

# Sex Position Sequences

From Erotic Start

to Spine-Tingling Stretch

to Mind-Blowing Finish



Susan Austin



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Amorata Press



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# How to Use This Book

Are you ready to light the sheets on fire?

No matter how hot your love life has been with your partner, you will inevitably find that sex has the tendency to become, at one point or another, predictable. Ask any couple and they'll admit to ruts of sexual repetition, only employing their favorite two (or three if they're lucky!) positions night after night. There are myriad reasons for this - we are naturally creatures of habit; one or both partners may rely on a certain position to achieve, or stave off, orgasm; or, physically and emotionally, these favorite positions may be the most comfortable. The problem is, without a little exotic flavor in your sex life, sex itself may become...boring!

Helping couples overcome the monotony of sex is a massive industry with one singular goal: Teach couples to open up their bodies and experiment. And all of the books out there tell you the same things: Try this newfangled position! Break out the riding crop for some light S&M! Don't go it alone; bring a couple of toys between the sheets! The problem is, without some serious, careful guidance to take you from your everyday missionary position to the new and exciting position you've always wanted to try - you simply won't get there. Trying to adjust and move your bodies from the positions you love to the positions you want to try can be awkward at best and can completely kill the mood at worst. Furthermore, not every position was created equally. Some positions are physically demanding while others provide an intense sensation for one partner and almost no sensation for the other.

## The Positions:

### **The Warm-Up**

The first position starts things off right. This may mean an erotic blow job for him, ravenous oral for her, or a sensual, powerful intercourse position that is sure to have both partners rearing up for more. The key to this first position is intimacy and eroticism, transitioning out of foreplay and into a mind-blowing sexual adventure.



## The First Transition

The easiest way to kill the mood is to fumble around between positions, trying to get from one to the other. Each transition allows you to maintain that red-hot sexual intensity and sensation while making your way toward orgasm.



This book will show you how to have the best of both worlds. Each sequence picks up right after foreplay with a position or act that will set the mood. Next, you'll transition into a new and exciting position before flowing into a classic and heart-pounding climactic position that will leave you both in a final state of ecstasy.

## The Challenge

Whether it's something a bit more acrobatic or a simple variation on a position you wouldn't normally try, this middle position is going to light the fire. The novelty of this position may be intimidating, but each one of these positions will provide pleasure you've never experienced.



## Transitioning to the Home Stretch

How do you get from a Raised Wheel Barrow to an orgasm-powering doggy position? This transition is the key to take you from your sexual challenge to your fulfilling finish. By this point, you'll both be on the verge of climax, so each of these transition positions has been designed to keep the intensity building.



## The Finale

The final position is always an oldie but a goodie. There's a reason that our favorite positions (missionary, cowgirl, doggy, etc.) are so wickedly good — they're the one's that we trust the most to take us to that mind-melting finish line. So what makes these positions work? They combine an intimate or erotic entwining of bodies with physical ease — allowing each partner to focus on just one powerful sensation. 3



## The Hot Seat

This sequence is all about the sensual pleasures of oral give-and-take. By moving the action from the bedroom to a plush chair or sofa in the living room, this already exciting sequence is pushed to the max, with standing oral orgasm for her and a seated blow job finish for him. From start to finish, this sequence is hers for the taking. She gets to control things from the moment she marches over and puts his head between her legs. From there, she'll decide everything from the depth of penetration and the rhythm of intercourse to his moment of ejaculation. While she takes over, his job is simply to sit back and enjoy the ride.



## Standing at Attention

There's nothing more arousing for a guy than when his lady knows how to grab control from the get-go. Who doesn't crave a little dominatrix action? Here, she playfully pushes him down on his favorite seat and, while she stands astride him on the chair, commands him to kiss and caress her thighs and vagina. This position gives her the power and control over where he licks, while he can relax

in comfort, needing to concentrate on only one thing: stimulating her clit. For balance he grabs hold of her bottom.



## **Seated See-Saw**

As she holds on to her lover by his arms, she can slowly lean back until the entire length of his shaft penetrates her juicy lady flower. This sensually intimate position allows her to engage her Kegel muscles by pressing her knees together, applying exhilarating pressure to his penis and enjoying powerful to-and-fro movements in unison with her lover's. Hint: Since this position can be stressful on the arms and shoulders, be ready to pull up when needed to offer relief while increasing the intensity of movement.



## The Easy Chair

With him leaning back in the chair, she uses her hands and mouth to bring him to a powerful orgasm, taking charge of her partner's ecstasy. She can also use this erotic opportunity to touch herself or use a toy to stimulate her clitoris and G-spot and bring herself to orgasm. As excitement builds, she takes him deeper into her mouth. In this position, he's completely immobilized, so there's no need to be concerned that he'll get overexcited or start moving around. The control is hers, and she can try a whole host of new experiences, from deep-throating to using her hands and mouth to stimulate his scrotum as well as his penis.



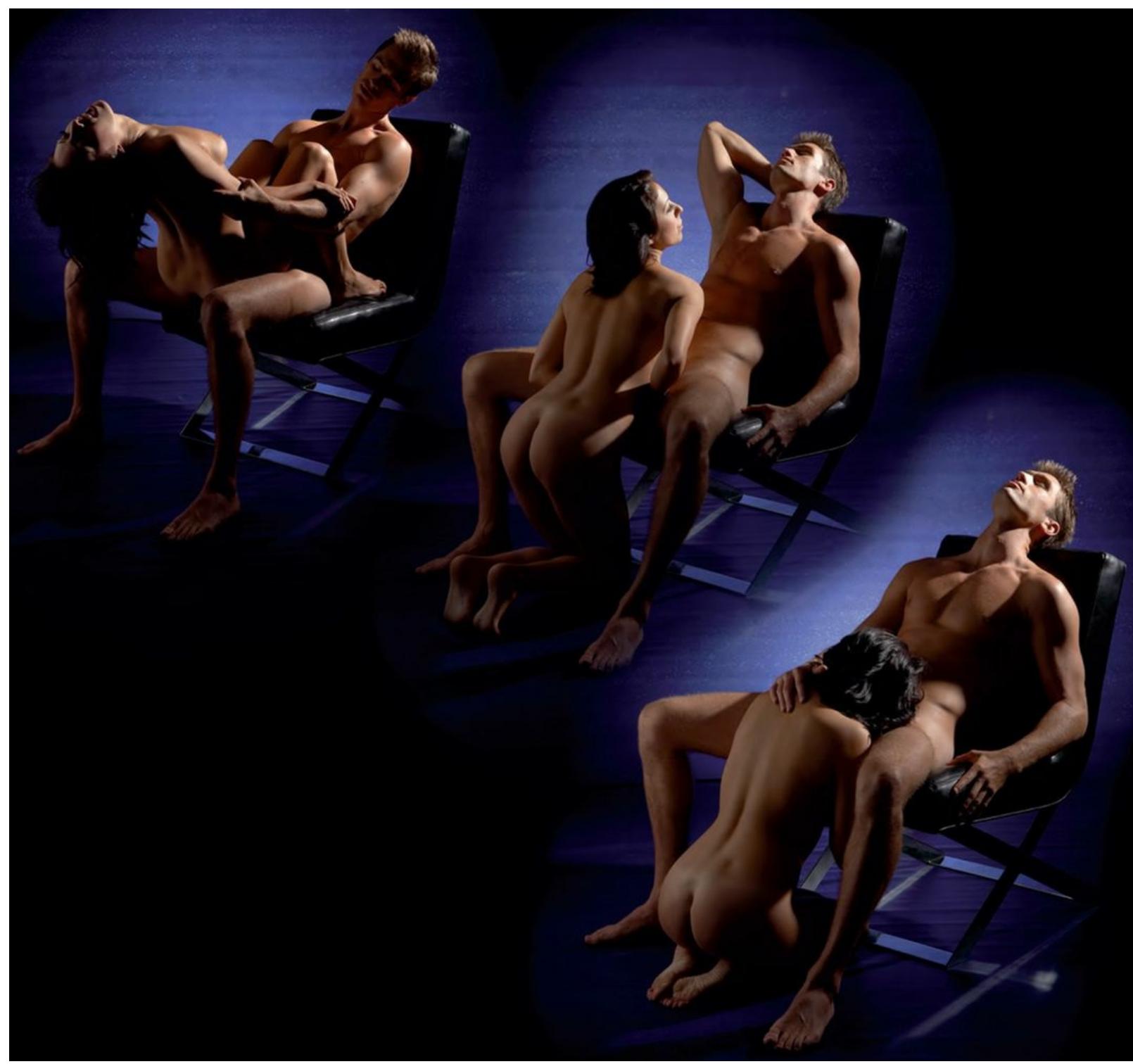
She starts by taking control of the situation, moving her body over his tongue to hit all the right spots and send her pleasure level soaring.



When her excitement drives her to take him inside, she slides down his body, rubbing her thighs along the sides of his chest as he kisses her stomach and breasts. By the time she gets all the way down, he'll be primed and ready to slide inside.



She leans back as he opens his thighs just a bit, allowing her to adjust the rocking until each gentle movement is hitting her G-spot for an intense orgasm. As she gathers herself after climaxing, she slips off him and kneels. Before moving to the final position in this sequence, she should pause as her breasts pass his penis and gently rub his tip against her supersensitive nipples. Finally, she uses her breasts, hands, and mouth one after the other to give him an orgasm like no other.



# Jack Hammer

This hardworking sequence encourages the guy to employ a combination of strong oral and intercourse skills, enabling his lady to reach her utmost pleasure peak while he gains momentum and finishes the project off with a bang. She is the well-oiled receptacle for his potent gifts and is primed to relish his attention. As he works his hot skills, she luxuriates in receiving his erotic efforts. Her gratification is the key, and it's his job to create an environment that lets her know it's all in his capable hands, talented tongue, and hardworking tool. Every woman wants to feel her man is totally devoted to her, and this sequence drills it into her with rhythm and force.



## Lickety-Split

Since most men are familiar with the oral between-her-legs position, he uses his skill to lap her clit with precision. She starts by lying on her back and raising her knees just slightly, which gives her the benefit of his tongue pressure and him the joy of easy oral approach. In this position he has full range of motion from the top of her vagina to the bottom. He can pull her labia apart with his fingers

very gently and lick the inside of her wall. Her clit is there for him to tease and caress. To enhance her comfort, he can place a pillow under her head. If he knows his lady can achieve multiple orgasms, then he may consider bringing her to climax. Otherwise, he works it just to her edge.



