

SEPTEMBER

QUEST Newsletter

IMPORTANT DATES:

- 9/1: Registration for the 9/28 SAT Boot Camp is open!
- 9/3: Deadline for seniors to register for the in-school SAT (10/8).
- 9/1: Award for Aspirations in Programming submissions open
- 9/1: Submissions for 2025 Scholastic Art and Writing Awards open
- 9/1 : No school – Labor Day
- 9/6: Back to School Boot Camp
- 9/11: National Honor Society Induction Ceremony, 5pm (rehearsal during super QRT)
- 9/11: Open House, 6pm
- 9/12: Early dismissal, 1pm
- 9/8: Club renewal forms due
- 9/8: New club forms due
- 9/14: Back to School Boot Camp
- 9/15: Club Week begins
- 9/23: No School – Fall Break
- 9/26: Career speakers during QRT
- 9/28: SAT Boot Camp in the LGI
- 9/29: Picture day
- 9/28: Math Madness rounds begin
- 9/30: Westinghouse Honors Institute registration deadline
- 9/30: Deadline to apply to the Mark Cuban AI Camp
- 9/30: Global Forum Student Spotlight submission deadline

We hope your school year is off to a great start!

The FCAHS Gifted Education (QUEST) Department is committed to providing you with resources and opportunities that will help you to stretch your learning beyond the classroom. QUEST stands for Quality Enrichment Studies. Available programs are presented via the QUEST Schoology updates and monthly newsletters. Students can also stop into the QUEST Student Center (room 168) during any period to touch base with Mrs. Gibson and Dr. Cowles and learn more about upcoming offerings. To view QUEST in Schoology, please add a new group, QUEST, with the access code: KZZ2-GTPD-XQR5W. Sample opportunities include academic competitions, career exploration, and curricular extensions. We do all we can to provide diverse outlets to further develop and showcase your talents and to grow academically!

Let's Talk About Dual Enrollment

- Open House Pre Session •
- Thursday, September 11th at 6pm



Earning college credit while still in high school can be highly advantageous for many students. Community College of Allegheny County has a number of options to explore. Most courses offer the choice of in-person, virtual, or hybrid instruction. If you would like to learn more about how your child can earn college credits through CCAC while still in high school, please attend our open house pre session in the MPR at 6pm on Thursday, September 11. The Director of Dual Enrollment and the Director of the BNY Mellon Early College Grant Program will be on hand to answer all of your questions.



Start the school year strong at *Back to School Boot Camp!*

Open to students from **any** district, this dynamic program is designed to equip you with the tools for academic and personal success. Build a solid foundation in: mindset & affirmation; organization & prioritization; time management; study skills & learning strategies; higher-order thinking; test preparation; résumé building; and post-high school planning.

Choose from two available sessions:
September 6 | 10:00 AM – 1:00 PM
September 14 | 1:00 PM – 4:00 PM

Location: Fox Chapel Area High School

Cost: \$100

Whether you're looking to sharpen your skills, boost confidence, or prepare for your future, this camp is your launchpad. Register today! Registration forms are available at the end of this newsletter, in the QUEST Student Center (room 168), and on the QUEST Schoology page.



The QUEST Student Center (room 168) is YOUR space to study, unwind, get more information about upcoming opportunities, and meet with your gifted support facilitator. Stop by for a visit soon!

SAT®

School Day SAT will be administered to any interested **SENIOR** on October 8. Registration form and payment is due in the school counseling office by September 3rd. Checks can be made payable to FCAHS. If you need a registration form, stop by the School Counseling office during QRT.



