus,

$$\begin{aligned} |f(y) - f(x) - \nabla f(x)^\top (y - x)| &= \left| \int_0^1 (\nabla f(x + t(y - x)) - \nabla f(x))^\top (y - x) dt \right| \\ &\leq \int_0^1 \|\nabla f(x + t(y - x)) - \nabla f(x)\| \cdot \|y - x\| dt \\ &\leq \int_0^1 \ell t \|y - x\| \cdot \|y - x\| dt \\ &= \frac{\ell}{2} \|y - x\|^2. \end{aligned}$$

□

When f is convex, the norm on the left hand side is redundant, giving the estimate

$$0 \leq f(y) - f(x) - \nabla f(x)^\top (y - x) \leq \frac{\ell}{2} \|y - x\|^2.$$

In fact, we can use ℓ -smoothness to improve upon the estimate in [Proposition 1.6](#).

Lemma 2.9. Let f be convex and ℓ -smooth. Then,

$$f(x) - f(y) \leq \nabla f(x)^\top (x - y) - \frac{1}{2\ell} \|\nabla f(x) - \nabla f(y)\|^2.$$

Proof. Set $z = y + (\nabla f(x) - \nabla f(y))/\ell$. Using [Proposition 1.6](#), [Lemma 2.8](#),

$$\begin{aligned} f(x) - f(y) &= (f(x) - f(z)) + (f(z) - f(y)) \\ &\leq \nabla f(x)^\top (x - z) + \nabla f(y)^\top (z - y) + \frac{\ell}{2} \|z - y\|^2 \\ &= \nabla f(x)^\top (x - y) + (\nabla f(y) - \nabla f(x))^\top (z - y) + \frac{\ell}{2} \|z - y\|^2 \\ &= \nabla f(x)^\top (x - y) - \frac{1}{\ell} \|\nabla f(x) - \nabla f(y)\|^2 + \frac{1}{2\ell} \|\nabla f(x) - \nabla f(y)\|^2 \\ &= \nabla f(x)^\top (x - y) - \frac{1}{2\ell} \|\nabla f(x) - \nabla f(y)\|^2. \end{aligned}$$

□

Corollary 2.9.1. Let f be convex and ℓ -smooth. Then,

$$(\nabla f(x) - \nabla f(y))^\top (x - y) \geq \frac{1}{\ell} \|\nabla f(x) - \nabla f(y)\|^2.$$

Theorem 2.10. Let f be convex and ℓ -smooth, $x^* \in \mathbb{R}^d$ be its global minimizer. Further let $\{x_t\}_{t \in \mathbb{N}}$ be iterates of (\mathcal{GD}) with $\eta = 1/\ell$. Then,

$$\|x_{t+1} - x^*\| \leq \|x_t - x^*\|$$

for all $t \in \mathbb{N}$.

Proof. Using $\nabla f(x^*) = 0$ and Corollary 2.9.1,

$$\begin{aligned} \|x_{t+1} - x^*\|^2 &= \|x_{t+1} - x_t\|^2 + 2(x_{t+1} - x_t)^\top (x_t - x^*) + \|x_t - x^*\|^2 \\ &= \frac{1}{\ell^2} \|\nabla f(x_t)\|^2 - \frac{2}{\ell} \nabla f(x_t)^\top (x_t - x^*) + \|x_t - x^*\|^2 \\ &\leq \frac{1}{\ell^2} \|\nabla f(x_t)\|^2 - \frac{2}{\ell^2} \|\nabla f(x_t)\|^2 + \|x_t - x^*\|^2 \\ &= -\frac{1}{\ell^2} \|\nabla f(x_t)\|^2 + \|x_t - x^*\|^2 \\ &\leq \|x_t - x^*\|^2. \end{aligned}$$

□

Remark. This remains true with (\mathcal{PGD}) as long as $x^* \in \text{int}(\mathcal{K})$, via

$$\|x_{t+1} - x^*\| = \|\Pi_{\mathcal{K}}(y_{t+1}) - x^*\| \leq \|y_{t+1} - x^*\|.$$

Theorem 2.11. Let f be convex and ℓ -smooth, $x^* \in \mathbb{R}^d$ be its global minimizer, and $\|x_1 - x^*\| \leq R$. Further let x_1, \dots, x_T be T iterates of (\mathcal{GD}) with $\eta = 1/\ell$. Then,

$$f(x_T) - f(x^*) \leq \frac{2R^2\ell}{T-1}.$$

Proof. Using Lemma 2.8, note that

$$\begin{aligned} f(x_{t+1}) - f(x_t) &\leq \nabla f(x_t)^\top (x_{t+1} - x_t) + \frac{\ell}{2} \|x_{t+1} - x_t\|^2 \\ &= -\frac{1}{2\ell} \|\nabla f(x_t)\|^2. \end{aligned}$$

Setting $\delta_t = f(x_t) - f(x^*)$, this reads

$$\delta_{t+1} \leq \delta_t - \frac{1}{2\ell} \|\nabla f(x_t)\|^2.$$

Now,

$$\delta_t \leq \nabla f(x_t)^\top (x_t - x^*) \leq \|\nabla f(x_t)\| \|x_t - x^*\| \leq \|\nabla f(x_t)\| \|x_1 - x^*\|,$$

with the last inequality guaranteed by [Theorem 2.10](#). Setting $w = 1/2\ell\|x_1 - x^*\|^2$, this is $\|\nabla f(x_t)\|^2/2\ell \geq w\delta_t^2$. Thus, $\delta_{t+1} \leq \delta_t - w\delta_t^2$, which rearranges to

$$\frac{1}{\delta_{t+1}} - \frac{1}{\delta_t} \geq w \frac{\delta_t}{\delta_{t+1}} \geq w.$$

Summing over t gives $1/\delta_T \geq w(T-1)$, which is the desired estimate. □

Remark. We have shown that

$$\frac{1}{\ell}\|\nabla f(x_t)\|^2 \leq f(x_t) - f(x_{t+1}) \leq \frac{1}{2\ell}\|\nabla f(x_t)\|^2.$$