## **Meeting on the Bridge**

He stays the skilled giver in this position, but even the strongest handyman needs a partner to help out, especially when it comes to screwing. In this position, the woman is face up, using all four limbs to hold her body weight off the bed. She plants her feet, keeps her knees raised, and straddles her hard worker by gripping with her inner thighs, holding on to his strong shoulders for further support. He enters her from a kneeling position, building up momentum as he jams his rod into her receptive V. Guys need to keep in mind that this position requires strength and balance on the lady's part, and even though he will rub her G-spot and the sensation is scintillating, it's strenuous for her to maintain. No working overtime in this pose.



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## Hammering Home

In this supercomfortable position for her, she lies face up on the bed and raises her legs, spreading them wide to receive his hammering rod. He grabs her ankles and extends his arms out to his sides, holding her legs spread-eagle while he works his tool in and out. At the same time he's using his strength and ability to build up her insatiable desire, he needs to monitor his thrusting, since an overzealous approach could offer more pain than pleasure to her tender V. Not only is she primed to take in his rod, in this position she has a perfect view of his impressive tool. Knowing she's set for full pleasure, he keeps pounding until the couple collapses, satisfied with the job more than well done.



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In this position, she is entirely open to him, from her clit to her butt. He can spread her wide and delve in with some full-force licking.  
He mounts her wet and eager V, pegging her G-spot with his rod.



Building up momentum as he jams his rod in her receptive V, he needs to keep in mind that the bridge position requires balance on his lady's part. Transition to the next position before she loses her footing.

She holds on to the edge of the bed while he straddles her in kneeling position and hammers deeply.

In this supercomfortable position, she lies face up on the bed and raises her legs, spreading them wide to receive the full strength and length of his hammer. Confident that his lady is ready for a hard-hammering finish, he keeps ramming until both of them collapse, satisfied with a successful hard day's work.



# Good Vibrations

Guys, a vibrator will never take the place of your good lovin'. Think about it this way: Even if you own a power drill, you still need your skill and ingenuity to build something. Right? In this sequence the couple uses a vibrating toy to enhance foreplay and build to an electrifying orgasm. The first position begins by boosting the heat as she enjoys his rear-entry cunnilingus before the familiar, yet always stimulating, frontal clit licking. Once she's wet with desire, her handyman revs the excitement with a vibrating toy, but holds off on her ultrapowerful orgasm until his hard shaft is deep inside her. Not only does this guarantee exquisite penetration and electrifying ecstasy, but the mastery of his solid tool ultimately nails the position. FYI: no batteries required.



## Picking Up on the Vibe

Before introducing a vibrating toy to her lady flower, he makes sure her garden

has been watered. He begins by performing cunnilingus from the rear, lying comfortably on his back while he holds on to her thighs and licks her luscious clit, as she sits on his face. Once primed, she turns and he licks her with a faster, more intense energy while caressing her mound. If her V could talk now, it would say, "Don't stop!" Knowing his partner is drenched and ready for orgasm, he coaxes her to recline sideways on top of the bed and grabs hold of the nearby vibrator. Straddling her thighs, he places the toy on her clit (not deep inside her V; save that sensation for the real thing), adjusting speed and pressure, teasing her, first slowly and then he turns up the throttle until she's almost reached her full uncontrollable climax. Almost is the buzzword here.



# **Mastering His Tool**

He places the vibrator aside and, in a seated position, draws his excited partner to sit on his lap facing him and pulls her onto his stiff shaft. She eagerly wraps her legs around his waist for balance as well as to seal a tight union. This position mimics the sensation of the vibrator because his hard tool is rubbing against her clit. Once again, he's in charge of increasing speed or slowing it down, depending on his lady's pleasure. To increase stimulation he nibbles her sensitive nipples while she arches her back to expose the full richness of her breasts. When his honey is ripe for an explosive orgasm, he moves into the final position of the sequence.



# Nailing It

While he's lying on his back, knees bent and legs spread apart, his lady makes a subtle adjustment so she can consume his entire shaft even deeper into her V. His hard rod is welcomed as she keeps her knees bent and leans farther back, supporting herself on her palms. Cautionary note: If the lady has lower-back issues, there's no need to arch so dramatically. In any case, he offers his partner security and balance by grabbing hold of her thighs. Now he's in a position to show off the skillful use of his rock-solid tool. He thrusts his hips up and down while she passionately rides his shaft until their mounting excitement explodes.



He primes her button with rear-entry cunnilingus, holding on to her thighs to offer support while her yoni hovers above his face.

Standing, she turns for frontal oral sex. He caresses her mound to increase pleasure while he licks her clit.



Now it's time to enjoy the vibrating toy, which is within easy reach. He adjusts speed and pressure to control the intensity of clitoral stimulation, bringing her

close to orgasm but not yet fulfilling her desire.

Time for the real thing: Without breaking momentum, he draws her to his hard shaft and, while thrusting inside, tastes her nipples for added erotic pleasure. With both partners primed to the max and aching for orgasm, she arches back so he can thrust even deeper inside. She masterfully rides him as he pumps in and out until they build to an explosive orgasm.



## Edgy Bed

Partners take an acrobatic turn that not only tests their physical prowess but reinforces commitment and an intimate, hot connection. This sequence requires the guy to offer his lady full support, both emotionally and physically. Even though the bed's firm edge gives him the foundation he requires to rise to the occasion, his biceps and hamstring strength, and her flexibility and trust, are crucial to carrying out this sexy sequence. Keep the communication open while sharing mutual eye contact whenever possible to relay encouragement and reassurance – after all, this is an edgy sequence. If a position no longer feels safe, move on to the next one. Be assured, no matter how quickly a couple flows from one position to the next, the height of pleasure is achieved.



## Hanging In

This sequence begins with the couple facing each other in sitting position on the

edge of the bed, which encourages passionate kisses. His seductress has her legs wrapped around his waist while he enters her. In this position his hands are on her thighs, and he could easily take control of thrusts. Instead, he coaxes trust by remaining immobile while she glides to and fro, building heat and moisture. When he's fully pumped and she's primed with juice, he gathers his biceps and hamstring strength, stands, and lifts her by the thighs. Once she's securely locked, he places one hand on her thigh and caresses her back with the other while they continue to explore the heat of their mouths and the sensation of his shaft inside her. Even with the bed as support, this kind of suspension can be hard on backs. At the first sign of discomfort, switch to the next position.



## **Head over Heels**

This challenging lifting posture requires his lady to be flexible and confident. It's worth the effort, since she'll receive the steamy combination of deep penetration, clit stimulation, and an open heart. It will be even better if she's into yoga, since this position is based on the classic wheel pose. While her legs are clamped around his waist, and he's deep inside, she arches fully backward into the wheel position, using the strength of her arms and flexibility of her lower back. Her hands and head rest on the floor for safety and stability. She's further steadied by her partner's strong hold under her thighs. The edge of the bed offers her man support, but if there's any indication of weakness or pain in either partner, move on. Also, his lady may feel dizzy in this position. Be sure to help her rise with slow and careful tenderness.



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## **Meeting in Missionary**

The couple is primed to come together in a hot, tight clinch. While he mounts her semimissionary style, she slides up the bed and reclines fully face up, her thighs locked around his waist, her yoni juicy and expectant. Their gaze expresses the deep trust and boiling connection. No doubt a quick orgasm is desired, but they take it easy, letting the pressure and pleasure build. He begins by thrusting slowly, quickening his pace, then slowing down again. Next he's holding the contraction, tightening his butt muscles, then releasing and thrusting again. Remember: Look into your lover's eyes. You'll know when the right moment arrives — just breathe and let the orgasm flow from eyes to V, to shaft, to heart.



Sitting on the edge of the bed, the couple locks tongues, gazes, and thighs while his shaft is plunged deep inside her. She's moving to and fro, juicing up with every movement.

Gathering his bicep and hamstring strength and using the support of the bed's edge, he lifts his lady and pumps her with pleasure.



In an acrobatic move similar to the yogic wheel, she arches backward to the floor, relying on her strength, lower-back flexibility, and her partner's secure hold. Be aware of any strain or dizziness.

He slowly lifts her to the edge of the bed where her head rests on the mattress for support while he caresses her breasts and stomach. He rocks slowly inside her, stoking a passionate heat.

In tender semimissionary position, he stokes the pleasure by slowing down, speeding up, breathing, and savoring the connection. At just the right moment, their bodies and souls soar to climax.





## Back Flip 69

Partners, this sequence is definitely challenging and requires a terrific amount of physical strength and skill. It's aimed at couples who have flexibility, stamina, and unquestioning trust and confidence. On the flip side, it's a mind- and body-blown sequence, so it's highly recommended only if you meet its rigorous requirements. The sequence builds to the classic 69, a configuration that allows couples to offer simultaneous oral sex by pleasuring their genitals in a reclining position. In this version, there's a gymnastic twist, requiring her to sling her legs over her lover's neck, coaxing him to heat up their oral lovemaking by providing exquisite exposure. There's also an upside-down slide maneuver, back arching, balancing, and the final, exalted, easy oral entry that leaves partners panting with pride, passion, and exhilarating pleasure.



## Rear-Entry Beginning

Rather than initiate lovemaking with the relaxed 69 position where couples recline, this version knocks it out of the park with the woman lying on her back

on a flat but comfortable and soft surface (opt for a rug, towel, or blanket), her legs straddling his torso, hands holding her ankles. This position leaves her yoni beautifully exposed and irresistible, so he gets right in there. Hovering above her, kneeling with his hands resting on either side of her upturned thighs for balance, he enjoys licking her clit from an enticing upside-down rear entry, easily hitting her button. In this position, there's a risk the lady may experience tension in her lower back or neck. At the slightest twinge, or hint of fatigue, it's time to change it up.



Here's where competence and confidence plays a major role, but the rewards are worth the challenge. By now the couple's intimacy and heat are a certainty. While his lady faces him, he stands and grasps her lower back with both his hands, and then with this sturdy and unbreakable hold, he slowly and gently slides her up his thighs from her arched position — her V is now frontal, right at the level of his awaiting tongue, and her mouth in position to suck on his stiff rod. This means his lady is upside down, suspended off the floor, with her legs around his neck locking her in place. She is totally vulnerable, relying on her man's strength and prowess. There's a good chance blood will rush to her head, adding to her giddy abandon. Cautionary note: This position, no matter how pleasurable, should be held no longer than a minute.