The Westinghouse Science Honors Institute is a free program for high school **juniors** from Western Pennsylvania and the surrounding communities who demonstrate a strong interest in science and engineering and who are of high scholastic standing. Westinghouse Science Honors Institute (WSHI) consists of 11 Saturday-morning lectures, from October through February, on selected topics in science and engineering. Students attend WSHI to gain insight into careers in engineering and science. They network with professionals in the "real world," and interact with students from different schools who also have the same abilities and interests. A wide variety of topics are presented in the lecture portion of each session, with presenters from: NASA Glenn Research Center; Robert Morris University: Lasers and Mechatronics; Penn State University: Astronomy and Astrophysics; Penn State University: Environmental Engineering, Creativity and Innovation; Penn State University: Breazeale Nuclear Reactor; Westinghouse Electric Company: Nuclear Power; University of Pittsburgh: Bioengineering; University of Pittsburgh: Physics and Astronomy; University of Pittsburgh and McGowan Institute for Regenerative Medicine; University of Pittsburgh Medical Center: Department of Surgery. The full list of presenters and dates is on the QUEST Schoology page.

****Annette Sparrow FC point of contact on your application form.****

This program is for **JUNIORS**, but select **SENIORS** will be permitted if they were not able to participate last year.

Scan here to apply!



Information &
Registration

Steelers STEM Powering Pittsburgh Competition

Presented by Steelers STEM, **Powering Pittsburgh** is for high school students (grades 9-12). Teams of 4 students will develop unique ideas to power Acrisure Stadium or the city of Pittsburgh in the future using renewable sources. The top team will go on to the regional competition at Acrisure Stadium in November. The winner of the regional competition will receive a Steelers Game Day Experience and a donation towards their school's STEM program! Each team participating will email pictures of their prototype and a video of their presentation to the AIU in October. The winning team moving on to the regional competition will be notified by email to compete in November at Acrisure Stadium.

Email Lisa_Gibson@fcasd.edu

if you are interested in being part of this year's team!



FBI Teen Academy

Date: Thursday, October 16, 2025, from 8:30 a.m. to 3:30 p.m.

Location: Monroeville Public Safety Training Center, 2465 Johnston Rd, Monroeville, Pennsylvania

Deadline to apply: Friday, September 19, 2025

Application is on the QUEST Schoology page

The FBI's Teen Academy program in Pittsburgh and West Virginia allows high school students the opportunity to develop leadership skills and to investigate the world of law enforcement. Active explorations of fitness and forensic science grow students' minds and bodies while age-appropriate lessons on topics such as violence prevention, sextortion, and hoax threats teach them how to stay safe. FBI staff, including special agents, intelligence analysts, and professional staff, lead discussions and interactive sessions focused on the work we do, how we do it, and, most importantly, why we choose this work in service of all Americans.

#RegeneronSTS is the nation's oldest and most prestigious science research competition for high school students. Started in 1942 as the Westinghouse Science Talent Search, Regeneron STS recognizes and empowers our nation's most promising young scientists who are developing ideas that could solve society's most urgent challenges. Are you an incoming 12th grade student? Apply to Regeneron STS by November 6, 2025 at 8pm ET!



REGENERON SCIENCE TALENT SEARCH APPLICATION NOW OPEN

U.S. 12th grade students are invited to apply by November 6, 2025
<https://www.societyforscience.org/regeneron-sts/>

GIEP Update:

Gifted Individualized Education Plan (GIEP) meetings are currently underway. They are scheduled based on anniversary date. Parents have the option of attending virtually or in-person. Students will be provided a pass to attend in-person. If you need to reach us for any reason, our contact information is as follows:



Mrs. Lisa Gibson
Lisa_Gibson@fcasd.edu

Lesley_Cowles@fcasd.edu
(412) 967-2430



Mu Alpha Theta

Mu Alpha Theta is the national high school mathematics honor society. It provides a method for schools to recognize and encourage students who enjoy and excel in mathematics and rewards outstanding extracurricular achievement. Now is a great time to get involved in Math Club and Mu Alpha Theta. Interested students can reach out to Lesley_Cowles@fcasd.edu (sponsor) or Johnson_Eloise@student.fcasd.edu (club president) for more information.



Fox Families Care Career Exploration Scholarship

Fox Families Care desires to see all students in our district thrive in their academic and vocational interests beyond the high school years. They recognize that many activities, conferences, classes, and programs help students explore different career paths and post-high school job opportunities. If you are a FCASD high school student and your family has been challenged by financial hardship, you are invited to apply for this scholarship that may be used toward career exploration/development opportunities. Scholarships may provide up to \$250 to be used toward program expenses, classes, conferences, tools or equipment, or other resources needed to explore potential career paths. Applications will be considered on a rolling basis throughout the year. The link to the application is available on the QUEST Schoology updates.



