

SAHER SHAIKH

New Grad Nurse

Milton, Ontario | Mobile: (647) 818-4097 | Email: shaikhsa@live.ca

Licensure & Certifications

- Registered Nurse with the College of Nurses of Ontario - 23765506
- Basic Life Support Certification

Relevant Work Experience

Upper Appleby Medical Associates

Clinical Assistant

March 2023 – Present

- Administering injections and immunizations for patients of all ages
- Conducting minor assessments (vital signs, rapid strep, urine dip tests, covid tests, staple removals)
- Guiding patients to examination rooms and crafting SOAP notes based on patient interaction
- Efficiently managing electronic and paper files
- Facilitating patient check-ins and appointment bookings at the reception
- Offering informative client education on doctors' diagnoses
- Communicating medical results and clinic policies to patients via telephone

Universal Concept of Mental Arithmetic System (UCMAS)

iMath Course Instructor

March 2019 – Present

- Crafted weekly lesson plans aligned with the center's curriculum
- Taught students ages 3-7
- Designed and implemented math-oriented activities
- Collaborated with parents on areas of growth and concern
- Analyzed student progress to tailor effective interventions for optimal learning outcomes

Oakville Trafalgar Hospital - Oncology / General Medicine Unit

Oakville, ON

Clinical Placement 4th Year

January 2023 - April 2023

- Able to independently take full patient assignment for day and night shift
- Proficient in IV medication administration, NG tube feeds
- Experience working with cancer and palliative patients
- Provided immediate care for patients with strokes
- Performed end of life care
- Performed intermediate skills including wound care, catheterization, chest tubes care, PEG tube medication administration, PICC line medication administration, PICC line dressing changes, IV removal and stoma care
- Witnessed several blood transfusions from start to finish

Oakville Trafalgar Hospital - Rehabilitation Unit

Oakville, ON

Clinical Placement 4th Year

September 2022 - December 2022

- Collaborated with physiotherapists on patient illness trajectories
- Provided support to the care team by assisting with bathing, hygiene, monitoring vital signs, attending to personal care, repositioning patients, administering basic skincare, arranging patient meals, including assistance with feeding as required
- Promptly responded to call bells to attend to patient requests

- Assisted registered nurses in the administration of medications

KOHAI Life

Clinical Placement 3rd Year

*Toronto, ON
September 2021 – April 2022*

- Day camp for adults with developmental and cognitive disabilities
- Worked with participants with various cognitive disabilities and individuals with ASD
- Implemented new lesson plans at the placement aimed to promote client health and safety
- Developed skills on teaching living and work skills along with language comprehension

Humber River Hospital - Cardiovascular Unit

Clinical Placement 2nd Year

*North York, ON
2021*

- Worked in the Cardiovascular Unit
- Assisted the care team with bathing/hygiene, vital signs, personal care, turning and repositioning, basic skin care, and setting up patient meals and assisted with feeding when necessary
- Answered call bells to address patient needs
- Aided the RNs in medication administration
- Provided head-to-toe assessments along with focused assessments on patients with various illnesses

Mavis Medix

Volunteer Nurse

*Mississauga, ON
May 2021 – July 2021*

- Worked under a doctor certified in American Board of Obesity Medicine and a bariatric educator
- Took vital signs for patients
- Shadowed the doctor while providing medical care in relation to obesity management
- Took progress and encounter notes during the patient-doctor interaction

Education

Toronto Metropolitan University

Bachelor of Science in Nursing

Minor in Psychology

*Toronto, On
2019 - 2023*

Milton District High School

*Milton, On
2015 - 2019*

Skills Summary

- Fast learner and highly adaptable
- Proficient in various medication administration routes
- Strong aptitude for building therapeutic patient relationships
- Exceptional patience and composure
- Effective team player
- Bilingual proficiency in english and urdu