## **Supine 69**

Now it's time for the charged couple to relax into the classic 69 and reap the ultimate benefits of their strenuous sensual play. He lies on his back with his knees up while she's on top, straddling his torso, her mouth sucking on his raging rod while his tongue is licking and sucking her juiced-up yoni. In this position, the lady gets to control the pace of the oral pleasures. She can speed it up by sucking rhythmically on his tip or slow it down by licking his shaft. Because she's on top, she also controls the intensity of the pressure against her clit by adjusting her pressure against him. This comfortable yet scorching position brings the couple to a commanding oral crescendo.



She lies on her back on a flat but comfortable surface, legs straddling her lover. He hovers above in kneeling position, taking advantage of this setup for rear-entry oral sex.

She scissors her legs above his head, arching her back, with elbows on floor while he continues to offer rear-entry cunnilingus.



Her body relaxed and flexible from the concentrated V attention, he stands and

slides her up his thighs so she's now facing him, suspended from the floor while they offer each other oral delights.

He eases her down so her elbows rest on the floor, and while she recovers from the previous position, he kneels and seals her pleasure by returning to rear-entry oral licks.

The couple relaxes into the classic 69 position with woman on top, reaping the benefits of their strenuous sensual play.





## Ball Game

This sequence is guaranteed to hit a home run because it focuses on stimulating the man's sensitive testicles with his lady's light touch, luscious tongue, and wet mouth, while steamy rear-entry intercourse knocks it out of the park. But take care. Since a guy's balls are one of the most erogenous spots on his body, they're especially tender and sensitive. That's why playing with them can be tricky. Proper positioning and technique are ultra-important, but the variations are endless. She can combine sucking, light biting, and licking. Alternating balls is also a good idea because some men feel more sensation in one testicle than the other. Since the playing field is wide open, the couple can enjoy this cheerworthy sequence on a bed, couch, or chair.



## Striking a Balance

While her man reclines at the foot the bed, she kneels to the side in perfect position to lick, nibble (please, no teeth!), and suck his balls while stroking his hardening shaft. A towel or mat placed on the floor will protect her knees. Simultaneously, he gently prods her anal opening with his lubricated finger. As

her arousal increases, his finger deepens. To be sure his lady doesn't get carried away and mistakenly take her excitement out on his ultrasensitive balls or bulging tip, he stays in control by placing his hand on top of her head, manipulating the pressure placed on his penis and balls. If it's too much, he lets her know by tugging her hair.



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## Batter Up

Both partners are wet and wild by now, and they take advantage of the heat with

doggy-style sex. This lustful position begins with the man sitting firmly on the edge of the bed or in a chair. While she faces away from him, he lowers her on top of his erect rod, which fits snugly into her already primed backdoor. (Remember to keep lube nearby in case it's needed for easier entry.) While he leans back on his hands to keep steady, he allows her to stroke and gently squeeze his testicles. At the same time, the couple synchronizes their rhythm to match his thrusts by grinding hips in a circular motion, offering one of the best ways to stimulate her G-spot.



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## Rounding the Base

Guys find this position especially arousing because they get a full view of their lady's willing and wide-open bottom. She lies face down on the bed, with her ass up in the air and legs spread. He enters her backdoor, holding on to her waist

for controlling thrusts. This doggy-style position not only allows for deep penetration but also places his balls at the right level for them to bounce inside her thighs at every exulted push. The slide to-and-fro can be eased by applying lube generously to his tip and her rear entry. While he alternates deep thrusts with shallow ones, he can watch his penis pounding his partner's ass, which is always a huge turn-on. In the final inning, the couple rounds home base, scoring a pitch-perfect climax.



While he reclines, she kneels at his feet, sucking, nibbling, and stroking his balls and penis. He slowly inserts his lubed finger into her anal opening, priming her

for doggy-style entry.  
He sits on the edge of the bed as she kneels between his spread legs, offering tantalizing attention to his works.



Gently, he lowers his lubed rod into her backdoor as she sits with her back against his torso. While she attends to his testicles with her hands, the couple synchronizes their rhythm to match his thrusts by grinding hips in a circular motion.

While she keeps one leg planted on the bed for balance and a wide-open rear entry, the couple continues with standing doggy-style sex. She lies face down on the bed with her ass up in the air, legs spread. He enters her from the rear, controlling thrusts until they score the pitch-perfect climax.



## Bed Boogie and Bounce

For partners who may be bored with ho-hum sex in bed, this sequence brings new life to the familiar location, with the guy offering his lady erotic anal rimming while she's on all fours like a puppy in heat. From there it's more erotic romps with sex from behind until the couple, ripe for full frontal entry, switches it up and makes their final connection with intimate and deep-access missionary position. Offering a wide range of play, as well as optimum eye contact, kissing, and touching, this sequence culminates in a climactic dream come true. Ready for sleep after all this passionate frolicking? Well, these partners are in the right place, relaxed to the max, and primed to cuddle and catch those restorative zzz's.



## Bow Wow Wow

This position is about rimming, or analingus, with the man kissing and

penetrating his lady's anal opening with his tongue. The sex treat can be a yummy experience for both giver and receiver, but it's not for everyone. Be sure to check with your partner first. If it's a go, his lady is doggy-style on the edge of the bed while he's kneeling on the floor, positioned for easy access to her anus. He grabs hold of her thighs, gently spreads her cheeks, and then licks the entire furrow of her anus from top to bottom like luscious ice cream. Then he kisses it repeatedly or presses his flat tongue against the opening and holds it there until she moans for more. Then he can slowly start to move his tongue in, up, and down, or offer an in-and-out massage. Because the anus is made up of hypersensitive nerve endings, this position brings their encounter to a boil.



## **Standing for More**

From there, he rises and plants his feet on the floor while helping his lady transition from doggy-style to standing on top of the bed. Because the mattress may make her unsteady, he needs to continually offer support from behind. Once she's standing with her legs spread apart, her bottom against his rod, he enters her juicy anus and then, after riding for a while, turns her around and grabs her bottom to lift her to face him. In this position she rides his rod with her thighs locked at his waist, while his hands grip her ass. She arches back, holding on to his neck to allow intense penetration. Because she's hovering over the soft bed, any fear of falling is virtually eliminated. She can ride his pony vigorously and stay in the saddle for as long as the couple desires.



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## **Meeting in Missionary**

In missionary position, the woman lies on her back, with her legs spread flat

while the man lies on his belly on top of the woman, his legs between hers and his penis at the same level as her vagina to facilitate penetration. Pillows can be placed strategically to increase the depth of penetration or just under his lady's head to offer ultimate relaxation and to enhance her gaze. This position creates a romantic connection, affording the couple full-length flesh-to-flesh connection and the opportunity to look lovingly into each other's eyes. Missionary is also believed to be an excellent position for procreation, so if that's not what the couple wants, pay special attention to birth control. The missionary also allows the man to take charge of the rhythm and depth of thrusting. Or the woman can rock against him by moving her hips or squeezing him closer with her arms or legs. When the couple goes beyond the carnal connection, passion ignites a memorable heart-pounding explosion.



While the woman is in doggy position on top of the bed, the man kneels and

offers her stimulating analingus.  
He helps her stand atop the bed for deeper tongue penetration.



She leans into him, legs straight and spread, as he enters her from behind.  
Hooking her legs around his waist, he grips her bottom and she rides his pony,  
holding on to his neck for support while hovering above the soft mattress.  
The couple climaxes with deep penetration and the romantic connection of

missionary position, igniting sparks that result in an explosive and totally exhausting finish.



# The Office

For this boss and secretary role-playing sequence, the couple will need a sturdy desk for her and a comfy chair for him, as well as a willingness to explore the boundaries of dominance and submission. It begins with the boss coaxing his secretary to face the desk and sit down on his lap so she can experience his rising asset. From there, it's one forceful rear-entry position after the next, until she's ordered into a humbled supplicant's position with her anus at its widest and most welcoming. To keep this sequence steamy, it's important for partners to stay in their roles. Should his secretary slack off, a tap (or harder) on her bare derriere should keep her in line. Cautionary note: When couples are role-playing, they need to agree on a safe word beforehand. If spoken, it immediately halts the action.



## Lapping It Up

The boss draws his secretary onto his lap, facing away from him, her bare

bottom eased onto his erect member. Remember to keep lube nearby and apply generously. The boss may insist his secretary do this; it's his call. Next, she grips the desktop for support while her sensitive nipples graze the desk's edge, offering a touch of exquisite pain. In this position and throughout the sequence, the boss remains unequivocally in charge, and he won't put up with any back talk. Should she squirm or offer any resistance, he may have to slap her thighs. Meanwhile, her boss leans back in his chair, increasing his shaft's penetration and basking in their sensual pleasure.



When his rod is bulging and he's about to explode, he stops himself and orders his secretary to lean over the desk, face down, pressing her torso flat against its surface. In this position, her feet remain on the floor, and she feels the pressure of her cheek against the hard surface. Her boss grips her by the thighs and again pleasures his secretary and himself through rear entry. Each time he thrusts, her cheek smarts against the desktop. He holds on to her thighs and keeps at it. If she whimpers, he can slow down the action or spank her bottom to remind his secretary of her place. Domination increases in the following explosive position.



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## Beggar's Bonus

In this final dramatic position, he places his secretary in the ultimate submissive position by lifting her legs and putting them in kneeling position on top of the desk. Next, he pushes her face down, spreading her arms in front of her. This classic bow expresses respect, submission, and gratitude for her boss. An ultrahumble position, it not only affirms his dominance but exposes her anus to its widest receptivity. With one hand on her neck and the other grasping her thigh, he imposes his big, throbbing shaft deep inside her aching rear entry. There's no holding back now, as the boss works them both into an unforgettable climax.



The boss eases his secretary's naked bottom into his lap, her body facing away

from him. He slides her onto his rigid member, keeping lube nearby and applying it generously if needed.

They transition into standing rear-entry position. She leans against the desk for support.



He orders his secretary to lean over the desk, face down, pressing her torso flat against its surface. The boss continues thrusting. If he senses she's slacking off, he spanks her bare derriere.

Before the final supplicant position, he coaxes his secretary into a spread-eagle, her cheek and torso still pressed against the desk, her legs off the floor hugging her boss's thighs. Aggressive thrusting continues.

The secretary assumes the classic bow position, which shows respect, submission, and gratitude for her boss. It affirms his dominance and exposes her anus to its widest receptivity, helping bring the pair into an unforgettable climax.



## Seated 69

There's something animalistic about a lady turning her back on her man. Is it because this kind of anonymous sex feels filthy and forbidden? No doubt, the docile bottoms-up approach keeps a woman wet and hungering for more, while men enjoy the dominant position, which gets them harder faster. In this sequence, the couple starts off with 69 position on a sturdy chair, which titillates and lubricates her V and hardens his shaft. They move next to anal licking, clit diddling, and the final, explosive rear-entry slide-in position. Without exception, this sequence requires a steady seat, willingness to trust, releasing of any struggle, strong-arming by the man, and openness to reaching new heights of pleasure without pressure.