**Get involved in
something awesome!**

Different clubs will be showcased daily during all lunches in the commons area.

LEARN ARTIFICIAL INTELLIGENCE FOR YOUR FUTURE

FREE AI BOOTCAMP FALL 2025

SATURDAYS
NOVEMBER 1, 8, 15
11:00AM-4:00PM

Mark Cuban Foundation AI Bootcamp is a twenty-hour introduction to Artificial Intelligence for high school students. Activities include:

- AI and emerging technology instruction
- Creation of a capstone project
- Mentorship from professionals in your community
- Applied ethics to various scenarios
- Exploring entrepreneurship/career options

Materials are designed for hands-on learning with technologies you'll actually use. A technical track is offered but no previous computer science is necessary for success. Students who complete the program continue to receive mentorship and AI learning opportunities until graduation.



Due to high demand, they can accept only up to 5 students from each school this year. For more information and an application, visit <https://wgfpa.org/our-work/girlgov/>

GirlGov is a free regional program that helps high school girls explore leadership, community organizing, and civic engagement. Founded by students and young advocates, and supported by the Women and Girls Foundation, GirlGov gives participants the kind of hands-on experience that makes a lasting impact — both in their communities and on their college applications. Through GirlGov, students:

- Lead their own service or advocacy projects
- Develop public speaking, networking, and leadership skills
- Engage directly with local leaders, elected officials, and policymakers
- Build a strong peer network across Southwestern Pennsylvania



An AI bootcamp is coming to your city!

Hosted with mentors at a local company, spaces are limited. Students from low to moderate income households, racial minorities, girls, and first generation college students are encouraged to apply. Kickstart your journey into creating with Artificial Intelligence! Learn more at:

www.markcubanai.org

Deadline for applications: September 30th

Apply Now:

www.markcubanai.org/apply

GirlGov: High School:

The GirlGov High School program empowers self-identified girls in grades 9-12 to become changemakers through civic engagement, advocacy, and leadership development.

Curriculum Highlights:

- Themed lessons, guest speakers, hands-on activities, advocacy campaigns, and mentorship opportunities.

Session Structure:

- Each 2-hour session features a lesson or guest speaker, dinner, and a hands-on activity or advocacy campaign.

Activities Include:

- Weekly sessions and events, including an overnight trip to Harrisburg to meet legislators.
- LGBTQ+ Committee: Online hub for queer teens and documentary on Black maternal health.
- Environmental Justice Committee: Grants for sustainable menstrual products.

Award application opens 9/1!

The NCWIT Aspirations in Computing (AiC) High School Award honors 9th - 12th grade students in the AiC Community for their computing-related achievements and interests, and encourages them to pursue their passions. Award recipients are selected based on their aptitude and aspirations in technology and computing, as demonstrated by their computing experience, computing-related activities, leadership experience, persistence, and future plans. Since 2007, more than 25,000 students have received an AiC Award. Students in grades 9 through 12 involved in technology are welcome to join the free AiC Community and apply. Applicants who meet the eligibility requirements will be considered for both the National and Regional Affiliate Awards.

Learn more and apply by visiting aspirations.org.**HARVARD
UNIVERSITY****Harvard University
Free Online Courses****100+ Free Courses**

Harvard University is offering high school students an opportunity to audit a variety of courses for free. The courses are self-paced and include a variety of topics, including:

- Intro to Game Development
- Web Programming with Python and JavaScript
- Introduction to Digital Humanities
- Modern Masterpieces of World Literature
- Introduction to Computer Programming
- Introduction to Programming with Scratch
- Systematic Approaches to Policy Design
- New Ideas for Nonprofit Leaders
- Global News & Technology Leadership
- High Dimensional Data Analysis
- Case Studies in Functional Genomics
- The Science of Corresponding with Busy People
- Global News and Technology Leadership
- Intro. to Artificial Intelligence with Python
- The Health Effects of Climate Change
- The Opioid Crisis in America
- Machine Learning for Leaders
- Resilient Leadership

...and much, much more!

