

Chapter 7: Variational Principle

If E_{gs} ground state energy

$$\text{then } \langle H \rangle \geq E_{gs}$$

normalized

$$\rightarrow \langle \psi | H | \psi \rangle \geq E_{gs} \text{ for any } \psi$$

this forms an upper bound of ground-state energy.

e.g. $H = \underbrace{-\frac{\hbar^2}{2m} \frac{d^2}{dx^2}}_T - \underbrace{\alpha \delta(x)}_V$ delta well

Suppose $\psi = A e^{-bx^2}$ $A = \left(\frac{2b}{\pi}\right)^{1/4}$

$$\langle T \rangle = -\frac{\hbar^2}{2m} \sqrt{\frac{2b}{\pi}} \int_{-\infty}^{\infty} e^{-bx^2} \frac{d^2}{dx^2} e^{-bx^2} dx = \frac{\hbar^2 b}{2m}$$

$$\begin{aligned} \langle V \rangle &= -\alpha \sqrt{\frac{2b}{\pi}} \int_{-\infty}^{\infty} e^{-bx^2} \delta(x) e^{-bx^2} dx \\ &= -\alpha \sqrt{\frac{2b}{\pi}} \end{aligned}$$

$$\langle H \rangle = \frac{\hbar^2 b}{2m} - \alpha \sqrt{\frac{2}{\pi}} b^{1/2} \quad \xrightarrow{E_{gs} \leq} \text{for all } b.$$

to find best bound,

$$0 = \frac{d\langle H \rangle}{db} = \frac{\hbar^2}{2m} - \frac{1}{2} \alpha \sqrt{\frac{2}{\pi}} b^{-1/2} \rightarrow b = \frac{2m^2}{\pi \hbar^4} \alpha^2$$

$$\begin{aligned} \langle H \rangle &= \frac{\hbar^2}{2m} \left(\frac{2m^2}{\pi \hbar^4} \alpha^2 \right) - \alpha \sqrt{\frac{2}{\pi}} \sqrt{\frac{2}{\pi}} \frac{m}{\hbar^2} \alpha \\ &= \frac{m \alpha^2}{\pi \hbar^2} - \frac{2m \alpha^2}{\pi \hbar^2} \\ &= -\frac{m \alpha^2}{\pi \hbar^2} \end{aligned}$$

compare $E_{gs} = -\frac{m \alpha^2}{2 \hbar^2}$
more negative

Delta barrier $+\alpha \delta(x)$

$$\langle H \rangle_{\text{best}} = \frac{m \alpha^2}{\pi \hbar^2} + \frac{2m \alpha^2}{\pi \hbar^2} = \frac{3m \alpha^2}{\pi \hbar^2}$$

$E_{gs} = 0$
scattering state
variational principle
not so helpful
for scattering states

$$V(x) = \underbrace{\text{fluctuating potential}}_{\text{--- -- -- -- } E}$$

Suppose that $\psi(x)$ is a scattering state solution

$$\psi(x) = A e^{\pm i k x} \quad k = \sqrt{2m(E-V)}/\hbar$$

but A & k both vary with x , slowly

or for bound state,

$$\psi(x) = A e^{Kx} \quad K = \sqrt{2m(E-V)}/\hbar$$

This is fine so long as $\frac{1}{k}$ or $\frac{1}{K}$ are small compared to fluctuations in $V(x)$

$$-\frac{\hbar^2}{2m} \frac{d^2 \psi}{dx^2} + V(x) \psi = E \psi$$

$$\Rightarrow \frac{d^2 \psi}{dx^2} = -\frac{p^2}{\hbar^2} \psi$$

$$p(x) = \sqrt{2m(E-V(x))} \quad \text{"momentum"}$$

Let $E > V(x)$ so $p(x)$ is real "classical region"

Let $\psi(x) = A(x) e^{i\phi(x)}$ A, ϕ are real

$$\psi'(x) = (A' + iA\phi') e^{i\phi}$$

$$\psi'' = (A'' + 2iA'\phi' + iA\phi'' - A(\phi')^2) e^{i\phi}$$

$$A'' + 2iA'\phi' + iA\phi'' - A(\phi')^2 = -\frac{p^2}{\hbar^2} A$$

real part: $A' - A(\phi')^2 = -\frac{p^2}{\hbar^2} A \rightarrow A'' = A[(\phi')^2 - \frac{p^2}{\hbar^2}]$

imaginary part: $2A'\phi' + A\phi'' = 0 \rightarrow (A^2\phi')' = 0$
 $\hookrightarrow A^2\phi' = C^2 \rightarrow A = \frac{C}{\sqrt{\phi'}}$

Assume $A(x)$ changes slowly $\rightarrow A'' \approx 0$.

$$(\phi')^2 \approx \frac{p^2}{\hbar^2} \rightarrow \frac{d\phi}{dx} = \pm \frac{p}{\hbar}$$

$$\rightarrow \phi(x) = \pm \frac{1}{\hbar} \int^x p(x') dx'$$

$$A(x) = \frac{C}{\sqrt{p(x)}} = \frac{C}{\sqrt{p(x)}}$$

$$\psi(x) = \frac{C}{\sqrt{p(x)}} e^{\pm \frac{i}{\hbar} \int^x p(x') dx}$$

whether wave travels to right (+) or left (-)

e.g.  ∞ square well with bumpy bottom

$$\psi(x) = \frac{1}{\sqrt{p(x)}} \left[C_+ e^{i\phi(x)} + C_- e^{-i\phi(x)} \right] \quad \phi(x) = \frac{1}{\hbar} \int_0^x p(x') dx'$$

$$= \frac{1}{\sqrt{p(x)}} [C_1 \sin \phi(x) + C_2 \cos \phi(x)]$$

$$\psi(0) = 0 \quad \& \quad \phi(0) = 0 \quad \frac{1}{\hbar} \int_0^0 p(x') dx$$

$$\psi(0) = \frac{1}{\sqrt{p(0)}} C_2 \rightarrow C_2 = 0$$

$$0 = \psi(a) = \frac{1}{\sqrt{p(a)}} C_1 \sin \phi(a)$$

$$\rightarrow \phi(a) = n\pi \quad n = 1, 2, 3, \dots$$

$$\rightarrow \int_0^a p(x) dx = n\pi\hbar \quad n=1,2,3,\dots$$

$$p(x) = \sqrt{2m(E - V(x))}$$

e.g. $V(x) = 0$ $p(x) = \sqrt{2mE}$

$$\int_0^a \sqrt{2mE} dx = n\pi\hbar$$

$$a\sqrt{2mE} = n\pi\hbar$$

$$2mE = \frac{n^2\pi^2\hbar^2}{a^2}$$

$$E = \frac{n^2\pi^2\hbar^2}{2ma^2}$$

□