## Sizzling 69

The man settles comfortably in a strong chair. Leather is best, but any sturdy seat will do. Next, he draws his lady to him and strong-arms her by lifting her

into position so that her head is between his legs while she wraps her legs loosely around his neck and shoulders. Cautionary note to the lady: Don't squeeze too tightly here; necks are delicate. The man wraps his arms tightly around her back while she keeps her spine straight. Once secure, it's time to revel in 69. While she sucks and licks his tip and shaft, he does the same to her clit. The couple either stops on the verge of orgasm or sooner should she experience any light-headedness. His lady is helped to the next position slowly to avoid dizziness.



## **Sitting In**

Rear-entry sex boosts sexual tension because it allows deep penetration and gives a feeling of “being taken” (for women) or “taking” your partner (for men). After he licks her anus, she kneels on his thighs, still facing away from him, and arches back with her arms straight. While she grabs hold of his forearms for balance and safety, he leans back on the chair, completely spread - eagle, with his bulging shaft inside her moist anus. This balancing act makes G-spot stimulation spot-on. The woman moves up and down on his penis, controlling how much stimulation is directed at her clitoris. If his thighs get weak or shaky, he can lift the lady so she’s kneeling on the chair and continue pleasuring by diddling her clit.



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## Sliding Finish

The couple transitions to doggy-style, where they groove into the final, lust-

packed position. She hooks her feet on top of the chair and slides down, with palms resting on the floor for balance. Once she's feeling secure, he also hooks his feet on top of the chair; but before sliding down on top of her, he fills her anus with his bulging member. Once deep inside, he lies on top of her but takes all the weight into his own shoulders and arms, palms outside hers on the floor. The only pressure his lady should feel is his hard rod inside her. She should not experience any of his weight on her back or neck. Once he's penetrated fully, he thrusts gently until they both reach a sensational climax. Exhausted with pleasure, they roll to the floor and reconnect with intimate cuddles.



Seated in a steady chair, he draws his lady to him and strong-arms her by lifting

her into position so that her head is between his legs while she wraps her legs loosely around his neck and shoulders and they move into 69. While she straddles his waist and kneels on the chair, he licks her anus.



She kneels on his thighs, arches back, and holds on to his forearms for support while he's sitting in spread-eagle, entering her rear.

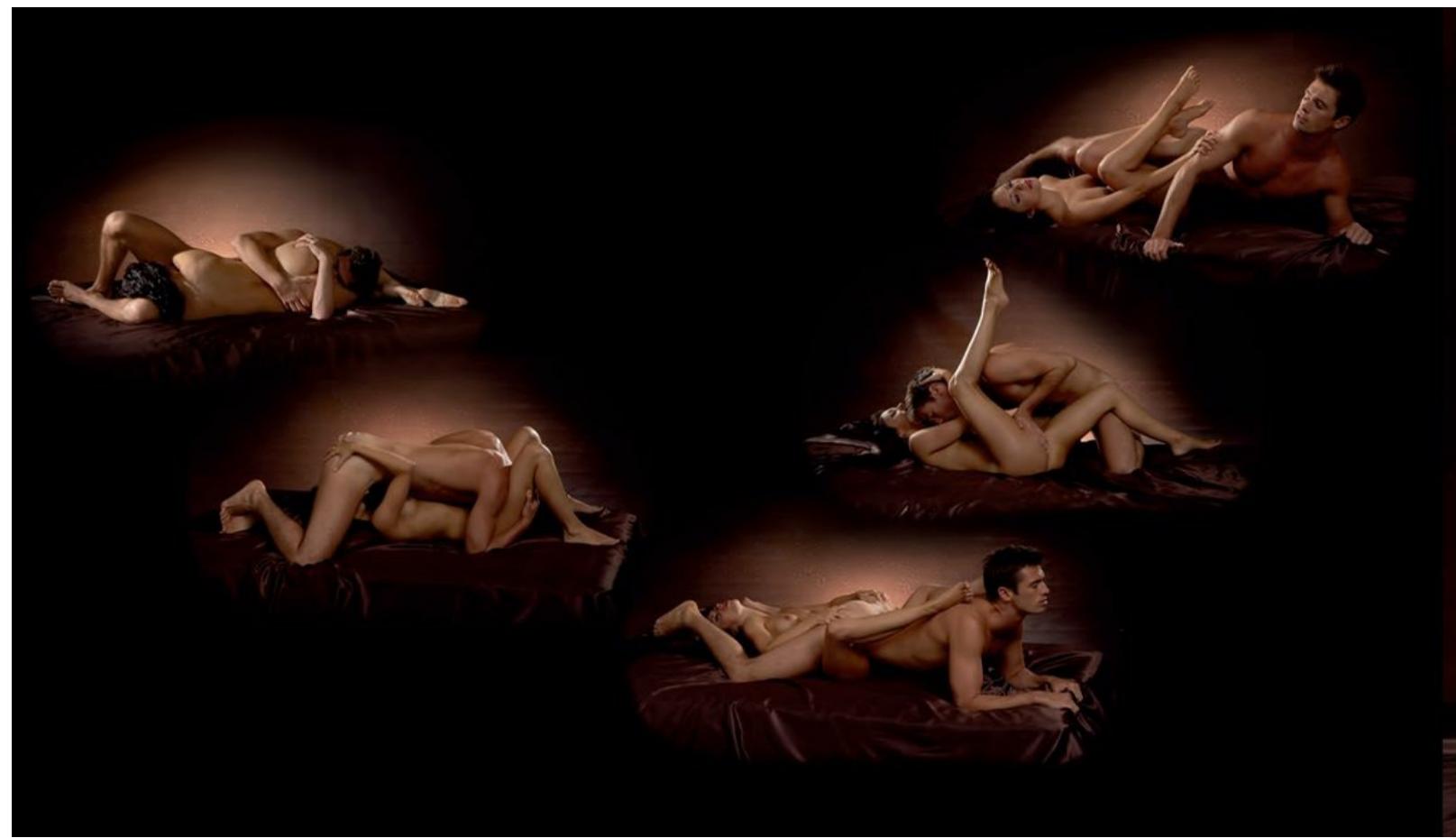
At the first sign of thigh weakness, they transition to standing and kneeling rear entry. She lightly holds his neck for support while he fondles her breasts.

With the final rear-entry position, the couple hooks their feet on the back of the chair and slides down to the floor. The only pressure she should feel is an orgasm building to monumental proportions.



## Bedding Down

Every lusty couple knows beds are not just for sleeping, but in this luxurious take-your-time sequence, partners get to explore their hot buttons, switching positions only when each is titillated to the utmost and ready to move to the next passionate pose. Despite the comfort and familiarity of the bed, this sizzling scenario takes partners out of bounds, exploring less conventional positions, beginning with sideways 69 and coming to a smashing climax in deep-down copulation. Since the bed is a safety zone and there's little chance of any injury, the pair can delve into carnal knowledge without concern for discomfort, enhancing intimacy and stoking heat until their ultimate blast-off.



### Sideways 69

The sideways position puts a steamy spin on the classic 69, giving couples a chance to enjoy extreme pleasure without feeling the weight of their partner on top or the possibility of neck or back strain. It also helps reduce her gag reflex

when she's sucking his shaft. While she's on her stomach, he positions his head toward his lady's feet and then rolls her toward him until her V is facing him. It's the perfect position for plunging his tongue deep into her lady flower. Using each others' leg as a pillow adds to the comfort and closeness of sucking and licking. Partners can pleasure each other in this relaxed yet stimulating position for as long as they desire or bump it up by rolling back and forth while licking and sucking. An awareness of the bed's edge will help avoid tumbling to the floor, though this "mishap" can add a sudden jolt of excitement.



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## **Relax and Reenter**

Transitioning slowly from sideways to standard 69, with woman underneath and man on top, she remains below her partner and slips his penis inside her waiting

V. If her man has lost a bit of his erection during the transition, she can pump his shaft rhythmically before entry, hardening him with each stroke. Next, he lifts his upper torso by leaning on his elbows, with his knees slightly raised to offer deeper entry. She leans all the way back, squeezing her legs above his butt and resting them lightly on his upper back. Rather than promote strong thrusting, this slow, relaxed position encourages the sensation of fullness between her legs, increasing her juices while heightening the couple's desire to reach a simultaneous zenith.



The couple is now more than ready to consummate their connection with renewed eagerness. They accomplish their goal because she's in charge of aiming his penis on her G-spot with the intensity and speed of an arrow to a bull's-eye. While his lady contains his hard tip and shaft in her wet V, she remains on her back and brings both knees to her breasts, crossing her legs at the ankles, thereby tightly cinching his penis inside. This lockdown position gives steamy support to his hard member, allowing him to roll to his side, raising his upper body on palm and elbow while plunging deeper inside her and getting a stimulating view of his lady's expression as she maneuvers, slides, and glides with ever-increasing enthusiasm until their mutual spasm peaks and explodes.



In the sideways version of the classic 69, she's on her stomach while he

positions his head toward her feet and then rolls her toward him until her V is facing him: the perfect position for plunging his tongue deep inside her lady flower.

Staying in 69, the couple transitions to woman on the bottom, man on top.



She pumps his shaft and then slips it inside her V, cinching the connection by placing her legs lightly on his back in scissors position. He keeps his upper torso

raised on elbows.

His lady lifts one leg, hooking it over his shoulder, while he kneels above her and diddles her clit with his finger.

The final lockdown position gives support to his member while he rolls to his side, raises his upper body on palm and elbow, and thrusts deeper inside. He gets a view of his lady as she twists and maneuvers until their juices are peaking and their mutual orgasm explodes.



## Seat or Sofa Sucking

Sometimes the bed is just too boring. In this sequence the couple takes it to another level by enjoying multiple sex acts and positions on either a sofa or large, comfy seat. The action transitions from foreplay to final rear entry, leaving the motion, speed, and angle totally in the man's control. His lady is submissive, giving and receiving the pleasures of his equipment on the big seat or sofa while he's rewarded with full erotic views of each entry. Since this sequence can offer cushiony comfort for the woman, there's no need to rush to a climax. Taking their time, partners stoke the passion slowly until the flames of a scorching bonfire can no longer be contained.