Students have the option to audit the course for free or they can add a verified certificate from Harvard University for \$219.

**Visit <https://pli.harvard.edu/catalog/free>
to view the course offerings and register!**

Math Madness

100% Online, beginning as a joint initiative between American Mathematics Competitions (AMC) and AreteLabs, and entering its 13th season, **Math Madness** is a *team-based* math competition event held yearly in the United States. In 2024-25, approximately 1000 teams and 15,000 students from across the country competed in one of our 3 **Math Madness** offerings: **Math Madness** (our main event held in the fall), **Mini-Madness** (just 5-6 weeks of friendly scrimmaging held mid-Feb through March), and the **Math Madness Re-Run** (full replay of the fall event held mid-Feb through April). All are offered at 3 levels: high school (9th-12th), middle school (6th-8th), and elementary school (3rd-5th). A team may consist of students from different grade levels within the defined grade span. A minimum of 5 students is required to play but there is no maximum team size.

Fall 2024 MATH MADNESS DETAILS

The **Math Madness** event is divided as follows into 1 practice round, 4 league/scrimmage rounds, and 6 bracket tournament rounds:

Sep 21 - 27: Practice Round

Sep 28 - Oct 4: Collaboration Round I

Oct 5 - 11: Collaboration Round II

Oct 12 - 18: Qualifying Round I (Students play independently but as a team)

Oct 19 - 25: Qualifying Round II (**LAST WEEK TO REGISTER!!!**)

Oct 26 - Nov 1: Bracket Round I (Single Elimination Tournament Begins - ALL teams are assigned to one of a series of brackets)

Nov 2 - 8: Bracket Round II

Nov 9 - 15: Bracket Round III (Teams which lost in Bracket Round I can resume playing in informal, "Opt-in" matches)

Nov 16 - 22: Bracket Round IV (Teams which lost in Bracket Round II can resume playing in informal, "Opt-in" matches, and so on)

Nov 23 - 29: Thanksgiving week is OFF

Nov 30 - Dec 6 : Bracket Round V

Dec 7 - 13: Championship Round

* **Teams are NOT required to play in all of the above rounds. Instead, they may opt in or out from week to week as they wish.**

To learn more about Math Madness, visit
<https://www.aretelabs.com/math-madness>

**Scholastic
Art & Writing
Awards****Alliance for
Young Artists
& Writers**

SUBMIT YOUR ART AND/OR WRITING!

Enter the nation's longest-running, most prestigious recognition program for creative teens! Students in grades 7-12 (ages 13 and up) can apply in 20 categories of art and writing. Visit <https://www.artandwriting.org/awards/how-to-enter/>

to identify our region's submission guidelines and deadlines.

NORTH PITTSBURGH COLLEGE FAIR

LA ROCHE UNIVERSITY



MONDAY, OCT. 6 | 6-8 P.M.

LA ROCHE UNIVERSITY | KERR FITNESS & SPORTS CENTER
9000 Babcock Blvd. • Pittsburgh, PA 15237

MEET WITH REPRESENTATIVES FROM 100 COLLEGES AND UNIVERSITIES; Learn about different campuses, Identify schools that offer your chosen major

northpittsburghcollegefair@laroche.edu

La Roche University
Alfred University
Allegheny College
Arcadia University
Axios Tutoring
Baldwin Wallace University
Bella Capelli Academy
Bethany College
Binghamton University - SUNY
Bowling Green State University
Butler University
California University of Pennsylvania
Campus to Career Crossroads
Canisius College
Capital University
Carlow University
Chatham University
Clarion University
Cleveland Institute of Art
Cleveland State University
Columbus College of Art & Design
Community College of Allegheny County
Dickinson College
Douglas Education Center
Drexel University
Edinboro University of Pennsylvania
FIDM
Franciscan University of Steubenville
Gannon University
Geneva College
Glenville State College
Hiram College
Huntington Learning Center - North Hills
Indiana University of Pennsylvania
James Madison University
Job Corps
John Carroll University
Juniata College
Kent State University
King's College
Lake Erie College
Lycoming College
Malone University
Marietta College
Mercyhurst University
Miami University
Michigan State University
Millersville University
Mount Aloysius College
Muskingum University