## Standing BJ

By standing above his woman while she sits on the edge of the sofa or seat, with his growing shaft in her mouth, he not only expresses his dominance but can easily watch her lips slide up and down his member. It also means he's in charge of the sucking motion and pressure by guiding her with his palms on her head. If

he goes too fast or too hard, the woman can keep a damp hand (moistened by her spit) around his shaft. This not only mimics the sensation of her mouth on his now unyielding rod but keeps her from gagging. If she wants to further stimulate him, she uses her fingertip to massage his nerve-packed perineum or tries the hummer, an oral sex technique where she literally hums and creates vibrations on his rod. Before pleasure reaches scorching results, the man disengages and moves to the next position.



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## **Sitting Pretty**

What guy doesn't want to see his firm penis pump her juiced-up V? This position, where his hot and horny honey slides down, gripping the top of the sofa or seat for support, offers a five-star view. To get the most bang for his buck, he sits on his knees and hooks her feet over his shoulders, allowing him to maintain the height of penetration and tightness as well as to be in full and utter control of the motion. If feet are his thing, or hers, he can simultaneously lick and massage her feet and suck her toes. Watching his fired-up energy and passion as she reclines on the seat will compound her clitoral response. Cautionary note: Since the man is in control, he needs to take care that his powerful thrusts aren't causing her head to slam against the back of the sofa.



## Crouching Doggy, Thrusting Tiger

She crouches on the seat or sofa, elbows resting on the top for support. While his lady is balanced in submissive half-doggy position, he enters her rear, fully erect, bending his knees if he feels his rod slipping and gripping her thighs for balance and control. He may want to pinch her flesh should the urge overtake him. Although he's in full dominant mode, he exercises caution to avoid penetration that might be too deep and could cause his lady pain or damage. Again, he watches the action if he chooses or gets lost in the throbbing sensations as they build to a memorable peak.



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While he stands above her, watching the action and controlling the movement, she sits on the sofa or seat, offering him deep oral sex, including shaft pumping

and stroking, as well as perineum massage.  
He returns the favor by kneeling and lifting her legs on top of his shoulders,  
raising her bottom and positioning her clit for explosive cunnilingus.



To enjoy the scrumptiousness of her juicy V, he hooks her feet over his shoulders and enters her fully while catching a perfect view as he controls his thrusting motion.

Getting down analingus-style, he licks and darts with his tongue, and sucks and kisses his partner's anus, stimulating her to want more . . . more . . . more.

She gets it when his firm penis pumps her juiced-up canal. The throbbing sensations mount until the couple reaches the peak of pleasure.





## Pleasuring Her

It's a scientific fact: Women love sex as much as men. They crave orgasms and revel in explosive release. That said, there are special techniques that drive women wet and wild. This sequence takes the couple on a journey of foreplay specially designed for her, from the starting gate of memorable clit licking to the final destination of mind-blowing, G-spot satisfying insertion. By giving her control, paying attention, and assuring the woman of his love, desire, and mastery, the man will find that this sequence is one his lady will want to repeat. If he knows that she likes dirty or sweet talk, it's the time to let it out. Nothing leads a woman to earth-shattering orgasm faster than treating her lady flower to the pleasure and adoration it deserves.



## Finding Buried Treasure

This position ups the oral passion and offers the lady unlimited pleasure because it exposes her V completely. To get the optimum perspective, he lies on his back on the bed or cushioned floor while she's positioned above him on her knees,

facing his feet. She arches back, enhancing his bird's-eye view of her lovely V. He's in a relaxed, perfectly centered position to expertly nibble and lick her clit and lips, as well as diddle her button with his finger, rub her mound, or insert three or even four fingers deeper inside. When he comes up for air, it's a good time to tell her how beautiful she is down there and how he can't get enough, helping her to remain secure and confident.



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## Taking It In

Not only is being on top supergratifying for her, but he also gets a treat as the witness to a view of his woman's seductive curves. To satisfy her craving for deep penetration, he lies on his back while his woman faces away and raises her upper body, keeping the weight of her torso on her hands. This position allows the man to insert his penis inside her and at the same time stroke her clit, but she's in control of the speed and intensity of penetration. Even though she's in charge, he still needs to remain sensitive to the weight his lady is placing on her palms. At any sign of fatigue, he can coax her to switch positions. The man may need to stroke his shaft to keep it solidly inside her during the transition.



# **Her Call**

This position allows the woman to stay in full control of the speed at which sex occurs. She continues to face away from him, straddles his hips, takes his rock-hard penis inside her, and then lies down on top with one leg stretched out and the other bent, ensuring G-spot titillation. Since she's not gazing into her lover's eyes, he can create intimacy by telling her how much he loves her and how good it feels. Or his lady might prefer dirty talk. In that case, he should let it rip. This is her game. She chooses the speed and rhythm she wants, sliding up and down on his shaft, moved by her own desire. This position not only rocks her world but his too. He is both visually and tactically stimulated, free to play with her breasts and stroke her clit, while his rod rejoices as the couple collides in ecstasy.



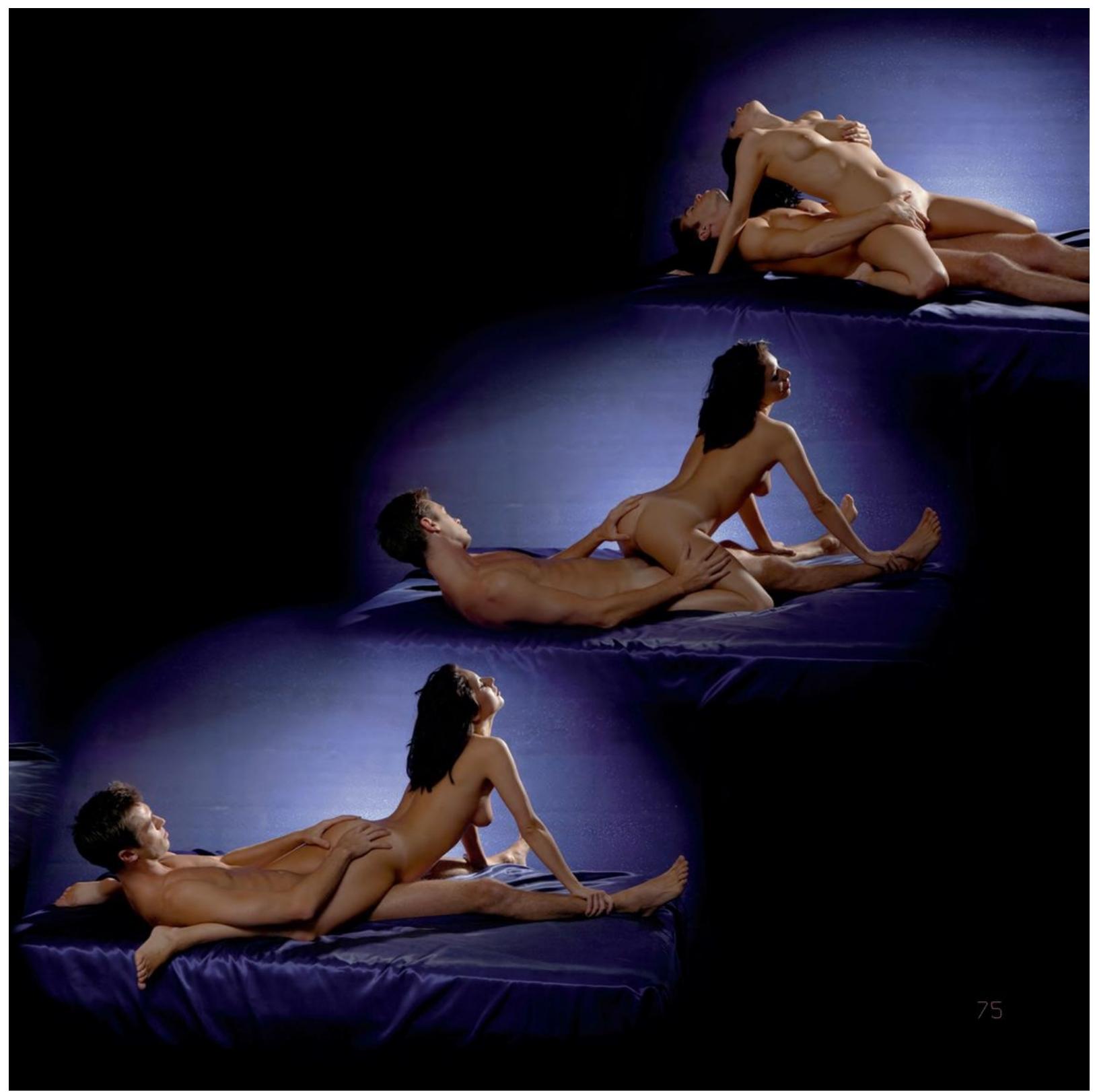
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This position guarantees oral and digital pleasure because he's lying underneath her exposed V.

She moves from kneeling to prone crouching position. He continues oral sex, pleasuring her clit from the rear.



While she faces away from him, he inserts his rock-hard shaft into her wet canal. To create intimacy he talks sweet or dirty, depending on her erotic taste. For deeper penetration she kneels, still facing away from him. She continues to control the thrusts and G-spot titillation until she's ready to let go, culminating with the couple colliding in monumental ecstasy.



## Lady on Top

Couples may think if the woman is on top she's in complete charge of stoking the inferno, but in this series both partners are in a perfect position to bump up the passion. That's because this sequence plays off basic missionary moves, but with plenty of swiveling, switching up, and side-to-side penetration. Woman on top offers the couple a hot collaboration; they both decide on pace, speed, and depth of entry. Communication, verbal and carnal, is important so one partner doesn't switch positions before the other is ready to make the move. There's no rush. What's most compatible for the couple is revealed as the angle of V and shaft shifts from position to position. Otherwise, it's ride 'em, cowgirl. She takes the reins and bucks his bronco until they ride off into the red-hot, exploding sunset.



## Lapping It In

This is one of the best positions for deep penetration. It's simple to get into, as the man sits with his legs crossed, his hands splayed and resting on the bed for

balance. He draws his honey onto his lap and eases her down onto his hard shaft. She sits with her legs raised on his shoulders for balance and precise penetration. While she arches back, he grabs hold of her bottom but remains hard and steady. Instead of the standard up and down, the woman sways back and forth, with a gentle rubbing motion. The couple can try out different speeds to gain the utmost pleasure. Be aware that some women in this position find deep thrusting against their cervix uncomfortable (especially with well-endowed partners), while it can bring others to orgasm.



## Sliding Side to Side

This posture allows for deep penetration with a twist. The woman lies on her side, while the man sits up, leaning back on his palms. The movement of the woman is left to right as the man is thrusting in and out. Side-by-side sex puts less pressure on his penis and slows down the approach to orgasm, which is useful for men with premature ejaculation. If a man has the opposite issue (not being able to ejaculate during sexual intercourse), it may be a better idea to avoid this position, since it produces even less stimulation than others. The position requires nonstop movement of the woman's pelvis to avoid the loss of her man's erection. Since the couple remains in communication, including sharing gazes, this position enhances intimacy, deepening the couple's connection in more ways than one.



## **Locking Her In**

Although the woman stays on top, in this position the man exerts his influence by locking his legs around her pelvis and limiting her range of motion, creating a hot bondage effect. She can still rotate her hips in a circular movement on his hard shaft, lean backward and forward, and move slowly. But she won't be able to withdraw from his penis even if she wants to rub her vulva along its length. In this position, it's the man who gets to thrust deeply, but he needs to do it gently and see how it goes down before pounding her into orgasmic submission. It won't take too long before the couple is fully satisfied, and they're both sweaty and spent, sitting on top of the world.



The man sits with his legs crossed. While he eases her down onto his hard shaft, she keeps her legs on his shoulders for balance and sways forward and backward, rubbing against his shaft.

She stays on his rod, but switches to sitting position to straddle his waist.



The woman lies on her side, while the man sits up, leaning back on his palms. The movement of the woman is left to right, requiring nonstop action of her pelvis to avoid the loss of her man's erection.

She sits facing away from him while he pumps his hard shaft deep inside from

back to front.

His lady remains on top while he exerts his influence by locking his legs around her pelvis and limiting her range of motion, creating a hot bondage effect that brings the couple to feel fully satisfied, sweaty, and spent.



## Turn Around

For partners who like to go with the flow and get a heated rise by switching it around, and who enjoy the ins and outs of different entries (facing each other, turning away, connecting intimately, or releasing anonymously), this highly varied sequence is just right. From sitting to lying flat to kneeling, it is a whirlwind of possibility. In addition, the sequence promotes an especially high buildup of sexual tension in the genitals, which in turn pumps up the couple's all-around body energy and leads them to an electrifying climactic finish. This dizzying sequence also guarantees partners a burst of orgasmic pleasure that lingers long after the initial release.



## Holding the Connection

Sitting is an excellent position to enjoy the buildup of sexual energy as it flows in

and throughout the body. Eye contact, breath connection, heart connection, and intimacy are all facilitated by facing partners. Partners maintain this highly charged superconnection, gazing, kissing, and sharing their silent communication until they feel the energy rising to such a height, there's no holding back. It's this moment that cues the couple to switch positions. Since exquisite timing is necessary, there's a meditative quality to this tantric-influenced pose. The goal is to stay as still as possible, keeping legs wrapped in sitting position, with torsos, lips, tongues, and gazes touching, moving only slightly to keep his erection hard.



There's scientific research proving men are visual, and this position gives him a nice look at his lovely's bottom while his shaft is penetrating her. Making sure her entry is well lubricated before the journey begins, he lies on his back, with his head and neck craned to fix his view, and immerses his rod in her backside. If the mood strikes him, he can smack that naughty girl lightly on her spread cheeks. While she sits facing away from him, straddling his hips, the rear entry can easily be adjusted so the angle and depth of his penetration will follow the way the couple moves. The woman can adapt the experience for herself, either moving up, down, or to the side while offering room to increase the pleasure for her partner.



# High and Low Down

In this position, the man goes deep inside his lady's anus while his testicles are freely hitting her bottom with every thrust of his rod. While she lies with her ass raised in the air, he kneels and grasps it for a hard ride that will bring out the wild even in the tamest guys. Though his lady is face down, their energy, secured in the first position, keeps them physically and spiritually connected. Since this position also enhances depth of penetration, he needs to keep his ears open in case she asks him to ease up on his thrusts. Slow and easy, then fast and hard, this scorching approach will inevitably lead to their lava-flowing volcanic eruption.



The objective is to maintain a Tantric-like connection, keeping still with legs wrapped in sitting position, undulating slightly to keep his erection hard. He turns his lady around and draws her onto his lap, kissing her neck and caressing her breasts and thighs.



While she sits facing away from him, straddling his hips, her well-lubricated rear entry can easily be adjusted while he enjoys the penetrating view.

Withdrawing his hard rod for a moment, he caresses her torso and licks her anal opening while her desire for reentry is heightened.

He goes deep inside his lady's anus while his testicles are freely hitting her buttocks with every thrust of his rod. Switching between smooth, slow movements and hard, fast thrusts, this superhot technique will have the couple gyrating with volcanic passion.





# O! O! Ottoman

If couples are lucky enough to own an ottoman (a low upholstered seat or footstool without a back or arms), they have a fabulous piece of furniture just right for deep rear penetration and clit-hitting gratification. What makes the ottoman so special? It's slightly lower than most beds and usually firmer, but has enough width to guarantee stability. The less fortunate can pile sturdy sofa cushions on the floor and, with a bit of extra care, experience the same joyride. In this sequence partners are encouraged to prepare for variations of ottoman-enhanced doggy-style, starting with the woman licking and sucking her man's member until it's bulging and ready for a series of backdoor thrills. The final position delivers partners to the Ottoman Empire of Rapturous O's.



## About Face Blowing

This position involves the woman lying on her back, with the man standing above her, his legs apart, exposing his works. The revealing pose provides the woman with access to his scrotum and other areas while giving him the opportunity to reach under to guide and stroke his shaft into her mouth. It also frees the woman's hands to caress her partner's chest and stimulate his nipples with a squeeze or tug. A lady who is able to offer deep-throating (as the ottoman position promotes) is a guy's wet dream come true, but finessing is also thrilling. This position also demonstrates how supergratifying it is for his woman to start with a soft penis, encouraging his rod to respond to her mouth and touch. Once his member grows, she needs to back off as he gets close to ejaculating.



## Ottoman Antics

This position is for advanced couples who know they can rely on each other for strength, daring, and flexibility. That said, the ottoman offers extra support and firmness to almost any adventurous couple willing to give it a go. He's already standing, plugging her rear, when she transitions to push-up position with straight arms, hands resting on the sturdy ottoman. He lifts her legs by her ankles until her body is perpendicular to the ottoman, and then holds tightly to her thighs. She locks her legs around his waist as his legs remain firmly rooted to the floor. The couple must be sure to continue to use lots of water-based lubricant, which needs to be kept within easy reach, since his lady's lovely anal opening won't self-lubricate.



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## Kneeling Back

He kneels on the floor (placing pillows under his knees, if needed) at the back of the ottoman, while his woman kneels on top of it, her spread anus still welcoming his rod into her rear entry. He holds on to her hips and pumps with sensitivity and precision. In this position she can choose to either masturbate herself while he thrusts or arch her back and receive the full sweet benefit of his engorged shaft. By now she is well greased and able to receive his efforts, enjoying the clit-massaging effect. The crowning achievement of the ottoman series is a simultaneous O that will rock 'n' roll the couple's world.



She lies on her back, with her man standing above, providing access to his scrotum and other areas, and giving him the opportunity to reach under to guide

and stroke his shaft into her mouth. She takes his shaft and sucks it from soft to bulging.

His lady is entered in classic doggy-style, taking advantage of the sturdy ottoman to offer clit-stimulating deep penetration.



Already standing, he plugs his partner's rear as she transitions to push-up position. The couple must be sure to continue to use water-based lubricant kept within easy reach, since his lady's lovely anal opening won't self-lubricate.

He lifts her off the ottoman for a few delectable seconds of raised rear entry. Releasing her in kneeling position to the ottoman, he also kneels, continuing to thrust deep inside her backdoor until the couple reaches the crowning achievement of the ottoman series: a simultaneous O.



## Pillow Talk

Plumping up a position with a pillow not only adds height for deeper, on-target clit penetration but also offers greater comfort to the receiving partner. In this floor sequence, which includes acrobatic rear-entry positions as well as classic doggy-style, the pillow is crucial for the couple, especially the woman, to truly relax and avoid back or neck pain. Yes, women adore it hard when it comes to their man's rod, but when it comes to their own spine? Not so much. Playful partners who are adept at switching it up in rear-entry positions will be especially fond of this sequence because when it comes to power and passion, this bottoms-up pillow series will take them to new levels of uncontrollable combustion.



## Backing into the V

Cirque du Soleil, anyone? This thrilling position requires the woman to rest her torso on the floor with the pillow tucked under her neck and bottom as she lifts

her legs and spreads them just wide enough to accept her man's member. Once she's comfortable and balanced, her partner sits his rear end on top of her spread thighs, facing away, and threads his tool into her wide-open vagina. This position not only allows for deep penetration but keeps the woman's body angled so her G-spot is stimulated by his rhythmic, slow thrusts. Though the position probably can't be maintained for too long, she'll enjoy her partner's penetration as well as the slapping of his testicles against her V. If the couple remains comfortable and well-balanced, the man can simultaneously reach down and rub her clit with one hand, or if preferable, she can rub her own clit.



## **Raised Wheelbarrow**

Although this may be tough to manage at first, the stimulation this position guarantees will keep a couple wanting to stoke the fire. As long as he's hard enough to stay inside, he grips her waist with his hands and lifts both her legs while she rests her forearms on the pillow for balance. This pose is exceptionally erotic because it gives him the opportunity to watch his tool banging inside, but it's best if he doesn't get too carried away, since it can be exhausting for his lady. As a hot yet gentle man, he might consider holding it in for only a few memorable thrusts.



## Bow Wow . . . Wow

Thanks to a pillow strategically placed under the couple's knees, this classic doggy-style offers maximum power and pleasure. In this sexed-up position the woman can choose to remain stationary while the man pumps, or she can join in the thrusts, moving her hips backward and forward. Or he can remain stationary while she moves back and forth on his erect shaft. Whichever way, the couple should stay within the boundary of the pillow to protect their knees and relish the profound sensations of classic doggy. Since this is a cushy position, partners can keep at it, raising the heat and passion until they yelp with delight.



The woman rests comfortably on the floor with the pillow tucked just under her neck and bottom as she lifts her legs and spreads them. Once comfortable and balanced, her partner sits on top of her spread thighs, facing away, and threads his tool into her wide-open V.

He turns around and crouches slightly, lifts his lady's legs and places them around his neck, then plants his rod through her V's front entrance.



As long as he's hard enough to stay inside, he grips her waist with his hands and lifts both of her legs while she rests her forearms on the pillow. This position is exceptionally erotic, but it can be exhausting, and the couple may want to hold it

for only a few memorable thrusts.