Niagara University
Nova Southeastern University
Ohio Dominican University
Ohio Northern University
PA Army National Guard
Penn State University
Pennsylvania College of Technology
Pittsburgh Technical College
Point Park University
Purdue University
Roanoke College
Robert Morris University
Rochester Institute of Technology
Saint Francis University
Saint Vincent College
Seton Hall University
Seton Hill University
Shenandoah University
Slippery Rock University
SUNY Fredonia
Syracuse University
The University of Akron
The University of Alabama
The University Of Mount Union
The University of Toledo
Thiel College
Triangle Tech
University of Cincinnati
University of Dayton
University of Delaware
University of Kentucky
University of Mount Union
University of Pittsburgh – Pgh. Campus
University of Pittsburgh at Bradford
University of Pittsburgh at Greensburg
University of Pittsburgh at Johnstown
University of Rochester
University of Vermont
University of Virginia's College at Wise
US Army
Virginia Tech
Walsh University
Washington & Jefferson College
Waynesburg University
West Liberty University
West Virginia University
Westminster College
Widener University
Wittenberg University
York College of Pennsylvania
Youngstown State University

High School Student Spotlight

Showcase creativity and problem-solving skills
at The Global Impact Forum (TGIF) 2025

This is a chance for high school students to present bold ideas to educators, industry leaders, and higher education institutions. The 2025 TGIF theme - **Workforce Readiness in the Age of AI and Automation** - explores the evolving job landscape and the skills needed to succeed.



Tuesday, November 4, 2025

11:00 a.m.-3:00 p.m.

David L. Lawrence Convention Center
Pittsburgh, PA



Spotlight Features

- **Connect** with like-minded peers, mentors, and industry professionals
- **Explore** future career paths and engage with higher ed institutions
- **Showcase** projects and ideas visually and interactively

Details

- Projects should align with the theme as best as possible but can also explore tech, sustainability, social impact, or other innovative ideas.
- Each student group (max 5 participants) will have one table to display their project and engage with attendees.



Contact

Amanda Smith: ajs398@psu.edu
Director of K-12 Engagement, Penn State Outreach



Apply by September 30, 2025 at
tgif.psu.edu/tgif-2025/student-spotlight

YOUNG WRITERS AWARDS

In celebration of this legacy, Bennington launched the Young Writers Awards to promote excellence in writing at the high school level. Our goal with this competition is to recognize outstanding writing achievement by high school students.

Each year, students in the 9th-12th grades are invited to enter in one of the following categories with the following submission:

Poetry: A group of three poems

Fiction: A short story (1,500 words or fewer) or one-act play (run no more than 30 minutes of playing time)

Nonfiction: A personal or academic essay (1,500 words or fewer)

Win cash prizes of up to \$2000, along with Bennington

scholarships up to full tuition (\$60,000+) per year!

Visit

<https://www.bennington.edu/events/young-writers-awards>

for more information and to submit your writing.

Have questions about the contest? Email ywa@bennington.edu

Submission deadline is November 1st.

BACK TO SCHOOL

BOOTCAMP

Saturday, September 6th, 10a.m. to 1 p.m.
-OR-

\$100

Sunday, September 14th, 1pm to 4pm

Open to students entering grades 9–12 from ANY school district!

Prepare for a successful school year by building foundations in:

- mindset & affirmation
- study skills strategies
- organization & prioritization
- learning strategies
- time management
- higher-order thinking
- test preparation
- pathways to resume building
- post-high school considerations

Meet the instructor...

With more than 20 years of experience in the field of education, Dr. Lesley Cowles has helped countless students to overcome academic roadblocks and realize their learning potential by implementing tactical approaches to learning. Take-home resources for parents will be provided!