With forearms on the pillow, she lowers the wheelbarrow. He lubes her liberally, then enters from behind and thrusts.

With the cushy pillow softening their movements, this couple can keep at it, slamming away until they howl with happiness.



## Rug Roughhousing

In this sequence the couple takes advantage of the carpet and its width, length, and softness, allowing them to delve into the juiciness of the series without the distraction of tumbling from bed to hard floor. They need be attentive only to possible rug burn, remedied easily by making slight adjustments. Partners begin the roughhousing sequence with the woman on her knees, captivating her man with oral pleasures guaranteed to harden his rod to the extreme; he'll stay rock steady and buried deep in her V while they transition through various steamy positions. With consistent and unyielding insertion, partners will definitely cut a memorable rug, reaching a high-scoring climax.



## Sucking It Up

In this position the man stands up while the woman gets down on her knees,

placing her mouth at just the right position for a blow job that will blow his mind. Being on a rug protects her knees so she can control the speed, firmness, and intensity without discomfort. Using her tongue to stimulate the tip, she slides her lips over and up and down his shaft. Sucking a little bit during the journey will harden him quickly. Watching his lady's head bob while she sucks with concentration and enthusiasm, stopping every now and then to tease him, slap his ass, or squeeze his balls, will further heighten his excitement. As soon as she feels her man is about to explode, it's time to pull out and move on.



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# **Arching Bridge**

This highly advanced position helps to hit the G-spot, but both partners are going to need strong bodies - not only their arms but abs, calves, quads, and inner-thigh muscles, too. Even those couples who dazzle other gym-goers or yogis shouldn't hold the arching bridge for more than a minute because blood can rush to the lady's head and cause dizziness. In this position, the woman arches backward, with her arms straight down until her palms rest on the floor. Her legs wrap around her man's waist for support and balance. He stands firmly on the rug, holding her waist tightly with both hands while his unyielding shaft is deep inside her V, massaging her most sensitive spot. Slow and easy it goes to avoid dislodging his member and to maintain balance. Ease down into the next position with care and tenderness. The carpet offers added security.



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## Pole Pleasures

When she's on top, she can control the angle and depth of penetration and she is free to grind her hips in any way that's pleasurable for both partners. Moving back and forth stimulates his penis more intensely so he'll last longer and offers her sublime clitoral friction. To avoid rug burn on his butt, she needs to push back and forth without applying too much weight and pressure to his torso. As he lies on his back enjoying the view of his lady's rocking body, she can tilt her pelvis forward and stroke his testicles, or he can reach up and fondle his lady's breasts, while they ride his rock-hard shaft into a frenzied delirium.



The man stands while his partner kneels, placing her mouth at just the right position for a blow job. Being on a rug protects her knees so she can control the speed, firmness, and intensity without discomfort.

He shoves his hard shaft into her canal. Then, he lifts her by the waist and holds her aloft, and she squeezes his waist with her legs and arches back.



Moving slowly into this advanced position, she arches back while her arms reach straight down and her palms rest on the floor. Standing on the rug, holding her waist tightly with both hands, he positions his unyielding shaft deep inside her V,

massaging her most sensitive spots, while her legs squeeze his thighs for balance and support.

He eases down to kneeling position, bringing his lady with him as her V swallows his shaft; she reaches between her legs to rub his rod if it needs to be coaxed back to hardness.

While he lounges back and soaks in the view of his lady's nakedness, she can tilt her pelvis forward and stroke his sack, or he can fondle her bare breasts while the couple rockets to orgasmic explosion.





## Spinning Spoons

Couples who are hungry for cuddling and also have a burning desire to experience prolonged penetration will be highly satiated with this delicious sequence. The term *spooning* reflects how two spoons are nestled together, side by side. In this sequence partners get a chance to bump up their overwhelming satisfaction by switching who's on top and who's on bottom. Guaranteed to give couples their fill, this position's only "disadvantage" is that it may be too much fun; the couple may not want the pleasure to end. For those couples, it's best to allot plenty of time from their otherwise busy schedules to allow for this steamy carnal feast.



## Hand Job

Pleasuring a man by hand is a wonderful way to prepare for exquisite penetration. In this position, the couple is reclining in classic spoons, with the woman on the outside, spooning the man so she's in a prime place to reach around and grab his rod. After gently putting some lube on his member, she

wraps her fist around his shaft and slides up and down with a slow and steady motion, never forgetting to round his tip. Since variety is the key to arousal, after he's risen to the occasion, she can vary her speed and pressure. For hyperstimulation, his lady can massage his supersensitive corona (the ridge where the head meets the shaft) and frenulum (the thin ridge that runs the length of the underside of his penis). As he nears orgasm, it's time to stop the stimulation for the next course.



## Rear-Entry Spooning

Since there's full-body touching in this position, couples experience the intimacy of cuddling while still feeling the sensual pleasure of backdoor access. The woman lies on her side, putting her front leg on top of the other to offer easier entry to her V. The man positions his pelvis behind, supports himself on his

elbow, and raises his upper body for thrusting power. In his outer spoon position, he can caress her breasts, nibble her neck, or stimulate her clit while whispering sweet nothings or dirty desires in her ear. Easy on the muscles, it's also a cooperative position where both partners can control the angle and depth of penetration. But when they do switch angles, his rod might slip out. No worries. Partners can choose either to reinsert or to move on to the next equally hot position.



## Pounding the Bend

Now it's time to finish off the tasty feast with an unforgettable dessert. While the man is in kneeling position he helps raise his lady into half wheelbarrow position by lifting her up by the hips. Once she's comfortable, with her head resting on the bed and her hands gripping the edge to hold on tight for his deep thrusts, he pounds her backdoor. An added treat is the friction her clit experiences against the sheet, as he pushes in and out. She stays open to his sweet power until they're satiated with a climax worthy of a dining critic's five stars.



Reclining in classic cuddly spoons with the woman spooning the man, she lubes his rod, wraps her fist around his shaft, and offers an alternately classic and spicy hand job that can include stimulation of his supersensitive corona and

frenulum.

She rolls over on top of him, straddles his hips, and guides his hard rod into her V. In this position they can easily communicate with steamy eye contact.



Lying on her side, the woman offers easy access to her V by keeping her front leg on top of the other while the man spoons her. He supports himself on his elbow and raises his upper body for more thrusting power, while he caresses her breasts, kisses her neck, or stimulates her clit.

He rolls her on her stomach and inserts his tool into her anal opening, elevating his upper torso to maintain deep thrusting power.

In kneeling position, he raises his lady to half wheelbarrow, angles her at the hips, and jackhammers into her rear entry. Her clit is treated to an extra bonus from the friction of his shaft going in and out. She stays open and ready for his thrusts until they are both satiated with a five-star climax.



# Standing Up for It

The vertical coupling sequence heats up slowly and culminates with brutal, take-it-as-you-can quality. Though the positions might not be easy to master immediately because they require coordination, strength, and balance, partners can prime themselves for empowered, standing, front and doggy-style entry with focused foreplay. Before beginning the standing sequence, consider the height and weight of your partner. These two factors will dictate which standing positions can be achieved easily. One partner might need to stand on a big book or low stepping stool to equalize height, or it might be safer if one partner's back is against the wall for stability. Partners can explore the possibilities to see how much titillation they can stand before erupting into pure pleasure.



## Heating the Connection

If the couple is approximately the same height, they can get right to the action. If not, set up a stable lift on the floor for the shorter partner and begin by

making a soulful standing connection, gazing into each other's eyes and tongue kissing deeply. Once he feels her heat rising, he reaches down and massages her labia and clit. If he knows his lady is a mult climaxed, he can masturbate her now for the first of many orgasms. If she holds back for one huge blast, he keeps his fingers busy feeling her clit engorge and her juices mount. With the other hand he massages her nipples that have grown erect from his caresses. Once she's drenched and yearning for more, they move on.



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## **Hoisting the Goods**

This standing position requires the partner to be light enough to be lifted. If there's any question whether the man has enough strength or balance for the task, he can lean his back against the wall for added stability. He lifts his honey pot off the ground by placing a palm on each butt cheek and hoisting her up to his waist level. She puts a hand on each of his shoulders for security while he guides his hard tool into her waiting V, and she crosses her ankles around his butt to hold him in tight. Once the connection is solid, she can employ a hand to stroke or pinch her strong man's nipples for additional titillation. Again, the position is less strenuous and the couple can better synchronize moves if he leans against a wall. She squirms with delight until he can no longer hold her aloft and encourages her to slide down.



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## Getting Over the Hump

This position requires the lady to bend over at her waist and place her two hands on the ground while her legs are kept spread apart, revealing her fully. He stands behind her, bending slightly at the knees and gripping her hips, as he slips his engorged rod into her lubricated anal opening. With this position, it's easy to see exactly where his rod should be stuffed, but he takes his time to be sure she's ready for such deep penetration. Then he pumps with fervor, holding tight to her waist, until they both can't resist the urgency of the call to climax.



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Once the standing couple determines they're a compatible height and weight, they face each other and deep tongue kiss while he fingers her clit and her

juices flow. With the other hand he massages her nipples that have grown erect from his caresses until she's drenched and yearning for more. Craving deeper stimulation, she leans back slightly, stands on one leg, and hooks the other around his. He continues massaging her clit with one hand while the other grabs hold of her suspended thigh.



He lifts his lady up by placing a palm on each butt cheek and saddling her up to

his waist level. She steadies herself with a hand on each of his shoulders while he guides his hard rod into her wet V. Her ankles cross behind his butt to cinch him inside.

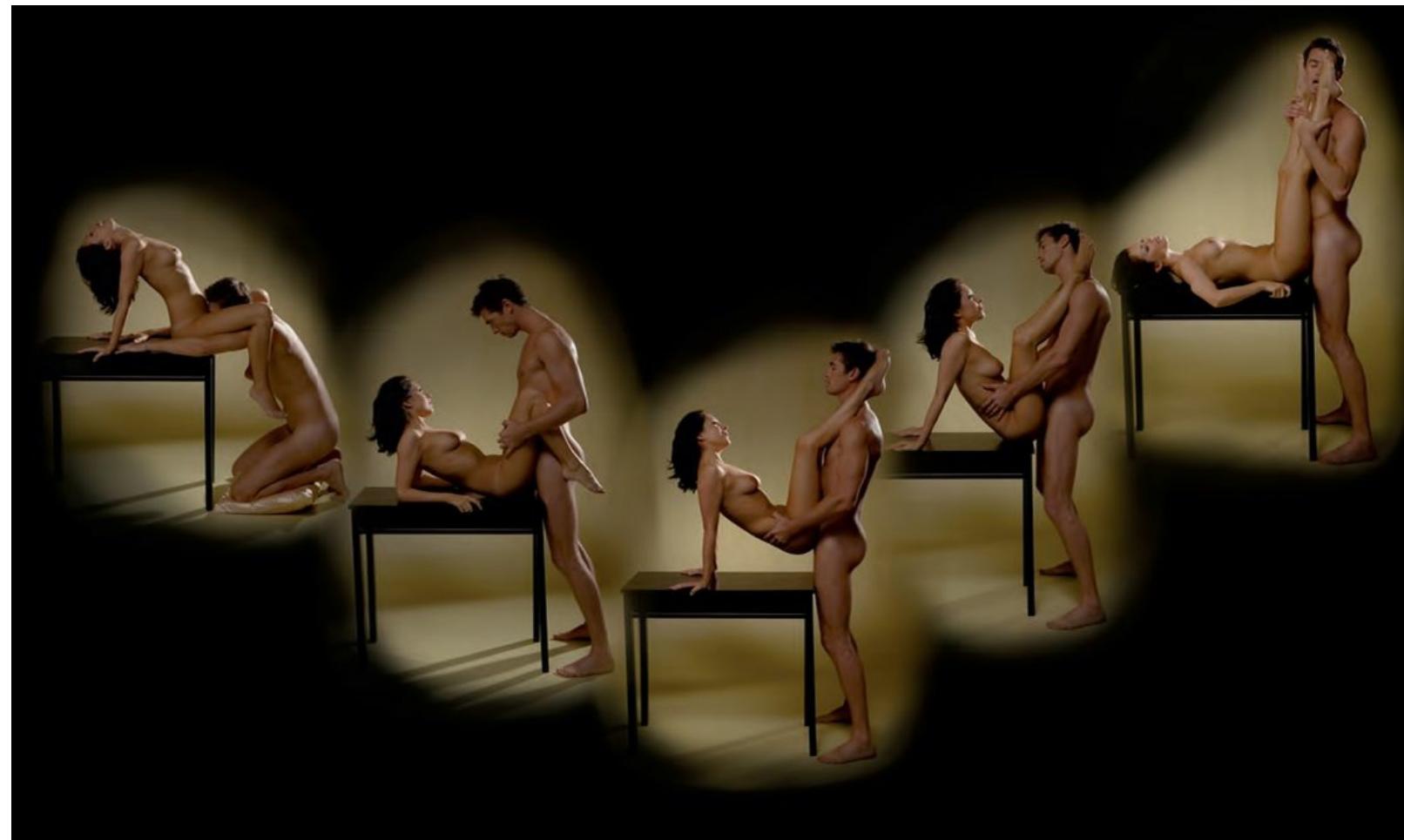
For more vertical variety, she stands with her back to him and reaches her hands behind to his neck, putting his hands in easy reach of her stiff nipples and throbbing clit.

Standing behind the woman and bending slightly at the knees and gripping her hips, the man slips his erect member into her lubricated backdoor and pounds with fervor, holding her close until they collapse in climactic glory.



## Table Topping

What makes sex on a table such a treat? Not only do tables provide a hard, balanced, secure, and unwavering surface, they have fantastic edges that position partners perfectly for oral sex and hard-core banging. In this sequence, it's the woman who slides to the edge while her man takes her to the breaking point of passion by first licking her as if she's the most delicious lollipop ever. He then transitions to far-reaching insertion so the couple can savor the sweetness of their steamy acts. But good table manners must be maintained. Be sure she doesn't get so juicy she slips off the table and make certain he doesn't come back for seconds after she's fully satiated by their hot feast.



## Tasty Treat

In this easy-to-reach position, the woman shimmies to the edge of the table, arching back on her hands and resting her bent legs over her man's shoulders

for support and easy pussy entry, while he kneels on the floor (placing a pillow under knees for comfort) and offers his lady lots of eating-out skills. How he gives his woman a licking depends on her tastes. The clitoris, which sits a few centimeters above her lady flower, is extremely sensitive. That said, some women like it rough with nibbling, strong sucking, even slapping, while others crave a gentler approach such as tenderly pinching the woman's labia together so that they mimic lips. In this way the man can start softly by kissing those lips as if they were her mouth. In any case, communication is key. Paying attention to verbal and nonverbal cues can give her the feast she hungers for.



## Elevating the Entry

This position is not for the weak. Even though the table's edge and the power of her partner's strong-arming is a huge help, she still needs biceps as well as triceps strength to keep her body aloft. He stands perpendicular to her and holds on to her bottom, taking weight off her arms and keeping her steady while he thrusts into her wet V. The position allows him to go deep inside, which some women may find painful. One way to avoid irritation of her cervix is to vary his speed and depth. In any case, because of the muscular demands on her arms and stomach muscles, there's a good chance the couple won't be able to hold this position for long.



## **Footsie**

Feet are so filled with nerve endings that some ladies say they can reach a memorable O just by having their feet rubbed. In this position the woman gets her chance. She lies flat on the table, her bottom on the edge with her legs raised, resting against his strong torso. Her feet are directly in line with her partner's accommodating mouth. He's standing with his hard shaft drilled deep in her V. With this angle, he can play footsie, licking and sucking and kneading the bottoms of her feet from ankle to toe, focusing on each toe separately, tugging and massaging as he goes. He should pay special attention to the middle toe, where reflexologists say there's a direct nerve connection to the genitals, which can launch her to the ultimate height of orgasmic pleasure. He'll know when she's there, and that's his cue to pump their way to mutual ecstasy.



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She scoots to the edge of the table and arches her back, resting her bent legs over the man's shoulders to steady herself and to offer him complete V access. He kneels on the floor (placing a pillow under his knees for comfort) and licks her to into ecstasy.

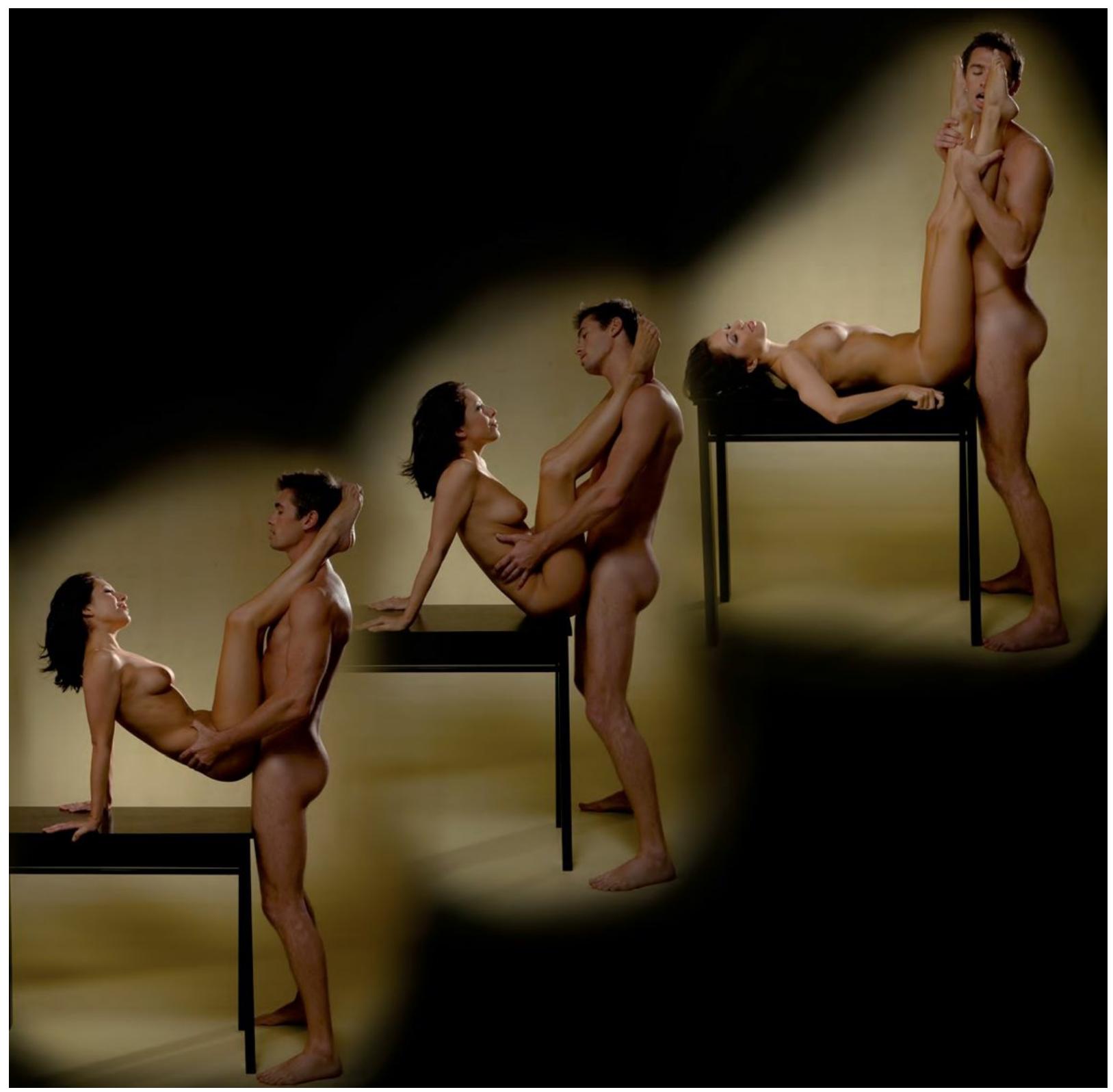
He raises her slightly so her open thighs cinch his waist as his tool enters her licked-wet V.



Standing perpendicular and holding on to her bottom, he takes weight off her arms and keeps her steady while he thrusts into her wet V.

Back on the table in sitting position, she raises her legs to his shoulders while he stays hard inside.

In this angle, he plays erotically with her footsie while staying sensitive to her mounting clitoral excitement. When he can feel her brimming with pleasure, he pumps until they are quivering with mutual orgasmic satisfaction.



## About the Author

SUSAN AUSTIN writes about sex, health, fitness, parenting, and relationships for leading women's magazines and websites. She's a former daytime television writer, sex advice and pop psychology columnist, lecturer, frequent media guest, and the author of several books. Austin, who teaches magazine writing at universities and in community centers, is a Tantric yoga practitioner who believes in connection, liberation, and awakened consciousness through sex. When she's not attending meditation and yoga retreats around the world, Austin enjoys long-distance walking and rooftop gardening. She lives in Chicago with her family.

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