Choose 1 date to attend: September 6th 10am-1pm September 14th 1-4pm

Student Name: _____ Grade: _____

Student Email: _____ School District: _____

Mailing Address: _____

Parent/Guardian Name: _____ Phone: _____

Parent/Guardian Email: _____

Please make checks payable to Fox Chapel Area School District (FCASD).

Submit check and completed registration form (front and back) either in person (Fox Chapel Area High School room 168) or via mail to:

Lisa Gibson, Director
Western PA Learning Academy
Fox Chapel Area School District
611 Field Club Road
Pittsburgh, PA 15238

Limited Spots!
Register NOW!

The well-being of any child is a parental responsibility. In an emergency, every effort will be made to contact a parent/guardian. Please list two persons who can arrange transportation and care for your child when you are not available.

Relative or Friend: _____ Phone: _____

Relative or Friend: _____ Phone: _____

WESTERN PENNSYLVANIA LEARNING ACADEMY

Program Permission Form



Student Name: _____

I, _____ give permission for my child to attend the assigned date of the Western Pennsylvania Learning Academy's Back to School Boot Camp. In the event of an emergency, if treatment is required and parents/guardians cannot be notified immediately, I give consent for emergency treatment and transport to the nearest emergency room.

Does your child have any health concerns that would hinder participation in the field experience? _____ No _____ Yes. If yes, please complete the following:

Please indicate if your child has any of the following health concerns:

- | | |
|--|--|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Inhaler needed |
| <input type="checkbox"/> Life-threatening allergy to bee sting | <input type="checkbox"/> EpiPen |
| <input type="checkbox"/> Life-threatening allergy to food | <input type="checkbox"/> Benadryl needed |
| <input type="checkbox"/> Seizure disorder | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Allergy to _____ | Other _____ |

Emergency Treatment (if needed): _____

Health Insurance: _____

Family Physician: _____ Phone: _____

My signature confirms that my child has permission to participate in all activities on the specified dates. Permission is also granted to share this information with appropriate academy personnel.

Parent Signature: _____ Date: _____

Cell Phone #: _____ Work Phone #: _____

Cancellation policy:

We understand situations arise when you may need to cancel your reservation. To do so, we request you notify us at least 24 hours in advance. This allows us to offer your slot to another student on the waiting list. Cancellations or rescheduling requests made less than 24 hours before the event may be subject to a cancellation fee of 30%. No-shows without prior notification will incur 50% of registration fee.

In case of emergencies or unforeseen circumstances, please contact us directly to discuss your situation. We may be able to waive the cancellation fee at our discretion.

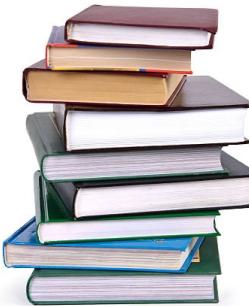
WESTERN PENNSYLVANIA
LEARNING ACADEMY
presents

PRACTICE
MATERIALS
PROVIDED!

SAT®



Sunday, September 28, 2025
Noon – 5 p.m.
Fox Chapel Area High School LGI



- Test taking and time management tips
- Intensive grammar & usage skills review
- Intensive math skills review
- Critical reading skills and strategies
- Practice drills with actual test questions
- Experienced and highly-trained instructors



This program is most suitable for students who have successfully completed Algebra 2.

Please bring with you a graphing calculator and laptop.

Contact Lisa_Gibson@fcasd.edu if you do not have access to these items.

****PRE-REGISTRATION IS REQUIRED****

Student Name: _____ Grade: _____

Student Email: _____ School District: _____

Mailing Address: _____

Parent/Guardian Name: _____ Phone: _____

Parent/Guardian Email: _____

Please make checks payable to Fox Chapel Area School District (FCASD).

No refunds issued after September 20, 2025

*Submit check and completed registration form (front and back)
either in person (Fox Chapel Area High School room 168) or via mail to:*

Lisa Gibson, Director
Western PA Learning Academy
Fox Chapel Area High School
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Pittsburgh, PA 15238

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| <input type="checkbox"/> Seizure disorder | <input type="checkbox"/> Diabetes |
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